

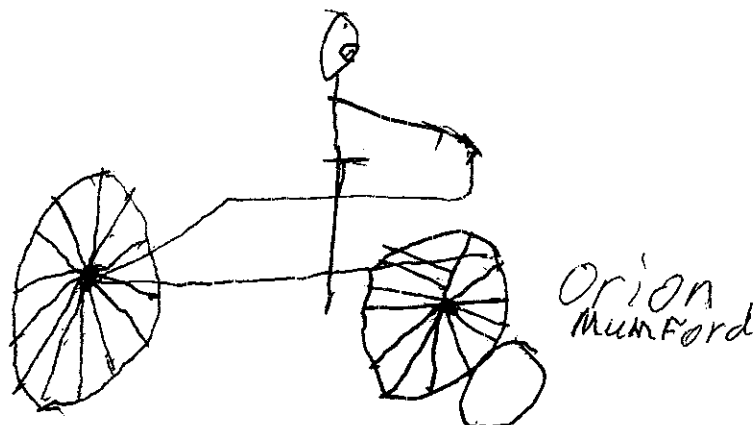


QUAD-CITIES BICYCLE CLUB

President, PAUL SCHEIBELHUT V. President, JERRY YEAST
Secretary, WARREN POWER Treasurer, BARBARA TUCKER
Recording Secretary, JEAN KELLY
Newsletter Editor, LORRAINE ROTH

"AT THE HUB OF TWO STATES"

NOVEMBER 1984



*from the
president's
pen ...*

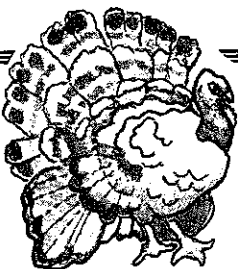


This is my last column as club president, so I will take the opportunity to thank a few of the many people who have contributed their time and effort. Five of the biggest jobs were handled by Lorraine Roth, Newsletter Editor; Danny Smith, Ride Directory; Dave Lefevre, RAGBRAI Bus; John Keane, TOMRV Chairman; and Sheri Power, TOMRV Secretary. Special thanks to officers Jerry Yeast, Warren Power, Barb Tucker, and the Board of Directors, plus Jean Kelly for recording all of our meetings. The newsletter's circulation was handled by Don and Nancy Dehner, the picnic by Eleanor Koenig, patch rides by Griff Tucker, Bruce and Becky Perry on the century ride, and Verle and Sue Dau coordinated the Fall Foliage trip.

A complete list of all of the volunteers during the past year would include thirty percent of the QCBC, which is the main reason for our club's success. The club is in good financial condition, and Jerry Yeast has been busy lining up committee chairmen for next year.

Let's finish the year in grand style at the Annual Dinner at the Viking Club in Moline on the 20th. Denny Peterson and Bill Langan have an enjoyable meeting planned; so bring your biking pictures and stories for an evening of socializing with your biking friends.

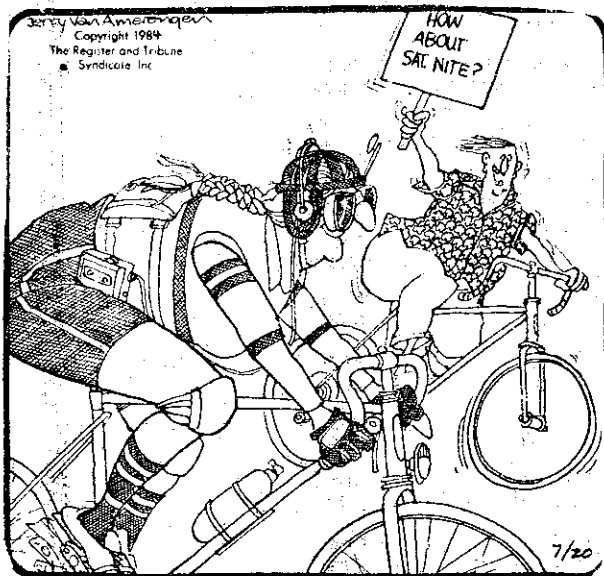
---Paul Scheibelhut



BIG BIRD'S LAST RIDE

Thanksgiving Day Patch Ride
Thursday, November 22nd
10:00 A.M.
Arsenal Island Picnic Area

The Neighborhood



It's tough maintaining a meaningful relationship with a serious biker.

