



# Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — May 2009

## 2009 Modern Woodmen Bank Criterium New Title Sponsor, Bigger Expo Feel and QCBC's Bike Rodeo



**By Donnie Miller**  
Race Director

This year, we'd like to welcome Modern Woodmen Bank as our new title sponsor for the Criterium. Modern Woodmen has a new bank on the course, the corner of 1<sup>st</sup> Avenue and 17<sup>th</sup> Street, and would like to showcase their business. We are excited about this new partnership.

Criterium riders always give us a good show, from 35 mph sprints to grinding crashes to flashy jerseys and bikes. But, which riders will show up on Memorial Day? We can always count on a lot of hard-core Midwest riders, and some pro team riders.

Back this year are the Hot Spot Sprints to spice up the action and keep the pros pushing for big points and bigger payouts. With a special points chase for an extra cash incentive, the race will have sprints at laps 25, 20 and 15 to go for three place cash awards at \$500, \$300 and \$200. This helps create a lot of team tactics that you might not normally see.

One team we can count on to be out in force is the **DICE** racing team. The 30-35 riders will be showing their best in front of the hometown crowd, along with the **DICE** tent. The

**DICE** team is striving to improve its performances by training and racing frequently. See local newspapers for featured riders from the pros and the local **DICE** team.

The 2009 Modern Woodmen Bank Quad Cities Criterium ad program on TV, radio and in newspapers should reach a larger audience. Featured riders will be included in the newspaper pre-race sections. We also expect to draw more spectators and racers than in past years, since we are advertising more and have a very established Web site - [www.QuadCitiesCriterium.com](http://www.QuadCitiesCriterium.com).

On Memorial Day, we will have 14 USCF races, ages (10-60+) plus the Trike and Big Wheel youth races (age 6-10). These will go from early morning to late afternoon, with the featured men and women's races as the last two races of the day. Our Juniors' races again will be a part of the Lance Armstrong Juniors Road Race Series or LAJRS so they can earn points for inclusion to Olympic Junior Development Camps in Colorado Springs.

We have also included the Women's race in the Categories 2 and 3's. We had a great response last year and are hoping for an even larger turnout this year. This will allow women to get more opportunities to race and not have their winnings taken by the Cat 1's and Pros. We will hold that race in the morning to allow them to do two races. In addition, we will be offering a \$10 discount to all racers who would like to race more than once on Monday.

To create a more family festive atmosphere, we have added an all-ages bike rodeo, The QCBC's Great Big Bike Rodeo, from 10 a.m. to 1 p.m. Sunday, May 24. We will also have bicycle memorabilia vendors and food, so bring the family and your bikes and participate in our free rodeo put on by the QCBC.

Then bring the kids back for their first introduction to bike racing with our free Trike and Bike races at lunchtime on Monday, May 25. Each kid will be a winner and walk away with some type of award. With our outstanding announcers, awesome wheel pit, preems, VA Honor Guard and Sandy Wohlford singing our National Anthem, this all adds up to a lot of free entertainment. The District, in addition to its own food and drink venues, will offer a wide variety of outside food vendors. Don't forget to get a limited edition Quad Cities Criterium T-Shirt.

The Quad Cities Criterium is a pleasant way to celebrate the Memorial Day weekend and enjoy socializing with your cycling and community friends. We hope to see you Memorial Day for the Modern Woodmen Bank Quad Cities Criterium, number 43!

See related story on page 6

## Key Contacts

### Officers:

President - John Harrington (563) 940-6023 or [jwhjkh@gmail.com](mailto:jwhjkh@gmail.com)  
 Vice President – Phil Schubbe (563) 359-5057 or [phschubbe@aol.com](mailto:phschubbe@aol.com)  
 Recording Secretary – Deb Mathias (309) 787-6547 or [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com)  
 Treasurer – Darlene Moritz (563) 386-3499 or [dmoritz@access.net](mailto:dmoritz@access.net)

**Quad Cities Bicycle Club**  
**P.O. Box 3575**  
**Davenport, IA 52808**  
<http://www.qcbc.org>

### Board Members:

Denise Duethman, (309) 721-7276	Ken Urban (563) 326-3427	Charles Curry (309)797-9283
Donnie Miller (309) 737-8270	Charlie Sattler (563) 391-3422	John Wessel (563) 359-8350
Terry Burke (309) 797-3790	Tim Carey 920-209-1984	Doug McDonald 563-332-6774

**Key Contacts:** A complete listing of committee chairmen and key contacts is available on the club’s web site and in the front of the hard copy ride schedule and membership directory booklet.

**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

**Club Meetings:** Are held twice a year at 7 p.m. on the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Phil Schubbe for program information: (563) 359-5057 or [phschubbe@aol.com](mailto:phschubbe@aol.com).

