



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — November 2010

Another opinion on RAGBRAI stopping in Davenport

By Dixon Novy, QCBC RAGBRAI registrar

This is a rebuttal to Chuck Oestreich's October "Pushing for Pedaling" article.

I have nothing but the utmost respect for Chuck. I spend a week with him every June on his GITAP Bike Tour, and consider him a good friend. To my knowledge, there is not a bigger bicycle advocate for the Quad-Cities, or the state of Illinois, than Chuck.

The Register's Annual Great Bicycle Ride Across Iowa is the oldest, largest and longest bicycle touring event in the world, and to be able to host this event would be a great opportunity for the Quad-Cities.

Several active QCBC members—club president John Harrington, treasurer Darlene Moritz, board member and safety director Donnie Miller, Bettendorf Mayor Mike Freemire and myself – assisted Joe Taylor and the Quad Cities Conventional & Visitors Bureau in hosting a dinner for RAGBRAI director T. J. Juskievicz and his family. The purpose of this meeting was to push the Quad-Cities as the perfect ending point for RAGBRAI.

I can only speak for myself, but as an active participant in the past three RAGBRAI's, I see nothing but windfall for the entire Quad-Cities by hosting the final day of RAGBRAI. The Quad-Cities would have the opportunity to embrace the bulk of the cyclists not once but twice, by being an ending town.

Most RAGBRAI charter services meet their members in the ending town and bus them across state to the starting point on the Saturday before, just as we do – hands down, the best RAGBRAI charter service. These cycling enthusiasts would come from coast to coast several days before they depart, to spend their time and money with the Quad Cities.

The majority of them would want one more night of sleeping in a soft bed before a week of slumber on the fine Iowa topsoil. The charter services would be looking for camping spots on both sides of our river, limited not just to our parks but to our great college campuses. They will be looking for week-long parking as well.

In Dubuque last year they were getting \$50 a week for indoor and \$35 for outdoor secure parking. The cyclists would be shopping in our stores, eating in our restaurants, filling their gas tanks and enjoying all the entertainment amenities the Q-C has to offer. Why wouldn't they want to return here with their families? It's true the cyclists want to jump in their gas guzzlers or catch the plane home after a week of cycling, but we would have approximately 15,000 extra folks here in our grasps to sell the Quad-Cities to, in the time they spend with us.

Don't be disappointed if RAGBRAI doesn't land in the Quad-Cities next summer. This is a huge event that takes several years of planning with the Iowa State Patrol, the highway department's road repair schedules and coordinating the overnight towns and pass-through routes.

These are just a fraction of what goes into planning an event of this magnitude. The Quad-Cities will be here in 2012 for the 40th anniversary of RAGBRAI, as well as every year after. If we do it right, who knows, they may want to end every RAGBRAI in the Quad-Cities. We should accept RAGBRAI when we get the opportunity and continue to support them as we would with all of Iowa's own homegrown products.

I don't see a need for the negative publicity surrounding RAGBRAI, most of it coming from folks who have never been on it or who haven't rode it in years. Some news outlets dwell on these issues instead of real stories, like the Quad Cities Bicycle Club's Carter LeBeau, the only one to ride everyday of every RAGBRAI since its inception.

Most RAGBRAI participants can pedal every mile without a drop of alcohol. Most of us prefer to eat our way across Iowa. We bring our families back with us, on tandems and multis, on tag-a-longs and tricycles or we try to keep up with our kids as they pull out ahead of us because they have been riding RAGBRAI before they could walk.

Please, let us embrace RAGBRAI and all it brings..

Key Contacts

Officers:

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Donnie Miller (309) 737-8270

Ken Urban (563) 326-3427

Key Contacts: A complete listing of committee chairmen and key contacts is available on the club's website and in the front of the hard copy ride schedule and membership directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates:** ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.

Major Activities of the Club Include: Tailwind Century in Spring and Fall, Spring Picnic, QC Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual Membership



www.iowabicyclecoalition.org



www.bikeleague.org



www.bikelib.org

Editor's note on picture submissions

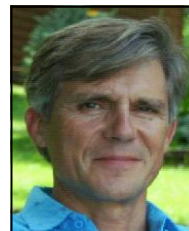
We really appreciate people sending pictures for the newsletter. Too much gray space is monotonous. So, if you're going on a ride, take some pictures, which also are a good way for club members to get to know each other. Some tips:

- ◆ Please send pictures in **as high a resolution as possible**. Pictures from a phone are poor quality, don't reproduce well and their size can't be changed. So, please high resolution shots from a digital camera.
- ◆ Please have a focal point in the picture. Wide, unorganized group shots don't work well. Frame up to five people in a picture, and get as close as you can—allowing a little space on the sides to give some insight into the setting.
- ◆ Please provide names of all the people in pictures, from left to right.