Annual Dinner

Remember, the Annual Dinner is set for Tuesday, November 20th, at the Viking Club in Moline. Denny Peterson and Bill Langan have spent a great deal of time and effort in preparation for this big event. They are lining up films and videos for our entertainment, including coverage of the Olympics.

Tickets are available from Bike N Hike, Jerry and Sparky's, Bike America, and from some QCBC members. Tickets **MUST BE PURCHASED IN ADVANCE!** The cost to you is only \$4.00 per person, with the QCBC picking up the rest of the tab.

Get your tickets, and join the crowd on the twentieth for food, fun, and films!

A REMINDER TO ALL QCBC MEMBERS:
Due to the rush of the holidays, the club does not have a meeting in December. Have a happy holiday season, and join us at our first meeting of the new year, January 15th, 1985!

Meeting Of The Board

President Paul Scheibelhut presided over the October 8, 1984, board meeting of the QCBC. Those in attendance were Griff Tucker, Charles Sattler, Jerry Yeast, Terry Burke, Denny Peterson, Bill Langan, Lorraine Roth, Warren Power, Fred Blessin, Jean Kelly, and Leon VanCamp.

Griff Tucker reported that the club has not lined up an accountant as of yet.

Don Davis is organizing a film library. The TOMRV film will be put on a professional quality videotape. WQPT may use this film as a filler piece on the PBS channel. The SAGBRAI film can be copied in the same manner.

Don Davis has located most of the club equipment. It will be inventoried and stored in a common location.

Paul Scheibelhut sent mail-o-grams to representatives Crane, Russo and Rostenkowski of the House Trade Commission expressing the club's opposition to bill H-5754. The bill proposes raising the tariff on import bikes and parts from 9% to 24%.

Tickets for the annual meeting will be available at Bike N Hike, Jerry and Sparky's, and Bike America. Certain club members will be selling them also.

The patch ride for October is the 28th at Duck Creek Park. Patches will be available.

The Davenport Halloween Parade is October 31 with a theme of "Ghosts, Goblins and Witches". A club tee shirt will be awarded to the club rider sporting the best costume.

The QCBC Century Ride drew 75 riders.

The December 18 club meeting has been cancelled.

The board is discussing and checking into the possibility of changing the club meeting site.

The next board meeting will be Monday, December 10 at the home of Jerry Yeast.

---Jean Kelly
Recording Secretary

Famous Member

Ian Hibell, "World's Most Famous Bicyclist", was also a charter member of Quad Cities Bicycle Club. His new book, Into the Remote Places, was published April 26 in England, by Robson Books.

Ian left his home town of Brixham, England, in 1963. After biking across Canada, he pedalled down to Rock Island, to work a year for Servus Rubber. He tried racing; no problem with the speed, but in the Rockford race, tangled with another rider and crashed; decided that was not for him. Ian was on the first Wisconsin Fall Foliage ride, with Betty Ann and me, in the Platteville area.

The following summer he took off for Alaska, and thence to cover a quarter million miles pedalling, pushing or carrying his bicycle through some of the most inaccessible country there is.



---Fred Blessin
QCBC Historian

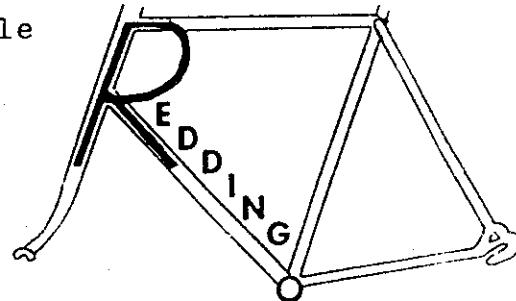
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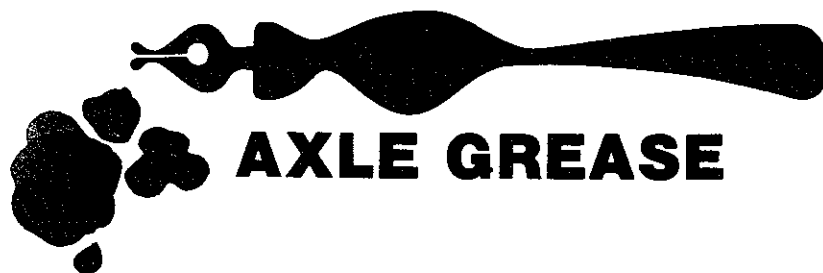
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AXLE GREASE

