



# Pedalwheeling

*Monthly Newsletter of the Quad Cities Bicycle Club – December 2004*

## 2004 Awards Dinner, Saturday, November 6 John Wessel

A fun evening was enjoyed by 137 members and friends of the QCBC at the Abbey Station, Rock Island. Warren Power introduced Jim Merritt who recognized all the "Around the World" winners. Vivian Norton congratulated "First Century" award winners (see page 12) and Susie LaForce acknowledged Dave Lefever as the "Award of Merit" winner this year (see page 4). And Bruce Grell of the DICE race team started a tradition of recognizing three racers.

During the second part of the program a special fortieth anniversary video was enjoyed by all. Again, a special thanks to Joe Jamison who was responsible for writing our 40 year club history. DVD copies of this history will be available within the next few weeks for purchase. Anyone interested can contact Jewel Bryan at: 309-762-4762 or jewel@wpcco.com. Cost is \$10.00 each.

Anyone who hasn't attended an annual dinner recently would be impressed by the beautiful table decorations created by Dodie Robers with assistance from Dottie

Willits. Also, if you attend you have a chance of winning a nice door prize. This year's winners were Herb Page, who won our newly designed QCBC jersey and matching shorts, and Dave Thompson who won the Grand Prize Trek 520 touring bicycle with panniers.

Our Awards Dinner is usually held the first weekend in November. Please put us on your "to do" list for next year. (Pictured in the photo below, are Kaye & Carter LeBeau standing next to the club's first jersey. It was a wool one! Photo submitted by Ken Urban.)



## 2004 "Around the World" Mileage Awards Jim Merritt

The mileage accumulated may be ridden on any type of "human powered" Bicycle, but the miles must be ridden outdoors.

The following people accumulated the required mileage as of November 1, 2004, to be eligible for the award at the Annual Dinner in the following 3 categories; Once Around the World (24,901 Miles), Twice Around the World (50,000) and Eight Times Around the World (200,000 miles). Their actual total mileages are also included below.

### "Once Around the World" 24,901 Miles

- Bob Milligan 24,901
- Gary Hagener 27,575

### "Twice Around the World" 50,000 Miles

- Jerry Kruse 50,000
- Rod Hawk 50,000
- David Thompson 54,000

### "Eight Times Around the World" 200,000 miles

- Jan Sears 221,544
- Jerry Sears 203,650

## Key Contacts

### Officers:

President - Errol McCollum (309) 762-8252 or [ecmeanndd@netzero.net](mailto:ecmeanndd@netzero.net)  
 Vice President – Phil Schubbe (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com)  
 Recording Secretary – Jane Garrett (563) 441-9115 or [jandj97@mchsi.com](mailto:jandj97@mchsi.com)  
 Treasurer – Karen Grimm (563) 445-7797 or [qcbc\\_treas@yahoo.com](mailto:qcbc_treas@yahoo.com)

**Quad Cities Bicycle Club**  
**P.O. Box 3575**  
**Davenport, IA 52808**  
<http://www.qcbc.org>

### Board Members:

Karen Stinson-Baber (309) 796-2476	Jean Kelly (563) 359-9508	Karen Nord (563) 326-9113
Terry Burke (309) 797-3790	Deb Mathias (309) 787-6547	Charlie Sattler (563) 391-3422
Jim O. Hansen (309) 797-4883	Steve Montgomery (563) 332-5963	John Wessel (563) 359-8350

**Key Contacts:** A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

**Club Meetings:** Are held twice a year at 7pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware.) Contact Phil Schubbe for program information: (653) 359-5057.

**Submitting Articles for Newsletter:** Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: [qcbceditor@yahoo.com](mailto:qcbceditor@yahoo.com) or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page \$50 and a full page \$100. Multiple month rates are available. Call for details: (563) 355-2564.

