



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club – March 2004

“The First Five Years Of A Forty Year Journey” A condensed history of the Quad Cities Bicycle Club - The first of eight articles by Joe Jamison

It began on a snowy November night in 1963, when three avid cyclists, all from different countries, sat at the kitchen table of Rene DeLanghe and discussed the possibility of organizing a bicycle club. Fred Blessin an American, DeLanghe a Belgian and John Hood Sr. an Englishman all had one common interest, of providing local citizens a venue for bicycling. That evening they developed the vision which was to grow into one of the most respected bicycle clubs in the United States...our Quad Cities Bicycle Club.

1964

The first meeting of interested bicyclists was held January 10th during which officers were elected, a constitution was drafted and voted upon and a name for the Club accepted as the “Quad Cities Bicycle Club” (QCBC). The official colors of the Club, after two attempts, were officially accepted as blue and yellow.

It was determined in these early meetings that the Club’s focus would be Racing, Social Outings and Touring. No time was wasted in planning activities that would support these categories. Ride Captains for social rides were appointed, inquiries were made with local mayors about interest in bicycle racing tracks, and/or supporting short races. Deere and Company was even contacted about sponsoring the Club.

One of these inquiries prompted the Mayor of East Moline at that time to contact the Club about participating in that city’s 4th of July parade. In short order plans were submitted to the Mayor for a 35 mile “Kermesse” (Belgian for “around the house”) with trophies, the Mayor and his wife as host and hostess and the Belgian/American queen presenting a bouquet of flowers to the winner! The seeds for today’s very successful Criterium were planted, when the race was con-

ducted in September of that year with a Wisconsin cyclist, Tom Veitenhaus won over 40 other participants. An estimated crowd of 2,500 – 3,000 witnessed the event.

Roger DeLanghe proposed a division of the QCBC for Sterling, IL which was accepted by the members in a March meeting of the Club. Members of this group attended early meetings of the QCBC and its racers placed high in the standings of some of the early regional racing events.

In March, membership cards were distributed to 27 members. Today we exceed 1,000. The first scheduled social ride was led by Doreen Hood from Lincoln Park in Rock Island, IL. Also significant in 1964 was a presentation on touring by the Englishman, Ian Hibell, himself a legendary world tourist.

Significant when mentioning the speed with which all of this was being accomplished is that the founders created a newsletter with the first issue dated August 1964.

Officers for 1964 were: President - John Hood Sr., Vice President - Rene DeLanghe and Sect/Tres - Donna Strider

1965

The “Kermesse” held in East Moline was deemed an outstanding success but appears it was viewed as a one year event. In March, a committee was appointed to organize and plan a criterium to be held in Moline in conjunction with the 50th anniversary of the Friends Circle in that city. Called “The Friends Circle Anniversary Race”, it was sanctioned on the National Racing Schedule as the first race of the year.

The race was moved forward to May with total prizes valued at \$300 drew 51 entrants. A St. Louis rider named Eddie Doerr won his first of three consecutive races in Moline. The event was (cont. on page 6)

Key Contacts

Officers:

President - Warren Power (563) 391-5466 warrenpower@mchsi.com
Vice President – Errol McCollum (309) 762-8252 ecmed@netexpress.net
Recording Secretary – Jane Garrett (563) 441-9115 jag@revealed.net
Treasurer – Karen Grimm (563) 445-7797 qcbc_treas@yahoo.com

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
<http://www.qcbc.org>

Board Members:

Terry Burke (309) 797-3790	Jean Kelly (563) 359-9508	Dave Lefever (563) 355-6476
Deb Mathias (309) 787-6547	Steve Montgomery (563) 332-5963	Karen Nord (563) 326-9113
Charlie Sattler (563) 391-3422	Phil Schubbe (563) 359-5057	John Wessel (563) 359-8350

Key Contacts: A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

Club Meetings: Are held twice a year at 7pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware.) Contact Errol McCollum for program information: (309) 762-8252.