Axle was eating in a Tex-Mex chicken restaurant called Marco Polo when he, for some reason, conceived of the idea of riding his bicycle on the same route Marco Polo followed in the 14th century. The fact that a large part of the trip was over water did not deter Axle. He got from Venice to China in eight hours and twenty-six minutes, in a SuperSonic Transport. He then traversed China in 136 days on his Venetian-built Italian bike. He traveled with a travois in trawl. The Chinese called him the Trawlerman. Axle just didn't want to use panniers to haul his panda. The travois worked much better. Axle's panda is called Pan Cake. Named after the great Chinese pancakes Axle had. The cakes are so thin they only have one side. Pan Cake is so big that Axle can only make two miles per hour dragging him in the travois. But, as Axle says, "A tour of the Great Wall without a panda is like pancakes without sausages, hash browns, three eggs (over easy), oatmeal, and cantaloupe and coffee."

None of us, of course, could argue against that logic. Next installment, Axle meets an inscrutable ping-pong player.

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New Schedule

ATTENTION: ALL DENTIST RIDERS

Effective immediately, the Wednesday Dentist Rides on the Iowa side will start from McDonald's on the Davenport Bicycle Path. No further meetings will take place at Hardee's or the Bettendorf Arcade. The Illinois side rides will continue from Doctors Park in Moline, and Bike America in East Moline. They will still begin at 8 A.M.

This is a change from your ride schedule, so please mark it per these instructions:

| | |
|---------------------|--------------|
| November 7 | McDonalds |
| 14 | Doctors Park |
| 21 | McDonalds |
| 28 | Bike America |
| December 5 | McDonalds |
| (continue as above) | |

This will be in effect until further notice.

---The Dental Committee

PLAN YOUR RIDE

This is your opportunity to have a ride in next year's ride schedule, named after you. We need new rides to add variety to our already great ride schedule. In particular, we need ride suggestions that are in the 15-to-20-mile round trip category. As in the past, all we really require is a starting place, and a suggested destination. You may indicate the exact roads to travel, but it is not necessary.

This does not in any way cause you any responsibility to be a leader on this ride, or to even be present. If you don't wish your name connected with the ride suggestion, we will of course not use it.

While most of our rides start in the Quad City area, we would like some to start outside as well. It is felt they should be no further than 20 miles from the Rock Island Bridge (using this as the center of our area).

We need these suggestions no later than December 5th in order for them to be included in the 1985 ride schedule. Send your suggestions to:

Carter LeBeau
2325 Fulton Avenue
Davenport, IA 52803

Here are some final tips from the "Executive Fitness Newsletter" on commuting by bicycle. These are the final hints from the article submitted by Tom Duke.

Where will I park my bike if my company doesn't have a facility? You can park it on the street, but use the following precautions.

- Get a good lock Our biking experts recommend a U-bolt lock that you wrap around both the rear wheel and

the frame. Attach it and the bike to a very secure object, like a parking meter or signpost.

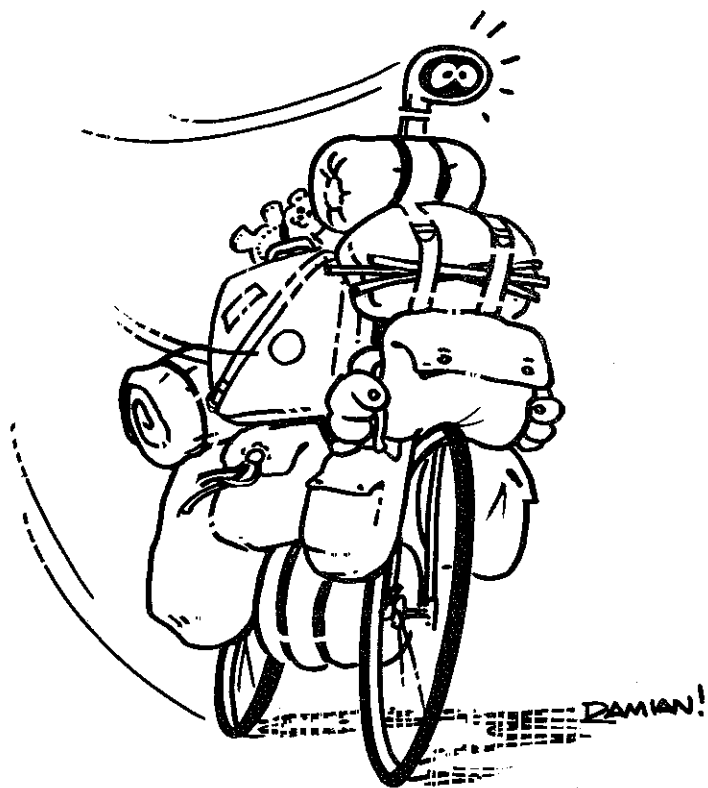
- Try to park it in a "secure" spot, that is, one in constant view of other people.

