



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — February 2011



Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

Which Side Are You On?

You've been there. You're driving along a street or rural road and you see something in the distance on the right. Ah, it's a bicyclist and he's moving along on the shoulder in the same direction you're going.

You slow down and give the bicyclist three feet of passing space - as the law requires. (In Illinois, the Rules of the Road booklet says: "When passing a bicyclist do so slowly and leave at least 3 feet of passing space.")

No problem. But wait. Something else is coming up on the right. It's a runner, and he or she is running towards you.

What gives here? Why are they going in opposite directions? Just who is right and who is wrong?

The quick and simple answer is that both bicyclist and runner are right.

In Illinois it's plainly stated in the booklet: "Bicyclists are required to travel in the same direction as vehicles."

"Pedestrians (including joggers) must not walk on a roadway unless there is no sidewalk or shoulder next to it. In two-way traffic, pedestrians should walk facing oncoming traffic." On a two-laned road that means to be on the right but facing traffic, not away from traffic like the bicyclist.

So bicyclists and runners must go in opposite directions. Why?

Another quick and simple answer: safety.

A runner can easily see traffic coming at him or her, but more importantly the runner can get off the road just like that. A few steps or even a jump and the runner is out of the path of the careless motorist.

A cyclist doesn't have that sideways mobility. There's usually a gutter or gravel that restricts sideways movement. Any movement to the outside is difficult, dangerous, and many times impossible.

As for sight, the cyclist, even with the motorist behind, usually has a mirror, is experienced enough to use peripheral vision, or can hear the vehicle approaching.

But perhaps even more important is speed. Assume a motorist on a rural road is going 60 mph. A bicycle - let's say - is going 15 mph. If the bicycle is approaching, it's as if the vehicle is going 75 mph. But if the cycle is going in the same direction, the apparent speed of the motorized vehicle is 45 mph.

And that translates into approximately twice as much time for the motorist to react. But for those going the wrong way, it means less time and more accidents. (The numbers vary with the studies, but each study has come to the same conclusion: bikes riding with traffic are safer than those riding facing traffic.)

In a fairly well trafficked situation, a wrong-way bicyclist could meet head-on with a cyclist riding correctly.. Should that errant cyclists move into the lane - right into facing traffic - to give the other bike room? Don't bet on it.

And then there are some important legal issues. Cyclists going the wrong way have no legal protection in case of legal proceedings resulting from an accident.

In conclusion, a cyclist shouldn't head into traffic the way that a runner should. Bicycling accident numbers demonstrate that cyclists are most safe when they operate their bicycles as vehicles.

When they travel in an opposite direction to traffic the time that drivers need to avoid accidents decreases, the chance of finding a safe place to pull off the road decreases, the speed of impact increases, the braking distance decreases, and legal liability lies with the cyclist.

It's old, but true. Ride right - to the right and in the direction of traffic.

Key Contacts

Officers:

President - John Harrington (563) 940-6023 or jwhjkh@gmail.com

Vice President - Denise Duethman (309) 721-7276 or neuromanager910@yahoo.com

Recording Secretary - Deb Mathias (309) 787-6547 or mathiasdebdean@peoplepc.com

Treasurer - Darlene Moritz (563) 386-3499 or dmoritz@access.net

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
www.qcbc.org

Board Members:

Terry Burke (309) 797-3790

Don Luth (563) 381-3750

Dave Thompson (309) 764-5030

Don Collins (563) 340-3476

Doug McDonald (563) 332-6774

Charlie Sattler (563) 391-3422

Michael Hughes (563) 332-5605

Donnie Miller (309) 737-8270

Ken Urban (563) 326-3427

Key Contacts: A complete listing of committee chairmen and key contacts is available on the club's website and in the front of the hard copy ride schedule and membership directory booklet.

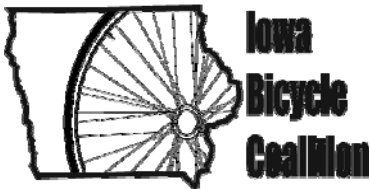
Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

Major Activities of the Club Include: Tailwind Century in Spring and Fall, Spring Picnic, QC Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual Membership



www.iowabicyclecoalition.org



www.bikeleague.org



www.bikelib.org

BMX Racing returns to QCCA Expo Center

By Terry Burke

After a 25 year hiatus, indoor BMX racing returned to the [QCCA Expo Center](http://www.qccaexpo.com) in Rock Island on Jan 10, with another race scheduled for Wednesday, Jan 26. These are part of an eight-race series. Races start at 6:30 p.m. Admission is free.

