

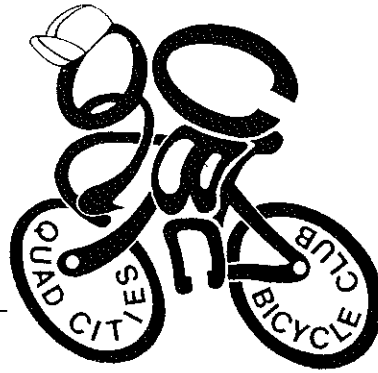
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QUAD-CITIES BICYCLE CLUB

AUGUST 1990 ● Cindy Mohr - Editor



Bike Trail Damage

It's the same old saying - you don't appreciate something until it's gone. That's the feeling that came over me as I walked along the bike path in Davenport and Bettendorf following the recent devastating flooding. As I looked at the tremendous amount of debris, toppled trees, and sand packed trail, I couldn't believe the mess Duck Creek left behind!

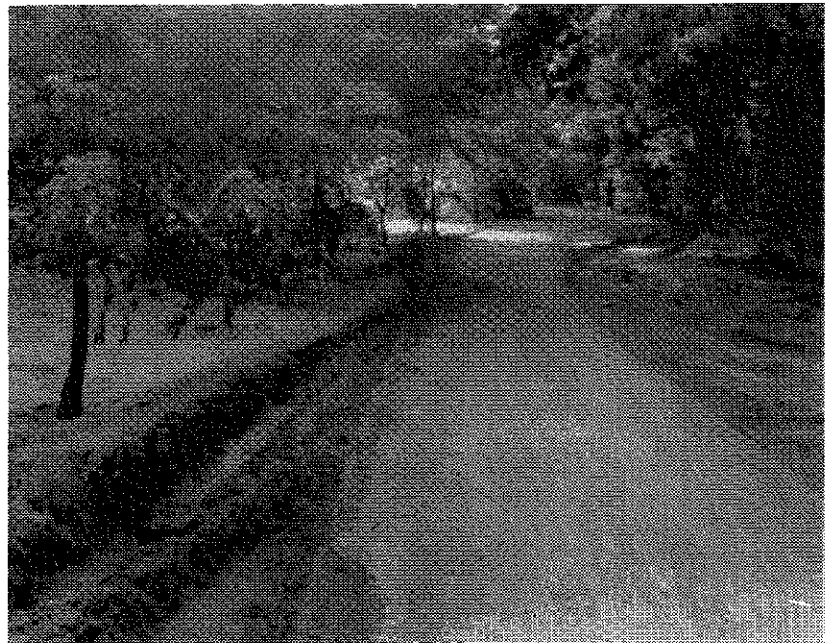
According to Ed Schick, of the City of Bettendorf, the 3.1 miles of trail in Bettendorf sustained around \$92,000 in damage and clean up costs, with 500 feet of actual trail damaged. Roger Murray, of the City of Davenport gave me an estimate of \$55,000 in damages. Murray estimates 620 feet of trail that will need replacing or repair.

At the time of this writing no definite plans for organizing volunteers for clean-up have been announced. However, if you would like to know if you can help in anyway, call 326-7812 (Davenport) or 359-1651 (Bettendorf).

Both cities did a tremendous job of getting the trail back in use, but there appears to still be a tremendous amount of clean up needed.

Of course the bike trail damage is minor compared to the homes and businesses damaged. There won't be a trip I take on the trail that I won't think of the families that were affected. My heart goes out to them all.

Cindy



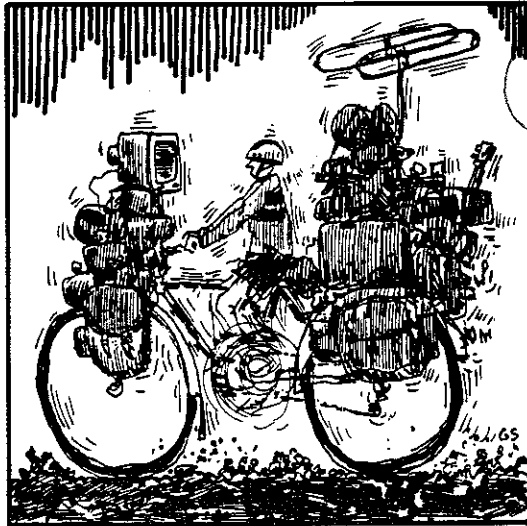
BIKE SWAP MEET ● AUGUST 11, 1990 ● 8:00 a.m. - 4:00 p.m.