- Junk up your bike so that no one would want to steal it, advise John and Vera Krausz. If you've ever had a secret desire to indulge in punk-rock behavior, here's your chance. A sloppy paint job, a few dents and some dirt should ensure your bike's safety

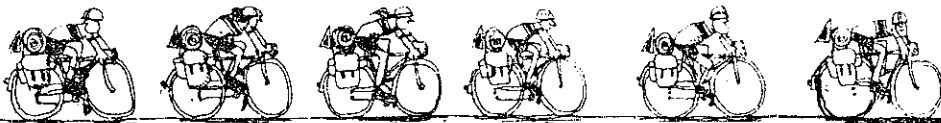
Is biking really healthful when I have to breathe in polluted air? The news isn't as bad as you may think. A 1977 Department of Transportation report, "A Study of the Health Effects of Bicycling in an Urban Atmosphere," compared the effects of commuting by bike and commuting by car. The study found that bikers had less carbon monoxide in their blood than motorists. One possible explanation the report offered was the mobility of the bicycle. While cars can get stuck behind a bad polluter, bikes can move quickly on and away from offensive exhausts.

Bikers did experience more eye irritation and dry throat, but most of these symptoms disappeared within 10 minutes after they stopped riding.

If you are concerned about breathing in polluted particles, like dust, soot and mists, John Allen recommends a filter mask (although these will not stop you from breathing in gases like carbon monoxide). Allen uses a Norton model 7513 mask, which he says is the best brand for bikers. It's made of soft rubber and doesn't hinder your breathing, except on prolonged sprints and climbs.



ON THE ROAD



SUNDAY, SEPTEMBER 23---QCBC'S OWN CENTURY

Sixty-seven riders registered for the QCBC Century on September 23rd. About a third of the riders elected to ride the metric century. The rest continued on a hilly ride into and out of Charlotte before crossing northern Scott County and returning on Highway 130.

The weather was ideal, and a number of riders rode their first 100-mile ride (and then some)! Among these first-time riders were Dave Marshal, Greg Larison, and Buddy Mason. At the other extreme, John Thier, Dave Holmes and Tom Duke used the good conditions to make it to the 100-mile point in 4 hours, 45 minutes. Steve Verstraedt and two companions were also wasting no time and riding hard, when last seen before Wheatland.

In between these groups, a number of riders enjoyed the day at more of an experienced touring pace. A few even elected to ride the full mapped distance, despite advice that the total distance was appearing to approach double metric figures. To those riders, I congratulate them on their unofficial near-double metric achievement.

In another notable achievement, the Langan family tandems, with 3-year-old Justin and 4-year-old Bryant, finished the metric. After returning home, Bill and Bryant went out again to push their total to 100 for the day.

The sag drivers, Denny Peterson (second year), Carolyn Hansen and Becky Perry, drove over 350 miles. I certainly appreciate the help from these club members, and the time they volunteered.

While the map for this ride used 'Old 61' to go north to the McCausland road, the Utica Ridge Road has recently been extended past the Scott County Park road intersection. This road now connects to the McCausland road between 'Old 61' and Z-30, and adds an alternate route north to Scott County Park, and McCausland. It is an alternate climb out of the Wapsi River valley, if you are coming from the north, and can be expected to carry very little traffic.