Submitting Articles for Newsletter: Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page \$50 and a full page \$100. Multiple month rates are available. Call for details: (563) 355-2564.

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



<http://www.adventurecycling.org/>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

From the Headset
Warren Power

It looks like we're back to having NORMAL winters in the Quad Cities. After the last couple of years I'd forgotten how miserable the weather can really be around here in the winter. This year has brought those memories back bright and clear. It's also put a real damper on my bicycle riding and I would guess yours as well. Looks like we're all going to be facing a long painful spring as we try to get back in shape for bicycling.

Many of you have probably been reading about the Grand Excursion 2004. I know there has been quite a bit of interest from QCBC members in the bicycle ride that is being held in conjunction with this event. The bicycle ride is a 400 mile, eight day ride starting June 27th in Rock Island and ending Jul 4th in St. Paul. It will follow the Mississippi river, keeping pace with several River Boats and a Steam Locomotive train as they make their way up the river. The days are relatively short and, except for a couple of days, the terrain is fairly flat. All of the communities along the route are planning activities in conjunction with the bicycle ride, the River Boats and the train. This will be a great op

portunity to see the scenic upper Mississippi river at a leisurely pace and to experience some good old fashioned mid-western hospitality. Detailed information and registration information are now available on the Grand Excursion 2004 web site. To make it easy for you to find this information we've placed a link to the Grand Excursion 2004 web site on the QCBC web site (www.qcbc.org). Check it out. I think you'll be interested.

You might notice that with the coming of March, we're back to the having the scheduled week-end rides having predetermined destinations. Hopefully the weather will cooperate and we'll be able to get in some of these rides. On March 27th we have our annual *Search for Spring* bicycle ride. I know for a lot of riders this is kind of the kick-off ride for the new year and we usually get a fairly good turnout, even when the weather is not so good. Hope to see you there.

Just a reminder. You might want to check the address label on your newsletter. In the upper right hand corner of the label is your membership expiration date. If it's getting close, you might want to consider renewing now to insure you'll receive every newsletter.

Update – Bollards on Recreational Trails
Chuck Oestreich

We're still at it. Dave Alftine and myself have been meeting with various officials along the Great River Trail and receiving some positive feedback. But, wow, is it a long process. The main problem is that no one person or department is responsible for the path; it's a jig-saw puzzle put together with bollards, I suspect.

The question of the month: Why are bollards on a path that is parallel to and only 10-feet from a highway with no fence between the two? Are the bollards really preventing vehicle access to that trail?

Experience the Mississippi River Trail!
June 27th – July 4th

Much of the route of the Grand Excursion Bike Ride follows the [Mississippi River Trail](#) (MRT), one of 16 National Millennium Trails. The MRT follows bikeable roads and bike paths from the river's headwaters at Lake Itasca to the Gulf of Mexico. Mississippi River Trail, Inc. is one of the major supporters of the Grand Excursion Bike Ride.

Additional Submissions for 2003 Annual Mileage
Jim Merritt

Larry W. Hanna contacted me after the listing was submitted for the February issue of the newsletter." I logged 2,420 for the 2003 season. PS - I also lost 20 lbs doing it." Way to go Larry!



Welcome New QCBC Members!
Charlie Sattler

Name	City & State	Phone
Dick Jensen	Bettendorf, IA	563-355-1162
Dennis Lund Jr.	Bettendorf, IA	563-355-0472
Darwin McNeil	Bettendorf, IA	563-332-4496
William Burns	Davenport, IA	563-355-8855
Joe & Yvonne Goesse	Davenport, IA	563-323-7647
Dennis & Paula Peterson	Davenport, IA	563-391-3877
Randy & Lisa Bolin	Des Moines, IA	515-278-0951

Name	City & State	Phone
Douglas Burke	East Moline, IL	309-755-3555
Mike & Mary Panther	Galesburg, IL	309-344-3012
Jerry Brown	Moline, IL	309-797-3300
Bill & Cathy Howard	Moline, IL	309-762-3371
Chris Hebel	Port Byron, IL	309-523-3136
Clint & Jo Mecham	Port Byron, IL	309-523-2945
Chris Romagnoli	Princeton, IL	815-879-9131

Runners Wanting to Team up With Bicyclists
Sergio Villarreal – Cornbelt Running Club

Hello Quad City bicyclists! You may be wondering what a runner is doing writing an article in a bicycle club newsletter? Well, I'm writing to ask for your help. Actually, I think we can help each other.