**Major Activities of the Club Include:** Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

### Affiliated With:



<http://www.adventurecycling.org/>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

## **From the Headset Errol McCollum**

As in the past, the new year for the Quad Cities Bicycle Club starts December 1st. Board members for 2005 are; Terry Burke, Jean Kelly, Deb Mathias, Steve Montgomery, Charlie Sattler, John Wessel, Karen Stinson-Baber, (whom I've not met yet), Jim Hanson who is replacing Phil Schubbe and Karen Nord who is withdrawing. No replacement for Karen has been found as of this writing.

The officers are as follows; Errol McCollum, president, Phil Schubbe, vice president, Jane Garrett, secretary, and Karen Grimm, treasurer. I look forward to working with these folks this coming year. We will miss

Dave Lefever who is stepping down to do bicycle advocacy in a larger scale. Good luck Dave.

I would like to thank those tireless volunteers that have brought this club to the high standard that it is today. This club relies and thrives on this kind of selfless effort.

One of the several responsibilities of the vice president, is to put together programs for the two "monthly" meetings, (April and October) we will have this year. If you have any suggestions for a program, please notify Phil Schubbe at: (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com).

The officers and board welcome suggestions from club members on ways to improve our club.

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## **Thomson Campout-4 Dave Alftine**

Thanks to all who participated in Thomson Campout-4 on Saturday and Sunday, October 23 and 24, 2004. Merle Schleusener hauled up all our tents, food and baggage in Bob Fitzgerald's van.

Twenty-two people made it to Thomson by bike or by car. Most of us pitched our tents, but some went to the local motel and others drove back to the Cities.

Both Saturday and Sunday were beautiful days to ride. On Saturday, we had a furious tailwind from the southwest. It made the tents flap a bit, but the temperature was not too cold (except for Jim Keyoth who was wearing shorts). This year we arranged for an almost full moon, but we were a week early for the Halloween visitors. We cooked our evening meals over

campfires; then sat around telling lies and roasting marshmallows as usual.

Sunday was a perfect fall day with sunshine, blue skies, and gold and red trees. However, we did stop now and then to fix a flat. It had rained quite a bit on the Friday night before our ride, and I suspect that may have brought out sharp stones and bits of glass. By one count we had a total of eleven flats, including two on the van! We even met QCBC member (Mary) walking along the path in Cordova and were able to fix her flat. Every now and then Jim and Sue Dayton would buzz by in their little red Mercedes 190-SL. All in all it was a wonderful weekend. The best? Maybe.

This is a QCBC ride. It's casual, its fun, and its open to everyone. We hope you'll go with us on Thomson Campout-5.

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## **GITAP-2005: Grand Trail, Grand Parks, Grand Time - June 12 to 18 Chuck Oestreich**

The third Grand Illinois Trail And Parks (GITAP) ride is set to roll in mid-June of 2005. Make plans to be a participant. With new routes, parks, plans, and events, the ride will offer unique explorations of northern Illinois. It's a mid-June week-long supported bicycle tour using much of the Grand Illinois Trail and many of the state parks along the trail. The sponsor is the League of Illinois Bicyclists with support from the Illinois Department of Natural Resources.

The registration fee includes: tent camping (motel package available), breakfasts, dinners, T-shirt, nightly

meetings, door prizes, 370 to 500 miles, on-pavement alternatives to soft trails, optional jersey for sale.

The ride starts and ends at Joliet Jr. College, then moves to Kankakee, Starved Rock, White Pines, Rock Cut, and Shabbona State Parks. At White Pines a day-off offers varied activities ending with a dinner theater presentation. Also the Illinois Humanities Council will be piloting a novel after-dinner discussion program.

**Sign-up is first-come, first-served with a limit of 160 riders.**

For more information (and registration form) go to <http://www.bikelib.org/gitap> or contact Chuck Oestreich at [oestreich@qconline.com](mailto:oestreich@qconline.com) or 309-788-1845.