Let's Ride!

John Harrington, QCBC president



Is it summer or fall? I'm not sure!

Awards Dinner. We are trying some great new things this year. Our speaker will be Dave Wiens, six-time Leadville 100 winner. Yes, he beat Lance one year. We also are having dinner at St. Ambrose in Davenport. I've enjoyed dinner there in the past and think you will too.

Local bike shops will be showing their 2011 gear. Don't miss it! <http://qcbc.org/documents/2010-AnnualAwardsDinner.pdf> There also will be a mountain bike clinic with Dave Wiens at 8 a.m., Saturday, Nov. 13, at Sunderbruch Park. <http://qcbc.org/rides/maps/maps.cgi?m=034>.

Fred Blessin Memorial Update. The benches and bulletin board are in, and the memorial plaque is being designed. There are even a couple of yellow flags at the site marking location of the bulletin board. We hope to have a ribbon cutting this fall.

Fall Tailwind Ride. Our first Fall Tailwind Ride had a tailwind as promised. The wind roared from the north plus or minus a few compass degrees all day. Riders enjoyed the big push combined with some challenging cross winds. Hungry riders devoured food and drink near the mid-way mark. A big "thank you" to Dave Thompson for organizing and running it. He had eight routes planned just in case. Please consider tackling this ride next year.

Chili Ride. The 2010 World Famous QCBC Chili Ride was a success. This year, more than 40 riders enjoyed Family, Leisure, Mid-Paced (two of them) and Fast-Paced rides with perfect weather. Special thanks go to event organizer Don Luth and his able assistant Becky Luth. Thanks also to ride leaders Janette Harrington (family), Vivian Norton (leisure), Kathy Storm (mid #1), Bill storm (mid #2) and DT (fast). Please join us next year. We'll have another great time.

QCBC Volunteer of the Year. We are restarting the QCBC Volunteer of the Year award. The awardee will be a person who exemplifies volunteerism by giving time, effort and ideas that greatly benefit our club in 2010. He or she will receive a commemorative plaque and \$100 gift certificate from a bike shop of their choosing. I will present the award at the Nov. 12 Awards Dinner. Please submit your recommendation to me at jwhjkh@gmail.com with a few words explaining your choice. I need your input ASAP.



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James Keyoth Memorial Bench

By Mary Brus

Jim Keyoth's memorial bench has been installed along the Bettendorf bike path on the west side of Leach Park. It's a perfect location because one of Jim's favorite places to ride was along the Mississippi River.

Jim was a great person and helped many people in many ways. He was always trying to make bicyclists better riders. Jim truly loved to ride.

On the plaque next to the bench is inscribed "52 x 13, which represents the big gear Jim always rode his bike in. He never shifted, not even on hills.

The next time you are in Leach Park check out his swing bench.

QCBC at Moline Health Fair

QCBC was represented at the Sept. 23rd City of Moline Health Fair.

About 250 city employees passed through the event held at Wharton Field House. Jeremy McAuliffe from the Police Department won a drawing for a free club membership.

Helping out this year were Dean "Bareback" Mathias, Tom Scott, and Charles Curry.



Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

Note: “Pushing for Pedaling” is an opinion piece – not necessarily reflecting the ideas or policy of the QCBC, its officers or board. For example, last month’s “Pushing,” about RAGBRAI and Davenport, should not be taken as an official QCBC position.

I caught a glimpse of a car bike-rack in the driveway as I was biking by, so I pulled into the yard sale to check it out. The man in charge greeted me with the usual: “Nice day for a bike ride, right?”

“Yes, it certainly is.”

“It looks like you ride a lot – on the bike paths where it’s safe, right?”

That stopped me for a moment before I blurted out, “Well, that’s not really correct. Streets are pretty safe too.”

The subject changed and I eventually did buy the rack, but that exchange bothered me. Who was right? Are paths safer than city streets?