Swap, sell, get rid of all your bike items you no longer need. Provide your own table, mark prices on all items.

Parking lot behind On Two Wheels, 16th Street

If interested or need more information, contact Ken Hall, at 796-0874.

This bike swap is not affiliated with On Two Wheels or the QCBC. This is open to members or non-members.



—BIKECENTENNIAL

Griff's Ramblings

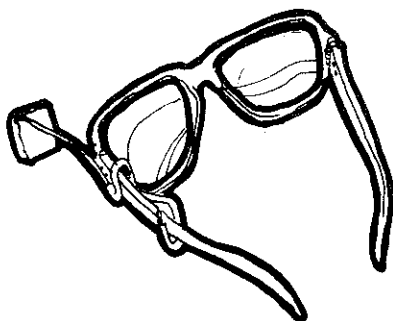
August just sounds hot, doesn't it. I don't know if it will be or not; I'm writing this mid-July, and the high today was in the lower 70s. And, yes, it is raining.

This one is guaranteed to be short - no riding of any interest, no travel of any interest, just a boring month - too much work and not enough play.

Fall is coming, and that means **FALL FOLIAGE RIDE**. This year it will be around the Aurora, Illinois area - pretty country and flat, with lots of small towns and their infamous little shops of goodies and restaurants. This is an unlimited ride, so as many of you that want to go can. Be sure to call Earl Strupp for details.

Check this out. A short one. I'm out of here. Keep an eye on those cars and ride with care.

Griff



Welcome New Members!

John & Elizabeth Haag
Moorestown, NJ

From Bettendorf, IA:
Ken & Christine Kelly
Brad Schwartz
Robert & Deborah Ackerman
Barb Puchta
Kerry Cullerton
Dale & Vicky Paschke

Carolyn Travis
DeWitt, IA

Arnie Irwin
Eldridge, IA

From Davenport, IA:
Lori O'Dell
Philip & Patricia Bain
Cameron Hove
Harvey Abrams
William Leslein

From Rock Island, IL:
Richard & Lorian Swanson
Jim Dice
John Dierks

Tim Phlypo
Geneseo, IL

Charlotte DeLathower
Moline, IL

Merritt & Judy Pitcher
Morrison, IL

**Bi-State Bi-Athelon
September 16
Loud Thunder**

Ride Reports

Double Metric

June 16 & 17, 1990

Guess what? It rained really big time. (The day Duck Creek looked like the Colorado River). James Hanson, Deb & Dean Mathias and Jan and Jerry Sears showed up at the ride start. Only Jan and Jerry ventured out between the raindrops, peaks of thunder and flashes of lightning. They actually completed a double metric that day! Congratulations folks! Deb and Dean went to an aerobics class, James and I sat in a very dark Hy-Vee store drinking coffee and watching the parking lot flood.

Because of the confusion of the date of the Double Metric (newsletter date versus the Ride Schedule date) I went to the ride start on Sunday also. "Ride the River" may have been cancelled, but Carter LeBeau, Bruce and Becky Perry and Ron Schmidt rode the Double Metric on Fathers Day.

With the poor weather and conflicting dates, the turnout was very small. I have lots of que sheets and patches for next year. However, since the homemade cookies would not last that long, I considered it my sacred duty to eat most of them.

Gabe Verstraete

Rushin to Moscow Recap June 24, 1990

Having not been on a Sunday QCBC ride for some weeks, made this morning very enjoyable. We all seemed to have so many things going on in our personal lives that sometimes we forget to take time for the really important things, like riding a bicycle.

As time goes on, we have people come and go in the Quad Cities, but one thing continues to impress me - the enjoyment that

can be attained by a casual ride to McDonalds near Walcott. There were eleven of us including Warren Carlson, Marge Dixon, Rick Ross, Laurie Hopkins, Mike Middlemiss, Judy Teaple, Joe Van Houltte, Mary Brus, Jim Deal and yours truly. Dave, from John Keady, started the ride but had to leave at Harlan's. This was an "old fashioned" bike ride. That is, frequent regrouping, slow crank RPMs and good conversation.

I hope some of you who think all riders are 50 plus milers at 20 mph will join us on future rides.

