

QUAD-CITIES BICYCLE CLUB NEWSLETTER -- August 1976

Although many of our members are riding across Iowa this week (RAGERAI-IV), we'll still have a meeting on Tuesday, August 10 at 7:30 at The Rock Island Bank meeting rooms above the drive-in bank at 5th Ave. and 17th St., Rock Island. And they'll all be back with many a tale to tell.

Behind us is another successful Mississippi Valley Century -- not as big as in previous years but still enjoyed by the 135 or more riders from Muscatine, Clinton and Iowa City, Iowa and Park Forest, Chicago Heights, Macomb, and Geneseo, Ill., as well as local riders. We also had riders from North Carolina and Menomsee, Michigan.

A Board of Directors will be chosen at our August meeting. In previous years the club has operated with this four-member board who serve as a nominating committee and who plan the next year's rides and provide leadership. If this before-season planning had been in action we wouldn't have come so close to not being able to carry on our Mississippi Valley Century this year.

WELCOME TO NEW MEMBERS: Joe Delvecchio, Peter Fritz, Rick Schaefer and Tony Schebler of Davenport; Scott Anderson, Bob and Kathy Connell, Gary and Carol Kramer and Reed Loefgren of Rock Island; Todd Winderkaedt, Moline and Rev. Ed Sullivan, Clinton.

RIDE SCHEDULE

Sun., Aug 8, 9 a.m. Lindsay Park, Davenport, NORTH SCOTT COUNTY by way of the new paving on Jersey Ridge and Uttica Ridge roads, 40 mi. medium pace. Leader: Brian Major.

Thurs., Aug. 12. DAVENPORT HILLY DILLY, leave Lindsay Park, 11th and Jersey Ridge 6 p.m. Generally the route goes to Fejervary Park, taking about a dozen hills on the way. Cus sheets provided. Refreshments to those who make it to Fejervary Park. Leader: Fred Blessin.

Sun., Aug. 15. REYNOLDS RAMBLE, medium pace, 40 mi. Leave 7 a.m. from Jct. Ridgewood Road and Route 92, 1/2 mi. W. of Milan, near Jaydon Distributors. Refreshments available at gas station in Sherrard and grocery in Reynolds. Smooth roads, little traffic, a variety of hilly and flat stretches. If you don't have time for the full ride, you're welcome to ride out for a half hour or an hour and turn back. Leader, Ken Davis.

Thurs., Aug. 19, PICNIC -- LINCOLN PARK, Rock Island at 6 p.m. Ride to the park with your sack lunch. Club will furnish lemonade. This is on the Rock Island bike route at 39th St. and 11th Avenue.

Sat., Aug. 21, DIXON SWEET CORN FESTIVAL, 18 mi. one way. Leave Vander Veer Park 7 a.m. Breakfast served at Dixon Fire Station (pancakes, bacon & eggs). Ride 14 mi. over to Toronto and return for corn and pork chop lunch. Cost, \$1.50 for breakfast, \$1 for corn, \$3 for pork chop dinner.

Sun., Aug. 22, RACES, Cedar Rapids. Spectacular event in hilly Bener Park. Registered rides 8 a.m. to noon. Kids races in P.M. Cedar Rapids is 75 mi. from Davenport.

Sun., Aug. 29, ARSENAL ISLAND. Meet 2 p.m. at Clock Tower. Tom Schoening has obtained permission and will lead this beautiful ride right in the middle of the Quad-Cities. 7 mi., easy pace, level. Bring sack lunch. See Col. Davenport home, Confederate and National Cemeteries.

September is National Century Month. It will be possible to ride a Century each Sunday in Eastern Iowa:

- Sept. 5 - Cedar Rapids, Bener Park - 7 a.m. tourists; 8 a.m. racers
- Sept. 12 - Quad-Cities
- Sept. 19 - Muscatine
- Sept. 26 - Iowa City

PLAN AHEAD . . . we have received such a nice invitation to the First Annual Gemuetlichkeit Days Bicycle Ride on Sept. 18 at Jefferson, Wis. This is part of the 6th annual Gemuetlichkeit Day Celebration and is only part of many activities to which we're invited. Registration is from 8 to 10 a.m. (mass start at 10:15) from Jefferson County Fairgrounds. Fee of \$1 includes map, sag wagon and patch. Concessions and camping available. Write: Dave Wedl, Rt. 2 Barker Rd., Jefferson, Wis. 53519 or phone 414/674-5252.

TOUR OF THE BIG RIVERS - Sat. & Sun., October 2 and 3

Lancaster, Wis. - Wyalusing and return (Lancaster is 100 mi. N. of Davenport on Route 61). This two-day tour in southwest Wisconsin offers everything the touring cyclist looks for -- good roads, light traffic, scenic countryside, friendly people.

