



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club – November 2004

Virginia Lohmiller-A Friend Remembered Vivian Norton

Long time QCBC member, Virginia Lohmiller passed away on September 14, 2004, three months after her 90th birthday (see photo). Virginia will be remembered by QCBC members and her many former students for her active interest in sports, especially golf, tennis, and cycling.

She took the Effective Cycling course to improve her skill in cycling and encouraged others to take it also. Being a life long competitor she set mileage goals. At the end of a ride, if she were a mile or so short of a day's goal, she would ride laps around the parking lot for the balance. She was never one to stop short of her



mission.

At age 84, in 1998, Virginia rode the John Deere, Tour de Grand Detour, a seventy-four mile ride. Of course, she wanted to make it 75. She rode around Grand tour to complete seventy-five miles. She was as proud of the homemade trophy for that accomplishment as she was of the many ques and trophies that corated her den at home.

Virginia received many achievement awards for her work as a professional educator, athletic awards, and recognition for church and community work. She will be most remembered, however, for the legacy of love and friendship she left with those with whom she encountered in her long and productive life.

Final 2004 Trash Pickup – Sept. 27th Bill & Kathy Storm

We had beautiful weather for the fall trash pickup along Scott Park Road on Monday, September 27th. This was our first time out cleaning up the ditches since this road was resurfaced during the summer.

A huge thank-you goes to the following QCBC members who gave up a few hours of their time to help out

with this community service activity: Charles Cury, Phil Schubbe, Dick & Karen Grimm, Greg Sprott and Ken Urban.

After a successful cleanup, we enjoyed the pizza dinner buffet at Godfather's Pizza and talked about bike riding we've done this summer, the upcoming Fall Foliage Ride in Wisconsin and the blood doping allegations against Tyler Hamilton.

Happy 40th Anniversary!

See Joe Jamison's final article on our clubs' history on page 10 of this issue.

Information on the Annual Dinner scheduled for Saturday, November 6th is on page 6 in the Ride Schedule.

Key Contacts

Officers:

President - Warren Power (563) 391-5466 warrenpower@mchsi.com
Vice President – Errol McCollum (309) 762-8252 ecmed@netexpress.net
Recording Secretary – Jane Garrett (563) 441-9115 jandj97@mchsi.com
Treasurer – Karen Grimm (563) 445-7797 qcbc_treas@yahoo.com

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
<http://www.qcbc.org>

Board Members:

| | | |
|--------------------------------|---------------------------------|-----------------------------|
| Terry Burke (309) 797-3790 | Jean Kelly (563) 359-9508 | Dave Lefever (563) 355-6476 |
| Deb Mathias (309) 787-6547 | Steve Montgomery (563) 332-5963 | Karen Nord (563) 326-9113 |
| Charlie Sattler (563) 391-3422 | Phil Schubbe (563) 359-5057 | John Wessel (563) 359-8350 |

Key Contacts: A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

Club Meetings: Are held twice a year at 7pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware.) Contact Errol McCollum for program information: (309) 762-8252.

Submitting Articles for Newsletter: Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page \$50 and a full page \$100. Multiple month rates are available. Call for details: (563) 355-2564.

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



<http://www.adventurecycling.org/>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

From the Headset Warren Power

It's been quite a few years since the club had a new bicycling jersey, so several months ago a committee made up of myself, Vivian Norton, Gary Jones, John Wessel, Karen Grimm and Dick Grimm began the difficult task of developing a new club jersey. Considering that none of us on the committee really had any artistic ability, this was a real challenge.

We struggled for a couple of meetings and after some input from Chet Fanning, a retired advertising executive; we finally came up with what we considered an acceptable initial design. This was sent to our jersey supplier, Voler (pronounced Vol-lay), where it was turned over to a real artist who really made some great improvements.

The jersey, coordinating shorts and wind vests are now in production (Remember, I'm writing this in early October.) with a promise that they will be available in time for the annual dinner. We plan to roll out of the new design at the annual dinner with the jersey, shorts and wind vests being on sale at that time.