I am a runner! I don't swim and I don't bike. I run! It isn't that I can't swim or bike. And it isn't that I don't like swimming or biking. I just choose not to. Once again, it isn't because I don't like to or don't know how, but more out of a lack of time. There is only so much time in the day. And between work, family and all the commitments that come with those two things, that only leaves enough time to get a quick run in.

Maybe later in life I'll have enough time to train properly and maybe even become a multi-talented athlete. But for now, I run! Thing is, I like an occasional change of scenery. That includes participating in tri-

thalons and duathalons. But, due to the lack of any training, I am not a strong swimmer or cyclist.

It would be nice to be able to partner up with someone who is a good cyclist or swimmer. And that, my pedaling friends, is where you come into the picture. How nice it would be if I could just zip into your web page and find a list of cyclists willing to partner with a runner in some competition. And vice-versa with you being able to pull up info on a runner from the Cornbelt web page.

What do you think? Please call your club president or board members and let them know your ideas on this issue. In the mean time, keep on running, I mean biking.

If you are interested in teaming up with me or some other members of the Cornbelt Running Club for an event, please contact me at: 309-756-1095 or ajvspv59@yahoo.com.

Adventure Cycling Association
Brian Martindale - Tours Director

Something new from Adventure Cycling. In 2004 they have introduced a "Tram-Am" ride of 93 says that will include 10 nights of indoor accommodations. The price has been raised to \$3,600 for this particular tour. See details on this trip at:

<http://www.adventurecycling.org/tours/transam.cfm>

QCBC members who have ridden across country with Adventure Cycling or Cycle America are: Joy Bleuer, Linda Lueders, Chuck Orestreich and Eileen Wosoba.

Membership Count: 2/6/04		
	# of Members	# of Memberships
Individual	404	404
Couple	284	142
Family	361	98
Complimentary	21	21
Life	6	3
Total	1,076	668

Bicycling in the Everglades

Pat and Tom Bolton, Sheri and Warren Power

Many of you have probably traveled across the Southern tip of Florida on Interstate 75 or Alligator Alley. Well, there's another highway just south of Interstate 75 call the Tamiami highway, or highway 41. This is a good two lane road that is lightly traveled and takes you right through the heart of the Everglades.

If you take this highway in January or February you will see numerous birds and alligators. On this road, about 2/3 of the way across the state, going west to east, is the North entrance to the Everglades National Park called Shark Valley.

Shark Valley covers a very small area of



the Everglades but what makes it unique is a 15 mile pave loop road that goes South from the entrance. This road is not open to vehicular traffic so the only way to experience it is via a tram tour, hiking or bicycling. We road bicycles on this road in early January and we saw numerous wild birds, turtles and alligators up close and personal.

The road is dead flat and single speed rental bicycles are available at the entrance to the park. The tour guides on the tram tours refer to the bicyclist as meal on wheels due to the proximity of the alligators to the road. (See photo below where Tom & Pat say "Hi" to a few alligators.)

(See photo below where Tom & Pat say "Hi" to a few alligators.)

It only takes two or three hours to see this area and if you're driving in Southern Florida we'd highly recommend this as a way to break up a drive.

Team Racing Basics

Jay Johannsen

To the casual observer, road racing looks like an individual sport. Racers and educated spectators, however, know this is not the case at all. The sport is really like a complex chess game on wheels, in which attacks, blocks, and sacrifices are constant, right up to the finish line.