**Welcome New QCBC Members!**  
**Charlie Sattler**

Name	City & State	Phone
Marianne Schroeder	Bettendorf, IA	563-359-0872
John & Cindee Schnekloth	Eldridge, IA	563-285-9219
Brent Puck	Wallcott, IA	563-284-9461

Name	City & State	Phone
Kent Patterson	Colona, IL	309-949-3069
Robert Robinson	Galesburg, IL	309-343-2788
Debra Wiedenhoeft	Rock Island, IL	309-788-8349

**For Sale/Want to Buy Ads – Check Web Site  
(qcbc.org) for Additional Items**

- **For Sale:** Women’s Pearl Izumi women’s cycling shorts (the shorter cut style). Size Large, Ultrasensor style, worn twice. Retail \$80. Asking \$40. Contact Kathy Storm at 563-355-2564 or kbstorm@aol.com.

<b>Membership Count: 11/9/04</b>		
	<b># of Members</b>	<b># of Memberships</b>
Individual	386	386
Couple	272	136
Family	340	90
Complimentary	21	21
Life	6	3
<b>Total</b>	<b>1,025</b>	<b>636</b>

**Ride Report – 2004 October Night Rides**  
**Bill & Kathy Storm**

October 2004 was the year of being rained out on these rides. Of the 8 days of Tuesday and Thursday evenings in October, 4 were either raining in the early evening or the trail was too wet to allow for safe riding.

The first ride, October 5th, brought out 16 riders. We had a great time comparing lighting systems and cool weather riding gear. It’s like going to a bicycling trade show, except that we don’t have to travel to Chicago.

Dick Grimm showed up for every ride this year, including some of those which were “officially” rained out. I hope he and Karen have a good washing machine, lots of warm water and lots of detergent to get those mud stains out.

Our final night ride on Thursday, October 28th also brought rain. So the 6 of us who showed up in the parking lot decided not to ride and just headed over

early for dinner at McGuire’s. Hey, we figured we had ridden enough on other days during 2004 to warrant a “treat”. When we arrived at McGuire’s, there was John Wessel having a beverage waiting for Ken Urban so they could discuss some last minute details for the Annual Dinner.

Thank-you to everyone who showed up for these rides this year. It was rather an “off year” for Bill and I as we have been making a number of extra trips to Chicago to help with his mother.

Riders who participated this year included: Kelly Bryant, Charles Cury, Rick DeClerek, Joy Duex, Bob Fitzgerald, Dave Georllett, Kat Green, Dick Grimm, Tom Hilderbrand, Gary Jones, Jim Merritt, Jerry Neff Jr, Mike O’Brien, Warren Power, Gregg Sprout, Kathy & Bill Storm, Scott Swanson, Steve Tighe, Ken Urban, Don White, Susie Wolf and John (from Clinton). And thanks to Kelly, Joy, Dave and Kat for taking a chance on coming out for some of these rides. We hope you’ll be back next year for another fall riding experience.

**Award of Merit**  
**Terry Burke**

Dave Lefever was presented the 2004 Award of Merit by Susie LaForce, the 2003 recipient. Dave has enthusiastically served QCBC in many capacities since starting with the club in the late 1970s. In addition to being QCBC president 3 times, he has been chairman of sev-

eral committees including RAGBRAI, Fall Foliage, Annual Dinner, Tailwind Ride and the QCBC booth at the Criterium.

He actively has served on the Board of Directors many years and has previously served on the Ride Schedule committee. After surviving a medical problem a couple of years ago he most recently is involved with bicycle advocacy in Iowa.

## **Riding With FDNY Across Ohio** **Laurel L. Darren, BA, LMT**

Have you ever really been around a "hero"? I recently had the chance to not only massage a group of heroes from New York City but I jumped on a Giant Elite road bike and rode through the rain and beauty of northern Ohio, put a sore behind and 300miles+ to my crazy training schedule please. The FDNY cross country bike tour came through Moline, IL where the firefighters were greeted with good food, AN EXCELLENT MASSAGE THERAPIST (that would be me) and the awesome GENEROSITY of Bruce Grell of Healthy Habits in Bettendorf.

I was hired by the Moline Fire Department to come down to the central station with my table and supplies to work on these guys who were on their way back to NYC from LA to raise money for the widows and children's fund from 9-11. As they ate dinner with the Moline Firefighters I took a few bikes to Healthy Habits where Bruce and staff tuned them up, fixed a wheel and generously donated items and energy bars back to the guys.

