



# Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — February 2010

## 33rd annual TOMRV set for June 12-13

Cyclists will leave Saturday, June 12, from Scott Community College in Bettendorf, Iowa (106 miles) or Two Good Park in Preston, Iowa (69 miles) and cycle to Clarke College in Dubuque, Iowa.

The next day, they return using a different route to Bettendorf (90 miles) or Preston (46 miles). The route is varied and scenic, using lightly traveled paved roads, with many views of the Mississippi River, over bridges and through causeways. The route is hilly near Dubuque, with 6,000 feet of climbing Saturday and 4,000 feet Sunday.

The Quad Cities Bicycle Club will provide its usual top-notch support services—many sag/rest stops along the way with free food and refreshments, included in registration fees. Additional food is sold along the route by civic and church organizations.

Saturday night in Dubuque, the legendary TOMRV banquet awaits at Clarke College which, along with the nearby Loras College, open their dormitories to riders for the overnight stay. A free shuttle runs between the two.

Rooms are assigned to Clarke first, then Loras. A single room has a single bed and a double room has two single beds. Clarke suites have six adjoining single rooms and Loras suites have four adjoining single rooms. Clarke suites are only available through mail-in reservation. Showers and towels are available for all, including campers.

Linens are included with all Clarke and Loras rooms.

For accommodations Friday evening there are many motels in the Bettendorf area and tent camping space at Scott Community College.

Check-in for the ride is 6:30 to 8:30 p.m. Friday, June 11 at Scott, and 7:30 to 9 a.m. Saturday at the park in Preston. The ride begins Saturday morning, with most riders leaving Scott between 6 and 8 a.m. and riders leaving Preston between 7:30 and 9 a.m. TOMRV provides emergency bicycle repair on the route and at Clarke College.

### At check-in, riders receive:

- A wristband to get food at sag stops, and banquet admission.
- A packet with queue sheets and other ride information.
- A luggage tag to get your bag on the trucks to and from Clarke.
- A TOMRV T-shirt designed for this year's ride.
- A LiveStrong bracelet.

### Other benefits:

- Free secure bike lock-up at Clarke College with overnight guard.
- Massages available at Clarke Saturday afternoon for separate charge.
- Saturday night Beer Garden at Clarke, with music by Catch.
- Drawing for 3 \$500 gift certificates at your local bicycle shop.
- Breakfast buffet at Clarke Sunday morning for a separate charge.



Registration opens online Feb 8, two weeks earlier than mail-in. This is to encourage more online registrations. The four- and six-room suites also will be offered online. Mail-in registration begins Feb 22.

For online registration, visit [www.GetMeRegistered.com](http://www.GetMeRegistered.com). There is no additional charge to register online, and online registration has a refund policy.

See TOMRV 2009 stats, page 4

## Key Contacts

**Quad Cities Bicycle Club**  
P.O. Box 3575  
Davenport, IA 52808

<http://www.qcbc.org>

### Officers:

President - John Harrington (563) 940-6023 or [jwhjkh@gmail.com](mailto:jwhjkh@gmail.com)  
Vice President – Denise Duethman (309) 721-7276  
Recording Secretary – Deb Mathias (309) 787-6547 or [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com)  
Treasurer – Darlene Moritz (563) 386-3499 or [dmoritz@access.net](mailto:dmoritz@access.net)

### Board Members:

Ken Urban (563) 326-3427	Dave Thompson (309) 764-5030	Don Luth (563)381-3750
Donnie Miller (309) 737-8270	Charlie Sattler (563) 391-3422	John Wessel (563) 359-8350
Terry Burke (309) 797-3790	Tim Carey (920) 209-1984	Doug McDonald (563) 332-6774

**Key Contacts:** A complete listing of committee chairmen and key contacts is available on the club’s web site and in the front of the hard copy ride schedule and membership directory booklet.

**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

**Club Meetings:** Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

**Submitting Articles for Newsletter:** Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: [qcbceditor@yahoo.com](mailto:qcbceditor@yahoo.com) or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

**Major Activities of the Club Include:** Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, annual Membership Directory booklet, 10 percent discount at QC area bike shops, and discounts on TOMRV and Heartland Century registration fees.