This is most obvious when watching a top professional team, such as the U.S. Postal squad, during the Tour de France. However, by following some basic guidelines, even an amateur club team can employ team strategy and tactics for one-day road races and criteriums.

Keys to successful team tactics:

- Each rider should know his role
- Always have a man up the road
- No more than one team member should work in the wind at a time
- Never do any work without a reason
- Don't work any harder than anyone else in the break
- Know when to attack the break
- Be prepared to chase
- Practice the lead-out

(Editors' Note: This article is a condensed version of what Jay submitted. Jay raced for the Swiss Valley Team from 1996 – 2000. He has since graduated from Palmer Chiropractic and practices in LeClaire, IA. Jay can be reached at: LeClaireChiro@aol.com)

The First Five Years Of A Forty Year Journey

(cont. from page 1)

modestly successful financially. Early in the year, the first mention of bike paths in the Quad Cities was recorded when interest was being shown by the city of Moline into designating and developing bike paths.

Meanwhile, more structure for recreational riding was being addressed by a committee appointed to organize and lead social rides. The first outing was a tour of Davenport parks. Later in the year, Scott County Park was discovered as a good location for cycling and a ride preceded by a picnic was conducted later in the year. Rides now were being planned further from the Quad Cities proper and were to locations such as Sterling, Andover, Cambridge etc.

Officers for 1965 were: President - John Hood Sr., Vice President - Rene DeLanghe, Sect/Tres - David Greene and Race Director - Dale Hallberg.

1966

Information for 1966 is sketchy due to either an absence of meetings or the lack of minutes from several months of that year. This was also a year when President John Hood was considering relocation, which may have impacted when meetings would be held. The early policy of the Club was that meetings would be held at the discretion of the President.

Another race was planned on 7th Street in Moline to be conducted in May. This year, the VFW agreed to sponsor the race. The race was won again for the second consecutive year by Eddie Doerr. It was estimated that 3000 people witnessed the event which drew approximately 70 participants. There was an announcement in January that a schedule of roller races had been provided.

Officers for 1966 were: President - John Hood Sr., Vice President - Fred Blessin, Sect/Tres - John Hood Jr., Social Director - Fred Blessin and Racing Director: Dale Hallberg.

1967

Again, the minutes for 1967 are intermittent and sketchy, but the Criterium for this year was again sponsored by the Moline VFW. The course was modified

to provide a longer finishing sprint lending to a more exciting and safer finish. There were 56 total entries for the senior and junior classes. Once again, Eddie Doerr of St. Louis was the major winner, his third consecutive victory.

Coasting races were apparently popular in the early years of the Club, for the minutes state that they would be held again in 1967. Also, three types of social outings were being planned, those being Saturday afternoon rides, week end trips and Wisconsin Bikeways (week long trips), so touring is getting more attention as the Club matures. As an incentive for creative ideas, a trophy would be presented for the best-planned social ride. Also, a hostel outing at Harpers Ferry, IA was going to be offered.

Officers for 1967 were: President - Fred Blessin, Vice President - John Hood Sr. and Sect/Tres - James Greene.

1968

The Moline Criterium was again held in 1968, although the archives will be perused for more information on the results and any unusual occurrences that should be noted.

Given the success of the 7th Street Criterium the past three years, serious consideration for a second race in downtown Moline was given and the planning and approval for all entities procured, but had to be cancelled when the required sponsorship was withdrawn. However, arrangements with officials in East Moline allowed another criterium to be conducted in that city during September with good results.

Noteworthy from the December minutes was mention that Jim Nelson showed maps provided by the city of Davenport which call for three bicycling circuits in the city, one being Credit Island. This was the first mention for bikeways in Davenport.

Membership dues were modified creating a family membership of \$4.00 with individual membership costing \$2.00.

Officers for 1968 were: President - Fred Blessin, Vice President - Rene DeLanghe, Sect/Tres - James Greene and Social Director: Bob Seaberg.