**Submitting Articles for Newsletter:** Deadline is the 15th of the month. Please try to limit your article to 1 page in length. Email to: [qcbceditor@yahoo.com](mailto:qcbceditor@yahoo.com) or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

**Major Activities of the Club Include:** Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Dathalon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, annual issue of Ride Schedule and Membership Directory booklet, 10% discount at QC area bike shops, ability to use LAB “Bikes Fly Free” program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

### Affiliated With:



<http://www.iowabicyclecoalition.org>

<http://www.bikeleague.org/>

<http://www.bikelib.org/>

### Editor’s note on picture submissions

We really appreciate people sending pictures for the newsletter. Too much gray space is monotonous. So, if you’re going on a ride, take some pictures, which also are a good way for club members to get to know each other. Some tips:

- ◆ Please send pictures in as high a resolution as possible. Pictures from a phone are poor quality, don’t reproduce well and their size can’t be changed. So, please high resolution shots from a digital camera.
- ◆ Please have a focal point in the picture. Wide, unorganized group shots don’t work well. Frame up to five people in a picture, and get as close as you can—allowing a little space on the sides to give some insight into the setting.
- ◆ Please provide names of all the people in pictures, from left to right.



## Let's Ride!

John Harrington, QCBC president



Wow! This spring's winds must have set a few records. Regardless, they are good training for those TOMRV hills. So, keep working your way through them and you'll see the benefits in June.

- ◆ **Spring tailwind:** The Spring Tailwind Ride is on Saturday, May 2. Riders will be transported to one of five starting locations depending on wind direction. From there, you guessed it, 100 blissful miles of tailwinds. The registration deadline is April 20. Our Web site has all the info.
- ◆ **Annual picnic:** Our annual picnic will be from 11 a.m. to 2 p.m. Sunday, May 3, at Illiniwek Park. The park is located on the bike path in Hampton, Illinois. Mid-paced and fast-paced rides will start at 8a.m. All club members and their families are welcome. Hi-Vee will be cooking the brats, burgers and chicken. Please bring a dish to share. Best of all is the cost to members and their guests - nothing! You don't even have to join the mid- and fast-paced rides either. What could be easier. Come on out and enjoy good food with good friends. Members may also bring bikes and bike stuff they'd like to sell or swap.
- ◆ **New jerseys:** We continue to work on our new Jersey and Shorts program. If all goes well, they may be available before TOMRV.
- ◆ **New publicity manager:** Chuck Oestreich has agreed to be our new Publicity Manager. He is responsible for publicizing club events, community service grants and public recognition for volunteer efforts. Thank you Chuck!

See you on the road!

On April 11, the mid-paced ride group had a "bike and broom" ride on the Illinois river trail north from the end of the Ben Butterworth trail to Cordova. Thanks to the previous efforts of Pat DeLashmutt and his Bobcat, the work was easier than expected. The group swept loose gravel found at intersections on the trail and picked up trash along the way. The Mike Zugmeier family came all the way from the Galesburg fully equipped with push brooms and a leaf blower on their roof rack. Several people found creative ways of hauling a broom on their bike. Hopefully the efforts of these participants will increase the safety of the trail and prevent some flat tires this spring. Thanks to all the helpers: John Chebuhar, Mike Zugmeier family, Alex Sheetz, Kathy and Bill Storm, Gary Bowrey, George Cottay, Melinda Thompson, Jeff Boden, Dick Wolbers and Ken Urban.

### Volunteers sweep bike path



John Chebuhar, Dick Wolbers and Gary Bowrey.



## Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

This year, Bike to Work Week is going to a higher level. Let's face it, just biking to work is pretty limiting.

What about going to the grocery, school, the dentist, etc.? And with bike racks on our buses, what about taking a combined bike and bus ride to work? That's why it's Alternative Transportation Week, a week to celebrate and participate in non-recreational transportation without using a car.

Quad Cities Transportation Advocacy Group (QC TAG) is sponsoring the week – with strong support from the QCBC.

One major activity is the “No Car Challenge.” Can you go a full week without using a motorized vehicle? OK, that might be pushing it. But how about a day? Surely you can do that. There will be some nifty prizes (dining out, bike shop certificates, pizza, ice cream cake, etc.) and everyone who does at least a day, and records his or her mileage with QC TAG, will be eligible. The more days you car-diet, the more changes you have to win.

But Alt Trans Week is going to be a fun week with all kinds of activities, all especially tuned to biking, busing, or walking with a purpose in and around your community.

Here are some personal tips about the daily activities. For more details go to [qctransit.com](http://qctransit.com), the QCBC web site at [www.qcbc.org](http://www.qcbc.org), or the flier posted on the web.

**Saturday, May 9 - 8 a.m. to 1 p.m.:** The kick-off at the Davenport Farmer's Market. Bike on down, pick up some good eats, sign up for ATW, check out the bus racks – all this and valet bike parking too.