Dave Lefever

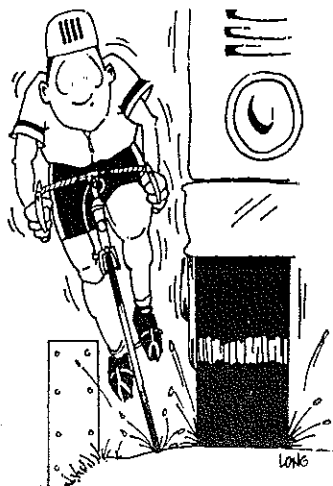
Dog Daze Doubles

August 26, 1990, Engstrom Family Park, in Batavia, Illinois will be the time and place of a 31, 62, 100, or 124 mile ride. Oak Park Cycle Club of Chicago and Gottlieb Health and Fitness Center will be combining their efforts to sponsor this ride. The terrain varies from flat to more challenging, going through Kane, Kendall, and DeKalb Counties.

Cost is \$8.00 if preregistered by August 13; \$10 the day of the ride. Fee includes marked route and map, sag service, food and t-shirt (if preregistered).

Call 708-848-0790 for information and registration forms. Helmets are required.

ILLUSTRATION BY RAYMOND LONG



QCBC Soviet Cyclists Picnic

Welcome the Soviet cyclists on Tuesday, August 14, at the Club's potluck picnic. We will meet at Duck Creek Park shelter #1, at 6:00 p.m. (or come earlier) for brats and weiners. Bring a non-meat dish to share along with your past RAGBRAI and other summer cycling stories and experiences.

It's not too late to join with the Soviets for parts of the Friendship tour that will be leaving here the following Friday, August 17, for their 10-day tour.

Contact Jim Olson, 209 E. 13th Street, Davenport, Iowa, 52803, or call (319) 322-5498 for additional information on this tour or the local ride(s).

Bruce Perry

Our club computer went on vacation or caught a cold or . . .

Hopefully you received this newsletter with the correct name, address and/or expiration date. Because of unknown reasons, the computer lost all entries for the last six months!! So, after going through all the hard copies and re-entering everything, I think we are back to normal. Again, special thanks to Verle and Sue Dau for bailing me out. If there is any problem, please let me know - Bill Langan, 319-386-3058

Q C B C CENTURY & PICNIC

Heartland's Annual Weekend of Centuries

Saturday, September 22, 1990

Scott County Park
Whispering Pines Pavilion

\$10 - preregistered members
\$15 - preregistered non-members
Watch for details and application form
in September newsletter

This is an event that even noncyclists cannot miss! The century and picnic will be at the Whispering Pines Pavilion of the Scott County Park. You are encouraged to ride your bicycle to the park as the miles from your home and back will be counted toward your total mileage.

We want the fee to be kept to a minimum with the thought that it will be about \$10 for pre-registered QCBC members and \$15 for non-members.

We hope to have the following:

- Long sleeve t-shirt (new & safe neon colors)
- Fully catered meal (spaghetti, salads, vegetable, drink and table service) - All you have to bring is your appetite.
- A Heartland Annual Weekend of Centuries patch (hopefully)
- Repair vans
- Sag stops with granola bars, fruit, cookies and pretzels (tentatively planned).

Rides:

- Quarter Century - one sag stop
- Half Century - 2 sag stops
- Metric Century - 2 sag stops
- Century - 3 sag stops
- Double Metric - 4 sag stops

(The two smallest rides will not be supported by repair vans.)

I am sure you realize that the Club will not be making any money on this event. This is an effort to thank you for your membership and to encourage you to join us cycling!

With the varied distances, we are hopeful of appealing to all of you.

The details and the H.A.W.C. application will be in the next newsletter, so plan on September 22 for a good time together.

P.S.: Also, plan on the Melon City Century in Muscatine on September 23, 1990.

Bill Langan



The first ever, Southwestern Illinois Regional Rally (SIRR'90), at Belleville, Illinois on October 12, 13, 14 and 15. Because of the limited space involved in one of the events, the Dinner Cruise on the Tom Sawyer and Huckleberry Finn river boats, only 350 entries are going to be accepted.

Agenda for the Rally is scheduled as: Friday the 12th is sign-in day at The Walton's at Augustines, Rally Headquarters, and a friendly get together there that evening about 8:00 p.m. Saturday, the 13th, will see rides scheduled from 20 to 135 miles over scenic country roads, where the turning leaves will provide beautiful colors, and the car drivers are friendly, all of which will consist of loops, with Belleville in the center. All of the rides will stop for a bit at Eckerts Famous Orchards, where a craft fair will be in progress with plenty to see and plenty to eat. (Those who indulge in too much Bratwurst can abort their ride, and take the short cut back to their

motel.) Saturday evening will feature dinner at The Walton's. Followed by an ice cream social and dance about 8:00 p.m.