Be a Part of History!
Chuck Oestreich

That's right. The League of Illinois Bicyclists is planning an unprecedented, one-time serial bicycle ride of all of the 585 miles of the Mississippi River Trail in Illinois. We're calling it **Trail Breaking the Illinois Mississippi River Trail**.

You should be a part of it.

All you have to do is agree to bicycle about 35 miles on Saturday morning, May 1, 2004. Just select one of the starting locations listed below and cycle to the celebration site in your area (of course, you'll have to ride back to your start – or get picked up). At the site, celebrations and media opportunities will bring together bicyclists riding in from both up and down the MRT. The focus will be on the potential for bicycle riding in western Illinois. Wear your jerseys.

All this is in celebration of the publication of the

User's Guide to the Illinois Mississippi River Trail. This handy booklet, produced by LIB with the cooperation of the Illinois Dept. of Natural Resources, and Mississippi River Trail, Inc., is the definitive guide to riding, touring, enjoying, or just boasting about the MRT in Illinois. It includes cue sheets, maps, attractions, accommodations, food and drink locations, bike repair, and emergency information.

And – best of all – it's free!

Actually, it will begin as a web-site publication, easily downloadable at www.bikelib.org/mrt Future plans are to print it in convenient size to fit into a jersey pocket. However, you can get a special, limited edition, printed copy – along with other perks and mementos - by agreeing to participate in the May 1st **Trail Breaking**.

Just check one of these rides and send, call, or email it in.



- _____ Cairo to Jonesboro/Anna
- _____ Grand Tower to Chester
- _____ Valmeyer to Hartford (Lewis & Clark Men.)
- _____ Grafton ferry to Hamburg ferry
- _____ New Canton to Quincy
- _____ Hamilton to Gladstone/Burlington
- _____ New Boston to the Quad Cities
- _____ Fulton to Savanna

- _____ Grand Tower to Jonesboro/Anna
- _____ Valmeyer to Chester
- _____ Grafton ferry to Hartford
- _____ New Canton to Hamburg ferry
- _____ Hamilton to Quincy
- _____ New Boston to Gladstone/Burlington
- _____ Fulton to the Quad Cities
- _____ East Dubuque/Galena to Savanna

Name: _____
 Address: _____
 Phone: _____
 E-mail: _____
 Bike Club Affiliation (if any): _____

Send to: Chuck Oestreich, 816 – 22nd Street, Rock Island, IL 61201
 For Information, call: 309-788-1845 or email: oestreich@qconline.com

Snowtime For a Picnic Kathy & Chet Doyle

28 club members enjoyed an "elegant" winter picnic at Butterworth Center on a bitter cold Sunday afternoon, January 18th. Dean Mathias and Bob Fitzgerald were the only two who braved the elements and came on their bikes.

A buffet of ham and all the fixings was served and the picnickers ate their meal at lace-covered tables with fresh flower centerpieces. Those in attendance were Dennis Baber, Joy Bleuer, Chet & Kathy Doyle, Dick & Karen Grimm, Gary Hartzler, Jim Karr, Al & Jan Lasek, Virginia Lohmiller, Kathy Loomis, Dean & Deb Mathias, Darlene Moritz, John & Vivian Norton, Chuck & Diane Oestreich, Jan Reynolds, Dodie Robers, Bob & Kate Rutledge, Karen Stinson, Kathy Storm, Joe Van Houtte, Dottie Willits and Susie Wolf.

Kathy Storm and Virginia Lohmiller won the \$25 gift certificates and Jan Reynolds "won" the chairmanship

of the 2005 winter picnic. A huge "thank you" goes to Dodie Robers and Joy Bleuer for their generous gifts of time, toil and good humor.



Vivian Norton and Darlene Moritz in the elegant Butterworth Center in Moline, IL. Digital photo courtesy of Dick Grimm.

DICE Team Update Bruce Grell

2004 is looking good for the DICE squad. We have our largest roster to date with 33 racers. Our junior roster has grown to 5 thanks to Don Miller and Mike Zugmaier, and we have added 2 women to the squad, which is a first for the club.