**Sunday, May 10: Bike to Worship:** Wear your Sunday clothes and breeze along to worship. You could start a trend.

**Monday, May 11 - 6:30 to 9 a.m.:** Free breakfast for commuters at Davenport's Bechtel Park (Government Bridge entrance). Start the work week with Greatest Grain burritos, a cup of Joe, and friendly encouragement.

**Tuesday, May 12 - Alt-Transportation on the Go morning:** Think a car is faster from Kimberly Road's Hy-vee to the Figge Art Museum. Don't bet on it. OK, it beats walking, but what about a bus or a bike?

**Wednesday, May 13 - 6:30 p.m.:** Ride of Silence – Honor bicyclists who have sustained injury or even death on the streets and roads, and help change motorists attitudes toward sharing the roads and streets..

**Thursday, May 14, After-School Rides:** Take a ride with your kid, or the whole neighborhood. Teach them some basic safety tips.

**Thursday, May 14 – 6:30 p.m.:** Augustana College, ATW Film Fest – See a good sample of alt transportation video from across the nation – serious, humorous, thought provoking – some even a bit outrageous.

**Friday, May 15 – 5 p.m.:** Wrap-up party at downtown Moline's Bier Stube. Relax after a week of urban independence from cars. Prizes galore, great conversation, outdoor ambiance.

Don't forget to register online and complete the survey. How many miles did you do? How many days without a car? You don't have to be present at the wrap party to win a prize.

But the real prize will be getting more and more used to urban bicycle riding for transportation as you go about your daily life.

## Support Habitat for Humanity

By **Gordon Fordyce**

For the sixth consecutive year I will be riding the Habitat 500, a pledged 500-mile bicycle ride to benefit our local Habitat for Humanity affiliate. This year's ride is July 12-18 and passes through the Minnesota towns of Faribault, Rochester, Rushford, Grand Meadow, Albert Lea and Lake Crystal. All the donations I receive will go toward construction of Habitat house 65, the groundbreaking for which will take place in August. Please help me make this dream a reality for a deserving family. I need your contributions by July 1, payable to "Habitat 500." You can contact me at (563)322-6001 or [gandkfordyce@mchsi.com](mailto:gandkfordyce@mchsi.com) to make your tax deductible contribution.

# Criterion Volunteer Opportunities

We have some volunteer opportunities available for the 2009 Modern Woodmen Bank Quad Cities Criterion on Monday, May 25. Here are the areas where help is needed:

**Registration:** Work the registration desk and meet the guys and gals registering to race or picking up packets for their teams.

Contact: Vivian Norton, (563) 355-1899, [vjoan@worldnet.att.net](mailto:vjoan@worldnet.att.net)

**Corner Marshals:** See what's going on during the race and help racers be safe at the same time. Corner marshals monitor street crossings to stop spectators from crossing in front of racers, and helping alert medics when there was a crash in your area.

Contact: Deb and Dean Mathias, (309) 787-6547, [mathiasdebdean@peoplepc.com](mailto:mathiasdebdean@peoplepc.com)

**T-shirt sales:** Do you like to sell and be part of the action? Do you want a free shirt?

Contact Dennis and Karen Baber, (309) 796-2476, [baber@copper.net](mailto:baber@copper.net)

**Wheel Pit:** If you "know your wheels" or want a quick, practical lesson, join the Wheel Pit Crew and be a part of the best wheel pit in the Midwest.

Contact: Walt Dethlefs, (309) 945-4309, [dethlefs@mchsi.com](mailto:dethlefs@mchsi.com)

**Prize Desk:** You may not get a prize but you do get to see how it's done.

Contact: Darlene Moritz, (563) 386-4499, [dmoritz@access.net](mailto:dmoritz@access.net)

**Trikes and Youth Races:** Volunteers are needed for registration and for a "Trike Wrangler" (to line up the trike racers).

Chairman still needed. E-mail Donnie Miller, [bcycleracr@mchsi.com](mailto:bcycleracr@mchsi.com), if you're interested.

**Logistics and course set-up:** Volunteers needed for course set-up and teardown.

Chairman still needed. E-mail Donnie Miller, [bcycleracr@mchsi.com](mailto:bcycleracr@mchsi.com), if you're still interested.

**Bike Rodeo:** Volunteers needed for course set-up and teardown.

Contact: Dean Mayne, (563) 650-1026, [e.mayne@mchsi.com](mailto:e.mayne@mchsi.com)

Shifts are available from 7 a.m. to 6 p.m. Memorial Day. Volunteers get:

- \$6 in free food coupons good at Criterion vendors
- A spectacular and coveted Criterion t-shirt.
- An invitation to the volunteer party (Time and location to be announced)
- A full day (or shift) of entertainment

Call Vivian Norton 563-355-1899, [vjoan@worldnet.att.net](mailto:vjoan@worldnet.att.net) to find out what volunteer spots are open or to tell her what volunteer opportunity you would like.