When I arrived back at the station, I had the opportunity to massage some pretty stiff muscles in hamstrings, quads and lower backs, but I think the guys just liked the idea of being taken care of. It was interesting to me because I am dating a Moline firefighter and to think that these firefighters from NYC were actually at ground zero made me feel very lucky to be in their presence.

THINK ABOUT IT. Did you ever think to yourself you would cross paths with an actual firefighter who was there? I never thought I would. The next morning I was able to jump on my "fat tire" bike as they took off for Mendota, IL and pedaled to Joslin with the guys before having to come back to take care of my clients. I was so excited about having a SWEET opportunity.

That was not the end, however. Later that day I received a call from the Chief whom I had been riding with, and we were just talking about how I love to run but I use biking as cross training for my running. I just mentioned that I would not mind riding a few more days with them. (By the way, there were no other women who jumped in but me.) Well, I happened to

have a few days off coming up so I decided to drive to Ohio and ride 3 days with the FDNY team.

The guys outfitted me with a road bike, very nice jacket, hotel rooms, food, and of course all the perks of hanging out with TRUE AMERICAN HEROES. While in Ohio, it was amazing how the small town people pulled together both real and volunteer departments to welcome us to their fire houses. We had police; fire and often times people in general escorted us through cities and people lined up along the side of back roads to wave and cheer us on.

I saw the movie "Ladder 49 " with these guys, and let me tell you, it's a whole different ball game...when you are chowing down popcorn, crying and sitting next to guys who have experienced what was on the screen in front of me...in real life.

As I type this I get chills thinking about how awesome it was. We rode through rain, we rode in cold but I had the opportunity to ride along side of a chief who lost his brother, a firefighter on September 11th, his brother was on a rescue mission and was buried in the tower rubble. I rode and stayed in it for him...we had many great talks in the middle of nowhere Ohio.

These firefighters took excellent care of me and were SO RESPECTFUL of my athleticism and treated me fairly as a woman. They were EXCELLENT people and hugged and thanked all they encountered. It was like living in a perfect world for 3 days where everyone loved one another and felt energetic and believed in each other. I cannot express the feeling I get when I tell people about my experience.

I was told long a go to LIVE.....LIVE...you only go around once.....that is exactly what I did. I believe that everyone should thank those who risk their lives everyday to help the country. Firefighters, police, paramedics, soldiers, all of you deserve thanks.

I will never forget the time I spent with these guys and I just know that they are wonderful because they took time out of their schedule to help their deceased brothers make good lives for their widowed wives and children. YOU CAN STILL MAKE A DONATION TO FDNY. Visit [www.FDNYcrosscountry.org](http://www.FDNYcrosscountry.org) and check out the photos.

## New Club Jersey and Short Warren Power

A committee comprised of Gary Jones, John Wessel, Vivian Norton, Karen Grimm, Dick Grimm and myself worked hard over the past several months to come up with several new pieces of club attire. These items are now available for sale.

The available items are short sleeved jerseys, sleeveless jerseys, wind vests and coordinated bicycling shorts. All items were produced by Voler. Prices, including tax, are \$55.00 - jerseys (both short sleeved and sleeveless), \$45.00 - wind vests; and \$50.00 - shorts. Contact Warren Power, 563-391-5455, [warrenpower@mchsi.com](mailto:warrenpower@mchsi.com) for size availability and to arrange purchase.

If the item is to be mailed, the purchaser will be expected to pay for actual handling and shipping charges, which will usually be between \$2 and \$4. All of these



items would make a great Christmas gifts for any bicyclist. Check out the QCBC web site at [www.qcbc.org](http://www.qcbc.org) to see a color picture of the new outfit. I think you'll like it.

## RAGBRAI XXXIII

### Andy Horst

Perm and I are chairing the organizational duties of the QCBC RAGBRAI charter. Scott Miller has the position of Secretary in charge of registration. We know RAGBRAI is a great experience for those who have done it and hope that others can join us that have not done so in the past.

