



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club—February 2008

LeClaire Excited About Hosting End of Ragbrai

**By Brian Krans
Dispatch/Argus/Leader**

The longest, largest and oldest touring bicycle ride in the world will end this year in the Quad-Cities area -- something that hasn't happened in 26 years.

Officials with The Des Moines Register's Annual Bicycle Ride Across Iowa, or RAGBRAI, say the seven-day, 471-mile trek will end July 26 in LeClaire.

"This is the best thing to happen to us," LeClaire Mayor Bob Scannel said. "It's a chance for LeClaire to put ourselves on the map."

As about 15,000 riders and spectators come into LeClaire, the Quad-Cities will be bustling. The annual Bix 7 road race in Davenport and Amateur Softball Association Softball 18 and under fast-pitch tournament in Moline also are being held that weekend, drawing competitors and spectators from across the country.

Joe Taylor, president of the Quad Cities Convention and Visitor's Bureau, said the statewide and national attention that follows RAGBRAI will be unmatched, especially in the biking world.

"It will certainly put the Quad-Cities in the spotlight," he said. "There will be many opportunities for Quad-Cities' businesses."

Besides the 8,500 riders, spectators, friends, family members and biker support teams will need

food and most likely a place to stay. The question was whether a town of about 3,000 people could handle such an event.

When RAGBRAI director TJ Juskiewicz brought his family to LeClaire's annual Tug Fest last summer, he saw it could, Mr. Taylor said. "LeClaire passed with flying colors. Just like when grandma visits, we want to be ready for our bicycling guests."

LeClaire is one of eight cities selected as overnight stops on the annual cross-state ride, sponsored by The Des Moines Register. The other communities are Missouri Valley, Harlan, Jefferson, Ames, Tama-Toledo, North Liberty and Tipton.

Mayor Scannel said with RAGBRAI, and the Tug Fest a few weeks later, bringing upwards of 35,000 people, it's going to be a hectic summer for LeClaire.

Mr. Taylor said the visitors bureau met with hotel managers and LeClaire business owners and community leaders to prepare them for the event, and the Eldridge/North Scott Chamber of Commerce also helped.

The Quad Cities Bicycle Club also is helping.

The last time RAGBRAI ended in the Quad-Cities was in 1982 in Davenport. Before that, it was 1973 - the first year RAGBRAI was held.

Mr. Taylor said local organizers believe that by having RAGBRAI end in LeClaire, and not Davenport, there will not be conflicts with the Bix Fest.

"About 200 to 300 riders will use the Quad City International Airport to fly home Saturday afternoon, July 26," Mr. Taylor said. "Forty percent of riders are Iowans; 60

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Key Contacts

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Key Contacts: A complete listing of committee chairmen and key contacts is available on the club’s web site and in the front of the hard copy ride schedule and membership directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. on the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Phil Schubbe for program information: (563) 359-5057 or phschubbe@aol.com.

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please try to limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Jackie Chesser, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page - \$50, and a full page - \$100.

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual issue of Ride Schedule and Membership Directory booklet, 10% discount at QC area bike shops, ability to use LAB “Bikes Fly Free” program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

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From the Headset:

By Dean Mayne, QCBC President
e.mayne@mchsi.com

It's February and we may be looking forward to a little Valentine's Day romance to warm our hearts. We're well past the Winter Solstice and light is gradually starting to creep back into our lives.

We may be struggling to resist hibernation or to lose that holiday bulge, so don't let winter slow you down. QCBC offers many opportunities to keep us engaged until spring.

- CPR Saturday, Feb. 16

Warm your heart with a community CPR class for \$5. Look for Dave Georlett's article and sign up to protect the lives of friends and families.

- Winters Hikes

The first winter hike was Jan. 12 at Loud Thunder. More than 10 hikers and four dogs attended. Our second hike the next week was hosted by Kathy Storm, at Scott County Park. Hopefully, everyone will send photos to Jackie Chesser for the newsletter. Check the newsletter and QCBC.org for the February hike schedule.

-Coordinators needed

We are urgently in need of information coordinators. If you need a project, let us know. We have excellent opportunities for team participation and leadership. We urgently need information coordinators willing to work with our rides schedule, communications and Heartland Century teams. Our Ride Schedule, Budget, and Criterium Committees have begun teaming up to prepare for 2008. If you can help contact me at e.mayne@mchsi.com or (563) 355-0995.

- Economy = Ecology

Our 2008 Budget and Ride Schedule Committees met and surprisingly came to similar conclusions: the QCBC needs to economize by using our Web site and e-mail services to post newsletters and ride schedules. We need to limit our printing and mailings to save money.

I did not propose or make this decision; the committees came up with this solution. I do however, agree strongly on ecological merits alone.

Reducing paper and printing is not a new concept. Frank Beshears struggled to convince the board last year, and many other clubs and organizations have done the same to reduce their expenses.

Our plans are to move a committee forward on applications for US Postal Service Non for Profit Savings, and limit our printing and mailings to reduce costs. Club members will be asked to help by using web postings and bike-messengers e-mail services instead of paper copies, whenever possible.

Members who have limited electronic services still will be offered paper copies of our newsletter. The ride schedule will be streamlined to a quarterly listing on our Web site and a six-week listing in our newsletters.

Some newsletters still will be printed for members that require them, and for use as QCBC promotion at bike shops, health clubs and special events.

However, it seems clear that we're seriously trying to limit our costs and our impact on our environment.

- Complete Streets, Jan. 24

Bi-State Regional Authority and QC-Tag held a Complete Streets Seminar Jan. 24 to educate city planners, officials and engineers on concepts in Street Design that could make road conditions safer for all of us. Please thank your QCBC board. We paid a \$200 sponsorship fee for this public forum. I hope you were able to join us as we move ahead with the education and planning of safer streets and bike routes around the QCA.