## Thanks to TOMRV Prep Volunteers

By Kathy Storm

Part of the effort to get the word out about TOMRV (the QCBC's big fundraiser) is to mail packets of brochures to about 250 bike shops in the Midwest. This winter, a group of QCBC members (some of them TOMRV riders), stepped up and called these shops to verify they were still in business and that we had their correct information on file. We also spent a few minutes chatting up the ride.

A big thank you for their help in January and early February goes to Don & Linda Barchman, Bill Davison, Paul and Cindy Gilbert, John Seavers, Mike Smith, Kathy Storm and Judy Teeple.

On Feb. 17, another group of QCBC members gathered at my house to stuff packets of brochures and a letter to the 250 bike shop owners. Those who helped with this project included Don Bachman, Paul Gilbert, Larry and Bev Haase, Don Luth, Mike Middlemiss, Paula Nabb, Kathy Storm and Doug Truesdell.

And to finish up this volunteer effort, Charlie Sattler picked up the boxes of envelopes and took them to the post office for bulk mailing. Thanks to everyone who helped out with this TOMRV volunteer activity. We appreciated your time and effort.

If you know of a bike shop that could use some TOMRV brochures, contact Kathy Storm at [kbstorm@aol.com](mailto:kbstorm@aol.com) or (563) 355-2564. We hope to see many members on this two-day ride June 13-14 or helping out as a volunteer.

# Join the Ride of Silence on May 13

By Chuck Oestreich

The Ride of Silence is a national bike ride in memory and tribute to all bicyclists who have been killed, hurt, or have had close calls while riding on our streets and roads alongside motorized vehicles.

This year especially, with the August, 2008, death of Dr Craig Schultz and the 2004 death of Dave Holmes, we have good cause to honor our dead bicyclist friends and silently proclaim our right to safely use the streets and roads of our country.

To boost public awareness to the fact that motorists must learn to share the road with bicyclists, we will Ride in Silence on May 13 starting at 6:30 in the evening.

This is NOT a Critical Mass Ride. There are no shirts or items for sale; there are no fees or registration. The ride is ridden at a normal/slow pace, and is Silent. Participants obey all the rules of the road and traffic laws. They do not ignore stop signs and lights, and only ride two abreast when the law allows.

It's not just a club ride. It's a ride for moms, dads, brothers and sisters, family and friends, beginning cyclists, and racers: anyone who wishes to honor fellow cyclists who, while out riding, have been killed or injured by a motorist. The ride lets vehicle drivers know they MUST Share the Road with us.

Please join the Ride of Silence in the Quad-Cities.

**When:** Wednesday, May 13, 6:30 p.m.

**Where:** Assemble at the Botanical Center parking lot in Rock Island.

**Route:** Riders will ride together in downtown Rock Island and Davenport for 6 to 8 miles. Riders may also ride the Mississippi River trail if they wish..

**Preparation:** Dress in bright biking clothes, wear a helmet, and bring a light if you plan to ride home. Prepare to be SILENT.

The Ride of Silence is a part of this year's Alt Trans Week – May 9-15. For more information, visit [www.quad.cities.tag.gogglpages.com](http://www.quad.cities.tag.gogglpages.com).

## Quad Cities Women's Outdoor Club

By Kathy Storm

The Quad Cities Women's Outdoor Club invites female QCBC members to consider joining the club, comprised of Quad-Cities area women (and some from the Rock Falls, Muscatine and Kewanee areas) who are active and interested in learning about, and participating in, outdoor activities in addition to cycling.

We offer events and clinic two to three times a month. We just finished two clinics on women specific bikes, clothing and bike maintenance (sponsored by the Trek Store in Davenport). On May 12, we're offering an archery clinic at the range in Devil's Glen Park from 6 to 7:30 p.m. Because of equipment, an RSVP is needed. Contact Linda Wilson at [events@qcwoc.com](mailto:events@qcwoc.com) or (309) 320-3577 to RSVP or for information about the club.

Other events this spring and summer include horseback riding (through a stable in Tipton), rowing clinic (sponsored by the Quad City Rowing Association), Mountain bike clinic (sponsored by FORC), and waterskiing clinic (sponsored by the Backwater Gamblers Ski Team)

For more information about the club, visit [www.qcwoc.com](http://www.qcwoc.com). This past winter's activities included snowshoeing, hiking, cross country skiing, tubing at Snowstar, and an ice hockey clinic (at the QC Sports Center in Davenport). Membership forms are available at Active Endeavors in Davenport, area bike shops and online.

## A Cold Ride to Le Claire

By Bill Storm

April 4 greeted 10 mid-paced riders with a crisp but sunny 40 degrees as we left Eastern Avenue Park. Joining ride leader Bill Storm were Dick Wolbers, Josh Eiben, Eric Weeks, Lonnie Morlun, Samuel Morlun, Jerry Kruse, Ken Urban, Susie Wolf and Michael Hughes.