The ride will be July 24th through 30th, 2005, on a route to be announced in late February. Watch for the registration application and the Register's release form in the January and February issues of Pedalwheeling. The deadline for returning your registration and release forms will be February 15th, 2005. Cost for the wristbands will be \$110.00.

If you are not a member of the QCBC by the end of

Congratulations to Vivian Norton for winning the "2004 Ride Report Author" drawing of a \$25 Gift Certificate to Healthy Habits. 13 QCBC members wrote up articles for the newsletter this past year. Thank you to everyone for submitting Ride Reports this past year.

December 2004, you will need to put your name in the Des Moines Register lottery. If they select you, we should have space available to transport your bike and luggage.

Please do not request wristbands from more than one source. The Des Moines Register does a computer check and will not issue any passes to you if you are found requesting a wristband from multiple sources. Also, the bike club gets penalized.

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Bettendorf, Iowa 52722  
Office: (563) 355-5371  
Cell: (563) 505-0222

## December 2004 Ride Schedule

### Winter ride schedule—October through April

Please note the change of times assigned to rides scheduled during these months. All winter rides are open to optional lengthening or shortening at the discretion of the riders. Most are riders' choice due to the unpredictability of the weather at this time of year.

- **Wednesday, December 1**

**9:00 A.M. – Wednesday Morning Ride, "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Saturday, December 4**

**9:00 A.M. – "Riders' Choice" – IL** Meet at Hardee's, 425 55th St, Moline.

- **Sunday, December 5**

**9:00 A.M. – "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Wednesday, December 8**

**9:00 A.M. – Wednesday Morning Ride, "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Saturday, December 11**

**9:00 A.M. – "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Sunday, December 12**

**9:00 A.M. – "Riders' Choice" – IL** Meet at Hardee's, 425 55th St, Moline.

- **Wednesday, December 15**

**9:00 A.M. – Wednesday Morning Ride, "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Saturday, December 18**

**9:00 A.M. – "Riders' Choice" – IL** Meet at Hardee's, 425 55th St, Moline.

- **Sunday, December 19**

**9:00 A.M. – "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Wednesday, December 22**

**9:00 A.M. – Wednesday Morning Ride, "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

- **Saturday, December 25**

Merry Christmas.

- **Sunday, December 26**

**9:00 A.M. – "Riders' Choice" – IL** Meet at Hardee's, 425 55th St, Moline.

- **Wednesday, December 29**

**9:00 A.M. – Wednesday Morning Ride, "Riders' Choice" – IA** Meet at McDonald's on Kimberly Rd & Eastern Ave., Davenport.

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### 2004 Annual Mileage Listing

**Jim Merritt**

Once again the QCBC is collecting yearly mileage totals to be published in the February newsletter. The requirement is that any mileage ridden on a human powered bicycle that is ridden outdoors is eligible. Mileage on stationary bikes is not allowable.

Please submit your mileage totals to me by January 1st, 2005.

**Mail:** Jim Merritt, 524 W. Prairie Vista Dr., Eldridge, IA 52748

**Phone:** 563-349-2387

**Email:** jimm1962@mchsi.com

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### Winter Picnic - January 16th

**Jan Reynolds**

There may be snow on the ground Sunday, January 16th, 2005 but QCBC members will be enjoying an "old fashioned 4th of July" picnic.

As usual the club will furnish the meat course and the

"fire works." Watch the January issue of PEDALWHEELING to find out how you can help with the rest of the food and join in the fun.

It will be held at the Deere Wiman garage so come in bike pants or jeans and bring along your amazing 2004 bike ride stories.



## \$35.00/mo. E2Fitness Club

It's time to train; we have the instructors to make it happen!

Watt's up class- you may bring *your* bike!

60 & 90 minute Spin classes

*\*For the real cyclist-Lemond Revmaster*

*\*Schwinn Spinner Pro's for the Average Joe*

*\*Private classroom rentals available*

**(563)823-1461**

**www.E2fitness.com**

Executive Square Fitness Club 400 Main St. Davenport, IA.