- Iowa Bike Summit, Jan. 19

We carpooled to Des Moines with fellow QCBC and QC-TAG members to attend the Jan. 19 Bike Summit. It was a great opportunity to network with other clubs and organizations to work on bike advocacy issues. Mark Wyatt, coordinator of the Iowa Bicycling Coalition, and Milly Ortiz, with the Iowa Department of Transportation, put a lot of effort into the event. We came back motivated and ready to start preparing for Bike to Work Week, Bike Month, and to seek grants for Safe Routes to Schools, and



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Welcome New QCBC Members!

Name	City/State	Phone	Name	City/State	Phone
Russell Munn	Larkspur, Calif.	510-393-9767	Randy Erickson	Eldridge, Ia.	309-631-0497
Alex Munn	Oakland, Calif.	510-866-9501	Doug Bailey	Deerfield, Il.	847-945-8390
Chuck Mattes	PontVeora Beach, Fl.	904-707-4852	Lynn Rients	Graymount, Il.	815-743-5343
Jacop Grillot	Washington, D.C.	202-422-7564	James Yeager	Lake Forest, Il.	847-283-9176
Eric Holt	St. Augustine, Fla.	904-318-1818	Noel and Bonnie Throne	Milan, Il.	309-787-6367
Cheryl and John Ballantyne	Bettendorf, Ia.	563-355-6625	Lawrence and Kathryn Allen	Moline, Il.	309-762-9588
Ann Borders	Bettendorf, Ia.	563-940-2831	Richard Potter	Moline, Il.	309-764-7213
Bonnie and Darrell Busch	Bettendorf, Ia.	563-355-2749	Keith Ifft	Peoria, Il.	309-360-2600
Michael and Ann Hughes	Bettendorf, Ia.	563-332-5605	Dana Monson	Rock Island, Il.	309-738-9688
Robert Deck	York, Pa.	717-741-0629	John Munson	Rock Island, Il.	309-787-4615
Johnny Brian	Davenport, Ia	563-343-0834	Bruce Follows	Littletown, Ma.	978-486-9080
Eric and Carol Knirr	Bettendorf, Ia.	563-332-7023	Geoff Harker	Chelsea, Mi.	734-475-4410
Scott Nagel	Bettendorf, Ia.	563-449-9088	Rob Zeldenrust	Fremont, Mi.	231-924-7069
Steve Relf	Bettendorf, Ia.	563-332-0676	Steve Moe	Ravenna, Mi.	231-853-2660
Ivan Jecklin	Richmand, Va.	804-967-5115	Dick Boyd	Lincoln, Ne.	402-484-0446
Marcus Jecklin	Richmand, Va.	804-967-5115	Art Camiolo	Sewell, NJ	856-589-2258
Michael Dudzik	Davenport, Ia.	563-508-3261	Nicholle Kovach	Gallup, NM	505-879-8293
Cyrus Larjani	Vilanova, Pa.	610-964-3462	Paul Dewitt	Gamerco, NM	505-879-3476
Christine Mulcathy, Scott Lindster	Glenside, Pa.	267-992-1680	Peter Beckwith, Lorna Thompson	Poughkeepsie, NY	914-388-3449

If you experience problems receiving your hard copy newsletter in the mail, please contact Charlie Sattler. Charlie can be reached at: 563-391-3422 or csattler14@msn.com. Charlie prints out the labels for the newsletter and does the mailing of the newsletters.

Hard Copy newsletters are sent out to all current club members the last week of the month. Members, who live in the immediate QC Area, usually receive their newsletters before the end of the month. Members, who live farther away, may not receive theirs until the first or second week of the month. You can also view the newsletter online at www.qcbc.org.

Membership Count: 12/18/06		
Number of:	Members	Memberships
Individual	409	409
Couple	344	172
Family	334	91
Complimentary	20	20
Life	7	4
Total	1114	696

By Dave Georlett

CPR Training Planned

It's time again if you haven't already, to take our CPR course. This short course may be one of the most important things you do all year. (Learning how to save a life). One year ago a QCBC member was saved from dying by a passing motorist who performed CPR.

The course last less than one hour and only costs \$5. A very small price to pay for possibly saving a life. CPR Saturday will be held Feb. 16, in the Keppy Hall Building at the Mississippi Valley Fairgrounds, Davenport. Sign up to receive a free CPR manikin kit and learn CPR!

There will be four CPR sessions to pick from: Adult/child session 8 a.m., #46408; Infant session, 9 a.m., #46409; Adult/child session, 10 a.m. #46411; and infant session, 11 a.m., #46412.

You won't receive a CPR card for these classes, but you will leave knowing you can save a life!



Pushing for Pedaling

**Promoting bicycling advocacy
By Chuck Oestreich**

Iowa has 53rd and Elmore. Illinois has Blackhawk Road. Each is filled with the commercial wonders of our age - the big boxes.

Since they've sucked up the shopping dollars, our older, smaller, accessible trading areas almost are a thing of the past.

But there's hope for accessibility left, especially in Illinois. (I am very wary of approaching 53rd and Elmore in a car, much less a bike.)

The Moline Kiwanis Trail is a godsend. That said, even though it's usable, it does need upgrading. But right now, let's take it as it stands and use it - for Lowes, Wal-Mart, Target, Menards, SouthPark, even the Great Escape movie theater near Lowes.

If you live in Rock Island, it'll be a few years before you can take 38th Street down to the new Rock River bridge, cross under it, and join up with the Kiwanis Trail.

In the meantime, go to Moline's 7th Street and go south to North Shore Drive, the official start of the trail. Seventh Street is a caution street on the Metro Map - it's busy, narrow and has a "suicide" lane down the middle.

