



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — November 2009

Cold ride with warm climbs, great colors

By Dean Mathias

Veteran bicycle rider Dean Arney quipped from under his balaclava, while gripping his handlebars with heavy mittens, “I have been riding either 33 miles per hour or three miles per hour!”

Freezing downhills and thawing uphill summed up this year’s Fall Foliage Ride. Still, it was bicycling at its best with temperatures in the low to upper 30s.

The leaves were starting to turn colors, and some were sailing the air on a brisk wind. Walnuts camouflaged by leaves became road hazards.

First time Fall Foliage riders were Celia Byrnes, Dixon Novy (called Razorback because of his unflagging support of the Arkansas Razorbacks), and Denita Reed. Dean Arney worked the ride in with a trip to see his grandson play football. Phil Fellner was ready for low temps with his battery-powered soles.

The Wheeling Wheelmen, an important part of our Fall Foliage ride entourage, earned a Zero candy bar for riding at 0 degrees Celsius.

Saturday start time was 9 a.m., and the church bells were on their eighth ring as route maps and energy bars were distributed and the Wheelmen sailed off into a 20 mph headwind. Dean Arney arrived and the assembled QCBC contingent of Deb, Phil, Celia, Denita, Dean, Razorback and Bareback followed the Wheelmen.

“It that fog?” “No, this is the start of a blizzard!” shouted a couple riders as we closed in on Blue Mounds. Snowflakes were a first for the Fall Foliage ride and created a fog-like landscape as we pulled into the grocery store to seek hot chocolate. Would we have to shovel our way to Mazomanie?

The Wheelmen (Betsy Burtelow, Jim Boyer, Deb and Tom Wilson, Marykay and Rich Drapeau) adapted the route to the temperature. Tom, recovering from a bicycle injury, used his knowledge of the area to guide the Wheelmen with his car at various crossroads. Word in the Mt. Horeb hills is that the other Wheelmen did the best they could to lose Tom but he knew the territory too well.

The challenging hill to the east lookout tower in Blue Mounds State Park was worth the view. That was followed by Blue Mounds Trail, the longest climb of the day, but it provided some warmth as we headed to Mazomanie, where we lunched at Subway.

The temperature was 39 degrees and no one was taking off any of their three to five layers of riding gear. The climb out of Mazomanie up Reeves Road used about half the fuel we inhaled at lunch.

The ride from County F to Brigham Park is arduous but worthwhile with great vistas and colors. Going back to Mt. Horeb with a payback tailwind, no snow, and perfect asphalt pavement was a nice finish to the 45-mile ride.

Sixteen riders and others enjoyed Italian food at Sole Saporì Restaurant while swapping cycling stories and figuring out warm riding strategies for Sunday. Denita’s mother, Juanita, joined us for dinner. Phil Schubbe and Jean Kelly also took time from their Wisconsin activities to join us for dinner.

Sunday, Oct. 11, 29 degrees

Frost covered the ground at 8 a.m. as Denita, Dean, Razorback, Deb and Bareback tried to keep their hands from icing up on the descent to Sand Road bound for New Glarus. The Malone Road ascent gave us a chance to warm up



From left, Dixon Novy, Denita Reed, Deb Mathias, Phil Fellner, Celia Byrnes and Dean Arney.

Ride contd. on page 6

Key Contacts

Quad Cities Bicycle Club
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<http://www.qcbc.org>

Officers:

President - John Harrington (563) 940-6023 or jwhjkh@gmail.com
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Denise Duethman, (309) 721-7276 Ken Urban (563) 326-3427 Charles Curry (309)797-9283
Donnie Miller (309) 737-8270 Charlie Sattler (563) 391-3422 John Wessel (563) 359-8350
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Key Contacts: A complete listing of committee chairmen and key contacts is available on the club’s web site and in the front of the hard copy ride schedule and membership directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. on the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Phil Schubbe for program information: (563) 359-5057 or phschubbe@aol.com.