They certainly would appear to be if we went with the gut feelings of most Americans. “Biking? Oh, yeah, we go down to the paths all the time.”

“Do you ever ride through town?”

“No, it’s too dangerous. We drive to the path if we want to go biking.”

I’m a champion of paths, but over the years I’ve come to wonder if they really are safer than streets. In my experience, they aren’t. In more than 100,000 biking miles (I stopped counting two years ago), I’ve never even been touched by a moving car. The accidents I’ve had have been caused by my own foolishness and bad judgment, not encounters with cars.

My experience on paths is about the same. But again from my personal experience, paths have been problematic. On the Grand Illinois Trail And Parks ride, for instance, we’ve had four accidents over eight years that called for hospital attention. All four occurred on paths; none on roads – even though a good 90 percent of the total miles have been on roads and the people who had the accidents were experience bicyclists.

But that’s just my experience. What about the wider population? What are the statistics comparing accidents on paths to those on streets or roads?

I hit the books. I downloaded statistics. I looked at charts.

The result: inconclusive.

Here’s what Jeff Mapes, author of “Pedaling Revolution,” a 2009 book on bicycling, has to say: “What is hard to do is answer a simple question: just how dangerous is cycling ...? Virtually all the cycling safety experts say direct comparisons are impossible . . .”

Study after study contradicts another. However, some basic assumptions do come out of the mass of data.

More mature and experienced cyclists ride on streets while paths have many young and inexperienced riders. Consequently paths have many minor – and unreported – accidents.

Many studies in Europe have asserted what is almost a law: the more cyclists you have on a street, the fewer car/bike interactions you have. Safety in numbers, evidently. Actually it’s probably closer to “many bikes make effective traffic calming.”

Many car/bike accidents on streets are caused by incorrect riding by cyclists. The corollary to that is that if you bike as you should, you can very safely bike through city streets.

Very few motorists hit bicyclists from behind. By far, the majority of car/bike interactions occur at intersections. Alert cyclists can avoid most interactions by being careful at intersections.

All of this doesn’t really answer the man’s assumption about the perceived greater safety of bike paths. But it does reinforce my basic belief that for mature and attentive bikers, bicycling is a safe activity – both on paths and on appropriate roads.

LETTERS TO THE EDITOR

You people are incredible! The tremendous amount of support you gave my husband, Rob Tyler, and me through his battle with cancer gave him 3 1/2 years doctors told us he wouldn't have. He rode every day he could until the last few weeks of his life. I am forever grateful. **Peggy Newman**

Chuck Oestreich's idea concerning RAGBRAI is great. Having Day 6 in Davenport, and then end, up or down river, in Muscatine or Clinton.

The only towns that capitalize on RAGBRAI are the over night towns.

When RAGBRAI I was here, in 1973, and then RAGBRAI X, in 1982, everyone just packed their bicycles and went home.

I'm sure T.J., of the Des Moines Register, would consider this proposal of Chuck's, if he was contacted. Of course, Davenport would like it.

Carter LeBeau



Dean Mathias runs in the Quad Cities Marathon.

QCBC Annual Awards Dinner

Friday, November 12, 2010

We are excited about this year's annual Awards Dinner. We hope you will join us. We have a new location at the Rogalski Ballroom at St. Ambrose, 2100 N. Ripley St., Davenport. Use parking lot No. 7 between Scott and Ripley streets.

Our speaker this year is Dave Wiens from the Topeak Ergon Team.

Dave has more than 20 years actively pro-racing, and being a team-manager and scene-connoisseur. He's a two-time U.S. National Mountain Bike Champion and multiple world-cup winner and was inducted into the Mountain Bike Hall of Fame in 2002. In 2008, Dave won "Leadville 100" for the sixth time in a row, defeating Lance and Floyd.

Mileage award recipients should contact Dave Thompson at ultrabiker@sbcglobal.net, so you can be recognized for your accomplishments.

Social Hour with cash bar is from 6-7 p.m., with dinner at 7 p.m.

The awards program will be after our speaker.

There will be door prizes, and local bike shops will display their newest bikes and cycling items.

Cost is \$25 a person. Make checks payable to QCBC. Return forms and checks by Nov. 8.