We proceeded to the end of the bike path and onto route 67. Once we reached Canal Shore Drive, we got some shelter and finally regrouped at the BP in Le Claire. Along the way, we ran into the fast-paced group several times as they zig zagged across our route. It was the first club ride for Lonnie and his son, Sam. Lonnie was on a mountain bike and Sam was on an old 10-speed, but they did great against a strong wind into Le Claire.

We enjoyed a strong tailwind on the way home and by the time we got back the temperature was near 50, putting a great end to what started out as a cold ride

## **Bicycle Safety the Old Way**

**By Bob Brown**

When I was young, it was generally understood that bicycle safety did not come naturally to small boys. That's why our parents told us to be careful.

It seemed, after these cautionary words, each parent knew their own boy could be trusted not to behave like those "other boys" and, of course, none of us did. And so it was that we rode all over town unsupervised in the summer from an early age. We sometimes knew what we were doing and we learned as we went.

Some lessons were learned in a social setting. When my little sister figured out I was never really going to cut off my head with the hedge clipper, I had to use my bicycle to elicit those expressions of alarm that came so naturally to her when she believed disaster was inherent to what I was doing. I settled on riding full speed toward the retaining wall along the side of our yard, then slamming on the coaster brake to stop just before I reached the edge.

This produced the desired reaction. It also taught me a lesson. What works one day, when the grass is dry, works differently when the grass is wet. I nose-dived straight into the neighbor's flower bed below.

That's when I learned that a bicycle handlebar can poke you real hard in the stomach. I also learned that if the retaining wall is over your head and the neighbor's yard is fenced, you might have to knock on her basement door, and then carry yourself and your bicycle up and out through her house.

She may later tell your mother you destroyed her flowers, and threaten to kill your pet rats if they ever came on her property again.

As I lay groaning in the pretty flowers, I was able to look up and appreciate the wonderful expression of alarm on the small face peering down from the top of the wall.

Some lessons were learned alone. I learned if your chain is too loose it can come off, and your coaster brake won't work. Then, I learned you can't depend on the cross-traffic on Division Street to understand the situation or even notice you. I got stopped, and in the process learned that if you're going to jump off your bicycle at high speed, it's best to wear shoes.

Some lessons didn't take right away. When I was 10, I moved to Zumbrota and learned where those "other boys" lived. On warm summer nights, when the Women's Softball Team played under the lights, the "other boys" would gather in the dark, on the nearby baseball field, and play Bicycle Demolition Derby. Those of us who were not "other boys" watched them and self-righteously observe that they were not learning from their painful mistakes.

All of this was well and good with boys being boys. I could say it was a great way to learn bike safety, from the school of hard knocks, were it not for one simple fact. One of us died. He was riding his bicycle. There was a pothole. There was a car. That is all I ever knew about what happened.

There were no helmets. There was no bike club. There were no LAB safety instructors. Ride Right and Share the Road were unknown. There were no experienced adult riders. There was no real knowledge. That is all I ever knew about why it happened.

The school of hard knocks -- sometimes it knocks too hard.

## **Volunteers needed for May 4 Adopt-a-Highway event**

The Spring QCBC Adopt-a-Highway will take place at 5:30 p.m., Monday, May 4. Twice a year, club volunteers clean up trash from a two-mile stretch of Scott County Park Road. Please be a part of this community service project. Meet at the parking lot west of the soccer field north of John Deere Davenport Works. Wear long pants, gloves and sturdy shoes. Participants will be rewarded with pizza afterward. Rain date will be Wednesday, May 6. For more information, call Ken or Julie Urban at (563) 326-3427 or (563) 343-9118 with questions