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please try to limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual issue of Ride Schedule and Membership Directory booklet, 10% discount at QC area bike shops, ability to use LAB “Bikes Fly Free” program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



<http://www.iowabicyclecoalition.org>

<http://www.bikeleague.org/>

<http://www.bikelib.org/>

Editor’s note on picture submissions

We really appreciate people sending pictures for the newsletter. Too much gray space is monotonous. So, if you’re going on a ride, take some pictures, which also are a good way for club members to get to know each other. Some tips:

- ◆ Please send pictures in **as high a resolution as possible**. Pictures from a phone are poor quality, don’t reproduce well and their size can’t be changed. So, please high resolution shots from a digital camera.
- ◆ Please have a focal point in the picture. Wide, unorganized group shots don’t work well. Frame up to five people in a picture, and get as close as you can—allowing a little space on the sides to give some insight into the setting..
- ◆ Please provide names of all the people in pictures, from left to right.



Let's Ride!

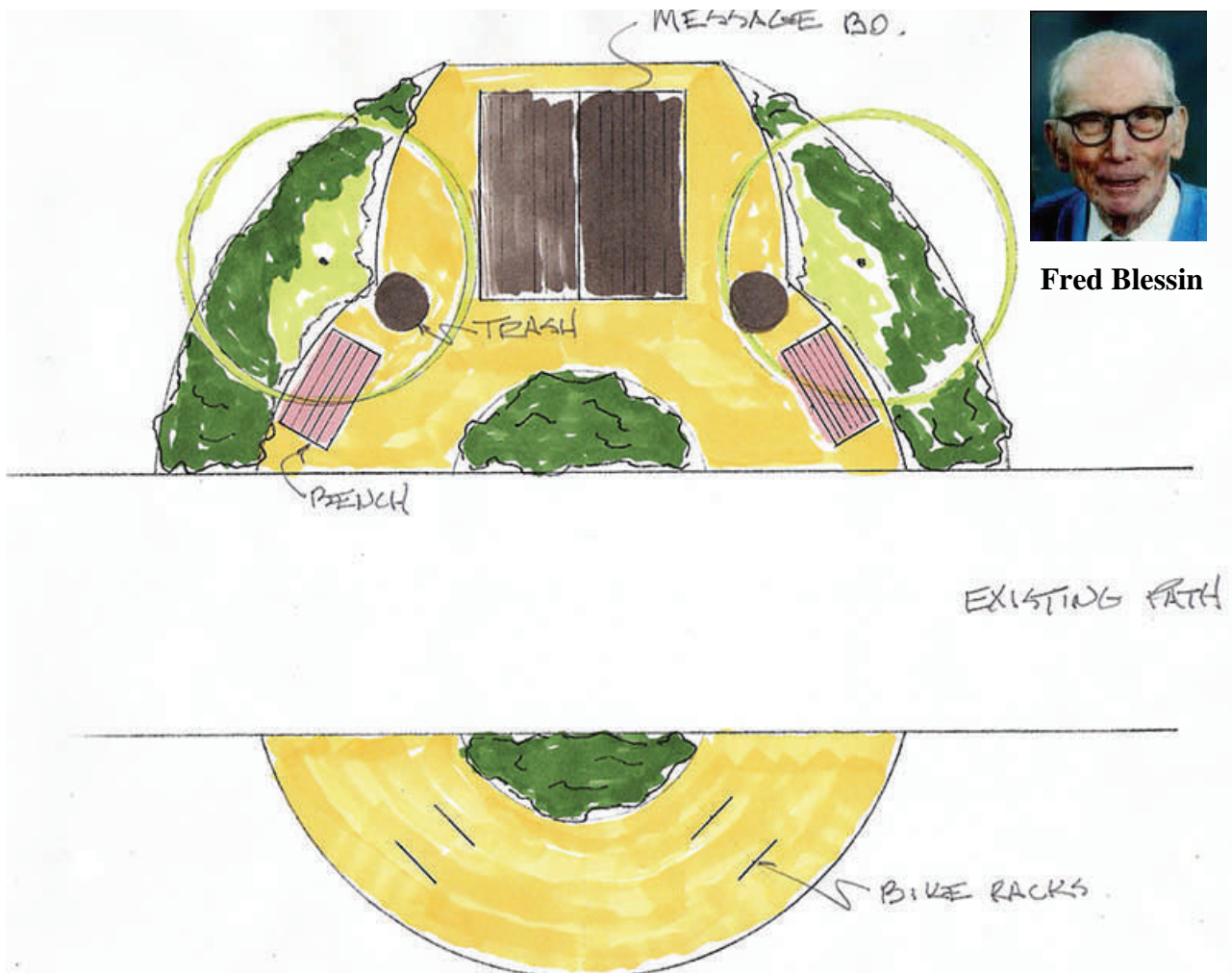
John Harrington, QCBC president



Snow on Oct. 10. I think we skipped fall this year!

Fred Blessin Memorial Update:

Fred Blessin was instrumental in leading the effort to create the Duck Creek Path that bikers, runners and walkers enjoy every day. The Quad Cities Bicycle Club decided to establish a memorial honoring Fred along the path, with a picnic table, benches and plaque in his honor. QCBC members and friends quickly donated more than \$2,800. Since then, the QCBC Board has been working on a concept similar to the Kathryn Kirschbaum memorial (on the west end of the Davenport bike path) in lieu of the picnic table and benches. Here is a concept drawing.



Fred Blessin

This beautiful, new memorial will be at Eastern Avenue Park along the Duck Creek Path. We envision a plaque, bike racks, benches and a new message board. A total of \$12,000 is needed to make this beautiful memorial a reality. The city of Davenport is providing the land and most of the labor. The Cornbelt Running Club has agreed to ask for donations from its members who enjoy running on the path. Both clubs will share the new message board.

Please consider a donation. Checks endorsed to "QCBC-Fred Blessin" may be mailed to QCBC, 2833 Kelling St., Davenport, Iowa, 52804. You also can donate with a credit card at QCBC.org.



Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

One of the changes going on in modern society falls right in the middle of the budding alternative transportation revolution. That change is in the way we view our car culture. Somehow, it hasn't turned out to be quite as ideal as we had dreamed. Pollution, obesity, etc, etc. It all boils down to - cars seem to make us less human.

But bikes don't.

That's why a bicycle friendly community to many people is an important aspect of modern urban living. It is slowly making the difference in where many people decide to live. Those in place are seeing the merits of opening up their communities to the bike or bus alternative to the ubiquitous car – not for long trips, but for the everyday transpiration that is needed for daily life.

One local community leading in this effort is Rock Island. The city has been with-it for bikes (the first bike lanes, splendid riverfront trails, etc.). Now Rock Island has taken a big step to further improve its bicycle profile.

In September, the city council approved a 16-page document (with attached maps) called the Rock Island Bikeways Plan. The plan was put together through a joint effort of the Rock Island Bicycle Task Force and some dedicated city staff people, especially Development Director Greg Champagne.

It's not just a listing of pie-in-the-sky dreams for the future. The plan is as down to earth as the black lines on the city map and the Bicycle Metro Map, which show what streets and avenues are slated to have bicycle lanes in the near future.

Here, in slightly changed form, are some of the plan's top recommendations:

A network of striped bicycle lanes on selected major streets and avenues

Separated bike trails where needed when striped lanes won't work

Top priority for lanes to 31st Avenue between 38th and 5th streets

An off-road path from 5th Street to the Mississippi Trail at Sunset Park – to fill the gap

Bicycle lanes on 17th Street from 31st Avenue to 18th Avenue

And to continue the mid-city route, lanes on 20th Street all the way to 1st Avenue and the river

City support for bicycle activities, including education, safety and incentives for placing bike racks around the community

Also, city support for designation as a Bicycle Friendly Community by the League of American Bicyclists. This honor – only four in Illinois right now – would bestow national prestige.