Send registration and checks to:

Denise Duethman
3425 Winston Dr. #2
Bettendorf, IA 52722

Questions: contact Denise Duethman at (309) 721-7276 or e-mail to neuromanager910@yahoo.com.

Name _____ Day time phone number _____
Name _____

Thanks for the Memories

By Vivian Norton

Isn't that corney?

However, I'm saying goodbye after 12+ years of organizing Leisure Rides.

The name has changed over the years from Novice Rides, Slow Rides, to Leisure Rides but the mission has been the same - to introduce new or returning cyclists riding at 10-13 mph, socializing, giving riding hints, and going for breakfast.

It's been fun. Meeting people just getting into cycling and those getting back into riding has been very enjoyable. I've learned a lot and hopefully have been encouraging and helped share the pleasure of riding with others who enjoy the sport.

Hopefully, someone, or a committee, will step up to set the schedule for 2011 rides. There is a list of e-mail addresses of people who have been on the rides in recent years and list of past rides. That should help whoever takes over the job get started.

I intend to continue riding with the group and lead rides once in a while.

New leadership is a chance to shake up the status quo and bring freshness to the Leisure Rides. So...good bye, and see you next season. It's been a fun ride.

Dr. Smith Answers Your
Foot Pain Questions.

What is a Neuroma?



Neuromas typically develop between the middle toes and cause tingling, numbness and/or sharp pain in the toes and ball of the foot.

"When bones press together, they can irritate a nerve, causing abnormal growth of nerve tissue called a neuroma," says Dr. Smith. "Wearing tight or narrow biking shoes can lead to neuromas."

Dr. Smith says neuromas may begin as a minor irritation, forming a painful lump if left untreated.

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Reducing neuroma pain and swelling may involve:

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See Dr. Smith for an early diagnosis of any foot pain.

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HAMPTON HEALTH AND WELLNESS

Buffalo MRT & Pancake Breakfast Fundraiser Nov. 27

By Jeff Cornelius, River Action

Did you know that Buffalo is part of two national recreation trails? Highway 22, from Davenport to Muscatine, is the route for the Mississippi River Trail (MN to LA) and the American Discovery Trail (DE to CA).

These trails are destinations for cyclists throughout the U.S. Developing the Buffalo section of trail will have impact locally, regionally and nationally as the MRT and ADT continue to be improved by moving off the roads and on to side trails.

The greater Quad-Cities area is fortunate to have 65 miles of trail along the Mississippi River. Whether you're a biker, jogger, walker, dog owner, or just love the river, access to the river is a key component of daily life. It's the reason we love living here as well as why people love to visit.

For years, Buffalo has had a plan for expanding the MRT. A Buffalo MRT Committee was recently established to discuss grants, promotion, and educating the public about trail developments.

A \$500,000 federal earmark requires a \$115,000 local match to begin engineering and environmental studies. The plan will run from Wild Cat Den to Utah St. The Bi-State Regional Commission is working to see if 1/3 of the match can be paid by Muscatine and 1/3 by Iowa DOT since the plan involves area outside the city.

Call the mayor to let the city know you're in favor of the trail and attend the Nov. 27 Buffalo MRT Pancake Breakfast to help raise money and awareness. An account has been set up at Buffalo Savings Bank to accept donations for the trail. Your support is appreciated.

Buffalo MRT & Pancake bike ride **By Dean Mathias**

MRTAn MRT Pancake breakfast fundraiser will be held from 6 a.m. to noon, Sat., Nov. 27, at the Buffalo Community Center, 426 Clark St. Cost is \$5 for adults and \$2.50 for kids 5-12.

At 9 a.m., Dean "Bareback" Mathias will lead a 20-mile roundtrip ride from Davenport's Marquette Street Landing. RSVP by calling (309) 737-8429. If the weather is bad, cyclists will car pool, but should still wear biking gear. Hoping for 50 weather-resistant riders.

Century Awards Here Again

By Vivian Norton

It's been about four years since the first century awards were given. This year, the QCBC Board will be giving an award to any club member who completes a first century in 2010.

Be sure to get in some 60-70 mile rides and at least 500 miles before you try a century. Those miles are not a must, but will make a century easier.

Pick a great day with low/no wind and ride with other riders to make it more fun and the time and miles go quickly. Be sure to stop for drinks and food.

Another opportunity for a century is at the Heartland Century in the fall. The route may go over more hills but the route is marked and has sag stops. You will have plenty of company.