Trinity Medical Center, Kohls, Target and Menards, along with a Italian quick-meal place are on the south side of John Deere Road. (1)

Once you've gone south as far as you can on 7th, take a left on North Shore Drive and enjoy a mile and a half of smooth sailing - low traffic, residential area.

At 16th Street, with a right for a few blocks, you enter, with almost no hassle, the colossus of SouthPark and its periphery stores (Best Buy) and restaurants (Miss Mamie's). (2)

But continue on North Shore Drive a few more blocks to what would appear to be a dead end. It's not. Follow a deteriorating trail around a bridge abutment, through a little park, under I-74, and back to North Shore Drive.

At 36th Street, go north for a block to 40th Avenue and keep going east to what appears to an alley. It's actually the trail. (3)

But before that, if you turn on 39th Street, you have a seamless way into a whole row of big boxes, including Wal-Mart, strung out amidst giant parking lots along John Deere Road.

By biking behind the boxes, you can get to your destination without bucking crowds seething with parking lot paranoia. (4)

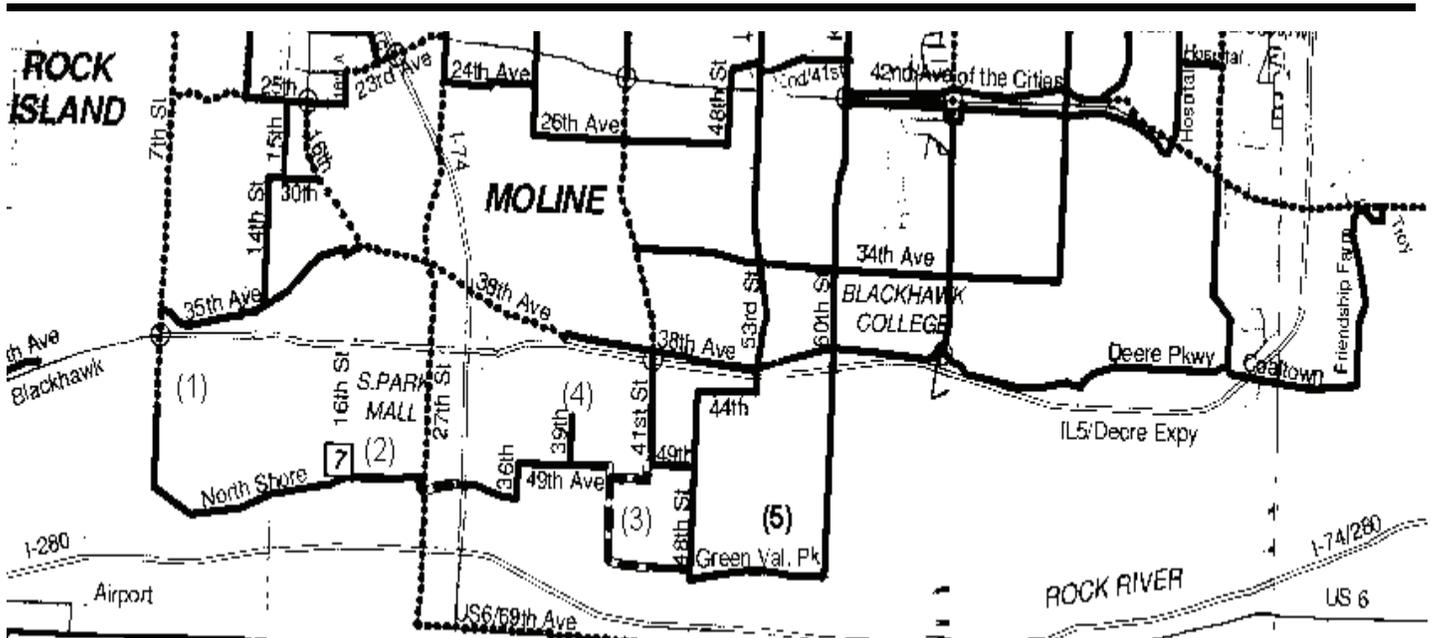
Back on the path, you're suddenly encased in greenery with water features as you head again for the river. This is very pleasant, although the surface leaves something to be desired. The area is also prone to flooding and giant bullfrogs. Avoid both.

By following the path you'll soon be on 55th Avenue, and then the entrance to Green Valley Park. If you're towing a boat, stop and launch it here. (5)

At the east end of the park's road, continue straight into an undeveloped river's edge where what road there is has been eroded and heaved up by flooding. Bike it with caution to a left on Poplar Grove Road, or 60th Street.

Going north on 60th will take you to Farm & Fleet, Black Hawk College, and other locales. By using 38th Avenue/John Deere Parkway (not, heaven forbid, John Deere Road) you can continue east to the Ill. 84 bridge over the Rock into Colona and the Hennepin Canal Trail.

As you can see, for urban cycling with shopping as a destination, Moline's Kiwanis Trail is hard to beat, unless, of course, you're going to pick up a 42-inch TV at Best Buy.



Remember—Your Best Ride Still Is Out There



Scott Swanson

Sometimes, to get started writing is as uninviting as to get out the door to ride on a cold and blustery day.

Embracing the concept is much easier than putting it into practice. My riding buddies can attest to my habits on that score.

To take you to another score, follow me. On Dec. 1, my partner Kat and I ventured out on a cold and blustery evening to see a performance of the Quad-Cities Symphony.

It was inclement outside, a number of power outages. We considered staying at home, but the attraction of a live symphony is not one easily or lightly ignored.

After a brief trip from Silvis to Davenport, we arrived at the Adler to a not-so-small crowd of like-minded folk, and a very appreciative orchestra.

On the program were Haydn's Symphony No. 83 ("The Hen"), and Shostakovich's Symphony No. 10, both chosen by guest conductor Christopher Zimmerman, a quite animated individual, not quite in the mold of Leopold Stokowski, that leonine-haired archetype. (If an image doesn't come, think Bugs Bunny in tails).