But the best thing about the Bikeways Plan is not its boost to civic pride. What's really important is that with the plan in action, the ordinary citizens of Rock Island will be able to get around their community with ease, safety, comfort and economy – on a bike. They will be able to free themselves from their cars for a significant amount of their daily transportation needs.

RAGBRAI tutorial for first-time riders to be held Dec. 1

By Ken Urban

Would you like to ride RAGBRAI next summer for the first time, but don't know how to apply, train or pack?

It's not too early to start thinking about warm summer days riding across the rolling hills of Iowa with 10,000

other cyclists. Are you a RAGBRAI veteran who wants to share your experience and memories with others?

A RAGBRAI preparation forum will be held at 7 p.m., Dec. 1 at Front Street Brewery, 208 E. River Drive, Davenport. Join the QCBC for an informal presentation with hundreds of photos from previous rides. Discussion will include: application process, training, luggage, logistics and safety. Spread the word and encourage non-members interesting in riding RAGBRAI for the first time to attend.

Parking is available in the lot east of Front Street Brewery or in the lot across River Drive. The meeting will be in the basement. Seating is limited to 50 people. There will be a cash bar and food is available.

RSVP Ken Urban at (563) 326-3427 or KDU1936@msn.com

Annual Awards Dinner

Friday, Nov. 6th,

We are excited about this years Annual Awards Dinner. We hope you will join us. We have a new location- The Quad City Botanical Center, 2525 4th Ave. Rock Island.

Our speaker this year is member of Team Type 1 Cycling. This team won RAAM last year and set a new record. If you are interested in more information on this team, visit www.teamtype1.com

Mileage award recipients should contact Dave Thompson at ultrabiker@sbcglobal.net, so you can be recognized for your accomplishments.

The Botanical Center welcomes you to tour the indoor and outdoor gardens.

Social Hour 6—7 p.m.

Dinner 7 p.m.

Awards program following speaker

Door Prizes

Cost \$25 per person. Make checks to QCBC

Send registration and check to Michael Struve

333 9th St., Moline, IL 61265

Questions: contact John Wessel at (563) 359-8350 (leave a message.) Or e-mail him at jcw@wpcco.com

Name _____ Day Time Phone Number _____

Name _____

Name _____

Please fill out and return with your check by Nov. 1.

Iowa Bicycle Coalition asks Gov. Culver to increase road safety

The Iowa Bicycle Coalition has sent a letter to Governor Culver asking him to give attention to the safety of non motorized transportation modes after a series of fatal crashes this past summer.

The letter gives examples of tragic problems encountered by walking and bicycling, and highlights the inequities faced in a transportation system heavily dominated by motorized vehicles.

Bicyclists have the same rights and duties as vehicle drivers, according to Iowa Code. However, Mark Wyatt, executive director of the IBC said, "It seems that when a bicycle is involved traffic charges don't apply.

"We have to crowd meetings and fight for each and every bicycle facility and accommodation." he said. "When bicycle or pedestrian accommodations are warranted, funding becomes a burden. In several areas of the state, private groups purchase and build trails because no one else will. But road construction is automatic and constant." Wyatt says the issue is greater than bicycle safety— health, obesity, traffic congestion and air quality. The letter calls for Governor Culver to examine what state agencies have plans for bicycle and pedestrian safety and to help implement those solutions.

League of Illinois Bicyclists: Urge governor to enforce law

The League of Illinois Bicyclists recently released its (In) Complete Streets report, rating 46 recent Chicago-area road designs for bicycle and pedestrians. A Chicago Tribune article focused on poor ratings for Illinois Department of Transportation roads.

For years, LIB and others have pushed the state DOT for better design policies. IDOT still hasn't implemented the 2007 Illinois law stating that "bicycle and pedestrian ways shall be established" in IDOT's urban road projects (with certain exceptions).