---Bruce Perry
Century Chairman

SUNDAY, OCTOBER 7---R.A.C.E.R. VI

Rut's Annual Chili Eaters' Ride VI is now history. We would like to offer a sincere "thank you" to Juan Medina, our water stop man, and to Judy Rutledge for driving the sag wagon.

Last but not least, a big "thank you" to all the riders and eaters who joined us, and made the whole affair worthwhile. We're glad you came!!

---The Rut's
Bob and Kate

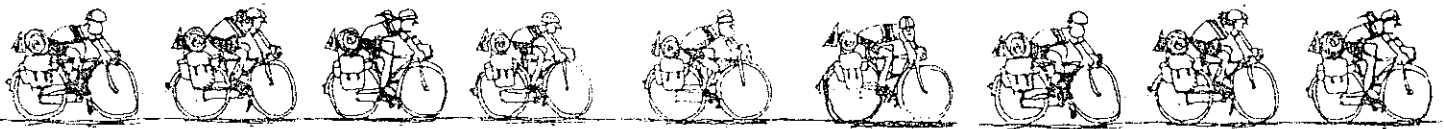
P.S. A big thank you from the QCBC to Bob and Kate Rutledge for their great ride and eats!

FRIDAY, SATURDAY AND SUNDAY, OCTOBER 12-14---BANG III (BIKE ACROSS NEW GLARUS)

Under the direction and guidance of Ann and Ted Harris, another bike ride from New Glarus, Wisconsin, to Mt. Horeb, Wisconsin, started promptly at 10:00 a.m.! However, the weather was not cooperating, and we left in a cloud of fog. Full of optimism and youth, we just knew that it would clear, and we would have a beautiful fall ride.

As our optimism remained high; the fog remained thick. Some of the "original" members would describe the breathtaking view at the top of each rise, and probably were as good as the real thing!

After checking out some of the local establishments in Mt. Horeb, we ate a delicious lunch at Gobel's. Ted Harris had a "shortcut" from one of the local citizens, and we all voted to take it. It was shorter by a few miles; and hillier by a few hills; and seemed to have more bike-eating attack dogs! Somewhere in Mt. Horeb, a small man was chuckling!



A few of the bikers split from the group for a longer ride, while the rest remained on the original route. We all joined in New Glarus for celebrating and refreshments. Our awards banquet was held at the Wilhelm Tell Inn, with Gene Conrad as our Master of Ceremonies. He did wonderfully, I might add; eloquently presenting the beautiful handmade awards, and pleasing everyone with his personal touch.

We had a short ride on Sunday morning before returning home. In response to our survey, the group decided "it doesn't get any better than this"!

---BANG III SCRIBE

SATURDAY AND SUNDAY, OCTOBER 13-14---WISCONSIN FALL FOLIAGE FROLIC

Once again, the Wisconsin Fall Foliage Ride is history. I think it was a great success, despite foggy, cloudy weather. Approximately 50 people participated--at least there were fifty-one at dinner Saturday night!

If this ride ever catches on with the club, we're in trouble! Most of the riders were new to the club, and some were even non-members. In fact, at ten years, I was by far the "oldest" QCBC member there!

We rode off into the fog on Saturday morning, and soon spread out to accommodate the varied paces of the riders. One young man did his first twenty miles with his dad that morning. We had to omit the first stop on the ride--the view from the fire tower wasn't much different than the view from the ground!

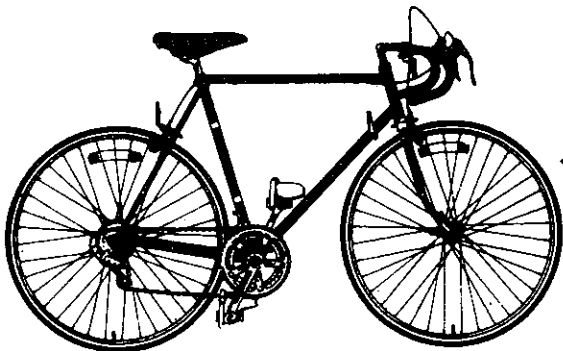
So, first stop was Belmont, where we could have enjoyed homemade caramel rolls, if someone hadn't eaten them all before we got there. Many hills later, we made it to Mineral Point, where we found the Walker House closed--permanently, it seems. We all managed to find lunch, though--some of us even tried the famous pasties. After even more hills, we made it back to Platteville, and the world's biggest "M". Some hadn't had enough hills yet, so they climbed this one, too (on foot). Not much at the top, but at least the view had improved.