Sunday, the 14th, has the rides on a similar schedule as on Saturday, with a stop, for those who are interested, at the dedication ceremonies for the opening of the St. Clair County Bicentennial Bikeway. At 6:30 p.m. that evening, we will meet on the St. Louis riverfront to board the sternwheelers Tom Sawyer and the Huckleberry Finn (that's right, there are two boats) on which we will cruise while enjoying a fine dinner along with live entertainment, and finish off with a race to the landing with paddles flying and whistles blowing. Then back to the motels for a good night's rest so that we can rise in the morning for the variety of rides available.

Note: Color me blue! As the fellow who laid out the application format, I have to take responsibility for the confusion concerning the t-shirts. Everyone will get a t-shirt (since there is not going to be more than 400 people anyway), but it will only be one to each customer, and that shirt will commemorate both SIRR'90 and the St. Clair County Bicentennial. Some folks got the idea that two different shirts were involved, sorry!

Things are looking brighter each day, and we are working very hard to make this a memorable first. We need to see you here on October 12, 13, 14 and 15, to make it just right.

A registration form is printed on the back of this page. Registration will be accepted until September 15, 1990.

For additional information, call coordinator, Art Scholbe, 618-337-5030.

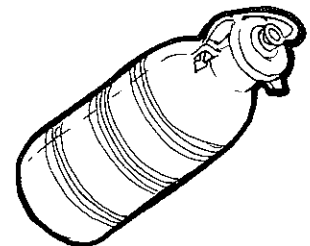
Iowa Rides

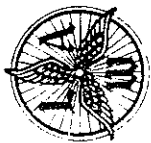
August 11
 Bob McGehee Memorial Ride
 Scenic River Valley Ride
 Dinner
 Small Fee
 25 or 50 mile loops
 Contact: Lynn Fraiser
 515-432-5541

August 18
 Hardcore VIII
 Hardin County Ride
 Extraordinaire
 100 - 60 mile options
 Contact: Green Belt Bikers
 319-648-2838

August 18 - 19
 Bike Van Buren
 50 or 75 miles
 Contact Mark Eckman
 319-293-7111

August 18 - 19
 Tour De Backbone
 Contact Rainbow Cyclists
 319-233-0128





LEAGUE OF AMERICAN WHEELMEN

S.I.R.R.'90

Southwestern Illinois Regional Rally Belleville, Illinois Friday, Oct. 12 - Monday, Oct. 15

Sponsored by L.A.W. and the St. Clair County Bicentennial Commission
One person to a form. This form may be duplicated. PLEASE PRINT!

Date Rec'd: _____
Reg.#: _____
Amount _____

Last Name: _____ First: _____ Middle: _____

Street Address or Box Number: _____

City: _____ State: _____ Zip: _____

Phone: _____ Male Female

Name of Emergency Contact: _____ Phone: _____

Club Affiliation: _____

Disability/Tandem/Recumbent _____

FREE S.I.R.R. and St. Clair County Bicentennial T-Shirts to first 400 registrants. Circle size: S M L XL

RELEASE:

I understand that I may be injured while bicycling or otherwise participating in this event, and I agree to be responsible for my own actions. I promise to release and hold harmless the officers, volunteers, and staff of the S.I.R.R. committee, the St. Clair County Bicentennial Commission, and the League of American Wheelmen, Inc., from any claims of injury or damage resulting from my participation in this event. In case of a minor entrant, I agree to indemnify and hold harmless the above mentioned parties from any claims for injury or damages which said minor may sustain. I consent to emergency medical treatment in the event of injury. I promise to obey traffic laws and to practice courtesy and safety in bicycling.

Signature of Registrant _____

Date _____ Parent or guardian, if registrant is under 18

REGISTRATION FEE per adult _____ \$60
REGISTRATION FEE per child (under 12) _____ \$45
L.A.W. MEMBERSHIP (League membership is required): _____

Members:
Enter L.A.W. Membership #: _____
Upgrade Individual to Family Membership _____ \$5
Nonmembers:
Individual: _____ \$25 or Family: _____ \$30

LODGING AND FOOD	Fri. 12	Sat. 13	Sun. 14	Mon. 15	Subtotal
\$25 per person (2 per room) per day () () () ()	()	()	()	()	()
\$40 per person (1 per room) per day () () () ()	()	()	()	()	()
Subtotal					

FOOD:
Breakfast (Sunday - Monday)
Dinner (Saturday - Sunday)
(Includes Riverboat Revue and Ice Cream Lovers' Ball)
\$65 x () Adults
\$50 x () Children (under 12)

DONATION to Bicyclists' Education and Legal Foundation (Tax Deductible) _____
Subtotal _____

TOTAL ENCLOSED _____

PAYMENT:
() Check made payable to S.I.R.R.
() Master Card () VISA
Credit Card # _____
Signature _____
Expiration Date _____

NOTICE: All fees are due with registration.