We're asking members to contact Gov. Pat Quinn and ask him to instruct IDOT to change its design policies now to make it safer for biking and walking along and across state roads, and to comply with state law.

To contact the governor: <http://www.illinois.gov/contactthegovernor.cfm>.

To see the (In) Complete Streets report: <http://bikelib.org/completestreets/chicagoarea.htm>.

Walcott, Iowa Recreational Trail and Park Project

By John Harrington

The city of Walcott, Iowa, hopes to build a Recreational Trail and Park in 2010, after beginning planning five years ago. The park will offer some great benefits - restoration of the natural environment, beautify the community, community gathering opportunities, transportation and safety, educational and recreational opportunities. The park will include a 10-foot wide, 1/2 mile paved bike path linking Main Street to a modular home community and the park. Later phases will increase the path by a few miles. To date, the city has raised \$804,000 of its \$1.226 million goal from a Federal Transportation Enhancement Grant, REAP (Resource Enhancement and Protection), the Iowa Department of Natural Resources, Riverboat Development Authority and the Scott County Regional Authority. Some of these grants require matching funds. If you are interested in donating to this project, check cityofwalcott.com for more information.

Ride, contd. from page 1

We climbed one hill after another as the sun and frost played tug-of-war, before catching a tailwind on County O, and the scent of skunk as went into New Glaurus.

Settling in on the sunny side of Main Street with bakery goods and hot chocolate was a welcome break before the return trip to Mt. Horeb. Razorback was herding up all the New Glarus decorated cows for photo ops.

Dean Arney was powering down Lee Valley Road and overshot the turn onto Perry Center Road. By the time Bareback caught up, Dean was being challenged by a farmer who said Dean was making his dogs nervous and asked whether Dean wanted the dogs to chase him. The inquisition ceased when Bareback arrived.

The canopy of colorful trees on Perry Center Road made the hills worth it - or at least some of the hills. Deb, Denita, Razorback, Dean Arney and Bareback climbed long hills for another 42 miles, many with more than 12 percent climbs. The great thing about climbing hills in 35-degree temperatures is that it was too cold to sweat.

Thanks to the riders who risked fingers, ears, and toes on the "Zero" Wisconsin Fall Foliage Ride of 2009.

Best year yet for Miracle Challenge ride

By Dick and Karen Grimm

We've got our fourth Miracle Challenge under our belts or, in our case, under our jerseys. We had another great year.

The day started with heavy fog and the possibility of rain. The fog lifted the closer we got to Wilton, but the possibility of rain loomed over us most of the day. By the time I got to the Wilton Park Shelter, Jim and Cathy Fry had breakfast started - pancakes on the grill and the smell of biscuits and gravy in the air.

On one trip into the shelter I heard "fresh brat's for breakfast." How could it get any better than that? " I'm not sure it can, but I know they may try.

This year, in an effort to raise more money, we opened the breakfast to the whole Wilton community. We found out that cyclists and ordinary people can get along. Cyclists are used to going into restaurants and getting strange looks. Well, we had regular people come and eat. We hope to do it again next year.

We had nearly 40 riders pre-register and 34 sign up the day of the ride. That was awesome. We also had several sign up who were unable to ride. I hope all who rode enjoyed it as much as I did - even with the threat of rain or, in the case of riders doing the long route, actual rain.

I think almost everyone had great rides. I say almost everyone, because one rider fell and broke a couple ribs. He's now a member of the ride-with-a-helmet club for sure. He would have been hurt a lot worse if he had been riding without one. I'd like to thank everyone who stopped while we were waiting for someone to come out and pick him up.

We had great volunteers at the SAGs and doing support. One SAG volunteer was sick but still came to help. Luckily, Mike Moritz, who was unable to ride, showed up and helped. Mike also got to spend a little time with Andy from the ranch.