See: Wisconsin River junction with mighty Mississippi
Beautiful Wyalusing State Park
Stonefield - old time village
Nelson Dewey State Park
Grant River, Platte River, beautiful ^{BIG} Green River

ROUTE: Sat. 9 a.m. Leave Lancaster on your choice of 40 or 80 mile routes to Wyalusing State Park. Sun. 7:30 a.m. your choice of 30 or 50 mile return to Lancaster. This is hilly country, so bikes and riders should be in good shape.

FOOD: Saturday lunch, supper and Sunday breakfast provided.

LODGING - Saturday night accommodations at the youth camps facilities at Wyalusing State Park. All you need are sheet, pillow and blanket, along with your change of clothing and towel. A truck will carry gear and pick up the laggards.

LEADER - Mr. "Rod" Roggensack, attorney and lone I.A.W. member in Lancaster, Wis. He is repeating this tour because of the many requests from the 60 riders who were on the previous tour in 1971.

COST - \$6.50 per person.

RESERVATIONS - There is room for 100. The trip will be announced in the Sept. I.A.W. Bulletin. The Quad-Cities Bicycle Club has permission to accept up to 40 advance reservations in return for helping with the meals and clean up.

If you can go, send payment to Fred Blossin, 2727 Grove, Davenport 52804 (391-0760). Refunds made for cancellations until Sept. 20. State your preference of meal you wish to help with (cook or clean up), and whether you need transportation to Lancaster.

NOT MUCH ROOM FOR RIDE REPORTS this month but we just have to get in a few notes sent in by Carter LeBeau: Lower Rock Island ride on July 11 had some of the best attendance for any recent ride, led by Dr. Bob Frey (The Phantom to his close friends). It certainly wasn't the weather (97 degrees) or the roads (Ill. 94 is just a little better than the

Alaska Highway) . . . Chris Cowan is doing well after his hip injury. He rode 75 miles Sat., July 17 with the regular "Saturday Morning Iowa Group" . . . July 21, the regular Wednesday night ride was poorly attended due to threatening weather. Nine riders did show up and waited for the rain to stop. A short time after 7 p.m., three riders, La Blanc, Gero and LeBeau (sounds like a French vaudeville act), took off in the drizzle. The other 6 went home. After 2 miles the rain stopped and after 5 miles the roads were perfectly dry. Even the return home to Davenport was without rain. Motto -- Don't be intimidated by the weatherman.

RACING NOTES

AMERICAN 6th IN OLYMPIC ROAD RACE! George Mount (Berkeley Velo Sport), sprinted to the highest place for an American in the Olympics for over 40 years. Mount was in a 14-rider break which was eventually left in the final lap by the winner, Johanson of Sweden. Mount's high showing is a definite sign of the better quality riders coming up through the USCB. Possibly bicycle racing will get out of the closet sport status here in the U.S. with George Mount's efforts.

JEFF BRADLEY WINS NATIONAL PERIOD CLASSIC! Jeff Bradley (Skunk River Cyclists), racing in the next higher age bracket, captured a first at the Summerfest Grand Prix National Period Classic in Milwaukee July 10 and 11. Included in the field of 96 top Juniors (15-18) were Larry Shields (Jr. Road Champion), Greg Allison (SRC) and Doug Shapiro (Kissena-Zeus). Mel Bradley, QCBC veteran, finished second the day before in a field of ten. Neil Davie was 7th at a Cat. II and III race in Freeport.

Jacque Bradley (SRC) has been competing against older riders in preparation for the Road and Track Nationals.

Other beginning QCBC racers have been hampered with injuries and/or accidents. Reed Loevgren broke his collar bone; Don Michel dislocated his shoulder; Kent Kraft crashed at Rockford and Todd Winkersedt has had some bad luck in races. Most are back in the saddle, minus some essential training miles.

RACING JERSEYS IN CLUB COLORS (gold and blue), are available at 20% off from World of Bikes, Ltd., Jerry and Sparkys and King's Cyclery. The jerseys are by Cool Gear in acrylic material. Unfortunately they have international colors on the sleeves which should be tucked under for any picky USCB officials.

A beautiful job of embroidery with "Quad-Cities Bicycle Club" can be obtained from Rose's Monogram and Embroidery Shop, 1821 - 2nd Ave., Rock Island at about \$7. Your name is free.

TIP ON HILL CLIMBING - Keep your pedals turning at a brisk rate by shifting down or by standing on them. You develop more power and your moving legs help your heart. If you're tired at the top, stay in a low gear and pedal lightly until you've caught your breath.

MOST AMERICANS ARE IN THE SWIM of things these days, but they're also pedaling more furiously than ever. A. C. Nielsen Co's survey of sports participation showed bicycling second only to swimming.

Between now and the next NEWSLETTER, think about what you would like to have the club do for you (type of activities, programs, etc.) and what you would like to do for the club (chair a committee, lead a ride, direct races or Century Ride). There will be a form for you to express your views so that we can make the club of more interest to you during the next season.