Back at the motel, we had time for a swim (those of us who read their newsletter and brought their suits, anyway). Then it was on to the Timbers for all the roast beef, fried chicken, green beans, potatoes and gravy we could eat, plus salad, relishes, cinnamon rolls, and beverages. Bikers' appetites didn't phase them--even Jim Kall got enough to eat!

Some riders opted not to tackle more hills on Sunday, so our group was a little smaller. Those who went had no trouble with another 50-miler--this time to Potosi and Lancaster. Verle

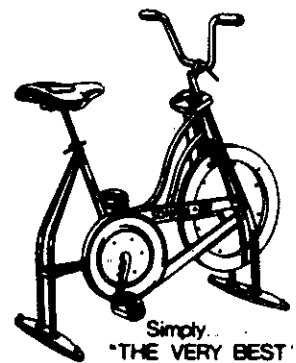
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thought he had found every big hill in the area, but we did hear some requests for more. I guess you can never have too much of a good thing.

The biggest hits on Sunday were Jim Keyoth's "fast" tires (it doesn't take long to pump them up every few miles), Mississippi River Rats from Potosi, the hills on County V, and brunch at the Lancaster House (only two went, but they ate enough pastry for all of us)! The town square in Lancaster was another good spot--their courthouse is unique, with a huge copper and glass dome, and there was lots of fallen foliage to bury "fallen foliage" riders in! More hills on Sunday afternoon--the longest was the strong headwind. Everyone made it back by 3:30 though, leaving time to stop at DQ AND Pizza Hut on the way home. It's a good thing biking burns calories--at least we'll only gain five pounds instead of ten!

Verle and I would like to thank everyone for joining us--we think we had the best possible group. It was the people that made this ride fun. We hope we'll see all of you out on club rides--don't wait for the next out of town one! I don't know if we'll take on the challenge next year, but it'll be hard to top this one!

---Sue and Verle Dau

SUNDAY, OCTOBER 14---FALL TOUR OF HERITAGE TRAIL

While I was riding on RAGBRAI six years ago, I was approached by some folks about their efforts to develop the Heritage Trail. That effort was a success. Today the Heritage Trail, an abandoned railroad right-of-way from Dubuque to Dyersville, is a beautiful cycling trail. It's a shame there's a dark side to the story.

Recently while on a fall scenic ride on the trail, my family and I heard a despicable story of vandalism, harassment and threats. We were riding along enjoying the trail very much when, just outside of Durango, we stopped to get some refreshments and avail ourselves of a restroom at the Valley View Lounge.

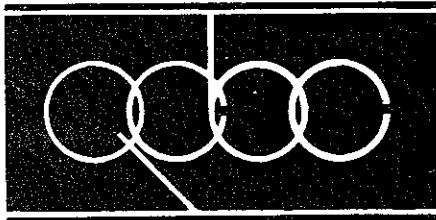
An elderly woman, Marie Rinikee, is the proprietor of this out-of-the-way camping and refreshment spot adjacent to the trail. First of all, let me say she has lived on and owned forty acres there for twenty-two years. Well, she has run into some fairly serious problems with some people connected with organizing the trail.

It seems she has been repeatedly harassed, threatened and vandalized by some people in this group. Her fences, which run parallel to the trail, have been cut. Gates across the road leading to her property have been smashed; even threats against her physical well-being.

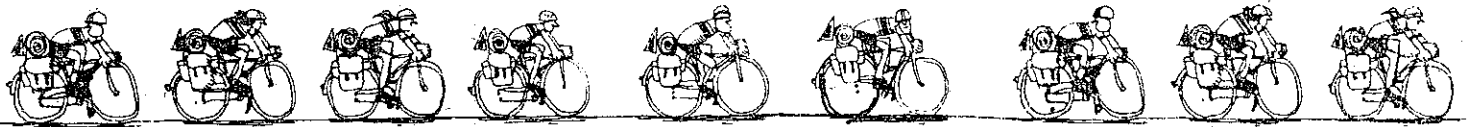
Now, I consider myself a pretty good judge of personality, and I believe this nature-loving lady's story. She is in no way impeding anyone's use of the trail, and is just trying to make the trail more appealing to its users. I'm sure she's not going to get rich offering something to eat, drink, and a quiet spot to rest.