### Affiliated With:



<http://www.iowabicyclecoalition.org>

<http://www.bikeleague.org/>

<http://www.bikelib.org/>

### Editor’s note on picture submissions

We really appreciate people sending pictures for the newsletter. Too much gray space is monotonous. So, if you’re going on a ride, take some pictures, which also are a good way for club members to get to know each other. Some tips:

- ◆ Please send pictures in **as high a resolution as possible**. Pictures from a phone are poor quality, don’t reproduce well and their size can’t be changed. So, please high resolution shots from a digital camera.
- ◆ Please have a focal point in the picture. Wide, unorganized group shots don’t work well. Frame up to five people in a picture, and get as close as you can—allowing a little space on the sides to give some insight into the setting..
- ◆ Please provide names of all the people in pictures, from left to right.



## Let's Ride!

John Harrington, QCBC president



I have decided to boycott the trainer this winter and stay on the road! As someone said recently, "there's no bad weather, just bad clothing."

- Fall Tailwind! Dave Thompson will lead and organize our inaugural Fall Tailwind ride on Saturday, Oct. 2. As always, Dave has exceeded our expectations and already has five routes planned starting in the QCA, with a bus ride return.

- Scott Swanson and Kat Greer will again organize our Heartland Century ride, which will be Saturday, Sept. 11. Your board has beefed up the Heartland budget for more food and refreshments in advance of another great turnout

- This year's club general meetings will be held Tuesday, March 16 and Tuesday, Oct. 19 at 7 p.m. at Rivermont Collegiate at 1821 Sunset Drive, Bettendorf, behind K&K Hardware in Bettendorf. We will announce our speakers as soon as possible.

- Fred Blessin Memorial Update: We are jump-starting our donation efforts with a new one-for-one matching program. Recall that our goal is \$12,000. The board has decided to match every dollar donated (including the \$3,000 already pledged) with available funds from our bank account.

So, a \$25 donation is now worth \$50. What could be better? So please consider a donation today. Checks endorsed to "QCBC-Fred Blessin" may be mailed to QCBC, 2833 Kelling St., Davenport, Iowa 52804. Credit cards can be used with a link on QCBC.org. Thank you!

## Mileage totals for 2009

POS	LAST	FIRST	TOWN	09-MILES	09-CENTURIES	LIFETIME MILES
1	Thompson	David	Moline, Il	14197	20	120515
2	Luth	Don	Blue Grass, Ia	13730	5	16961
3	Nivert	Joe	Chattanooga, Tn	11111	12	109036
4	Zaborac	Greg	Canton, Il	10124	35	194874
5	Harrington	John	Bettendorf, Ia	10101	7	
6	Hawk	Rod	Moline, Il	10002	4	111760
7	Fitzgerald	Bob	Moline, Il	9290	0	119290
8	Their	John	Parkview, Ia	9029	21	308472
9	Mathias	Dean	Milan, Il	7853		
10	Georlett	Dave	Moline, Il	7530	0	57605
11	Haynie	Tim	Colona, IL	7160	7	
12	McCollum	Doug	Rock Island, Il	7121	5	60413
13	Power	Warren	Davenport, Ia	7000	1	126592
14	Kurt	Steve	Dunlap, Il	6792		120941
15	Meade	John		6301		23030
16	Curry	Charles	East Moline, Il	6209	2	
17	Giudici	Mike	Davenport, Ia	6153	3	79800
18	Thompson	Melinda	Moline, Il	6015	4	57169
19	Perry	Bruce	Port Byron, Il	5700		
20	Alftine	Dave	Davenport, Ia	5366		145132
21	Scott	Tom	Rock Island, Il	5280	8	37820
22	Ervin	Chris	Davenport, Ia	5142	2	51800
23	Jones	Gary	Bettendorf, Ia	5094	2	76094

Mileage contds. page 10

# Try your feet at endurance cycling in 2010

**By Joe Jamison**

Last year was the fifth year that the Parkers and Jamisons provided endurance cycling competitions in the Quad-Cities area.

In 2005, 78 riders competed in the two races. The Balltown Classic Double Century (created by John Thier and long a favorite of the original “Big Dogs”) drew 18 riders, while the Ultra Midwest Weekend of Racing drew 60 riders to the six-, 12- or 24-hour options.

In 2006, we explored the Peoria-area market and offered the Metamora 4 X 50 - four 50-mile loops around Metamora, Ill. It drew 60 riders.