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### Availability of the Club Logo for Personal Items

#### Warren Power

We occasionally receive questions about the availability of items that our members can purchase that identify the user as a QCBC member, such as items with our club logo on them. The problem is, each of us has different tastes, so what items do we provide. Well, we've come up with a solution that at least partially addresses this issue.

The club has paid Precision Embroidery, 2837 Brady St., Davenport, IA 52803, a set up fee to have our logo converted into an embroidery pattern. Any club member is welcome to take any item, be it a hat, shirt, jacket, bicycle bag, travel bag, or any other item you can get a needle through, to Precision Embroidery and, for a price, they will embroider our club logo onto the item.

The logo can be of any size or color. You pick it. The minimum fee is \$7.50 for a logo that is up to 3" x 3" (pictured at right). Larger sizes or optional text will cost a little more.

Also, if you don't want to run all over town looking for an item to be embroidered, Precision Embroidery stocks a large variety of jackets and shirts that can be purchased there and then be custom embroidered. Give them a visit. I think you'll be pleased.





## Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

- New Application  
 Renewal Application

- Membership Type:  Individual \$15/Year  
 Couple \$20/Year  
 Family \$20/Year

Date of Application \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_  
 (Incl. Area Code)

**NOTE:** The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

Memberships in Other Bicycling Organizations:  League of Am. Bicyclists  League of Illinois Bicyclists  FORC

Family Members *	Birthdate	M/F	Riding Interests	I Can Help With	
			<input type="checkbox"/> B/Triathlons	<input type="checkbox"/> Annual Dinner	<input type="checkbox"/> Picnics
			<input type="checkbox"/> Camping	<input type="checkbox"/> Computer Work	<input type="checkbox"/> Race Events
			<input type="checkbox"/> Commuting	<input type="checkbox"/> Du-State-Du	<input type="checkbox"/> Ride Leader
			<input type="checkbox"/> Endurance	<input type="checkbox"/> Heartland Century	<input type="checkbox"/> Ride Schedule
			<input type="checkbox"/> Mountain Biking	<input type="checkbox"/> Membership	<input type="checkbox"/> Safety/Education
			<input type="checkbox"/> Racing	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Telephone Calling
			<input type="checkbox"/> Recumbent	<input type="checkbox"/> QC Criterium	<input type="checkbox"/> TOMRV
			<input type="checkbox"/> Tandem	<input type="checkbox"/> Packet Stuffing	
			<input type="checkbox"/> Touring	<input type="checkbox"/> Other	

\* Single adult children up to 22 years, using their parent's address as their primary address, may continue on their parents' membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

### Liability Release – Signature Required

Individual membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (spouse) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian for Children under 18 \_\_\_\_\_ Date \_\_\_\_\_

Make all checks payable to: Quad Cities Bicycle Club.

Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10<sup>th</sup> of the month will be processed to insure delivery of the next month's newsletter.

Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>

Last Revised 1/28/04

## **22nd Annual Official Fall Tailwind Ride**

### **John Keane**

John Keane, Carter LeBeau, Hal Reuter and Barney Young once again answered the bell and rode forth to wherever the wind would take them. Several of the days it didn't take them very far but remember these are not young men and following the wind this time took them into what Carter is fond of calling "goat country". The dates were October 6 to October 12.

One thing that we had was beautiful weather with morning temperatures in the high forties to low fifties and highs in the low seventies with lots of blue skies and bright sunshine. We were just a little ahead of the height of the color but there was enough to make for great fall scenes. John, being a full time Florida resident, noted that people are fond of saying that when you live in Florida you miss the changing of the seasons and went on to say that the only changing season he misses is late summer to fall and that's why he really appreciated these seven days.

We started from the usual location, Jerry & Sparky's on Locust Street in Davenport, and with the usual prayer for a safe ride and a fun ride rendered by Jerry Sr. Hey, it's worked for 22 years so don't knock it. With a southwest wind we headed for DeWitt and then to Savanna and strangely enough that's exactly where we wound up a year ago on our first night. There was a Railroad Convention in town and we had trouble finding a motel but finally found one. A Railroader recommended an Italian restaurant and those guys must have good stomachs because I was awake most of the night with heartburn.