I would like to ask all true cyclists to stop by her place, The Valley View Lounge, and give her our support and business. Maybe we can get a message across to her enemies, and give her some peace-of-mind.

---Concerned Cyclists



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WEDNESDAY, OCTOBER 24---THE WEDNESDAY "WISH YOU COULD HAVE BEEN THERE" RIDE

The Wednesday Dentists' Ride on October 24 was a class ride in more ways than one. The weather was picture-perfect with clear skies, a light wind, and a nip in the air.

Eight non-dentists, namely Eileen Wasaba, Jan Burt, Tom Duke, Leon Werthmann, Leon Van-Camp, Carter LeBeau, Eleanor Koenig, and Jean Kelly, gathered at the Bettendorf Arcade for the 8 A.M. ride. Jerry Yeast touched base with the group, as he frequently does on Wednesdays, even though he can't get away from work.

We headed north towards LeClaire and admired the splash of fall colors that still dotted the countryside. The only option for our mid-morning repast was the Half A Lohf in LeClaire, which was practically "next to nothing". With no doughnuts or sweet rolls available, the pickin's were slim, but we were long on table talk and toe warming.

Tombergs in Eldridge--next stop. We could begin to peel off some layers of clothing as the temps rose. At Tombergs we toasted the fourth anniversary of Carter and Eleanor's liaison; a sympathy card for Eleanor was suggested.

The creme de la creme was the planned lunch stop where cyclists should feel welcome--The Bombay Bicycle Club on Kimberly Road in east Davenport. Feeling strength in numbers, but a weakness in dress code, we paraded in with helmets on; it appeared Halloween had come early. The manager seemed almost relieved when we indicated our preference for an out-of-the-way corner location. Jerry Yeast rejoined us for the occasion. This was definitely a plastic money lunch, lasting 1½ hours. Another anniversary was toasted--that of Yvonne and Leon Werthmann's 31st.

It was a splendid afternoon delight, and we reluctantly pulled ourselves out of the comfortable, cushioned chairs and split off into the brilliant sunlight.

---J.K.

A BRIEF ITEM OF INTEREST FROM OUR CLUB HISTORIAN:

LAW Convention last year---Most interesting to me was a talk by Dr. Martha Jack, Washington State U. - "Bicycle Saddle Induced Forces On The Human Posterior" - this was the subject of her thesis for her degree in Biomechanics. Martha is a bicycle racer, formerly from Chicago. She came to the Moline race in May 1968, and found herself the only registered woman rider. She asked to ride with the men, but the ABL official wouldn't allow it; he wouldn't let her ride with the unregistered ladies race either, but she rode it anyway. The official then suspended her from racing for 6 weeks.

---Fred Blessin



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Vulnerability

On the road again,
Over a rusty bumpy bridge.
A fallen pigeon -



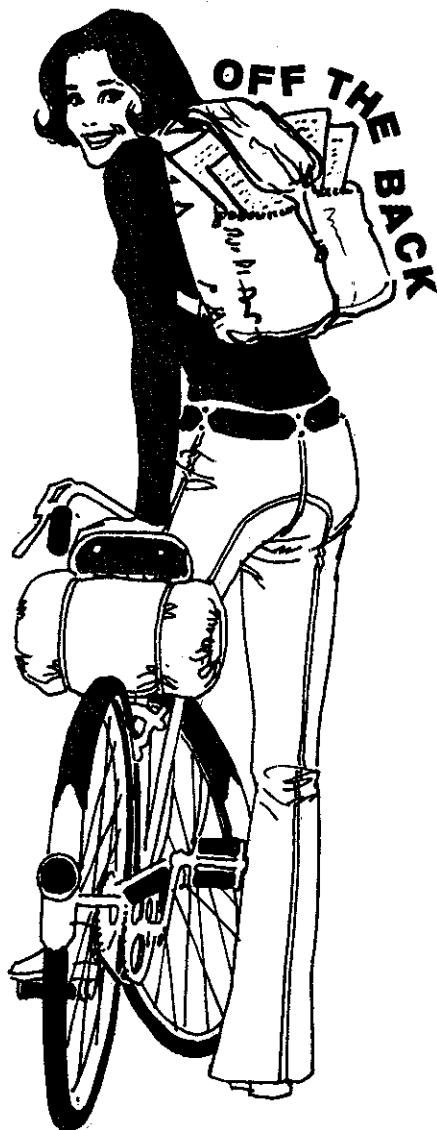
An exhausted tail pipe -
A sunflower;
"How can I provide nourishment here?"
Caterpillar, Woolly caterpillar hilling along
Each will take a chance,
Cars don't care.