The track is concrete, with wood jumps and cherry Pepsi syrup mixed with water on the flat turns to make them sticky. Starting gates will be the same as used in the Olympics and UCI BMX races.

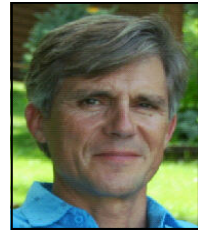
Come out on and check out BMX racing.

For more information, contact Paul DePauw at (309) 796-4455 or pdepauw1@aol.com, or visit <http://embmx.com>.



Let's Ride!

John Harrington, QCBC president



Last year was a great year for our club. Here's just a partial list of what we did to grow our club last year.

- **New major rides.** In 2010 we added a Fall Tailwind ride and re-started the famous Chili Ride. Both were well attended with great riding for all. Thanks to Dave Thompson and Don Luth for their leadership. Also, the first Three Club Bike Ride was held in conjunction with QCBC, Melon City Bike Club (Muscatine "hosts"), and BIC-Bicyclists of Iowa City.
 - **Community Service.** As a part of our \$10,000 Community Service program, we sponsored several races at the East Moline BMX Speedway for \$500. I recommend that you check out Paul DePauw's youth-oriented races this season. You can get a jump on the action by checking out his indoor races at the QCCA Expo Center. They are free. Contact Paul at pdepauw1@aol.com for more info.
 - **Bicycling Advocacy.** We provided input to the new Iowa bicycle safety law and held rides supporting an extension of the Mississippi River Trail from Muscatine through Buffalo to Davenport. We held four bicycle "rodeos" to help young riders learn to ride safely.
- QCBC members promoted helmets and provided safe cycling guidance on "Ride with the Parks Directors" rides held by Davenport, Bettendorf, Rock Island and Moline parks departments. QCBC also participated in four health fairs at the Rock Island Arsenal, John Deere Administrative Center, City of Moline at Wharton Field House, and 3M.
- **Volunteer of the Year.** Donnie Miller received this reinvigorated award. Our club's activities happen because of volunteers. And you know how you are. Thank you for your support.
 - **Hall of Fame.** Joe Jamison and his crew did a super, professional job creating the QCBC Hall of Fame. The induction ceremony was a night to remember. We will continue to formally recognize the tremendous talent and efforts of our club members.
 - **Communication.** We now have a Yahoo email group to distribute bicycling-related news and messages. Mike Moritz, our new web master has done a "masterful" job upgrading our web site. Ride schedules can be downloaded to your smartphone. At the end of the year, we started a QCBC Facebook page to increase club awareness and membership. We receive 200 hits per day. I don't even know how to use Facebook,.
 - **RAGBRAI.** We did our best to help Davenport position itself to be the end point for RAGBRAI 2011. Cross your fingers. We also held a "RAGBRAI for Rookies" meeting to help riders prepare for the big ride.

We even upgraded our traditional events.

- **TOMRV 33.** What can I say? Despite rain both days, TOMRV went off without a hitch, attracted more than 1,500 riders and continued to have the world's best sag stops. We added more Saturday night accommodations to handle growing demand.
 - **Heartland Century.** In addition to the wind, riders enjoyed a new lunch stop, tons of food and drink and great sag support.
 - **Quad Cities Criterium.** We added bike parking, increased the number of kids competing in trike, big wheel and youth races by moving the bike rodeo to race day and even attracted about 5 percent more racers.
 - **Annual Dinner.** Special guest Dave Wiens was a show stopper. We doubled attendance, enjoyed good food with new friends (FORC, Cornbelt Running Club and Tri-Fit) and listened to a super speaker.
- So, there's your list of some (not all) of the new and improved activities we accomplished in 2010. Yes, we're doing our best to do even better in 2011.

Again, thanks for your support.

Don't miss March 8 general meeting

By Denise Duethman

The QCBC general meeting will be held at 7 p.m., March 8 at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf.

Speaker will be Jeff Bradley, owner of The Trek Store in Davenport. Jeff raced in the 1984 Olympics, won Pan-Am gold in 1983 and has won 11 national titles. He also was on the legendary 7-11 team that competed in the European Pro Circuit, Giro de Italia and the Tour de France.

Hope to see you then.