So, if you want to get first shot at the new jersey and shorts you're going to have to attend the annual dinner,

and be sure to bring your check book, we don't take American Express. Shortly following the annual dinner, pictures of the jersey and shorts will be posted on our web site along with information on how to obtain them.

The Annual Dinner is a great time for all of our members to get together and socialize. But, it's also a time where we recognize some of those that spend mega-hours each year contributing to the club. I think it's really important for us to realize that this is a club, and as such, nothing gets done unless someone has the passion and volunteers to do it. Well, each year we have the Criterium, TOMRV, RAGBRAI, the Heartland Century, and numerous other rides throughout the year they wouldn't exist without you, the QCBC members.

We don't have time at the annual dinner to thank all of the volunteers that have helped the club over the past year, but I'd like to take this opportunity to thank each and every one of you who have contributed your time over this past year. Without you we would not exist, let alone be the successful club that we are. This club has existed for forty years, and that's saying a lot for the quality of the people that are in our club. Thank you and I hope you will consider helping the club in the future.

Hiawatha Errol McCollum

Recently when I was out in western Montana visiting my son, stepdaughter and their little boy, I was invited to ride a completed portion of the Hiawatha Trail. The Hiawatha was the train that ran from Seattle to Chicago that was completed nearly 100 years ago. This 15 mile completed bike trail has 8 tunnels, one nearly 1.5 miles long, some with bends and one that is "U" shaped. It also has numerous trestles of various lengths and heights.

Along the path are many billboards with pictures and text describing the construction and early days of the railroad.

If you should ever get to this section of the country, (along Interstate 90, between Idaho and Montana) you should take in this picturesque and educational experience.

The trail is not well suited for road bikes but I saw a number of people on hybrids. Mountain bikes are the preferred vehicles. For those who like to ride downhill

only, there are shuttles that will take you back to the start. The grade is only about 3% so the shuttle is not much of an advantage unless you are short of time.



mf[®]
mel foster co. Real Estate

ASSOCIATED WITH
MidAmericanServices

Making It Happen!

Visit
www.melfosteronline.com/stevemontgomery

"Individual attention for you and your home"

Steve Montgomery, Realtor
2300 Spruce Hills Drive
Bettendorf, Iowa 52722
Office: (563) 355-5371
Cell: (563) 505-0222



Welcome New QCBC Members!
Charlie Sattler

| Name | City & State | Phone |
|--------------------------|----------------|--------------|
| Mark Brocklehurst | San Diego, CA | 619-542-6856 |
| Frank & Hannelore Claudy | Bettendorf, IA | 563-332-0032 |
| Julie & Jordon Stickney | Bettendorf, IA | 563-332-1446 |
| Dennis Bulkley | Davenport, IA | 563-320-7262 |
| Amber Larson | Davenport, IA | 563-386-0266 |

| Name | City & State | Phone |
|------------------------|---------------|--------------|
| Gordon Brocklehurst | Aurora, IL | 630-236-7650 |
| Robert Robinson | Galesburg, IL | 309-343-2788 |
| Walt Nenycz | Moline, IL | 309-797-6369 |
| Ernie Parr | Princeton, IL | 815-875-4464 |
| Bob & Margaret Shields | Marcellus, NY | 315-673-1493 |

**For Sale/Want to Buy Ads – Check Web Site
 (qcbc.org) for Additional Items**

- **Wanted to Buy:** Spinergy Rev-X rear wheel. Call Dave Alftine at 563-332-8299 or dalftine@aol.com.
- **For Sale:** Women's Pearl Izumi women's cycling shorts (the shorter cut style). Size Large, Ultrasensor style, worn twice. Retail \$80. Asking \$40. Contact Kathy Storm at 563-355-2564 or kbstorm@aol.com.

| Membership Count: 10/8/04 | | |
|----------------------------------|-------------------------|-----------------------------|
| | # of Members | # of Memberships |
| Individual | 395 | 395 |
| Couple | 278 | 139 |
| Family | 340 | 90 |
| Complimentary | 21 | 21 |
| Life | 6 | 3 |
| Total | 1,040 | 648 |