## May 2009 Ride Schedule

Date	Ride	Distance	Time	Meeting Place	Contact info
2-May	<b>Tailwind Century Ride</b>	100 miles	8:00 AM	TBD	Charles Curry 309-797-9283, John Wessel 563-359-8350, Eric Weeks 563- 324-4938
2-May	<b>Leisure Ride: Kick off.</b> Ride from start to Port Byron. Stop along the way for a snack	20-22 miles	9 a.m.	Case parking lot: 55th Street, Moline, IL	Vivian Norton (563) 355 1899 or vjoan@att.net
2-May	<b>Saturday Morning Mid Paced Ride to Walcott, Stockton and New Liberty.</b>	25 - 30 miles 14-16 mph	8:00 AM	Blue Grass Elementary School, Blue Grass, IA (2 blocks northwest of the intersection of Y40 and old Hwy 61)	Mike Wilcox 563-322-0946
3-May	<b>Sunday Morning Mid Paced Ride to Hillsdale &amp; Barstow. <i>Return to park for club picnic. Bring a dish to pass.</i></b>	40-45 miles 14-16 mph	8:00 AM	Illiniwek Park, Hampton, IL. Off Rte 84.	Bill & Kathy Storm 563-355-2564
3-May	<b>QCBC Picnic Ride.</b> Fast Paced group ride before lunch. <i>Return to park for club picnic. Bring a dish to pass.</i>	40-60 miles, 16-18 mph	8:00 AM	Illiniwek Park, Hampton IL, Route 84	Dave Thompson 764-5030, Gary Jones 359-5614
5-May	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
6-May	<b>Wednesday Morning Combined ride,</b> rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
7-May	<b>Thursday evening ride</b>	Determined by riders	5:30 PM	Rapid City boat launch	
9-May	<b>Leisure Ride:</b> Ride from start to Emis Golf Course for a snack.	20 miles	9 a.m.	Duck Creek Park: Marlo off Locust St. Drive to pavilion (IA)	Vivian Norton (563)355-1899 or vjoan@att.net
9-May	<b>Saturday Ride</b> Tour of Louisa county with trip by Swinging Bridge in Columbus Jct. Melon county bike club invited along. 1 stop	60 miles 16- 18 mph	8:00 AM	Muscatine riverfront Park. Park in lot off of Rt. 22 in downtown Muscatine	Dave Thompson 764-5030, Gary Jones 359-5614
9-May	<b>Saturday Morning Mid Paced Ride to Cambridge or Prophetstown</b> depending upon direction of wind.	35 - 45 miles 14-16 mph	8:00 AM	Geneseo City Park, Geneseo, IL	Tim Carey 920-209-1984
10-May	<b>Sunday Afternoon Mid Paced Ride.</b> Mother's Day - Rider's choice.	35+ miles 14-16 mph	1:00 PM	Crow Creek Park, Bettendorf, IA	Determined by Riders
10-May	<b>Sunday Morning Fast Paced ride, one stop</b>	50 - 60 miles 16-18 mph	8:00 AM	East end of Ben Butterworth Parkway, Old River Dr and 55 <sup>th</sup> St Moline	Dave Thompson 764-5030, Gary Jones 359-5614



## May 2009 Ride Schedule

Date	Ride	Distance	Time	Meeting Place	Contact info
12-May	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
13-May	<b>Wednesday Morning Combined ride</b> , rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
14-May	<b>Thursday evening ride</b>	Determined by riders	5:30 PM	Rapid City boat launch	
16-May	<b>Leisure Ride:</b> Ride up river to Cordova. Stop for pancakes.	24 miles (about)	9 a.m.	Schuler Shady Grove, Rapids City, IL	Chet & Kathy Doyle (309) 234-5921
16-May	<b>Saturday Morning Mid Paced Ride</b> to New Boston. Fairly flat route.	52 miles 14-16 mph	8:00 AM	Illinois City Grade School, Illinois City, IL	Dick Wolbers 563-332-9906
16-May	<b>Saturday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
17-May	<b>Sunday Morning Mid Paced Ride.</b> 3 Hour "Out and Back" ride.	35 miles 14-16 mph	8:00 AM	Crow Creek Park, Bettendorf, IA	Anne Fleischman 563-505-0655
17-May	<b>TOMRV Training Ride</b> Fast Paced Group, training ride in the "Alps" south of Loud Thunder	25+	9:00 AM	Loud Thunder Forest Preserve/Horse Corral	Darlene Moritz 563-386-3499
19-May	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
20-May	<b>Wednesday Morning Combined ride</b> , rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
21-May	<b>Thursday evening ride</b>	Determined by riders			
23-May	<b>Leisure Ride:</b> Leach Park to Buffalo for pancakes.	21 miles	9 a.m.	Leach Park, 12th St. Bettendorf, IA	Dottie Robers (309) 755-9197
23-May	<b>Saturday Morning Mid Paced Ride</b> to Edginton. Part of the ride will be on city streets.	40+ miles 14-16 mph	8:00 AM	Sunset Park, Rock Island, IL	Tom Scott 309-788-9257
23-May	<b>Saturday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
24-May	<b>Sunday Morning Mid Paced Ride</b> to Muscatine.	50+ miles 14-16 mph	8:00 AM	Clark's Landing, Buffalo, IA (park in city lot 2 blocks east of restaurant)	Dean Arney 563-355-1282
24-May	<b>Sunday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	East end of Ben Butterworth Parkway, Old River Dr and 55 <sup>th</sup> St Moline	Dave Thompson 764-5030, Gary Jones 359-5614