Pedalwheeling • February

QCBC 2010 MILEAGE						
POS	LAST	FIRST	TOWN	10- Miles	10- Centuries	LIFETIME MILES
1	Thompson	David	Moline, Il	14125	24	134640
2	Luth	Don	Blue Grass, Ia	14036	32	30997
3	Harrington	John	Bettendorf, Ia	10284	3	37602
4	Zaborac	Greg	Canton, Il	10050	21	204924
5	Mathias	Dean	Milan, IL	9139		
6	Levy	Matt	Silvis, Il	9074	1	198000
7	Thier	John	Park View, Ia	8220	16	316692
8	Meade	John	Rock Island, Il	7512		30542
9	Haynie	Tim	Colona, Il	7333	4	
10	VanThorre	George	East Moline, Il	7100	0	123840
11	Verstraete	Gabe	Silvis, Il	7002	0	134679
12	Hawk	Rod	Moline, Il	6924	0	118684
13	Nivert	Joe	Chattanooga, Tn	6871	6	115907
14	Georlett	Dave	Moline, Il	6802		64408
15	Perry	Bruce	Port Byron, Il	6800	2	
16	McColum	Doug	Rock Island, Il	6605	2	66037
17	Kurt	Steve	Dunlap, IL	6427		127369
18	Thompson	Melinda	Moline, Il	6300	0	63469
19	Power	Warren	Davenport, Ia	6005		132597
20	Guidici	Mike	Davenport, Ia	5949	2	85750
21	Telle	Bill	Muscatine, Ia	5804	1	20287
22	Curry	Charles	East Moline, Il	5563		
23	Hagener	Gary	Moline, Il	5502		54007
24	Moritz	Darlene	Davenport, Ia	5500		
25	Cook	Lonnie	Muscatine, Ia	5022		
26	Krack	Fred	East Moline, Il	4823		
27	Scott	Tom	Rock Island, Il	4822	5	42642
28	McCoy	Chad	Davenport, Ia	4780	2	47500
29	Mathias	Deb	Milan, IL	4639		
30	Grimm	Dick	Davenport, Ia	4552	1	41776
31	Desch	Mike	East Moline, Il	4500		
32	Marx	Lew	Davenport, Ia	4456	0	34724
33	Rettler	Jason	Davenport, Ia	4441	1	
34	Urban	Ken	Davenport, Ia	4180	3	
35	Panther	Mike	Galesburg, IL	4050	0	51749
36	Porter	George	Hampton, Il	3934	1	
37	Haase	Lawrence	Davenport, Ia	3766	0	
38	Jones	Gary	Bettendorf, Ia	3760	1	79854
39	Netwal	John	Eldridge, Ia	3700		7000
40	Schiff	Don		3676		
41	Novy	Dixon	DeWitt, Ia	3506	5	16547
42	Storm	Kathy	Davenport, Ia	3461		80917
43	Bain	Katherine	Davenport, Ia	3300		27616
44	Kratz	Jason	Moline, Il	3179	3	5199
45	Hamer	Don	Moline, Il	3108		21620

QCBC 2010 MILEAGE

POS	LAST	FIRST	TOWN	10- Miles	10- Centuries	LIFETIME MILES
46	Davison	Bill	Eldridge, Ia	3004	1	23193
47	Fellner	Phil	Milwaukee, Wi	2976		70434
48	Perry	Becky	Port Byron, Il	2800	1	
49	Coin	George	Bettendorf, Ia	2710		
50	Storm	Bill	Davenport, Ia	2635		50407
51	Jamison	Joe	East Moline, Il	2175	0	168945
52	Flynn	Don	Bettendorf, Ia	2163	3	2163
53	Wilcox	Mike	Davenport, Ia	2157		
54	Round	David	Rock Island, Il	1966		48701
55	Buck	Tony	Davenport, Ia	1500		
56	Paul	Beth	Bettendorf, Ia	1437	2	2663
57	Ramp	Kathy	Hampton, Il	1234	1	
58	Teeple	Judy	Davenport, Ia	1200		
59	Bodnar	Rick	Bettendorf, Ia	1056		
60	Jackson	Mike	Moline, Il	1051		
61	Haase	Beverley	Davenport, Ia	587		
62	Rettler	Emily	Davenport, Ia	460	0	
63	Parker	Dave	Davenport, Ia	306	0	69938
64	Replinger	Bob	Davenport, Ia	232	0	55000

Dr. Smith Answers Your Foot Pain Questions. **What is a Neuroma?**



Neuromas typically develop between the middle toes and cause tingling, numbness and/or sharp pain in the toes and ball of the foot.