Zimmerman described the Haydn in light and lovely terms, and that's what was delivered. After intermission, the conductor told how the second symphony was very much unlike the Haydn, saying that "it isn't pretty, but it is beautiful."

After that prologue, I thought I was just going to have to drop my head and slog through. I was most thoroughly wrong. I was thoroughly engrossed throughout every movement.

The depth and power had me sitting forward with my chin in my hands. Time passed as quickly as it had for the Haydn. It made me want to hear it again.

Zimmerman's comment had seemed strange, but it was spot on the mark. The piece was no less beautiful, even though it represented terrible times in tones that bordered on discordant but always had a sense of movement and purpose.

I admit that, had I been listening to a cd, I would not have paid as much attention. But, being at the concert with the express purpose of listening adds something: along with the physical waves of sound washing over you, the tableau (OK, that's overblown) of musicians putting heart and soul into the piece (again, overblown, but true), and the sense of the rest of the audience swimming through the flow with you, it all goes together and sweeps you along.

And while the memory right now is an echo of the evening, it is a very strong and compelling one.

I could go out and find a recording, but that would be a frozen memory of something I was never a part of. Was I there when Shostakovich composed? No. For the first performance? No. But whenever it's played, it's recreated in a unique way, in a unique time by and for a unique group of people. That is the power of live performance.

Remember your best ride. It's still there; it's a part of you. Riding that same route on a different day may recreate it, but I'd say that each time you ride a route, see it as a new creation.

Where you go, how fast you go, who you ride with, those are your choices. Weather, traffic? Maybe not, but it adds to the flavor of the ride.

Ragbrai Workers Needed

Ragbrai is fast approaching. Perm and Andy Horst expect another exciting year, with the ride ending in Le Claire and Lance returning. Matt Truitt and his two helpers will not be support drivers this year. Replacements are needed. A salary is available for those chosen. For more information e-mail Andy at go4st8@aol.com or call (563) 381-3488.

**Chili Lunch in the Park Ride
Kathy & Bill Storm**

Finally, a much overdue event report. The 2007 Chili Lunch Ride was held Oct. 6. We had a great turnout of riders (35+) and unseasonably warm weather for early October. This year, we had at least four groups of riders head out at the 9 a.m. for a ride of their pace and length. Everyone was told "Lunch will be on the table around noon."

Crockpots of chili and potato soup did not get as much action as they usually do because of the warm weather. But all the Hungry Hobo sandwiches, cold fruit and veggies disappeared quickly. The brownies, banana bread and apple crisp somehow made it to riders' plates before their main course. Perhaps Don Barchman set the lead on that pattern.

A speedy setup was done by Katherine Weeks and her helpers, Ian and Michaela. Riders who finished their ride earlier than the main group also were very helpful getting the rest of the food set out (Don and Linda Barchman, Joy Duex, Vivian Norton).

Andy Barcus helped collect the \$4 lunch fee for adults and \$2 for kids. Vivian helped make some desserts, and Katherine provided a nice veggie tray.

In addition to Katherine and Eric Weeks' kids, Sam and Elizabeth Norwood brought their three children (Emily, Robert and Will).

I look forward to seeing more kids with their parents on the 2008 ride.

It was nice to see some long-time club members coming out for this multi-generational ride, as well as newer members.'

Participants were the Weeks and Norwood families, Don and Linda Barchman, Marlene and Mel Bradley, Cindy Botrell and Paul Sullivan, Denise Duethman, Joy Duex, Mike Ernster, LJ and Bev Haase, Brian Hodgins, Gary Jones, Karen Kettleison, Fred Krack, Kentley Lowenstein, Deb and Dean Mathias, Cheryl Morris, Vivian Norton, Bob and Myrna Rakocy, Tom and Cindy Scott, Dave and Melinda Thompson, Cheryl True and Andy Barcus, Bill and Kathy Storm, and John Wessel.

Thanks to everyone who pitched in to make this an enjoyable event again.

Anyone interested in a copy of "Practical Pedal," a quarterly journal devoted to the regular cyclist, can contact Darren Nordahl at (563) 888-2252, dnordahl@ci.davenport.ia.us or stop by the Design Center, 102 E. 2nd St., Davenport. Darren has 500 available.

**New Membership Manager
By John Harrington**

Denise Duethman, one of our newest board members, has offered to be club membership manager. In that role, Denise will help grow club membership.

The position is a great one because there are so many ways to attract new members. Denise's initial focus will be to improve awareness of the club in the community and increase the number of family and youth-oriented activities. Please send any ideas you have to Denise at neuroman-ager910@yahoo.com.

Please join me in thanking Denise and wishing her good luck.

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RAGBRAI XXXVI

The Register's Annual Great Bicycle Ride Across Iowa (RAGBRAI) for 2008 is still several months away, but you must register now if you want to be part of this great ride. We have a limited number of spaces available

for a fee to those people who are QCBC members by December 31, 2007. These are available on a first come, first served basis. The ride will be July 20-26 on a route to be announced in late January. The Des Moines Register's deadline for receiving registrations from Iowa based bike clubs, is March 1, 2008. In order for us to meet their deadline, we must have **all** registration forms and checks by February 21, 2008.

The January and February newsletters will contain the RAGBRAI application and individual waiver form.

Fee Paid Tag

Everyone must have a Des Moines Register's "Fee Paid" tag. The cost is \$125.00. If you are **not** a QCBC member and would like to go on the ride, you will need to obtain your "Fee Paid" tag through the Des Moines Register lottery, which is held in the spring. You can still purchase transportation and baggage service from the QCBC.

Group members who obtain wristbands through their clubs will not be able to obtain individual vehicle passes. If you want to take a camper, you need to go through the Register's lottery.