**May 2009 Ride Schedule**

Date	Ride	Distance	Time	Meeting Place	Contact info
26-May	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
27-May	<b>Wednesday Morning Combined ride</b> , rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
28-May	<b>Thursday evening ride</b>	Determined by riders	5:30 PM	Rapid City boat launch	
30-May	<b>Leisure Ride:</b> See the sights from Pt. Byron to Excellon Plant.	20 miles	9 a.m.	City Park. Main Street Port Byron, IL	Vivian Norton (563)355-1899 or vjoan@att.net
30-May	<b>Saturday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
30-May	<b>Saturday Morning Mid Paced Ride</b> to Tipton.	72 miles 14-16 mph	8:00 AM	North Scott HS, Eldridge, IA	Dick Wolbers 563-332-9906
31-May	<b>Sunday Morning Mid Paced Ride.</b> Rider's Choice.	45+ miles 14-16 mph	8:00 AM	Boat Launch along trail. Rapids City, IL	Determined by Riders
31-May	<b>Sunday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	East end of Ben Butterworth Park- way, Old River Dr and 55 <sup>th</sup> St Moline	Dave Thompson 764-5030, Gary Jones 359-5614

**June 2009 Ride Schedule**

Date	Ride	Distance	Time	Meeting Place	Contact info
2-Jun	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
3-Jun	<b>Wednesday Morning Combined ride</b> , rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499
4-Jun	<b>Thursday Illinois evening ride</b>	Determined by riders	5:30 PM	Rapid City boat launch	
6-Jun	Leisure Ride: ride to LeClaire for fun and breakfast.	18-24 miles	8 a.m.	Trail Head, Bet- tendorf, IA	Vivian Norton (563)355-1899 or vjoan@att.net
6-Jun	<b>Saturday Morning Mid Paced Ride</b> to Le Claire and Mc Causland. TOMRV training ride. Lots of hills.	50+ miles 14-16 mph	8:00 AM	North Scott HS, Eldridge, IA	Eric Weeks 563-324-4938
6-Jun	<b>Saturday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	East end of Ben Butterworth Park- way, Old River Dr and 55 <sup>th</sup> St Moline	Dave Thompson 764-5030, Gary Jones 359-5614

## June 2009 Ride Schedule

7-Jun	<b>Sunday</b> Morning Mid Paced Ride - TOMRV training ride. This ride will not have a breakfast stop. Instead we will plan to eat lunch at the end of ride at the Milan Fire Station. This is their annual Fried Chicken Lunch fundraiser.	45+ miles 14-16 mph	8:00 AM	Camden Park, Milan, IL	Ruth Sanders (309) 78-9900
7-Jun	<b>Sunday Morning</b> Fast Paced ride, one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
9-Jun	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
10-Jun	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499
11-Jun	<b>Thursday</b> Illinois evening ride	Determined by riders	5:30 PM	Rapid City boat launch	
13-Jun	TOMVR -- info at qcabc.org	69-106 miles	7:00 AM	Scott CC	Doug Truesdell, tomvr_dt@msn.c om
13-Jun	<b>Saturday</b> Morning Mid Paced Ride. Rider's choice. TOMRV weekend.	30+ miles 14-16 mph	8:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Determined by Riders
14-Jun	<b>Sunday</b> Morning Mid Paced Ride. Rider's choice. TOMRV weekend.	30+ miles 14-16 mph	8:00 AM	East end of Ben Butterworth Pkwy, Old River Dr. and 55th St. Moline, IL	Determined by Riders
14-Jun	TOMVR -- info at qcabc.org	46 - 90 miles	7:00 AM	Dubuque IA	Doug Truesdell, tomvr_dt@msn.c om
16-Jun	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
17-Jun	<b>Wednesday</b> Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499
18-Jun	<b>Thursday</b> evening ride	Determined by riders	5:30 PM	Rapid City boat launch	
20-Jun	<b>Saturday</b> Morning Mid Paced Ride to Bishop Hill.	40+ miles 14-16 mph	8:00 AM	Geneseo City Park, Geneseo, IL	Jeff Boden 309-792-1585
20-Jun	<b>Saturday Morning</b> Fast Paced ride, one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
21-Jun	<b>Sunday</b> Morning Mid Paced Ride. Rider's Choice.	40+ miles 14-16 mph	8:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Determined by Riders
21-Jun	<b>Sunday Morning</b> Fast Paced ride, one stop	50 - 60 miles 16-18 mph	8:00 AM	QC Airport/General Aviation, Airport Rd	Dave Thompson 764-5030, Gary Jones 359-5614