"When bones press together, they can irritate a nerve, causing abnormal growth of nerve tissue called a neuroma," says Dr. Smith. "Wearing tight or narrow biking shoes can lead to neuromas."

Dr. Smith says neuromas may begin as a minor irritation, forming a painful lump if left untreated.

Reducing neuroma pain and swelling may involve:

- Orthotics and supportive, comfortable shoes
- Padding the ball of the foot
- Ice and massage
- Anti-inflammatory medications, injections, and surgery

Dr. Smith P.C.
ordinary name • extraordinary care
(309) 762-7919
www.drsmithdpm.com

See Dr. Smith for an early diagnosis of any foot pain.

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our web site - letsrideinc.com

2011 RAGBRAI XXXIX REGISTRATION - QUAD CITIES BICYCLE CLUB (QCB)

Please read the RAGBRAI XXXIX article in Pedalwheeling or online.

Use a separate form for each person. You may reproduce this form.

WE MUST HAVE YOUR Registration, Check & Register Release forms by FEB. 19, 2011.

Make check payable to: QCBC - RAGBRAI

1. PERSONAL DATA (Please Print Legibly in all areas)

NAME _____ BIRTHDATE (REQUIRED) _____

STREET _____ APT/STE/UNIT _____ PO BOX _____

CITY _____ STATE _____ ZIP CODE _____

CELL/CONTACT PHONE _____ HOME PHONE _____

OCCUPATION _____ E-MAIL _____

Name of adult sponsor if under 18 _____

2. TYPE OF BICYCLE YOU ARE RIDING? Road/MTB Tandem Recumbent

Other Please specify other _____

3. RIDE STATUS

INDICATE RIDE SERVICES BELOW

Des Moines Register "Fee Paid" tag	\$150.00	_____
QCBC transportation/baggage fee (bus out, camp & haul bags)	\$150.00	_____
Baggage service only (find own way out)	\$ 80.00	_____
Bus return to Davenport	\$ 55.00	_____
Des Moines Register "Basic Souvenir Pack" (T-shirts - M, L or XL only)	\$ 25.00	_____
D M Register "Premium Souvenir Pack" (RAGBRAI XXXVIII poster and T-shirt)	\$ 40.00	_____
RAGBRAI XXXIX QCBC Jersey (Primal Wear)	\$ 50.00	_____

QCBC Club Cut Jersey

SM _____ (35-37) MD _____ (38-40) LG _____ (40-42) XL _____ (42-44) XXL _____ (44-46) XXXL _____

TOTAL \$ _____

Register subscriber? Daily _____ Sunday _____ Daily & Sun _____ Non-subscriber _____

Every rider must sign the liability waiver. If you are under 18, your sponsor must also sign. In signing this form for myself or another, I understand and agree to absolve all of the sponsors and organizers, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in RAGBRAI XXXIX or in any of the activities associated with RAGBRAI XXXIX.

Signature of rider _____ Date _____

Sponsor's signature, if rider is under 18 _____ Date _____

Mail To: **QCBC-RAGBRAI; c/o Dixon J. Novy 704 12th Street DeWitt, Iowa 52742**

PLEASE NOTE: **QCBC MEMBER MINIMUM COST IS \$230** FOR "TAG" & "BAG" SERVICE; **\$300** FOR "TAG", BUS OUT, CAMP & BAGS. ADD **\$55** FOR BUS BACK TO DAVENPORT.

AGREEMENT, WAIVER & RELEASE OF LIABILITY

**RAGBRAI® XXXIX
JULY 24-30, 2011
The Des Moines Register**

EACH ENTRANT MUST SIGN AN INDIVIDUAL WAIVER. FAXED WAIVERS WILL NOT BE ACCEPTED.

This form may be photocopied; however, faxed signed waivers will not be accepted.