Members who obtain "Fee Paid" tags from the QCBC will have to also pay for our minimum services of \$45 to haul baggage from the start town to the end town.

On-line Registration

Riders may register on the Ragbrai site at www.ragbrai.org. By following the outlined steps one can easily register on-line with our group. Transportation and baggage service is an additional costs payable to our group. Send all money to Darlene Moritz, 2833 Kelling St., Davenport, IA 52804. If you use this process and do not send me the forms I will eliminate you from our group.

Waiver required

Each and every rider participating in RAGBRAI will have to sign a Des Moines Register waiver and mail it back to us with your fees. **IMPORTANT:** If you do not include the signed waiver, no tags will be issued.

Because of the waiver and insurance, RAGBRAI wristbands are no longer transferable after they are sold to you. They can only be sold upon receipt of a new waiver that will be coordinated by your bike club to the Des Moines Register.

Souvenir Pack

The Des Moines Register offers 2 types of Souvenir Packs that you may purchase for an additional fee. (\$25.00 or \$40.00) Both packs include a set of 7 special edition newspapers (Sunday – Saturday) covering the ride and an official RAGBRAI T-shirt. The 36th Anniversary pack sells for \$40.00 and also includes a poster by Mike Duffy. If you order either one of these packs, they will be mailed to your home 4-5 weeks after the ride.

Transportation Provided

The QCBC will be providing transportation for you, your bike and gear to the western departure city on

(Cont page 10)

AGREEMENT, WAIVER & RELEASE OF LIABILITY

RAGBRAI® XXXVI
JULY 20-26, 2008
The Des Moines Register

EACH ENTRANT MUST SIGN AN INDIVIDUAL WAIVER. FAXED WAIVERS WILL NOT BE ACCEPTED.

This form may be photocopied; however, faxed signed waivers will not be accepted.

I, the undersigned, know and understand that RAGBRAI and its related events involve potentially hazardous or dangerous activities and conditions. I attend RAGBRAI and all related events out of my own free will and choice. In choosing to attend RAGBRAI and any related events, I fully accept and assume all risks, whether before, during or after RAGBRAI and its related events. These include, without limitation, physical injury, mental injury, emotional distress, trauma, sickness, illness, death, contact with other participants, equipment failure, inadequate safety equipment, the effects of weather including extreme temperature or conditions, traffic, contact with motor vehicles of all types and descriptions, collision with other riders or fixed objects, the conditions of and/or design and other defects in the road, camping, negligence of others and participating in events, including those along the route. I am aware that the risk of injury or death is always present in biking and its attendant events and that this risk cannot be eliminated by RAGBRAI organizers, sponsors, and the government and private entities that host or assist in the RAGBRAI events. I know and accept that biking and road accidents may result from the failure for any reason (including negligence) of RAGBRAI organizers, sponsors, and the government and private entities that host or assist in the RAGBRAI events to correctly determine the conditions and safety of the road, surface, route or weather or to predict where or when an accident might occur. All risks are known appreciated and assumed by me and I waive any and all specific notice of the existence of them and further waive the obligation, if any, that any other person or entity has to advise or warn me of them. I assume and will pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorized such expenses. I authorize the use and release of personal and medical information in connection with any medical services provided to me.

I realize that RAGBRAI events require physical conditioning. I represent that I am in sound medical condition capable of participating in the RAGBRAI events without risk to myself or others. I have no medical impediment that would endanger others or myself. I understand that a situation may arise during RAGBRAI and related events that may be beyond the control of the sponsors, promoters, organizers or others or may arise from negligence by them and accept and assume all risks of participation and/or attendance. I will be solely responsible for the condition and adequacy of my bicycle, safety gear and riding equipment. I will ride safely within the limits of my own abilities, my equipment and the riding conditions and in a manner that does not endanger either myself or others.

Knowing these facts and in consideration of my entry acceptance, admission to and/or participation in RAGBRAI and its related events, I for myself, spouse, children, heirs, next of kin, assigns and anyone acting on my behalf, release, waive, discharge, covenant not to sue and agree to hold The Des Moines Register and Tribune Company and its parent company, subsidiaries and affiliated entities; RAGBRAI sponsors and participating clubs, communities and organizations; RAGBRAI officials, emergency and support personnel, volunteers and their representatives; official Friends of RAGBRAI; persons and entities

that provide event recommendations, advice or services relating to matters such as route selection, design or maintenance, risk management, safety and first aid; all property owners, law enforcement agencies and governmental or public entities, including without limitation the State of Iowa, its counties, cities and special districts; and the officers, directors, employees, representatives, agents, and successors of all of the above, harmless from any and all claims, demands and actions of any and every kind I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating in any respect to my attending or participating in RAGBRAI and its related events. My waiver and release of all claims, demands, actions and liabilities shall include without limitation, any personal injury, accident, illness or death and any property damage or loss that may be: (a) caused by any act, or failure to act, by the above-identified persons and entities, including without limitation, their negligence, errors, omissions, failure to enforce rules, and conditions of the routes and/or event premises, and/or (b) sustained by me before, during or after RAGBRAI and its related events. I acknowledge that I am signing this agreement freely and voluntarily, and intend by my signature for this to be a complete and unconditional release of all liability to the greatest extent allowed by law. I further acknowledge that no representations, promises, statements or inducements have been made to me other than as set forth in this document. I will abide by all RAGBRAI rules and regulations. I understand that my name, address, photograph, voice and/or likeness may be used in promotional or advertising materials of or by The Des Moines Register and Tribune Company, and its licensees. I consent to such uses and waive any rights of privacy or publicity I may have in connection with those uses. I also waive any privacy rights that may result from disclosure of information about me, including without limitation, in connection with provision of any medical services by RAGBRAI sponsors and organizations. I further agree to indemnify and hold the parties released above harmless from any and all losses, damages, injuries, claims and expenses, including attorneys' fees, arising from or relating in any respect to my attendance and/or participation in RAGBRAI and/or its related events or my breach of this agreement. If I am a minor, my parent or guardian also is signing on my behalf. We both agree to be bound by the terms of this agreement, waiver and release. We understand that no modifications or amendments to the standard Entry Form and the standard language of this waiver and release shall be binding unless they are accepted in a separate writing signed by the President of The Des Moines Register and Tribune Company.