Refundable as follows:

- * 100% if postmarked before August 1, 1990.
- * 75% if postmarked before September 1, 1990.
- * **NO REFUNDS AFTER SEPTEMBER 2, 1990.**

No mail-in registrations after September 15, 1990. (Limited number of walk-ins will be accepted on a space available basis.) Send your registration with check or money order in U.S. funds payable to: **S.I.R.R. '90 REGISTRATION**

**1217 ST. MICHAEL DRIVE
CAHOKIA, IL 62206**

Bicycle to "Field of Dreams"

How many of you have seen the film that made Iowa God's country? It was the top video rental in the country in April, according to Billboard magazine.

The baseball field is three miles from the western end of the Heritage Trail in Dubuque. You can get there easily from the trail.

Go west on the Heritage Trail to where it ends at Highway 136; turn right onto the highway for one block and turn right (at the sign) onto 3rd Avenue, N.E.; follow 3rd Ave., N.E., which goes into 12th St., N.E. and then into 5th Ave., N.E. and then into Dyersville East Road; after 2.5 miles, turn right onto Lansing Road. Lansing is a gravel road, but it is only 0.7 miles to the field.

(Remember, if you go by Smitty's in Graf, you have to stop for a hamburger - they're the best!)

Cindy

Fall Foliage Ride October 6 - 7, 1990

This is an update on our ride. Finding a place to have our Saturday night banquet has been difficult because they have either been booked up for our date or they are priced too high.

With the help of the Aurora Chamber of Commerce, we have made contact with the Best Western Motel, and they will open their dining room Saturday night for us. We need a guaranteed minimum of 30 people to make this arrangement. They offer us a choice of fish, beef or ham dinner reasonably priced. There will be entertainment in the lounge and dancing. It is also next door to our headquarters, the Regal Inn.

Classifieds

For Sale:

Fuji Tandem
24", 21"
18-speed, 700x35C Expedition
Selle Royal Seats
Excellent Condition
\$895
Call Dennis Warner
319-332-5199

For Sale:

Trek 760, 52 cm.
Metal flake purple
531 frame, Campy Victory group
Good racing bike
\$600/obo.

Klein Performance, 52 cm.
Light blue, Suntour Cyclone group
Excellent touring set-up
\$600/obo

Schwinn Cimaron Mountain Bike
Frame only, 17"
\$175/obo

Call Ken 1-364-8043 (home)
or 1-395-5271 (work)

This will be a fun packed weekend with a variety of things to do. The trails are flat and are mostly blacktop. You can ride as many miles as you desire. There will be many stops along the ride. We will follow along the beautiful Fox River. We will have passouts listing shops and inns. It will be impossible (?) to get lost, but we will have maps for you.

The Regal Inn is easy to find. It is on the east/west tollway Rt. 88 (formerly 5). Take the Farnsworth Avenue North exit in Aurora, and it will be on the left hand side. Send me the following information:

1. Type of motel room you want
2. Number of people
3. Number of nights
4. Number for Saturday night dinner

For Sale:

Miscellaneous training wheels left over from the Criterium in Moline
Call Terry Burke 309-797-3790

**Send me your
RAGBRAI stories and
pictures!**

**Cindy
3561 N. Willow Crt.
Bettendorf, IA 52722**

**Remember -
newsletter deadline
is the 10th of each
month.**

I will make the arrangements, but it will be your responsibility to cancel. Remember, the Regal Inn has a nice indoor pool. It is also next door to the Papa Bear restaurant, where you can have breakfast.

The Saturday ride will start at 10:00 a.m., rain or shine.

The deadline for registration is August 25. Send no money, just the above information to -

**Earl Strupp
804 6th Street
Bettendorf, IA 52722
319-355-8581**

I will be gone July 27 - August 19, so no phone calls - use the mail. If you want any information, call me, except for the above dates.

Earl Strupp