I, the undersigned, know and understand that RAGBRAI and its related events involve potentially hazardous or dangerous activities and conditions. I attend RAGBRAI and all related events out of my own free will and choice. In choosing to attend RAGBRAI and any related events, I fully accept and assume all risks, whether before, during or after RAGBRAI and its related events. These include, without limitation, physical injury, mental injury, emotional distress, trauma, sickness, illness, death, contact with others, equipment failure, inadequate safety equipment, the effects of weather including extreme temperature or conditions, traffic, contact with motor vehicles of all types and descriptions, collision with other riders or fixed objects, the conditions of and/or design and other defects in the road and facilities, including campgrounds, all risks along the route, and the negligence of others, including, without limitation, those persons organizing, sponsoring, or participating in RAGBRAI and/or events occurring in connection with it. I am aware that the risk of injury or death is always present in biking and RAGBRAI's attendant events and that this risk cannot be eliminated by RAGBRAI organizers, sponsors, and the government and private entities that host or assist in the RAGBRAI events. I know and accept that biking and road accidents may result from the failure for any reason (including negligence) of RAGBRAI organizers, sponsors, and the government and private entities that host or assist in the RAGBRAI events to correctly determine the conditions and safety of the road, surface, route or weather or to predict where or when an accident might occur. All risks are known, appreciated and assumed by me, and I waive any and all specific notice of the existence of them and further waive the obligation, if any, that any other person or entity has to advise or warn me of them. I assume liability for and agree to pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorized such expenses. I authorize the use and release of personal and medical information in connection with any medical services provided to me.

I realize that RAGBRAI events require physical conditioning. I represent that I am in sound medical condition capable of participating in the RAGBRAI events without risk to myself or others. I have no medical impediment that would endanger others or me. I understand that a situation may arise during RAGBRAI and related events that may be beyond the control of the sponsors, promoters, organizers, government and private entities or others that host or assist in RAGBRAI and all related events, or may arise from negligence by them, and I accept and assume all risks of participation and/or attendance. I will be solely responsible for the condition and adequacy of my bicycle, safety gear and equipment. I will ride safely within the limits of my own abilities, my equipment and the riding conditions and in a manner that does not endanger others or me.

Knowing these facts and in consideration of my entry acceptance, admission to and/or participation in RAGBRAI and its related events, I for myself, spouse, children, heirs, next of kin, assigns and anyone acting on my behalf, release, waive, discharge, covenant not to sue and agree to hold The Des Moines Register and Tribune Company and its parent company, subsidiaries and affiliated entities; RAGBRAI sponsors and participating clubs, communities and organizations; RAGBRAI officials, emergency and support personnel, volunteers and

their representatives; official Friends of RAGBRAI; persons and entities that provide event recommendations, advice or services relating to matters such as route selection, design or maintenance, risk management, safety and first aid; all property owners, law enforcement agencies and governmental or public entities, including without limitation the State of Iowa, its counties, cities and special districts; and the officers, directors, employees, representatives, agents, assigns, and successors of all of the above, harmless from any and all claims, demands and actions of any and every kind, including claims of negligence, I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating in any respect to my attending or participating in RAGBRAI and/or any related events. My waiver and release of all claims, demands, actions and liabilities shall include without limitation, any personal injury, accident, illness or death and any property damage or loss that may be: (a) caused by any act, or failure to act, by the above-identified persons and entities, including without limitation, their negligence, errors, omissions, fault, failure to enforce rules, and conditions of the routes and/or event premises, and/or (b) sustained by me before, during or after RAGBRAI and its related events. I acknowledge that I am signing this agreement freely and voluntarily, and intend by my signature for this to be a complete and unconditional release of all liability to the greatest extent allowed by law. I further acknowledge that no representations, promises, statements or inducements have been made to me other than as set forth in this document. I will abide by all RAGBRAI rules and regulations. I understand that my name, address, photograph, voice and/or likeness may be used in promotional or advertising materials of or by The Des Moines Register and Tribune Company, and its licensees. I consent to such uses and waive any rights of privacy or publicity I may have in connection with those uses. I also waive any privacy rights that may result from disclosure of information about me, including without limitation, in connection with provision of any medical services by RAGBRAI sponsors and organizations. I further agree to indemnify and hold the parties released above harmless from any and all losses, damages, injuries, claims and expenses, including attorneys' fees, arising from or relating in any respect to my attendance and/or participation in RAGBRAI and/or its related events or my breach of this agreement. If I am a minor, my parent or guardian also is signing on my behalf. We both agree to be bound by the terms of this agreement, waiver and release. I also waive all spousal claims relating to RAGBRAI, if any, that I hold or that may arise through me. I agree that no modifications or amendments to the standard Entry Form and this waiver and release shall be binding unless they are accepted in a separate writing signed by the President of The Des Moines Register and Tribune Company.

If special arrangements are required for individuals with disabilities to complete and submit this form or if translation to another language is required, please contact T. J. Juszkiewicz at The Des Moines Register, 715 Locust Street, PO Box 622, Des Moines, Iowa 50306-0622 no later than March 4, 2011. The Register will take those steps reasonably available to accommodate your request.