The second days ride took us to Galena and I know that's not far but we had problems. We didn't take the TOMRV route but it was still pretty hilly. Hal snapped a derailleur cable and Carter had a flat and by the time we got to Galena and got everything repaired it was too late to go on to the next logical town with motels. I know that many of you have stopped at the DeSoto House for lunch or a cold drink while riding TOMRV but probably have never stayed there. When you get a chance do it, even if you have to go out of your way. We had beautiful rooms and a wonderful dinner in their downstairs dining room.

A little rain early the morning of the third day but by the time we had breakfast it had stopped and turned into another beautiful day. We headed north into Wisconsin and at Platteville we angled northeast on Hwy.

151 to Dodgeville where we spent the night. That stretch of 151 is now four lanes divided with a fully paved shoulder to ride on and, with a brisk tail wind, made for a great ride.

We had a switch in the wind and we headed southeast toward Monroe. If you have ridden in that area you know how steep it is. Barney and I paused at the top of one of biggest hills and Barney told me that was probably as close to heaven as we were going to get.

Ah Monroe, absolutely the favorite stop for tailwinders. It is the home of Baumgardtners where you can drink Berghoff beer and eat Limburger cheese sandwiches. Admittedly LC sandwiches are an acquired taste but, once you acquire it, you will forever be drawn back to Monroe and to Baumgardtners.

Our fifth morning brought an east wind and we headed west on State Route 11. We have ridden this before and, although there is a narrow paved shoulder to ride on, there is heavy traffic and lots of trucks. But this happened to be Sunday and there were very few trucks so it turned out to be a good route. We were headed for Dubuque of course and we should have realized that would be a problem. Lots of hills in Dubuque and lots of traffic where we tried to ride. We also suffered from a lack of communication and wound up getting separated but we finally got together and got to a motel. Once we got cleaned up and had a fun dinner at The Brickyard Brewery and Restaurant we forgot about our problems in getting there.

On Day 6 the wind continued from the east and we headed west on Highway 20. A couple of long hills and fairly heavy traffic until we got away from Dubuque and then it was clear sailing. Route 20 is four lanes all the way with a nice paved shoulder to ride on until we came to the portion designed by that engineer from Iowa State (Hal's alma mater). This idiot had placed rumble strips that completely crossed the shoulder every 20 feet for mile after mile. So we switched to Old Highway 20 which ran parallel and was a fairly good road with minimal traffic.

John had a flat and Carter on previous days had two flats. All of these were repaired by Barney and he also applied a temporary fix to Hal's cable on Day 2 so he could ride into Galena. When you have the skills that John, Hal and Carter possess it pays to have a guy like Barney with you. He's also a great biking companion. We stayed that last night in Independence. (cont. on page 12)

## 2004 Fall Foliage Ride Deb & Dean Mathias

Twenty-six riders joined Deb and Dean Mathias in Mount Horeb on Saturday, October 2nd, for the first of two beautiful days of riding the quiet, scenic, south-western Wisconsin roads for the 2004 QCBC Fall Foliage Ride. The start of the ride was delayed a bit when one cyclist discovered he had forgotten his cycling shoes at home. But a quick trip back to the hotel retrieved a spare pair brought by another cyclist. Many THANKS to Rich for the spare and share!

Shortly after 9:00a.m. Dick Grimm, Steve Montgomery, Phil Fellner, Gary Jones, Tom Robertson, Marv Scher, Brad Cronk, Tim Cornelius, Steve Rudin, Gary & Linda Recker, James Carroll, Ali Ashare, Dave Basel, Dana Groskreutz, Tom Wilson, Deb Wilson, Rich & Marykay Drapeau, and Deb & Dean Mathias were ready to tackle some hills. The riders set out on a northern route with a temperature of 28 degrees and a northwest wind. The first downhill brought a wind chill temperature of about 15 degrees. The chattering of chains and teeth could be heard. The first uphill and lots of sunshine quickly warmed the bodies.