Our sponsors have been very generous this season and need to be recognized for their ongoing support of cycling. QCBC as always is one of our Major supporters; Fitzgerald Campagna and Associates, Crow Valley Chiropractic, and Cardiovascular Medicine, are also continuing their support; Our newest major sponsor for 2004 is W.G. Block Co.; and the Blue Cat Brew Pub and Aero Concrete have also signed on. And of course I can't leave out Healthy Habits (shameless plug). Again thanks to all of the sponsors.

For 2004 you'll have to look for us in Red and two tone grey, as we have completely re-designed the uniforms to accommodate our new sponsors and new members. We have forged ahead with the Junior and Developing rider program by adding a USCF certified coach to the roster, Don Miller. We're hoping to help the juniors and those new to racing by offering baseline fitness testing, and coaching. We will have people competing in Road, Criterium, Mountain and Cyclocross racing starting in February and continuing thru December. Myself and the rest of the club are looking forward to a fun season and hope to see some of our friends and supporters at the QC Criterium and other local events.

Again thanks to the QCBC for their ongoing support. See you at the races.

Observations from Chendu, China November 2003 - Vivian Norton

Chinese use bicycles much as we in America use our cars. Some load up the back of their bikes with as much or more than would fit in the trunk of a compact car. Once more, they navigate through traffic with those loads.

Most cities have a lane and a half for bikes on both sides of the auto lane traffic lanes. Most bikes are strictly utilitarian . . . no high tech bikes there, but bikes are used for their primary transportation.

Some bikes looked as though they weren't in shape to ride anywhere much less be reliable to ride to work, but people road along just fine. A reality check; this writer thinks her bike is worn out.

Mandatory Sidepath Law - Iowa
Chuck Oestreich

The old mentality of "get off the road and use the path" is alive and well in Iowa once again. Iowa State Senator John Putney has introduced a bill (Senate 2004) that would make biking on a four lane, divided highway illegal if there were an adjacent path or one within the highway right-of-way. It doesn't apply to municipalities.

Now, first off, this isn't a big problem right now – only 17 miles fit the definition. And none in the Quad City area, that I can see.

But the implications are there: Let's get those blankity-blank bicyclists off the roads. Don't they have enough

paths to ride on, with their silly tight shorts and loud jerseys?

The good bicycling folks in Des Moines protested at the Statehouse in February to no avail – it passed the Transportation Committee 8-2.

Lori Leporte, of the Des Moines Cycle Club, said, "Anything that starts to affect bike access affects biking." Senator Matt McCoy said, "We're sending the wrong signal in a state that ought to be promoting these recreational opportunities."

It's not certain when the bill will come up before the full Senate, but keep a watch on www.bikeiowa and be prepared to call or write your State Senator.

We have the right to the roads – let's keep it.

Tampico Fest Bike Ride

- Date:** Saturday, June 26th
- Location** Booth Park, on Booth Street (near the water tower), Tampico, IL
- Time:** 8am – registration begins
- Fee:** \$15 (8 or 40 mile ride)
\$12 (6 mile ride – adult) or \$8 child (under 14 - must be with adult)
- Sponsored By:** Tampico Fest Committee

This bike ride winds its way through a gently rolling, scenic farming area. The rides will have ride monitors, route maps, sag vehicle, cue sheets and marked roads. The 18 and 40-mile rides will have rest stations with refreshing drinks and high energy home baked goodies.