Heartland Century – 2004
Mike Desch

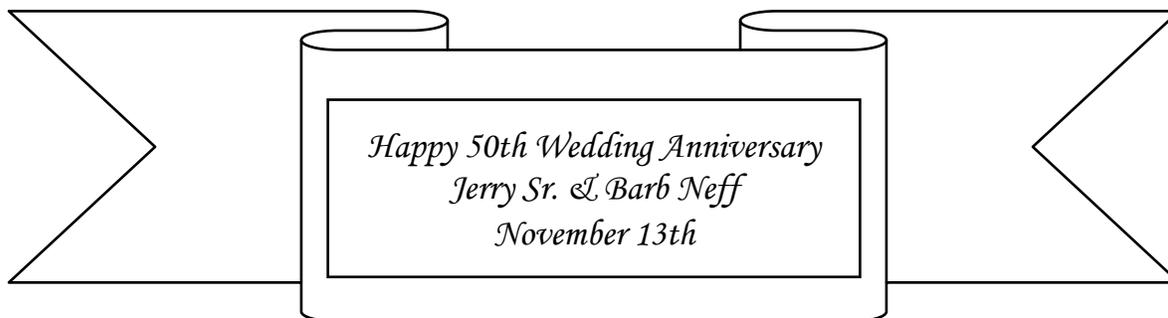
The 2004 Quad Cities Bicycle Club Heartland Century took place on Saturday, September 11th and by all accounts, was well received by all. The weather was near perfect with temperature in the low 70's and not much wind to speak of. There were a total of 247 people, signed up for the ride, of which 199 were pre-registered. There were 109 riders signed up for the century, alone. We did run out of t-shirts and socks and those that did not get them on September 11th will be getting them, in the mail, shortly.

I would like to thank the following sponsors: Jerry and Sparky's Bicycle Shop (Jerry Neff Jr.) , Lovewell Fencing (Bill Lovewell), Wessel Pattern Company (John Wessel), FCA Inc. (Bob Fitzgerald), Taylor Garages (Frank Beshears), Healthy Habits (Bruce Grell), Active

Endeavors (Matt Ostermann), On 2 Wheels (Jeff Bradley and Wil) and HyVee in Silvis (Kerry Sherlock).

In addition, I would like to thank the following volunteers: Bob and Kate Rutledge (Cordova rest stop), Ann Lundstrom and Peg Milburn (Erie rest stop), Tony and Martha Fisher (Morrison rest stop), Susan Desch (registration), Faye Harvey and Dale and Jan Admason (t-shirts and socks distribution), George VanThorre (continental breakfast), Walt Depoorter and Frank Martin (pork chop dinner) Wil from On 2 Wheels (pre-ride bike maintenance) and finally Bill Wiebel for helping me get organized for this event, helping me mark the course and setting up and taking down the signs that let the riders know where the rest stops were, etc.

As we all know, the sponsors and volunteers are what makes events like the Heartland Century possible. Thanks to all.



Thanks from the QQ Marathon

Mark Valliere

The QC Marathon held its 7th annual event on Sunday, September 26th. For the sixth consecutive year, members of the QCBC were on hand to assist the runners along the course.

Although the day started nice and cool, it quickly warmed up putting a lot of additional stress on the participants. Fortunately, the riders were there to keep on eye out for struggling runners and report them to the

medical teams.

We would like to thank those who provided us this most welcome support: Gary Jones (Coordinator), Mike Zugmaier, Casey Zugmaier, Scot Heisdorffer, Terry Burke, Fred Krak, Carol Pressly, Eric Jenkins, Greg Sprott, Deb Wood, Cliff Caudill, Frank Martin, Vivian Norton, and Gary Speaker. With the help of great volunteers like these, we hope to continue to build this into a premiere regional event. Thanks again for your help.