Si arreglos especiales son requeridos por personas incapacitadas para completar o someter este documento o si se requiere su traduccion a otra lengua, notifique T. J. Juszkiewicz en El Des Moines Register, 715 Locust Street, PO Box 622, Des Moines, Iowa, 50306-0622 antes de 4 del Marzo, 2011. El Register tomara las medidas razonablemente disponibles para acomodar su solicitud.

I (the previously-named entrant on the Individual Entry Form) HAVE READ THIS AGREEMENT, WAIVER AND RELEASE, UNDERSTAND IT AND VOLUNTARILY AGREE TO AND ACCEPT ITS TERMS. I UNDERSTAND I AM GIVING UP SUBSTANTIAL RIGHTS. (SUBMIT SIGNED ORIGINAL; FAXED OR PHOTOCOPIED SIGNATURE WILL NOT BE ACCEPTED.)

Printed Name _____

Date Signed _____

Unique ID (Office Use Only) _____

Signature of Participant _____

Please See Next Page If Participant Is Under 18

**ALL PAPER APPLICATIONS MUST BE POSTMARKED NO LATER THAN FEBRUARY 19, 2011
MAIL TO: Dixon J. Novy 704 12th Street DeWitt, Iowa 52742**

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RAGBRAI XXXIX

It is that time of the year to be thinking about next summer's RAGBRAI. Tony Buck has taken over chairing the organizational duties of the QCBC RAGBRAI charter services. I will be once again be handling the registration duties and charter applications. The QCBC RAGBRAI Charter has always been a great experience for those who have joined us in the past and we hope that many new cycling enthusiasts may accompany us this year as well.

The 2011 ride will be July 24 - July 30, on a route to be announced on January 29. The Registration Application and Des Moines Register RAGBRAI waiver will be available in the December and January issues of Pedalwheeling. These forms will be available on our website (www.qcbc.org) after November 15th to our cut off date. RAGBRAI Waiver must accompany your QCBC Registration form to my address. Do not send your RAGBRAI Waiver to the Des Moines Register. Do not register on your own but send me your form and I will register our charter guests as a group. Please take your time and **PRINT** your information on our registration form, where I can read it. This saves me time if I do not have to call or write you to question your penmanship. Be sure to **INDICATE** your ride services in section # 3 Ride Status, as this too saves a great deal of time when I am processing a couple hundred applicants.

Our registered Charter Club Members will be privy to the QCBC RAGBRAI newsletter in April, May and June. These contain very helpful information such as hotels for out of town guests, our local practice rides, a complete list of what to pack, bike shipping & bike loading & packet pick up info, most importantly - safety tips and much more information, showing you why we are the premier charter service for RAGBRAI.

The deadline for returning your registration and waiver forms will be February 19th, 2011. You will be guaranteed a RAGBRAI TAG by registering with our club. **Simply send your QCBC registration, fees and RAGBRAI waiver to me and I will process your paperwork for you.** Please do not register or request wristbands from more than one (1) source. The Des Moines Register does a computer check and will not issue any passes to you if you are found requesting a wristband from multiple sources. Also, our bike club will get penalized.

You must be a QCBC member by December 31st, 2010 in order to qualify for our club rates. If you are not a member of the QCBC (or renewed your membership) by the end of December, you will need to put your name in the Des Moines Register lottery. If they select you, and we have space available in our charter, we would be able to provide you the same transportation, baggage and camping services, but at a higher fee.

Cost for the weeklong wristbands is \$150.00 each. Transportation to the start of the ride and haul your bags for the week will be \$150.00 and bus return from the ending town will be \$55.00 per person. There will be a \$20.00 processing fee deducted from your total on all QCBC club member cancellations/TAG transfers.

February Ride Schedule

2-Feb	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
5-Feb	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
6-Feb	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
9-Feb	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
12-Feb	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
13-Feb	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
16-Feb	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
19-Feb	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
20-Feb	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
23-Feb	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
26-Feb	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
27-Feb	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	

March Ride Schedule

2-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
5-Mar	QCBC Tour of the Islands	TBD	9:00 AM	Moline Boat Launch on Bike Path	Joe Jamison (309) 235-4284
6-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
9-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
12-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
13-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
16-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
19-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
20-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
23-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
26-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
27-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
30-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

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ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Jan. 26—BMX Racing, QCCA Expo Center (Page 2)

Feb. 19—RAGBRAI Registration deadline (Page 6)

March 8— QCBC General meeting (Page 3)

Get out and Ride!