Jeanne O'Melia

The Promise

One brisk November afternoon
We ride by leafless trees that soon
Will hold up rails of fluffy snow
And wait 'til spring, when new leaves grow

Jeanne O'Melia



Well, folks, this is it. Yes, after two years, I am relinquishing the job of newsletter editor, and placing it in the capable hands of Paul and Cindy Scheibelhut. I seem to be lacking sufficient time to do the job the club deserves on its publication, and I've also been suffering, recently, from that dreaded disease, NEBOS (Newsletter Editor's Burn Out Syndrome). So, it's time (or perhaps, some would argue, past time) to bring in some fresh blood (and sweat and tears), and fresh ideas.

THANK YOU to all who have contributed articles, pictures, ride reports, trivia, and moral support for the past two years. A publication such as this cannot be done without a great deal of support from the many members of the organization. I hope you will all continue to submit materials for the newsletter, and that more of you will become involved. Our club letter has become a major publication, and needs your help to continue, and to improve.

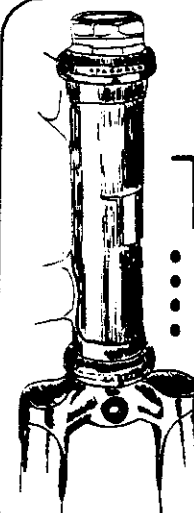
I know that Paul and Cindy have some good ideas for making the newsletter better. Please help them out by getting your contributions in promptly, and by making sure they have a good supply of materials from which to choose. The deadline for each month, until you are notified differently, is still the 20th. Starting immediately, the newsletter address will be:

Paul Scheibelhut
2333 W. 60th Street
Davenport, IA 52806

---Lorraine Roth
Newsletter Editor, Retired

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| | | <input type="checkbox"/> TOURING | <input type="checkbox"/> TOMRV RIDE <input type="checkbox"/> COMMITTEES | <input type="checkbox"/> WORD OF MOUTH |
| | | <input type="checkbox"/> RACING | <input type="checkbox"/> CRITERIUM <input type="checkbox"/> CENTURY RIDE | <input type="checkbox"/> MEDIA |
| | | <input type="checkbox"/> OTHER | <input type="checkbox"/> PICNIC <input type="checkbox"/> OTHER _____ | <input type="checkbox"/> OTHER |
| | | | | L.A.W MEMBER? YES <input type="checkbox"/> NO <input type="checkbox"/> |

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club ride or other activity. All cyclists ride at their own risk and anyone under age 16 must be accompanied by responsible adult. Parent or Guardian must sign for applicants under age 18. All applications must be signed and in signing the liability release, I agree to the above conditions.

LIABILITY RELEASE:

INDIVIDUAL MEMBERSHIP: _____ PARENT/GUARIAN _____

FAMILY MEMBERSHIP: HUSBAND _____ WIFE _____

MAKE CHECKS PAYABLE TO: QUAD CITIES BICYCLE CLUB. MAIL TO: P.O. BOX 3575 - DAVENPORT, IA 52808

Membership Includes: 1) Monthly newsletter. 2) Monthly meetings, held third Tuesday at 7 p.m. in auditorium above Browning Museum on Rock Island Arsenal. 3) Touring ride schedule every Wednesday, Saturday and Sunday, January thru December - 156 rides. 4) Racing schedule and training rides during season. 5) Roster book of members. 6) Opportunity to meet area bicycling enthusiasts involved in social riding, touring and racing for every age and riding interest. 7) Discounts on TOMRV, RAGBRAI and certain other events. 8) Discounts offered by bicycle shops from time to time.

MEMBERS ARE URGED TO WEAR HELMETS WHEN BICYCLING

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, Iowa 52808

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