MidPaced Chili Lunch in the Park Ride

Bill & Kathy Storm

October 9th was the date of the 4th Annual Chili Lunch in the Park Ride. We had the largest turnout to date for this ride and lunch after the ride. I lost track of exactly how many people went on the ride and how many stayed for lunch.

The riders started off on their ride around 9am after Kathy collected the \$4.00 in lunch money from everyone who wanted to stay for lunch. While the riders were off on their ride, Merle Schleusener, Bob & Kate Rutledge and Kathy were busy shuttling food to the park, wiping down the picnic tables, hanging the club banner and getting the crock pots loaded up with chili and potato soup.

Bill lead a group of 20+ riders on a hilly 35+ road ride. He was able to modify the route a little and include a trip on the newly paved 210th Avenue off of Utica Ridge Road north of Interstate 80. I told Bill this new section of 1.5 miles of road was flat. I guessed that he knew that Indiana Avenue which turns into 210th

Avenue was hilly. (It is located on the north side of the Hidden Hills Golf Course.) The weather for the ride and lunch was beautiful this year with light winds, sunny skies and temperatures in the mid 60's. The color change in the scenery was also beginning to show.

3-4 other smaller groups of riders spent some time riding the Duck Creek Trail before lunch as well. Everyone arrived back at the Middle Park Shelter for lunch around noon. Bob, Kate and I served 30+ riders at lunch. In addition to the chili and soup, we served two 2-ft "party" deli sandwiches from Hungry Hobo, banana bread, brownies, apple crisp and apple cider.

Bill and I enjoyed having everyone participate and we were delighted to see that some members felt comfortable taking a slower and/or perhaps shorter ride and then meeting up with the rest of the group back at the shelter for lunch.

We hope more members will participate in this ride and lunch next year. It's a great time of year to enjoy the beauty of the fall foliage along the Duck Creek Trail and the camaraderie of other club members.

Finally!

Chuck Oestech

The last financial plank just fell into place – and now it looks good for a dedicated bicycle/pedestrian passage over the Government Bridge in the near future. It's been in the air for a number of years, but with Gov. Rod Blagojevich's grant of \$150,000 from the "Oppor-

tunity Returns" program to Rock Island, the bike/ped bridge over Sylvan Slough just might be a reality next summer.

Plans call for the fabrication of the bridge, and the pouring of caissons, over the winter months with – who knows – construction next spring. Then we truly will be a bi-state community joined by a river.



November 2004 Ride Schedule

Winter ride schedule—October through April

Please note the change of times assigned to rides scheduled during these months. All winter rides are open to optional lengthening or shortening at the discretion of the riders. Most are riders' choice due to the unpredictability of the weather at this time of year.

- **Tuesday, November 2**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Wednesday, November 3**

9:00 A.M. – Wednesday Morning Ride “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Thursday, November 4**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Saturday, November 6**

9:00 A.M. – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

6:00 P.M. – Social Hour. 7:00 P.M. – Dinner. The Annual Awards Dinner will be held at Abbey Station in Rock Island (3031 5th Avenue). 40th Anniversary Video. Dancing & music. Chairpersons: John and Barb Wessel. Contact Jewel Bryan, John’s secretary, at (309) 762-4762 or jewel@wpcco.com.

Reservations must be received no later than November 1st. Cost is \$23.00 per person.



- **Sunday, November 7**

9:00 A.M. – Rider’s Choice – IL Meet at Hardee’s, 425 55th St, Moline.

- **Tuesday, November 9**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested.

Ride leader: Jim Merritt, 563-285-4284.

- **Wednesday, November 10**

9:00 A.M. – Wednesday Morning Ride “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Thursday, November 11**

9:00 A.M. – Veterans’ Day Ride – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline. If you have today off because of Veterans’ Day, this ride is for you!

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Saturday, November 13**

9:00 A.M. – “Riders’ Choice” – IA Meet at McDonald’s on Kimberly Rd & Eastern Ave., Davenport.