Riders from Muscatine, Iowa entered the Balltown Classic and have participated in all our events since then. Balltown and the Ultra Midwest Weekend showed modest increases in participation, and overall rider-ship for the year finished at 153, a 96 percent improvement.

In 2007, interest leveled. The Balltown and Ultra Midwest Weekend stayed about even, but the Metamora 4 X 50 slipped to 138 riders. But that year, QCBC members David Thompson and John Harrington gave “going long” a try and things began to improve.

We began to see more QCBC riders participate - Melinda Thompson, David Haussler, Arnold and Mary Kundle, Jason Rettler, Mike and Paula Winters, Mike Giudici. That also was the year that Paris-Brest-Paris was held, as it is every fourth year and, as expected, drew from U.S. events.

In 2008, we began seeing out-of-state groups trying our races. It began with Jim Amelung of St Louis bringing riders to Metamora. A racing team from Indiana brought five or six riders, with promise of more.

We could see improvement, but our plan to add brevets in 2008 was a year late and we felt an obligation to provide a venue for Randonneurs who were required to drive hundreds of miles to participate in the randon style of endurance cycling.

That started in 2009. We expected overall participation to increase with the addition of the brevets, and it did! The Balltown drew 32, Metamora 4 X 50 drew 90, the Ultra Midwest Weekend drew 57 and our inaugural brevets (a 200K and a 300K) drew 22 for a total rider count of 201 for the year.

Endurance cycling can be intimidating to some riders. It shouldn't be, because riders don't give themselves a chance to test their potential. Last March, we organized the “Tour of the Islands” for the QCBC. There was a great turnout that included Jason Rettler and his family. Jason's wife was riding a single and Jason was pulling a bugger with his two sweet daughters in tow.

During the day, we talked briefly about RAAM and centuries and Jason seemed fascinated. As I recall, he had never ridden too far. Then in September, I received his registration for the Ultra Midwest Weekend six-hour option.

Very nervous and with a thousand questions answered, he rode and rode, and rode fast. Really fast! He averaged just less than 20 miles per hour for those six hours.

We're not saying that just because Jason did, that you can, but at least Jason now knows his potential, and it's awesome!

Do you know your potential? Find out.

## Some statistics from TOMRV 2009

### **Ride conditions:**

Saturday morning was 55 degrees, with light rain and a light east wind. The rain ended by 11 a.m. and temperatures warmed to 60 by noon, finally reaching 67. Still, it was a great day for cycling.

Sunday was partly sunny, 76 degrees, with a light wind from the northeast.

### **Rider statistics:**

- 1,405 riders signed up., with 385 first-time riders and 874 repeat riders

- 455 riders planned to start from Preston.

- The youngest registered rider was 9, the oldest was 78.

- Riders came from 28 states, but most came from Iowa, Illinois and bordering states.

- For the first year supporting the Lance Armstrong Foundation - Livestrong, TOMRV raised \$1,710. and donated \$1 on behalf of each rider and volunteer.

## RAGBRAI XXXVIII REGISTRATION - QUAD CITIES BICYCLE CLUB (QCBC)

Please read the RAGBRAI XXXVIII article in PedalWheeling or online.

Use a separate form for each person. You may reproduce this form.

**WE MUST HAVE YOUR Registration, Check & Register Release forms by FEB. 20, 2010.**

Make check payable to: QCBC - RAGBRAI

### 1. PERSONAL DATA (Please Print)

NAME \_\_\_\_\_ BIRTHDATE (REQUIRED) \_\_\_\_\_

STREET \_\_\_\_\_ APT/STE/UNIT \_\_\_\_\_ PO BOX \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

OCCUPATION \_\_\_\_\_ E-MAIL \_\_\_\_\_

Name of adult sponsor if under 18 \_\_\_\_\_

2. TYPE OF BICYCLE YOU ARE RIDING?  Road/MTB  Tandem  Recumbent

Other Please specify other \_\_\_\_\_

### 3. INDICATE RIDE STATUS

Des Moines Register "Fee Paid" tag \$140.00

QCBC transportation/baggage fee (bus out & haul bags) \$125.00

Baggage service only (find own way out) \$ 70.00

Bus return to Davenport \$ 50.00

Des Moines Register "Basic Souvenir Pack" (T-shirts - M, L or XL only) \$ 25.00

D M Register "Premium Souvenir Pack" (RAGBRAI XXXVIII poster and T-shirt) \$ 40.00