If special arrangements are required for individuals with disabilities to complete and submit this form or if translation to another language is required, please contact T. J. Juszkiewicz at The Des Moines Register, 715 Locust Street, PO Box 622, Des Moines, Iowa 50306-0622 no later than March 7, 2008. The Register will take those steps reasonably available to accommodate your request.

Si arreglos especiales son requeridos por personas incapacitadas para completar o someter este documento o si se requiere su traduccion a otra lengua, notifiquese T. J. Juszkiewicz en El Des Moines Register, 715 Locust Street, PO Box 622, Des Moines, Iowa, 50306-0622 antes de 7 del Marzo, 2008. El Register tomara las medidas razonablemente disponibles para acomodar su solicitud.

I (the previously-named entrant on the Individual Entry Form) HAVE READ THIS AGREEMENT, WAIVER AND RELEASE, UNDERSTAND IT AND VOLUNTARILY AGREE TO AND ACCEPT ITS TERMS. I UNDERSTAND I AM GIVING UP SUBSTANTIAL RIGHTS. (SUBMIT SIGNED ORIGINAL; FAXED OR PHOTOCOPIED SIGNATURE WILL NOT BE ACCEPTED.)

Printed Name _____

Date Signed _____

Unique ID _____

Signature Of Participant _____

Signature Of Parent if Participant Is Under 18 _____

ALL PAPER APPLICATIONS MUST BE OR POSTMARKED NO LATER THAN FEBRUARY 21, 2008

MAIL TO: RAGBRAI Fees, 2833 Kelling St Davenport, IA 52804

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(RAGBRAI, Cont page 8)

Saturday, July 19 and baggage transportation between overnight stops. The transportation and baggage fee is \$100.00. Bus service back to Davenport (including transportation of your bike and bags) will be provided for \$35.00.

If you have your own transportation to the start of the ride, the cost is \$45.00 for the required minimum service of carrying your baggage between overnight stops. This minimum fee does not include hauling your bike and baggage back to Davenport unless you paid for the return bus.

Any rider under the age of 18 must be accompanied by someone over the age of 21, preferably a parent, and must have the person's signature on the registration form.

Please notify us ahead of time if you cannot load your bike on Friday July 18.

Home Stays

If you do not like to camp, some residents in the overnight communities allow riders to stay in their homes. After you receive your "Fee Paid" tag number from the Des Moines Register, you can write to towns and inquire about available housing. To obtain your "Tag Number", check the Register's website www.ragbrai.org, after May 1, 2008

Miscellaneous

If you cannot ride to the next overnight town on any day during the ride, the club will not be responsible for providing transportation to the next campground.

All club members are expected to act as responsible adults and set a good example to other riders. If you act up on the ride, any unused portion of your fee paid will be refunded. We will not continue to haul your gear, and you will be responsible to find your own way home.

Do not get your tags from QCBC nor ask for services from us if you do not plan on arriving in the overnight town until after 6 pm. We make arrangements to camp in the quiet zone at each town, please comply.

The bike clubs are expected to set a good example with safe riding practices. Remember that the safety and ancillary RAGBRAI support people are out at 6 am every morning, regardless of the weather conditions.

If you have any questions, contact Darlene Moritz, at 563-386-3499, or E-mail dmoritz@access.net . Please address subject matter on e-mail as RAGBRAI material. If I need to call you back, please leave me an evening phone number. If a return call requires a long distance call, it will be collect.

Fill out the registration form and sign the RAGBRAI AGREEMENT AND WAIVER & RELEASE OF LIABILITY form. **We must have these 2 forms and your check by Feb 21, 2008.** We cannot accept your application if sent by registered mail. No confirmation will be sent, if your canceled check is returned to you, you can assume that you are going. Please notify the RAGBRAI committee of any address, telephone or E-mail changes prior to the start of the ride. If an E-mail address is provided, then expect all correspondence by E-mail. You need to make sure that the E-mail address is legible.

Do not apply for RAGBRAI tags from more than one source. The Register screens all applicants and will reject duplicates. They will penalize clubs if duplicates are received from club members and deny tags to the applicant.

The route, with complete details, will be posted January 26, on the web site and also the Sunday Des Moines Register on the 27th. Check out their web page @ www.ragbrai.org for details.

RAGBRAI XXXVI REGISTRATION - QUAD CITIES BICYCLE CLUB (QCBC)

Please read the RAGBRAI XXXVI article in the January and February newsletter. Use a separate form for each person. You may reproduce this form. **WE MUST HAVE YOUR REGISTRATION, CHECK & Register Release forms by FEBRUARY 21, 2008.** Make check payable to: QCBC, RAGBRAI.