- **Sunday, November 14**

9:00 A.M. – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Tuesday, November 16**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Wednesday, November 17**

9:00 a.m. – Wednesday Morning Ride – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Thursday, November 18**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Saturday, November 20**

9:00 A.M. – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Sunday, November 21**

9:00 A.M. – “Riders’ Choice” – IA Meet at McDonald’s on Kimberly Rd & Eastern Ave., Davenport.

November 2004 Ride Schedule (cont.)

- **Tuesday, November 23**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Wednesday, November 24**

9:00 A.M. – Wednesday Morning Ride “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

- **Thursday, November 25, Thanksgiving**

9:00 A.M. – Turkey’s Ride – “Rider’s Choice” – IL Meet at Hardee’s, 425 55th St, Moline.

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.

- **Friday, November 26**

9:00 A.M. – Work Off the Turkeys! “Riders’ Choice” – IA Meet at McDonald’s on Kimberly Rd & Eastern Ave., Davenport.

- **Saturday, November 27**

9:00 A.M. – “Riders’ Choice” – IA Meet at McDonald’s on Kimberly Rd & Eastern Ave., Davenport.

- **Sunday, November 28**

9:00 A.M. – Rider’s Choice – IL Meet at Hardee’s, 425 55th St, Moline.

- **Tuesday, November 30**

6:30 P.M. – Night Ride – IL Meet at the parking lot by Celebration Belle along the Ben Butterworth Parkway in Moline. Ride the trail. Headlights for your bike are required. Mountain or hybrid bike is suggested. Ride leader: Jim Merritt, 563-285-4284.



\$35.00/mo.
E2Fitness Club

It's time to train; we have the instructors to make it happen!

“Watt's Up” class- bring *your* bike our use ours!

90 minute *Spin classes*

For the real cyclist - Lemond Revmaster Trainers

Schwinn Spinner Pro Trainers for the Average Joe

Private classroom rentals available

(563)823-1461

www.E2fitness.com

Executive Square Fitness Club 400 Main St. Davenport, IA.

Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

- New Application
 Renewal Application

- Membership Type: Individual \$15/Year
 Couple \$20/Year
 Family \$20/Year

Date of Application _____

Name _____ Address _____

City _____ State _____ Zip _____

Phone _____ Email _____
 (Incl. Area Code)

NOTE: The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

Memberships in Other Bicycling Organizations: League of Am. Bicyclists League of Illinois Bicyclists FORC

| Family Members * | Birthdate | M/F | Riding Interests | I Can Help With | |
|------------------|-----------|-----|--|--|--|
| | | | <input type="checkbox"/> B/Triathlons | <input type="checkbox"/> Annual Dinner | <input type="checkbox"/> Picnics |
| | | | <input type="checkbox"/> Camping | <input type="checkbox"/> Computer Work | <input type="checkbox"/> Race Events |
| | | | <input type="checkbox"/> Commuting | <input type="checkbox"/> Du-State-Du | <input type="checkbox"/> Ride Leader |
| | | | <input type="checkbox"/> Endurance | <input type="checkbox"/> Heartland Century | <input type="checkbox"/> Ride Schedule |
| | | | <input type="checkbox"/> Mountain Biking | <input type="checkbox"/> Membership | <input type="checkbox"/> Safety/Education |
| | | | <input type="checkbox"/> Racing | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Telephone Calling |
| | | | <input type="checkbox"/> Recumbent | <input type="checkbox"/> QC Criterium | <input type="checkbox"/> TOMRV |
| | | | <input type="checkbox"/> Tandem | <input type="checkbox"/> Packet Stuffing | |
| | | | <input type="checkbox"/> Touring | <input type="checkbox"/> Other | |

* Single adult children up to 22 years, using their parent's address as their primary address, may continue on their parents' membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

Liability Release – Signature Required

Individual membership (self) _____ Date _____

Couple/Family Membership (self) _____ Date _____

Couple/Family Membership (spouse) _____ Date _____

Parent/Guardian for Children under 18 _____ Date _____

Make all checks payable to: Quad Cities Bicycle Club.

Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to insure delivery of the next month's newsletter.

Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>

Last Revised 1/28/04

From Adventure Cycling – Bike Bits Column

Kathy Storm

Adventure Cycling Association (an organization to which the QCBC belongs as a club and some of our members belong as individuals) is America's premier nonprofit organization dedicated to bicycle travel. Membership is open to anyone and includes a one-year subscription to Adventure Cyclist magazine and discounted pricing on maps from our National Bicycle Route Network, which now includes 32,735 miles. Phone 800.755.2453.

New Leader Selected

Adventure Cycling Association recently drafted the services a new leader. Jim Sayer of Truckee, California, has been hired as just the fifth individual to hold the post of executive director in the organization's 30-year history. Jim says he was drawn to the Adventure Cycling position by his enthusiasm for cycling. "I'm an absolutely avid bicyclist," he says, "and I enjoy it all the more when it's tied to a purpose. This was too great an opportunity to pass up. "For the past three-and-a-half years, Jim has served as president of the Sierra Business Council, a nationally acclaimed nonprofit association of more than 600 businesses, agencies, and individuals working to secure the social, natural, and financial health of California's Sierra Nevada region. Read more about him and his new job here: <http://www.adventurecycling.org/index.cfm>

IMBA Too

The Boulder, Colorado-based International Mountain Bicycling Association (IMBA) has named Mike Van Abel as its new executive director. A former national vice president for the American Diabetes Association, Van Abel was selected from a field of more than 350 applicants. According to IMBA board president Hill Abell, "We couldn't be happier that Mike has accepted the position. He brings outstanding skills to the job - from advocacy and lobbying to fundraising and nonprofit leadership." Learn more about IMBA, visit their web site at: <http://www.imba.com>

Chicago Rocks

Many remember Richard J. Daley's more than 20 years in Chicago's mayoral office as a time of heavy-handed rule and over-tolerance of corruption. Daley's son, now in his fifth term as mayor, is better known for promoting community-based programs aimed at improving the state of education and quality of life in Chicago. For

one thing, Richard M. Daley is determined to make Chicago the bicycle-friendliest city in the country, which we think is pretty darn cool.

A Plethora of Pie Charts

Thunderhead Alliance, the national coalition of state and local bicycle advocacy organizations, has released the draft report from its North America bicycling benchmarking project. The summary includes various statistics for 15 cities - per capita miles bicycled per day, for instance, and miles of existing facilities. It also compares and contrasts certain cycling-related aspects of 14 states, such as the number of cyclist fatalities and relative statewide funding for bicycling projects. Thunderhead expects the results will help them focus their efforts in areas where work is most needed. Their next goal is to expand the project to encompass all 50 states and the 50 most populous cities in the U.S. Click here to check it out:

<http://www.biketraffic.org/pdf/benchmarking.pdf>

Firefighters on The Road

The FDNY Cross Country Bike Team, made up of 35 New York City firefighters, set out from a firehouse in Los Angeles on September 15, armed with intentions to roll into the Big Apple on October 25.

Enroute, they've been making stops at firehouses in communities large and small to commemorate the Brotherhood of Firefighters and to remember comrades lost in the line of duty. They're also raising money for the Uniformed Firefighters Association Widows' and Children's Fund. Learn more at this link:

<http://www.fdnycrosscountry.org>

Downloading Vermont

Routes and Mapping Department cartographer Jennifer Milyko tells Bike Bits that Adventure Cycling's first-ever PDF map is available for purchase and downloads, the Green Mountains Bicycle Loop. "This map is our first venture into producing a map that cyclists will print themselves to take on tour. It is exclusively available for download, we're not printing any in-house," she says. The loop is a 374-mile paved route beginning and ending in Burlington, Vermont. The cost for downloading it is \$7 for members and \$9 for non-members. Jennifer adds that now the department is involved in mapping its second PDF map. "It's a beautiful, off-pavement loop that starts and ends in St. George, Utah," she says. Visit this link: <http://www.adventurecycling.org/routes/greenmtnsloop.cfm>

Epilogue to the History of the QCBC Joe Jamison

Finally, after reviewing the newsletters and/or minutes of 468 months of history of our organization I have finished. I am thankful I agreed to take this on this project. Had I not, I would never have met some of the people who planted the seeds from which our stellar Club grew.