Name _____	Address _____
City _____	State _____ Zip _____
Email _____	Phone _____
Signature _____	Date _____
<p>By signing this form, I realize there are some risks of bodily injury while participating in this event. I hold the Village of Tampico and all sponsors "Hold Harmless" for any injuries or damage.</p>	
T-shirt size (if registering before June 15th)	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL
Age (if under 18) _____	Name of Adult Accompanying Minor _____
Route Option <input type="checkbox"/> 6 <input type="checkbox"/> 18 <input type="checkbox"/> 40	Fee Pd <input type="checkbox"/> \$8 <input type="checkbox"/> \$12 <input type="checkbox"/> \$15

Registration (by check or money order) received by June 15th will include a "Tampico Fest Bike Ride" T-shirt. Registrations will still be accepted after June 16th at the regular fee, but with no T-shirt. The 18 and 40 mile rides start from 8am to 9am. The 6 mile ride starts from 9:00am to 9:30am. All rides will be going "rain or shine".

Send ride applications to: Tampico Fest Bike Ride, C/O Don Lester, PO Box 623, Tampico, IL, 61283-0623.

Information: contact Don Lester at: 815-438-7447, or dlester@cin.net

New American Discovery Trail Coordinator for Northern Illinois

The executive committee of the American Discovery Trail Society board of directors recently elected Chuck Oestreich to be the trail coordinator for the Northern Illinois segment of the ADT.

Oestreich, a resident of Rock Island, Illinois, will serve as the primary point of contact for the trail, which in northern Illinois goes from Rock Island to the Indiana border east of Momence.

He also will serve on the Board of Directors of the trail society.

The American Discovery Trail is America's first coast-to-coast trail, traveling 6,356 miles from Point Reyes National Seashore in California to Cape Henlopen State Park in Delaware. In America's heartland – between Colorado and Indiana - it splits into northern and southern segments. It passes within 20 miles of 32 million Americans and touches more than 10,000 sites

of historic, cultural, or natural significance.

Oestreich is a long time QCBC member who has been on the board of directors, chaired TOMRV, and is a past Pedalwheeling editor. Besides logging many bike-transportation miles, he has cycled coast-to-coast, done numerous week-long bicycle tours, and bike-toured parts of seven foreign countries, including Russia.

He currently is the bicycle planner for River Action, chairing Iowa RiverWay Trails, an Iowa Quad Cities' group working for a connected trail from Buffalo to Princeton, Iowa, along the Mississippi River.

Oestreich is also active on the boards of directors of the League of Illinois Bicyclists (LIB) and the Mississippi River Trail. He edits the LIB newsletter, and has worked on a number of trail mapping publications for that statewide group. And he is chairman of the Grand Illinois Trail And Parks ride (GITAP), an annual week-long bicycle tour of northern Illinois sponsored by LIB, with cooperation of the Illinois Department of Natural Resources.

For Sale Ads – QCBC members:

Thule bike rack (fits on car trunk). Holds up to 3 bikes. Fits most car makes/models. Asking \$20. Contact John Fletcher (563) 288-0981 or fletch@muscanet.com

Gary Fisher Wahoo Mountain Bike. 17" frame, 24 speed. Original Owner, nice condition. Great first mountain bike.. Asking \$180. Call Adam Ritter at 563-332-1655



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ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Grand Excursion 2004 Bike Ride Tom & Pat Bolton

Go to the grand excursion web site:
www.grandexcursion.com to register. The site is now active for registrations.

When you click on the [Bike Ride](#) as shown below it will take you to the registration site. You first have to fill out the waiver prior to getting to the registration page. The cost of the ride is \$225, jerseys are \$45 and return bus to the Quad Cities is \$45. The ride starts on June 27th and ends on July 4th. The return bus is \$45. The ride is limited to 1200 cyclists so register early.

3 Ways To Join In The Journey.

[Boat Cruises](#)

The largest paddle wheeler and riverboat flotilla in over a century will retrace the original Grand

Excursion's history-making journey, with harbor, day and overnight cruises at ports all along the route.

[Train Trips](#)

The Milwaukee Road 261, an authentic, restored steam locomotive, will offer trips from Chicago to Rock Island, and between communities all along the flotilla route.

[Bike Ride](#)

This 400-mile ride will cover approximately 35 to 70 miles each day, riding alongside the bluffs of the upper Mississippi region.