Within the first 5 miles, Dave had a crank arm with pedal and toe clip come off as the bolt worked loose. Fortunately, the bolt was not lost and a repair was possible. The repair group caught up with the other riders at the grocery store in Blue Mounds where everyone took a quick break.

Next we were on to Blue Mounds State Park. The steep climb to the lookout was well worth the challenge for a spectacular overview, on this perfectly clear day, from the highest point in southwest Wisconsin.

A number of groups formed after the park as riders headed toward Mazomanie. Even with very detailed, colorful maps a number of variations of the route were followed as some turns were missed along the way.

Mazomanie was a welcome site as our stomachs were telling us that lunchtime was here. The bank sign read 49 degrees at 1:00p.m. Sunshine and warm soup made outdoor eating very comfortable. The route back to

Mount Horeb offered a couple options satisfying those that wanted additional climbing and those that were ready for flatter terrain. Distances between 50 to 65 miles were covered with a maximum 4,156 feet of climb and 17% grade.

Meanwhile, Karen Grimm, Nancy Montgomery, Dennis Smith, Linda Smith, and Guenter Kierblewski chose the Military Ridge Trail for their day's adventure. They reported later at dinner that they fought some wind but overall they enjoyed their own leisurely ride.

After showers, a relaxing, scrumptious Italian dinner at Sole Saporì provided a chance to share tales of the day's adventures. And the riders were then ready for a good night's rest.

On Sunday morning, Dick Grimm, Phil Fellner, Marv Scher, Brad Cronk, Tim Cornelius, Steve Rudin, Gary Recker, Linda Recker, Tom Wilson, Deb Wilson, Rich Drapeau, Marykay Drapeau, Deb Mathias, and Dean Mathias returned for more fun and to tackle more hills on a southern route. At 8:00a.m., the temperature again was very cool to start with a southern breeze.

But, once again perfectly clear, sunny skies helped to tually increase the temperature to 60 degrees.

Steve Rudin, Tim, Phil, Brad, and Dick managed to either miss a turn or felt

the ride was not tough enough so took their own route to add some mileage and climbing. The breakfast/lunch destination today was New Glarus where restaurants and/or bakeries satisfied hunger pains. Once again a couple options offered choices for the return route. Distances between 45 and 50 miles were covered depending on the variation of route that was elected. Some said that the ride was tougher than urday's. Unfortunately, we had no altimeter to corroborate the elevation gain.

We were a bit early for the color of fall foliage but the terrain afforded views of splendid scenery. All riders managed to find the distance and degree of climbing difficulty with which they were comfortable. Overall, some superior cycling and associated camaraderie contributed to a pleasurable weekend spent in southern Wisconsin.



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### **ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**

#### **Congratulations to 2004 "1st Century" Cyclists Vivian Norton**

Six of the eight cyclists who did their first century this year were presented "The First Century Award" at the Annual Dinner, November 6th. First Century Awards were given to: Stephanie Erickson, Jim Gale, Dave Georlet, Don Kincaid, Al Lasek, Harold Luth and Kimberly Miller. Ali Ashore's ride was too recent to receive a plaque at the dinner but she will receive her plaque in the mail.

Kimberly Miller's award was accepted by her father, Scott Miller. Sixteen year old Kim biked her

century this summer on RAGBRAI.

You're not going to read the age of anymore of the recipients but suffice to say they run the gamut from 16 to (at least) 60. Most of the rest of the centuries were done on club rides, with the encouragement of club members, President Warren Power, Bob Fitzgerald and Dick Grimm.

Congratulations to our 2004 First Century Award recipients. These awards are planned again for next year. For those of you who would like to make a century a goal for 2005 plan to do some early spring riding. Then pick a club ride or just a special day with good weather and do your century. Good luck.

#### **Men's Tailwind Ride** (cont. from page 10)

Our final day we cruised into Elk Run Heights suburb of Waterloo and our designated chauffeur,

Dean Arney, met us in his van and we headed back home. Another great tailwind ride and we were all thankful for the strength to do it and for the great comradery.