I have the deepest respect for these founders. The Hoods, and De Langhes who I regret having never met. The quiet and dignified Fred Blessin who was so very important in providing the organizational structure and documentation that provided a foundation on which to build.

The Carter LeBeaus who through raw charisma and boosterism for our Club helped us become known throughout the country.

The Terry Burkes and Susie LaForces who year after year carry the responsibility lightly on their shoulders to make the Criterium and TOMRV such popular and ever-improving events.

Cycling History Exhibit University of Iowa

The University of Iowa Libraries celebrates bicycling with the opening of "Velocipedomania: The origin an Evolution of the Bicycle" in the North Exhibit Hall of the Main Library.

"Iowa City is a bicycling town and we wanted to share the libraries' collection of cycling materials" said Brenda Conry, UI library assistant and longtime Bicyclists of Iowa City club member.

The exhibit chronicles bicyclists and the bicycle from late 18th century innovations to the present day Tour de France competitors. Reproductions of vintage bicycling posters highlight cycling around the world, and a variety of RAGBRAI paraphernalia round out the exhibition.

Besides materials drawn from the UI libraries collec-

Winter Hikes Kathy Storm

Want to vary your winter routine? Get outside and enjoy some fresh air, even if there is snow on the ground.

If you are interested in leading a hike on a weekend

The Sattlers and Langans quietly filling the thankless duties of seeing that your newsletters arrived and your memberships were renewed.

So much more could have been mentioned in the articles. Not mentioned was perhaps the toughest job of all, the Newsletter Editor. We've had some good ones and have today in Kathy Storm. The Fall Foliage, the Winter Picnics, the Ride Schedule. That's another tough job, but someone always steps up.

And so it goes...

But you may have noticed that no history for the 40th year was provided. That's because you members are living and writing it this year. It is because you have the opportunity to be part of that history...an active part. I hope you will...be an active part. Call up your officers and say that you want to run for an office, be an event organizer, or help with the newsletter or ride schedule. Why? Because we need to give something back. We owe it to the Blessins, the Hoods and De Langhes who gave so much for us. Believe me, it will make you feel good. Cycle on.....

tion, the exhibit also showcases bicycling artifacts provided by World of Bikes, as well as a unicycle donated by UI librarian and unicyclist Duncan Stewart.

Safe cycling brochures, bookmarks and magnets from the Iowa Department of Transportation are available.

Bicyclists are also encouraged to contact the Iowa DOT for a free copy of the Iowa Transportation Maps for Bicyclists at: www.dot.state.ia.us/bikeinfo or call (515) 239-1713. This statewide map shows hundreds of miles of bike trails that pass through woodlands, prairies and parks. In addition to the off-road trails, traffic levels are indicated on all paved roadways.

The exhibit, on display through November in the Main Library's North hall, will be open during regular library hours. Admission is free.

(Editors' Note: This article, from a newspaper, was sent to me by Mike Benson.)

afternoon during December, January or February, contact me by November 10th for inclusion in the next newsletter.

We'll hike for 60-90 minutes at some of the areas large parks: Scott Count, Blackhawk, Lund Thunder, etc.

Ten Reasons

By Chuck Oestreich

Ten reasons why cycle-touring in Europe (compared to America) is so much fun and easy.

My wife and I just got back from two-weeks of independent biking on the banks of the Main, Rhine, Moselle, and Nahe rivers in Germany.