RAGBRAI XXXVIII QCBC Jersey (Primal Wear) \$ 50.00

Jersey size SM \_\_\_\_\_ (35-37) MD \_\_\_\_\_ (38-40) LG \_\_\_\_\_ (40-42)

Club Cut XL \_\_\_\_\_ (42-44) XXL \_\_\_\_\_ (44-46) XXXL \_\_\_\_\_ (46-48)

**TOTAL \$ \_\_\_\_\_**

Register subscriber? Daily  Sunday  Daily & Sun  Non-subscriber

**Every rider must sign the liability waiver.** If you are under 18, your sponsor must also sign. In signing this form for myself or another, I understand and agree to absolve all of the sponsors and organizers, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in RAGBRAI XXXVIII or in any of the activities associated with RAGBRAI XXXVIII.

Signature of rider \_\_\_\_\_ Date \_\_\_\_\_

Sponsor's signature, if rider is under 18 \_\_\_\_\_ Date \_\_\_\_\_

Mail To: QCBC-RAGBRAI; c/o Dixon J. Novy 704 12th Street DeWitt, Iowa 52742

PLEASE NOTE: QCBC MEMBER MINIMUM COST IS \$210 FOR "TAG" & BAGS; OR \$265 FOR BUS OUT, "TAG" & BAGS. ADD \$50 FOR BUS BACK TO DAVENPORT. ADD \$25 FOR BASIC REGISTER PAPERS PACK OR \$40 FOR PREMIUM REGISTER PAPERS PACK. JERSEY'S EXTRA @ \$50.00.

**THERE WILL BE NO QCBC SERVICES PROVIDED WITHOUT RAGBRAI TAGS  
IF YOU REGISTER THROUGH QCBC DO NOT REGISTER THROUGH ANY OTHER SOURCE OR  
YOU WILL BE AUTOMATICALLY DISQUALIFIED FOR TAGS**

## New Members

<b>NewMember</b>	<b>Spouse</b>	<b>CityState</b>	<b>Phone</b>
Brodsky, Jeffery	Debbie	Deerfield, IL	847-444-1306
Brown, Travis	marilyn	Taylor Ridge, IL	309-798-5182
Brseno, Christina		Washington, DC	202-546-2928
Campion, Joe	Nancy	Bettendorf, IA	563-343-7861
Chebuhar, Phil		Leclaire, IA	360-990-8690
Ernsberger, Garry		Maryville, TN	865-984-3788
Evers, Sonja		Washington, DC	202-546-2928
Gooch, Jerry		Chico, CA	530-896-1919
Grimme, Erin		Nashville, GA	229-507-0462
Grimme, Wendy	Alan	Eldridge, IA	563-285-7547
Hahn, Dean		Clinton, IA	563-321-0917
Hoffman, Ken		Aledo, IL	
Johnson, David	Jeri	Buffalo, IL	847-459-3989
Johnson, Evan		Buffalo Grove, IL	847-421-9947
Osborne, Larry		Rock Island, IL	
Pritchett, Gene	Barbara	Lompoc, CA	805-735-7763
Schiavoni, Robert		Winchester, VA	540-662-2282
Suttiff, Bradley		Davenport, IA	
Weinberg, Terri		Davenport, IA	563-359-1522
Welchman, Gail		Eldridge, IA	563-285-9833
Zmuda, Lisa		East Moline, IL	309-755-4420

### **Ride Classification:**

**Leisure Rides** – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

**Mid-Paced** – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

**Mid Paced (3 Hour Out & Back Rides)** – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

**Fast Paced** – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

**Rider's Choice** – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule



## AGREEMENT, WAIVER & RELEASE OF LIABILITY

RAGBRAI® XXXVIII  
JULY 25-31, 2010  
The Des Moines Register

### EACH ENTRANT MUST SIGN AN INDIVIDUAL WAIVER. FAXED WAIVERS WILL NOT BE ACCEPTED.

This form may be photocopied; however, faxed signed waivers will not be accepted.