## June 2009 Ride Schedule

Date	Ride	Distance	Time	Meeting Place	Contact info
23-Jun	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
24-Jun	<b>Wednesday Morning Combined ride</b> , rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	McDonald's on Kimberly Rd at Eastern Ave., Davenport	Darlene Moritz 563-386-3499
25-Jun	<b>Thursday Illinois evening ride</b>	Determined by riders	5:30 PM	Rapid City boat launch	
27-Jun	<b>Leisure Ride:</b> Ride through Scott County to DeWitt for pancakes.	22 miles	8 a.m.	Parking lot at Walnut Grove. N. end Scott Co. Park	Vivian Norton (563)355-1899 or vjoan@att.net
27-Jun	<b>Saturday Morning Mid Paced Ride</b> to Hillsdale and Erie. Fairly flat route.	46 miles 14-16 mph	8:00 AM	City Park in Cordova, Off Rte. 84	Bill & Kathy Storm 563-355-2564
27-Jun	<b>Saturday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	Eastern Avenue Park/Duck Creek Parkway	Dave Thompson 764-5030, Gary Jones 359-5614
28-Jun	<b>Sunday Morning Mid Paced Ride.</b> 3 Hour "Out and Back" ride.	40+ miles 14-16 mph	8:00 AM	Crow Creek Park, Bettendorf, IA	Dick Wolbers 563-332-9906
28-Jun	<b>Sunday Morning Fast Paced ride</b> , one stop	50 - 60 miles 16-18 mph	8:00 AM	East end of Ben Butterworth Parkway, Old River Dr and 55 <sup>th</sup> St Moline	Dave Thompson 764-5030, Gary Jones 359-5614
30-Jun	<b>Iowa Evening ride</b> <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	

### Ride Classification:

**Leisure Rides** – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

**Mid-Paced** – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when regrouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

**Mid Paced (3 Hour Out & Back Rides)** – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

**Fast Paced** – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

**Rider's Choice** – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule

**Welcome New Members!**

<b>NewMember</b>	<b>Spouse</b>	<b>CityState</b>	<b>Phone</b>
Chiappinelli, Jane	Elena	Davenport, IA	563-441-7570
Erps, Tom		Bettendorf, IA	563-332-8599
Faley, Sherri	Gary	Davenport, IA	563-324-3489
Flaherty, Molly		Palatine, IL	224-213-6881
Gloeckner, Mary		Moline, IL	309-236-5328
Greteman, Patty		Geneseo, IL	563-650-0134
Harle, Kevin		Bettendorf, IA	563-332-2428
Langston, Jim		Rock Island, IL	309-788-1648
Lovewell, Mike	Heather	Davenport, IA	
Mizerny, Stan	Beverly	New Liberty, IA	563-340-1320
Pohlmann, Lee		Blue Grass, IA	563-505-5609
Press, Howard		Bettendorf, IA	563-344-4770
Rettler, Jason	Emily	Davenport, IA	
Sibold, Ryan		Bettendorf, IA	660-422-1943
Sloane, Caroline	John Greer	LeClaire, IA	563-508-5777
Smith, Kevin	Judy	Moline, IL	309-792-5613
Strieder, Brett		Silvis, IL	309-781-8602
Welser, Randall		Moline, IL	309-762-6108

<b>Membership—Totals</b>		
<b>Type</b>	<b>Memberships</b>	<b>Members</b>
COMP	18	18
COUPLE	209	418
FAMILY	92	329
IND	403	403
LIFE	6 12	
<b>Grand Total</b>	<b>728 11</b>	<b>79</b>

**QCBC participates in health fairs**

**By Charles Curry**  
 The Quad Cities Bicycle Club was represented at the Deere & Co Health Fair held April 1 and 2 at the Administrative Center in Moline. Tom Scott, Dean 'Bareback' Mathias, and Chuck Oestreich handed out literature, conducted small group discussions about cycling, and generally spread the word about QC cycling to many interested attendees.  
 Another outreach opportunity will be June 11 and 12 at the Oscar Mayer Health Fair. This is an excellent chance to make a personal contribution to help QCBC move toward our three-year plan, discussed in the previous issue of Pedalwheeling. If you would like to help, contact Charles Curry at (309) 797-9283.

**Want Ads**

Keep Dottie Wala in your thoughts. She has a brain tumor and doesn't expect to use a pair of gently used brown and black women's size 7 Shimano touring shoes. She's giving away the shoes free. If you're interested, or to give Dottie some words of support, call (563) 359-4720 or email [walas1942@gmail.com](mailto:walas1942@gmail.com).

Kathy Storm has a 2008 League of Illinois Bicyclists jersey for sale. Size large, short sleeve, never worn (still has tags on it). Bright blue, red and orange. \$30. Contact Kathy at (563) 355-2564 or [kbstorm@aol.com](mailto:kbstorm@aol.com)



Quad Cities Bicycle Club  
P.O. Box 3575  
Davenport, IA 52808

Presorted Standard  
US Postage Paid  
Permit No. 3006  
Davenport, Iowa

RETURN SERVICE  
REQUESTED

**ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**

**Upcoming events**

May 4: Adopt-a-Highway  
May 9-15: Bike to Work/ATW Week  
May 13: Ride of Silence  
May 24: Bike Rodeo  
May 25—Criterium

**Get out and Ride!**