1. **Bike signage.** They don't just have occasional signs giving the name of a trail. No, almost every turn on a trail, route, or path has an arrow sign and a trail symbol. Also at many intersections, the arrow signs include mileage to the next city or cities.
2. **Accommodations.** Almost every city, town, or village in Europe has small, inexpensive hotels, guesthouses, or even homes with rooms for a night. In many instances the places are NOT on an interstate (autobahn), allowing easy access to bicyclers.
3. **The "I".** These same communities almost always have an office that will help you make arrangements for housing. Smaller villages usually have a helpful sign – with a town map. At one of our overnights, we had an electric sign that lit up selected accommodations on a map and then let you phone the establishment right there – with a free, open phone. We never made reservations ahead of time, relying on the "I" system instead.
4. **Bed & Bikes.** One of our stays was at a "Bed & Bike." No, it wasn't a youth hostel, but a guesthouse that went out of its way to accommodate bicycles. And it was listed in a nation-wide publication of similar places.
5. **Bike storage.** We never encountered any problem with finding a safe place to put the bikes for the night. It was a basic need that was automatically provided. We went from "Do you have a place for our bikes?" to "Where should we put the bikes?"
6. **Roadway accommodations.** It doesn't matter if you are on a path, a trail, or a road, in almost

7. every instance there will be signage and either striping or a separation for bicycle passage.
8. **Railroads.** Get on a train with your bike and go – from almost everywhere. We biked up the Moselle Valley for four days, and then decided to take the train back. Train fare for two adults and two bikes: \$25.80
9. **Lively downtowns.** There might have been malls, but we never encountered any on our bikes. What we did meet were a series of architecturally intact city centers – many times strict pedestrian zones – that were full of shops, people, restaurants, and – yes – outdoor cafes from which to enjoy the late afternoon light with a glass of locally made wine while people-watching and gazing at a 17th Century Cathedral or such.
10. **Helpful citizens.** The English language is a ready opener. As soon as people heard us speak and saw we looked perplexed, they came to our aid. They learn English in school, and many of them have spent time here. And the only anti-Americanism we encountered was in some graffiti on a men's washroom walls.
11. **Maps and guides.** We got a classy general guide from the German Tourism office, but on the trail almost every community had maps and guides available – many of them devoted just to bicycling, and many of them free.

You'll notice that we don't mention much about the sights, the scenery, cultural events, or the off-bike activities that we enjoyed. America has these, and in many instances even better ones. But are they easy to enjoy on a bike?

Our concerns – and our 10 reasons – are not meant to be a criticism of our country, but perhaps to act as goals for making America as friendly to bicycling and bike-tourists as Europe is. What it gets down to is that it's so refreshing to bike in Europe because bicyclists are not just welcomed and accommodated, but are considered and treated as everyday parts of the transportation flow.

“Volunteers are unpaid, not because they are worthless, but because they are priceless.”

(Cryptoquote from a newspaper submitted by Bob Rutledge.)

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

Presorted Standard
US Postage Paid
Permit No. 3006
Davenport, Iowa

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

New Seating Area on Duck Creek Trail Kathy Storm

On September 26th, a ceremony was held on the Duck Creek Trail at the entrance off Hickory Grove and Hillandale Roads to dedicate a new seating area in honor of Kathy Kirshbaum. Kathy was the Mayor of Davenport from 1972 – 1976 and was instrumental in getting some progress started on the development of the Duck Creek Trail.

It has been a good 30 years since those early days of the trail when it was just a few miles long. Sometimes we forget how long it takes to get a decent length trail developed.

Many organizations, including the Quad Cities Bicycle Club and The Cornbelt Running Club, donated money to help defray the cost of this beautiful seating area.

The committee to get this seating area developed to honor of Kathy Kirshbaum, was put together by Ella Hartman. QCBC member Vivian Norton also served on the committee. Other QCBC members who attended the dedication ceremony on September 26th were: Kaye & Carter LeBeau, Jan Reynolds, Joanne Sullivan, Jerry & Dottie Wala and Barney Young. Current Davenport Mayor Charlie Brooke, also a cyclist, opened the ceremony.

The next time you are riding on the west end of the Duck Creek Trail, take a moment to visit this seating area. It is very impressive and something we should all be proud of. It takes time to get trails and bike routes developed and we as cyclists must see them through if we want them to be developed according to what works our best for us.

A special thank-you goes to Carter LeBeau for sending me some supporting information for this article.