I, the undersigned, know and understand that RAGBRAI and its related events involve potentially hazardous or dangerous activities and conditions. I attend RAGBRAI and all related events out of my own free will and choice. In choosing to attend RAGBRAI and any related events, I fully accept and assume all risks, whether before, during or after RAGBRAI and its related events. These include, without limitation, physical injury, mental injury, emotional distress, trauma, sickness, illness, death, contact with others, equipment failure, inadequate safety equipment, the effects of weather including extreme temperature or conditions, traffic, contact with motor vehicles of all types and descriptions, collision with other riders or fixed objects, the conditions of and/or design and other defects in the road and facilities, including campgrounds, ulcers along the route, and the negligence of others, including, without limits, on those persons organizing, sponsoring, or participating in RAGBRAI and/or events occurring in connection with it. I am aware that the risk of injury or death is always present in biking and RAGBRAI's attendant events and that this risk cannot be eliminated by RAGBRAI organizers, sponsors, and the government, and private entities that host or assist in the RAGBRAI events. I know and accept that biking and road accidents may result from the failure for any reason (including negligence) of RAGBRAI organizers, sponsors, and the government and private entities that host or assist in the RAGBRAI events to correctly determine the conditions and safety of the road, surface, route or weather or to predict where or when an accident might occur. All risks are known, appreciated and assumed by me, and I waive any and all specific notices of the existence of them and further waive the obligation, if any, that any other person or entity has to advise or warn me of them. I assume liability for and agree to pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorized such expenses. I authorize the use and release of personal and medical information in connection with any medical services provided to me.

I realize that RAGBRAI events require physical conditioning. I represent that I am in sound medical condition capable of participating in the RAGBRAI events without risk to myself or others. I have no medical impairment that would endanger others or me. I understand that a situation may arise during RAGBRAI and related events that may be beyond the control of the sponsors, promoters, organizers, government, and private entities or others that host or assist in RAGBRAI and all related events, or may arise from negligence by them, and I accept and assume all risks of participation and/or attendance. I will be solely responsible for the condition and adequacy of my bicycle, safety gear and equipment. I will ride safely within the limits of my own abilities, my equipment and the riding conditions and in a manner that does not endanger others or me.

Knowing these facts and in consideration of my entry acceptance, admission to and/or participation in RAGBRAI and its related events, I for myself, spouse, children, heirs, next of kin, assigns and anyone acting on my behalf, release, waive, discharge, covenant not to sue and agree to hold The Des Moines Register and Tribune Company and its parent company, subsidiaries and affiliated entities; RAGBRAI sponsors and participating clubs, communities and organizations; RAGBRAI officials, emergency and support personnel, volunteers and

their representatives; official Friends of RAGBRAI; persons and entities that provide event recommendations, advice or services relating to matters such as route selection, design or maintenance, risk management, safety and first aid; all property owners, law enforcement agencies and governmental or public entities, including without limitation the State of Iowa, its counties, cities and special districts; and the officers, directors, employees, representatives, agents, assigns, and successors of all of the above, harmless from any and all claims, demands and actions of any and every kind, including claims of negligence, I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating in any respect to my attending or participating in RAGBRAI and/or any related events. My waiver and release of all claims, demands, actions and liabilities shall include without limitation, any personal injury, accident, illness or death and any property damage or loss that may be (a) caused by any act or failure to act, by the above identified persons and entities, including without limitation their negligence, errors, omissions, fault, failure to enforce rules, and conditions of the routes and/or event premises, and/or (b) sustained by me before, during or after RAGBRAI and its related events. I acknowledge that I am signing this agreement freely and voluntarily, and intend by my signature for this to be a complete and unconditional release of all liability to the greatest extent allowed by law. I further acknowledge that no representations, promises, statements or inducements have been made to me other than as set forth in this document. I will abide by all RAGBRAI rules and regulations. I understand that my name, address, photograph, voice and/or likeness may be used in promotional or advertising materials of or by The Des Moines Register and Tribune Company, and its licensees. I consent to such uses and waive any rights of privacy or publicity I may have in connection with those uses. I also waive any privacy rights that may result from disclosure of information about me, including without limitation, in connection with provision of any medical services by RAGBRAI sponsors and organizations. I further agree to indemnify and hold the parties released above harmless from any and all losses, damages, injuries, claims and expenses, including attorneys' fees arising from or relating in any respect to my attendance and/or participation in RAGBRAI and/or its related events or my breach of this agreement. If I am a minor, my parent or guardian also is signing on my behalf. We both agree to be bound by the terms of this agreement, waiver and release. I also waive all spousal claims relating to RAGBRAI. If any, that I hold or that may arise through me, I agree that no modifications or amendments to the standard Entry Form and this waiver and release shall be binding unless they are accepted in a separate writing signed by the President of The Des Moines Register and Tribune Company.