1. PERSONAL DATA (Please Print)

NAME _____ BIRTHDATE (REQUIRED) _____

STREET _____ APT/STE/UNIT _____ PO BOX _____

CITY _____ STATE _____ ZIP CODE _____

DAYTIME PHONE _____ HOME PHONE _____

OCCUPATION _____ E-MAIL _____

Name of adult sponsor if under 18 _____

2. TYPE OF BICYCLE YOU ARE RIDING? ___ Road/MTB ___ Tandem ___ Recumbent ___ Other

Please specify other _____

3. INDICATE RIDE STATUS

Des Moines Register "Fee Paid" tag \$125.00 _____

QCBC transportation/baggage fee (bus out & haul bags) \$100.00 _____

Baggage service only (find own way out) \$45.00 _____

Bus return to Davenport \$35.00 _____

Des Moines Register "Basic Souvenir Pack" (T-shirts XL only) \$25.00 _____

Des Moines Register "Premium Souvenir Pack" \$40.00 _____

(RAGBRAI XXXV poster and XL T-shirt)

RAGBRAI XXXVI Jersey (Primal Wear) \$45.00 _____

Jersey size SM _____ (35-37) MD _____ (38-40) LG _____ (40-42)

Club Cut XL _____ (42-44) XXL _____ (44-46) XXXL _____ (46-48)

Total \$ _____

Register subscriber? Daily ___ Sunday ___ Daily & Sun ___ Non-subscriber ___

Every rider must sign the liability waiver. If you are under 18, your sponsor must also sign. In signing this form for myself or another, I understand and agree to absolve all of the sponsors and organizers, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in RAGBRAI XXXV or in any of the activities associated with RAGBRAI XXXV.

Signature of rider _____ Date _____

Sponsor's signature, if rider is under 18 _____

MAIL TO QCBC-RAGBRAI; 2833 Kelling St. , Davenport, IA 52804.

PLEASE NOTE: QCBC MEMBERS MINIMUM COST IS \$170 FOR "TAG" & BAGS; OR \$225 FOR BUS OUT, "TAG" & BAGS. ADD \$35 FOR BUS BACK TO DAVENPORT. ADD \$25 FOR BASIC REGISTER PAPERS PACK OR \$40 FOR PREMIUM REGISTER PAPERS PACK. JERSEY'S EXTRA @ \$45.00.

NO TAGS, NO SERVICES PROVIDED.

IF YOU REGISTER THROUGH QCBC DO NOT REGISTER THROUGH ANY OTHER SOURCE OR YOU WILL BE AUTOMATICALLY DISQUALIFIED FOR TAGS.

February 2008 Ride Schedule

Winter ride schedule—October through April

Please note the change of times assigned to rides scheduled during these months. All winter rides are open to optional lengthening or shortening at the discretion of the riders. Most are riders' choice due to the unpredictability of the weather at this time of year.

Wednesday, Feb. 6 - *Morning Ride, Iowa Start*

9 a.m. - Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice ride.

Saturday, Feb. 9 – 9 a.m. Meet at Hardee's, 425 55th St, Moline for riders' choice.

Sunday, Feb. 10 - 9 a.m. Meet at Hardee's in Eldridge, Iowa for a riders' choice ride.

Wednesday, Feb. 13 - *Morning Ride, Iowa Start.* 9 a.m. Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice ride.

Saturday, Feb. 16 - 9 a.m. Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice.

Sunday, Feb. 17 - 9 a.m. Meet at Hardee's, 425 55th St, Moline for riders' choice.

Wednesday, Feb. 20 - *Morning Ride, Iowa Start.* 9 a.m. Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice ride.

Saturday, Feb. 23 - 9 a.m. Meet at the United Methodist Church, 1709 Cleveland Road, Colona (1/2 Mile East of the I-80 Colona exit on Cleveland Road) for a riders' choice ride.

Sunday, Feb. 24 – 9 a.m. Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice ride.

Wednesday, Feb. 27 - *Morning Ride, Iowa Start.* 9 a.m. Meet at McDonald's on Kimberly Road at Eastern Ave, Davenport, for a riders' choice ride.

Ride Classifications:

Leisure Rides – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

Mid-Paced – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October.

Mid Paced (3 Hour Out & Back Rides) – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October.

Fast Paced – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

Rider's Choice – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule.

Winter Hikes

By Kathy Storm

The Quad Cities Bicycle Club invites you to the following February Winter Hikes. All you need are a pair of hiking boots or other sturdy shoes, a small container of water and a snack.

If there is snow on the ground, feel free to bring cross country skis or snow shoes.

All the February hike leaders have hiked these parks and will be your guide. We'll plan to hike 1-2 hours, depending on the interest of the group.

Join us in a "cross training" activity.

Any updates to this schedule will appear on the Web site. If you would like to lead a hike, contact Kathy Storm at (563) 355-2564 or kbstorm@aol.com.

- Saturday, Feb. 9: Carpool leaves Ross' Restaurant in Bettendorf at 9 a.m. for Matthiessen State Park about four miles south of Utica, Ill. The hike begins at 11 a.m. Leaders are Cindy Botrell and Paul Sullivan. For more information, call them at (563) 355-7122.

Matthiessen State Park covers 1,938 acres and has many unusual and beautiful rock formations and exposed sandstone. The main canyon, consisting of the Upper and Lower Dells, provides an unusual and interesting walking tour. The park has five miles of well-marked, well-surfaced hiking trails.

- Saturday, Feb. 16: 1 p.m. hike at Black Hawk State Historic Site in Rock Island. Meet in the parking lot on the south side of Blackhawk Road near the pedestrian overpass. Leader is John Wessel, (563) 359-8350

Black Hawk State Historic Site, along the Rock River, is a wooded, steeply rolling 208-acre tract. Prehistoric Indians and 19th century settlers made their homes here, but the area is most closely identified with the Sauk nation and the warrior-leader whose name it bears - Black Hawk. The site also was selected as one of the "7 Wonders of Illinois" in 2007.

Specialized Bicycles is looking for someone to promote women's bikes and other women-specific products in the Central US. They'd prefer someone in the Central U.S. region

Responsibilities for the Central Designs for Women Demo Coordinator:

- Create and manage a Women's demo trailer and fleet in the Eastern US
- Work demo events on the road (3 weeks on/1 week off).
- Manage about eight events a month
- Coordinate with SBCU to conduct Designs for Women clinics with dealers along with the demo events
- Obtain and report back consumer feedback from the field

(Ragbrai, Cont. from pg 1)

percent come from the other 49 states -- with more than 600 from California and Colorado each. Hundreds more riders are from our close-to-home neighbor Missouri. RAGBRAI is truly a national draw -- by participants and by national media attention."