To report your first century, contact Vivian Norton at (563) -355-1899 or vjoan@q.com. You will receive your award plaque at the annual dinner in November.

Around the World Mileage Awards for 2010

By David Thompson

It's that time again, to calculate your lifetime miles and see if you qualify for an Around the World award.

Awards are given for 25,000 (once around the world), 50,000 (twice), 100,000 (4 times), 150,000 (6 times) and 200,000 (8 times).

Plaques will be given at the annual banquet in November. If you can't make it to the banquet, we will get your award to you.

If you have reached one of these milestones, let me know by Oct. 31. I also will be compiling total miles for 2010, and printing them in the February Pedalwheeling. Send me the total miles you've ridden your bicycle from Jan.1 to Dec. 31.

Also, send me the number of centuries ridden in 2010 plus your lifetime miles. I think it would be interesting to compare lifetime miles.

Let me know if you qualify for an Around the World award by Oct. 31, and submit total 2010 miles by Jan. 10.

For more information, contact me at ultrabiker@sbcglobal.net or (309) 764-5030.

November 2010 Ride Schedule

3-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
6-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
7-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
10-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
13-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
14-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
17-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
20-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
21-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
24-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
27-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
27-Nov	BAREBACK's Support MRT ride to Buffalo Pancake Breakfast	20 miles round trip. Bareback doesn't drop anyone	9:00 AM	Marquette Landing Davenport IA	Dean Mathias 309-737-8429 PLEASE RSVP
28-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	

December 2010 Ride Schedule

1-Dec	Wednesday Morning Combined ride, riders determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
4-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
5-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
8-Dec	Wednesday Morning Combined ride, riders determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
11-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
12-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
15-Dec	Wednesday Morning Combined ride, riders determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
18-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
19-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
22-Dec	Wednesday Morning Combined ride, riders determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
25-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
26-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
29-Dec	Wednesday Morning Combined ride, riders determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499

Ride Classification:

Leisure Rides – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

Mid-Paced – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

Mid Paced (3 Hour Out & Back Rides) – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

Fast Paced – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

Rider’s Choice – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule

Membership—Totals		
Type	Memberships	Members
COMP	19	19
COUPLE	219	424
FAMILY	101	362
IND	333	331
LIFE	3	5
Grand Total	675	1151

Welcome New Members:

NewMember	Spouse	CityState	Phone
Adlfinger, Matt		Milan, IL	309-781-9483
Collins, Donald	Shelli	Eldridge, IA	563-340-3476
Cox, Chris		Davenport, IA	563-940-9956
Elmore, Marvin	Lucy	Davenport, IA	563-340-3239
Hasbrook, Randy		Sheffield, IL	
Kakert, Jennifer		Blue Grass, IA	563-381-8029
Moore, Tom	Kerri	Davenport, IL	919-949-0263
Puchta, Barb	Charlie	Bettendorf, IA	563-505-3965
Rash, David	Kathy	Bettendorf, IA	563-332-8730
Smith, Charles		LeClaire, IA	563-421-9748
Vandevoorde, Taffney		Bettendorf, IA	563-210-3395
Wallace, Mike	Keri Mounce	Blue Grass, IA	563-381-1214
Yokely, Mela		Bettendorf, IA	563-449-4705



Donnie Miller helped marshal QC Marathon runners.

QCBC Adopt-a-Highway

By Ken Urban

On Sunday, Oct. 3, volunteers cleaned a two-mile stretch of Scott County Park Road between Davenport and Eldridge.

The evening weather was beautiful and thanks to the great turnout, the work was done well before dark. Most of the material was recycled at the Scott County Recycle Center.

Pizza at Happy Joe’s was a reward for the group’s hard work.

Hosts Ken and Julie Urban would like to thank Tom and Pat Bolton, Raul Briseno, Phil Chebuhar, Gene Conrad, Charles Curry, Spencer Freemire, John, Jeanette and Justin Harrington, Jean Kelly, Don Luth, Dean and Deb Mathias, Doug McDonald, Dixon Novy and Charlie Sattler for their assistance.

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

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RETURN SERVICE
REQUESTED

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Upcoming events

Nov. 12—Annual awards dinner (Page 5)
Nov. 27—Buffalo MRT Ride and breakfast (Page 7)

Get out and Ride!