If special accommodations are required for individuals with disabilities to complete and submit this form or if translation to another language is required, please contact T. J. Juszkiewicz at The Des Moines Register, 715 Locust Street, PO Box 822, Des Moines, Iowa 50308-0822 no later than March 5, 2010. The Register will take those steps reasonably available to accommodate your request.

Si arreglos especiales son requeridos por personas incapacitadas para completar o someter este documento o si se requiere su traducción a otra lengua, notifíquese T. J. Juszkiewicz, en El Des Moines Register, 715 Locust Street, PO Box 822, Des Moines, Iowa 50308-0822 antes de lo del Marzo 5, 2010. El Register tomará los medidas razonablemente disponibles para acomodar su solicitud.

I (the previously-named entrant on the Individual Entry Form) HAVE READ THIS AGREEMENT, WAIVER AND RELEASE, UNDERSTAND IT AND VOLUNTARILY AGREE TO AND ACCEPT ITS TERMS. I UNDERSTAND I AM GIVING UP SUBSTANTIAL RIGHTS. (SUBMIT SIGNED ORIGINAL; FAXED OR PHOTOCOPIED SIGNATURE WILL NOT BE ACCEPTED.)

Printed Name \_\_\_\_\_

Date Signed \_\_\_\_\_

Unique ID (Other Use Only) \_\_\_\_\_

Signature of Participant \_\_\_\_\_

Signature of Parent If Participant Is Under 18 \_\_\_\_\_

ALL APPLICATIONS MUST BE POSTMARKED NO LATER THAN FEBRUARY 20, 2010  
MAIL TO: Dixon J. Novy 704 12th Street DeWitt, Iowa 52742

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## February 2010 Ride Schedule

3-Feb	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
6-Feb	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
7-Feb	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
10-Feb	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
13-Feb	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
14-Feb	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
17-Feb	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
20-Feb	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
21-Feb	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
24-Feb	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
27-Feb	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
28-Feb	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	

Become a member of the Iowa Bicycle Coalition for \$25. Visit <http://www.iowabicyclecoalition.org/join>  
Does your bike shop, restaurant, or business want to offer discounts to Iowa Bicycle Coalition members? Visit, [bikeinfo@iowabicyclecoalition.org](mailto:bikeinfo@iowabicyclecoalition.org).



## March 2010 Ride Schedule

3-Mar	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
6-Mar	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
7-Mar	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
10-Mar	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
13-Mar	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
14-Mar	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
17-Mar	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
20-Mar	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
21-Mar	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
24-Mar	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
27-Mar	<b>Saturday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
28-Mar	<b>Sunday</b> Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
31-Mar	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499

Mileage, contd. from page 3

POS	LAST	FIRST	TOWN	09-MILES	09-CENTURIES	LIFETIME MILES
24	Krack	Fred	East Moline, Il	4759	0	
25	Hagener	Gary	Moline, Il	4691		48505
26	Round	David	Rock Island, Il	4608	0	46735
27	Desch	Mike	East Moline, Il	4500	0	
28	Perry	Becky	Port Byron, Il	4500		
29	Moritz	Darlene	Davenport, Ia	4414		
30	Panther	Mike	Galesburg, Il	4145	0	48932
31	Telle	Bill	Muscatine, Ia	4001	3	
32	Rettler	Jason		3892		
33	Haase	Lawrence	Davenport, Ia	3764		
34	Hamer	Don	Moline, Il	3684		18512
35	Mathias	Deb	Milan, Il	3655		
36	Davison	Bill	Eldridge, Ia	3601	0	20188
37	Cook	Lonnie	Muscatine, Ia	3580		39003
38	Weeks	Eric	Davenport, Ia	3576	2	
39	Fellner	Phil	Milwaukee, Wi	3310		67458
40	Coin	George	Bettendorf, Ia	3149		
41	Payne	Bob		3108	0	37610
42	Novy	Dixon	Moline, Il	3031	8	13046
43	Porter	George	Hampton, Il	2842	2	
44	Jamison	Joe	East Moline, Il	2666	1	165774
45	Storm	Kathy	Davenport, Ia	2662		77456
46	Vincent	David	Port Byron, Il	2429		6915
47	Storm	Bill	Davenport, Ia	2335		47762
48	Moritz	Michael	Davenport, Ia	2100		
49	Orr	Jim	Moline, Il	2100	4	
50	Loomis	Kathy	Davenport, Ia	1965	1	12817
51	Parker	Dave	Davenport, Ia	1858	7	69632
52	Paul	Beth	Bettendorf, Ia	1226		1226
53	Haase	Beverly	Davenport, Ia	914		
54	Young	Barney	Rock Island, Il	612	0	52252
55	Replinger	Bob	Rock Island, Il	242	0	55670
56	Jamison	Rosemary	East Moline, Il	128	0	7128
57	Replinger	Zoe	Rock Island, Il	42	0	