We had some of the boys from the ranch at the SAGs. They are the best salesmen for the ranch, even though they don't think so. Hopefully, we'll have several more boys along the route next year. The ranch is in the process of adding new staff.

This year, we raised more than \$3,300, before expenses were figured in. That's the best we've ever done. Of the \$25 registration fee, almost \$20 of that goes directly to helping raise and educate these young men.

The ranch doesn't get any government financing or donations directly from United Way, although it does get \$300 from United Way because of people directing their contributions to the ranch.

Most of the money they get is from people who participate in the ride. We work to hold ride costs to a minimum. We only order shirts for people who register early to hold costs down and urge early registration. The shirts are paid for with donations and fees paid by our fantastic sponsors. If you'd like a shirt, we can order one for a small fee.

I'd like to thank Jim and Cathy Fry for letting me put on this bike ride. While at times it's a lot of work, it's something that weighs heavy on my heart. I think all young men should be given a chance to be saved and grow up in a warm and loving home.

It's my chance of helping as many as I can. Likewise, it also is your chance to help. Hope to see you again next year.

QCBC Adopt-a-Highway successful

By Ken Urban

The fall QCBC Adopt-a-Highway trash pickup was held Monday, Oct. 5th. An enthusiastic number of volunteers cleaned up garbage along a two-mile stretch of Scott County Park Road (old Hwy. 61).

The group was rewarded with pizza afterward at Happy Joes. Coordinators Ken and Julie Urban would like to thank the following participants: Gary Christenson, Rudy Claussen, Denise Duethman, John Harrington, Jean Kelly, Don Luth, Dixon Novy, Mark Schroeder and John Wessel. Watch for information on spring cleanup in early May.

November 2009 Ride Schedule

Date	Ride	Distance	Time	Meeting Place	Contact info
1-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
4-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
7-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
8-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
11-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
14-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
15-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
18-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
21-Nov	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
22-Nov	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
25-Nov	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499

Ride schedule contd. on page 9

December 2009 Ride Schedule

Date	Ride	Distance	Time	Meeting Place	Contact info
2-Dec	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
5-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
6-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
9-Dec	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
12-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
13-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
16-Dec	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
19-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
20-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
23-Dec	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
26-Dec	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
27-Dec	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
30-Dec	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499

Iowa Bicycle Coalition to host January facility design workshop

The Iowa Bicycle Coalition, a state-wide bicycle advocacy organization, has announced that John LaPlante will lead the bicycle facility design workshop at the January 29-30, Iowa Bicycle Summit. The Coalition is also issuing a call for presentations for the annual bicycle advocacy conference to be held in Des Moines.

John LaPlante is currently Director of Traffic Engineering for T.Y.Lin International, working out of its Chicago office. Before joining the firm in 1992, Mr. LaPlante had been with the city of Chicago for 30 years in various transportation engineering positions, including Chief City Traffic Engineer and Acting Commissioner of the new Department of Transportation. He is involved in several national committees and was principal author of the 1999 AASHTO Bike Guide.

In addition to the technical workshop, the Iowa Bicycle Summit offers sessions for bicycle advocates who want

Ride Classification:

Leisure Rides – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

Mid-Paced – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

Mid Paced (3 Hour Out & Back Rides) – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

Fast Paced – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

Rider's Choice – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule

Did you know:

-There are about a billion bicycles in the world, twice as many as motorcars. Almost 400 million bicycles are in China. Every year, some 50 million bicycles - and 20 million cars - are produced.

-Although Leonardo da Vinci drew rough sketches of a contraption that looked like a bicycle, Frenchman De Sivrac built the first bicycle-type vehicle in 1690, referred to as a hobbyhorse. However, it did not have pedals. Those were added in 1840 by a Scottish blacksmith, Kirkpatrick Macmillan, who is credited with inventing the real bicycle.

-On a penny-farthing bicycle, one pedal gave the wheel one turn. A lot of pedalling was needed to get around! With the advent of gears, bicycles could move as fast as cars.