Mayor Scannell said local hotels and restaurants already had been inundated with phone calls within hours of the announcement.

RAGBRAI began in 1973 when two writers for the Des Moines Register challenged each other to ride bicycles across Iowa and write about it.

Web Link: www.ragbrai.org

QCBC Mileage—2007

POS	LAST	FIRST	TOWN	MILES	07/08 award
1	Thompson	David	Moline, Il	14118	
2	Zaborac	Greg	Canton, Il	11393	
3	Fitzgerald	Bob	Moline, Il	10642	100000
4	Hawk	Rodney	Moline, Il	10180	
5	Harrington	John	Bettendorf, Ia	9447	
6	Thier	John	Park View, Ia	9090	
7	Kurt	Steve	Dunlap, Il	7756	100000
8	Georlett	Dave	Moline, Il	7539	
9	McCarthy	Tom	Davenport, Ia	6582	
10	Jones	Gary	Bettendorf, Ia	6413	50000
11	McCollum	Doug	Milan, Il	6098	
12	Scott	Tom	Rock Island, Il	6047	25000
13	Moritz	Darlene	Davenport, Ia	6005	
14	Guidici	Mike	Davenport, Ia	5951	
15	Power	Warren	Davenport, Ia	5635	
16	Moritz	Michael	Davenport, Ia	5487	
17	Mathias	Dean	Milan, Il	5330	
18	Thompson	Melinda	Moline, Il	5300	
19	Parker	Dave	Davenport, Ia	5096	
20	Jamison	Joe	East Moline, Il	5075	
21	Fitzgerald	Jan	Moline, Il	4634	
22	Fellner	Phil	Milwaukee, Wi	4561	
23	Hagener	Gary	Moline, Il	4235	
24	Cook	Lonnie	Muscatine, Ia	4166	25000
25	Desch	Mike	East Moline, Il	4000	
26	Haase	Lawrence	Davenport, Ia	3936	
27	Combites	Dan	Orion, Il	3800	25000
28	Buck	Tony	Davenport, Ia	3467	
29	Porter	George	Hampton, Il	3461	
30	Coin	George	Bettendorf, Ia	3423	
31	Schiff	Don	Princeton, Il	3309	
32	Weeks	Eric	Davenport, Ia	3301	
33	Davison	Bill	Eldridge, Ia	3156	
34	Mathias	Deb	Milan, Il	3050	
35	Round	David	Rock Island, Il	2835	
36	Majetic	Dennis	East Moline, Il	2500	
37	Mickelson	Larry	Taylor Ridge, Il	2463	
38	Storm	Bill	Davenport, Ia	2421	
39	Novy	Dixon	Moline, Il	2164	
40	Loomis	Kathy	Davenport, Ia	1925	
41	Storm	Kathy	Davenport, Ia	1917	
42	Hansen	Jim	Moline, Il	1529	
43	Grillot	John	Washington, Il	1423	
44	Bewely	Dave	Bowling Green, Oh	1246	
45	Vincent	Dave	Port Byron, Il	1147	
46	Haase	Beverley	Davenport, Ia	959	
47	Young	Barney	Rock Island, Il	850	
48	Jamison	Rosemary	East Moline, Il	675	
49	Replinger	Bob	Rock Island, Il	582	
50	Replinger	Zoe	Rock Island, Il	343	

Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

New Application

Membership Type: Individual \$15/Year

Renewal Application

Couple \$20/Year

Date of Application _____

Family \$20/Year

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____
(Incl. Area Code)

Email _____

NOTE: The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

Membership in Other
Bicycling Organizations

League of Am.
Bicyclists

League of IL Bicyclists

IA Bicycle Coalition

FORC

Please List ALL Names Including Under This Membership Below			Riding Interests	I Can Help With	
Names under this app.	Birthdate	M/F	<input type="checkbox"/> B/Triathlons	<input type="checkbox"/> Annual Dinner	<input type="checkbox"/> Picnics
			<input type="checkbox"/> Camping	<input type="checkbox"/> Computer Work	<input type="checkbox"/> Race Events
			<input type="checkbox"/> Commuting	<input type="checkbox"/> Du-State-Du	<input type="checkbox"/> Ride Leader
			<input type="checkbox"/> Endurance	<input type="checkbox"/> Heartland Century	<input type="checkbox"/> Ride Schedule
			<input type="checkbox"/> Mountain Biking	<input type="checkbox"/> Membership	<input type="checkbox"/> Safety/Education
			<input type="checkbox"/> Racing	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Telephone Calling
			<input type="checkbox"/> Recumbent	<input type="checkbox"/> QC Criterium	<input type="checkbox"/> TOMRV
			<input type="checkbox"/> Tandem	<input type="checkbox"/> Packet Stuffing	
			<input type="checkbox"/> Touring	<input type="checkbox"/> Other	

*Single adult up to 22 years, using their parent's address as their primary address, may continue on their parents membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club ride or other activity, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

Liability Release—Signature Required

Individual Membership (self) _____ Date _____

Couple/Family Membership (self) _____ Date _____

Couple/Family Membership (spouse) _____ Date _____

Parent/Guardian for Children under 18 _____ Date _____

Make all checks payable to: Quad Cities Bicycle Club.

Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to insure delivery of the next month's newsletter. Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>

Last Revised 9/1/06

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

Presorted Standard
US Postage Paid
Permit No. 3006
Davenport, Iowa

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Club opportunities:

- ◆ QCBC rider schedule organizer needed: Training and a seasoned support team provided.
- ◆ Heartland Century director needed: one on one training and volunteer roster provided.
- ◆ Family Ride leader needed: Contact John Harrington if you can help.