Loomis, Kathy, Davenport, 2,001 miles for 2008

Membership—Totals		
Type	Memberships	Members
COMP	21	24
COUPLE	202	404
FAMILY	84	303
IND	347	347
LIFE	2	4
Grand Total	656	1079

### Iowa Bike Summit

The Iowa Bicycle Summit sessions begin Friday, Jan. 29 with the Bicycle Facility Design Workshop led by John LaPlante from TY Lin of Chicago. The workshop fee is \$155.

The Saturday Jan. 30 sessions are aimed towards the grassroots bicycle advocate. John LaPlante will deliver a 90-minute session on bicycle facilities. The rest of the day will feature Safe Routes To School, Bicycle Safety, Urban Dirt, and more. The fee for the Saturday session is \$30. The cost for both days is \$165.

Visit <https://www.iowabicyclecoalition.org/node/12>

### Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

- New Application  
 Renewal Application - Please make all changes from last yr.  
 Date of Application \_\_\_\_\_
- Membership Type:  Individual \$20/Year  
 Couple \$20/Year  
 Family \$20/Year

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ (Including Area Code) Email \_\_\_\_\_ (Please carefully print current e-mail address)

**Please Note!** The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

- Memberships in Other Bicycling Organizations:  League of Am Bicyclists  League of Illinois Bicyclists  Iowa Bicycle Coalition  DICE  FORC

Family Members *	Birth Date	M/F	Riding Interests	I can help with	
			<input type="checkbox"/> Biathlons <input type="checkbox"/> Camping <input type="checkbox"/> Commuting <input type="checkbox"/> Endurance <input type="checkbox"/> Mountain Biking <input type="checkbox"/> Racing <input type="checkbox"/> Recumbent <input type="checkbox"/> Tandem <input type="checkbox"/> Touring <input type="checkbox"/> Triathlons	<input type="checkbox"/> Annual Diner <input type="checkbox"/> Bike Rodeos <input type="checkbox"/> Computer Work <input type="checkbox"/> Du-State-Du <input type="checkbox"/> Heartland Century <input type="checkbox"/> Membership <input type="checkbox"/> Newsletter <input type="checkbox"/> QC Criterium	<input type="checkbox"/> QC Triathlon <input type="checkbox"/> Packet Stuffing <input type="checkbox"/> Race Events <input type="checkbox"/> Ride Leader <input type="checkbox"/> Ride Schedule <input type="checkbox"/> Safety/Education <input type="checkbox"/> Telephone Calling <input type="checkbox"/> TOMRV

\* Single adults up to 22 years, using their parent's address as their primary address, may continue on their parent's membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

**Please consider receiving an e-mail notification of our monthly newsletter to help keep club dues low and reduce paper consumption.**

Please Circle your response... **Yes**, Please send me an email notification **No**, I prefer a paper copy

#### Liability Release – Signature Required

Individual membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (spouse) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian for Children under 18 \_\_\_\_\_ Date \_\_\_\_\_

Make all checks payable to: Quad Cities Bicycle Club.  
 Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to insure delivery of next month's newsletter.  
 Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>  
 Last revised 2/18/09 and valid through 12/31/09

Quad Cities Bicycle Club  
P.O. Box 3575  
Davenport, IA 52808

Presorted Standard  
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Permit No. 3006  
Davenport, Iowa

RETURN SERVICE  
REQUESTED

**ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**

**Upcoming events**

Feb. 8—Online TOMRV registration begins  
Feb. 22 — Mail-in TOMRV registrations begins  
Feb. 20—RAGBRAI sign-up deadline

**Get out and Ride!**