- Air-filled tyres were used on bicycles before they were used on motorcars. The bicycle as we know it today - with two wheels of the same size - looks almost exactly the same as one from 1900.

Source: didyouknow.org/bicycles.htm

RAMM registration to begin earlier

Registration has opened earlier than ever for RAMM's 2010 race and the field of racers is shaping up. Already, nine countries are represented, showing that RAAM has international appeal.

Among the returning solo racers are veterans Franz Preihs, Kevin Kaiser and Michael Nehls. Rookies hoping to make their mark include Americans Ross Muecke and Michael Dunlap; Europeans Thomas Strebel, Holger Roethig and Josef Ajram Tares; and from Australia, Matthew Warner-Smith. Rounding out the early solo field are recumbent racers Paul Carpenter, two years after his Race Across the West win and Sandy Earl, the first female 2010 entrant.

The fast growing team division includes the return of RAAM veterans JDRF with their captain Tim Skipper. Back for their third RAAM is All Wheels 4 Fibromyalgia. Team RAAM is enjoying the increased presence of foreign teams including Velocity Bikes (ENG), Team Denmark, Aussie Oldies and Commerzbank Hamburg (GER), just for starters!

For a complete list of teams and racers visit the RAMM Web site at http://www.raceacrossamerica.org/raam/home.php?N_webcat_id=1.

Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

New Application **membership type: Individual \$20/Year
 Renewal Application - Please make all changes from last yr. Couple \$20/Year
 Date of Application _____ Family \$20/Year

Name _____ Address _____
 City _____ State _____ Zip _____
 Phone _____ (Including Area Code) Email _____ (Please carefully print current e-mail address)

Please Note! The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

Memberships in Other League of Am League of Illinois Iowa Bicycle DICE FORC
 Bicycling Organizations: Bicyclists Bicyclists Coalition

Family Members *	Birth Date	M/F	Riding Interests	I can help with	
			<input type="checkbox"/> Biathlons <input type="checkbox"/> Camping <input type="checkbox"/> Commuting <input type="checkbox"/> Endurance <input type="checkbox"/> Mountain Biking <input type="checkbox"/> Racing <input type="checkbox"/> Recumbent <input type="checkbox"/> Tandem <input type="checkbox"/> Touring <input type="checkbox"/> Triathlons	<input type="checkbox"/> Annual Diner <input type="checkbox"/> Bike Rodeos <input type="checkbox"/> Computer Work <input type="checkbox"/> Du-State-Du <input type="checkbox"/> Heartland Century <input type="checkbox"/> Membership <input type="checkbox"/> Newsletter <input type="checkbox"/> QC Criterium	<input type="checkbox"/> QC Triathlon <input type="checkbox"/> Packet Stuffing <input type="checkbox"/> Race Events <input type="checkbox"/> Ride Leader <input type="checkbox"/> Ride Schedule <input type="checkbox"/> Safety/Education <input type="checkbox"/> Telephone Calling <input type="checkbox"/> TOMRV

* Single adults up to 22 years, using their parent's address as their primary address, may continue on their parent's membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

Please consider receiving an e-mail notification of our monthly newsletter to help keep club dues low and reduce paper consumption.

Please Circle your response... **Yes**, Please send me an email notification **No**, I prefer a paper copy

Liability Release – Signature Required

Individual membership (self) _____ Date _____
 Couple/Family Membership (self) _____ Date _____
 Couple/Family Membership (spouse) _____ Date _____
 Parent/Guardian for Children under 18 _____ Date _____

Make all checks payable to: Quad Cities Bicycle Club.
 Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to insure delivery of next month's newsletter.
 Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>
 Last revised 2/18/09 and valid through 12/31/09

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

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RETURN SERVICE
REQUESTED

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Upcoming events

Nov. 6—Annual awards dinner
Dec. 1—RAGBRAI tutorial for newbies

Get out and Ride!

