



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club – October 2004

**Bicycle Enthusiast Creates New Wheels from Old
Sandy Hull, Assistant Editor
Cambridge Newspaper, August 2004**

Larry Hanna and his wife, Joy Hanna, moved back to Cambridge last year after living in Orland Park, a suburb of Chicago, for a number of years.

“I’m originally from Geneseo and Joyce was from Cambridge”, Mr. Hanna noted. “We moved back to Cambridge last year and live in Joy’s folks home.”

Mr. Hanna is retired from the Village of Orland Park, located southwest of Chicago.

In his spare time, Hanna enjoys fixing up old bicycles and resells them for a fraction of the price of a new one.

“I’ve been fixing up bicycles for 25 years.” Hanna noted. “I love working with my hands and this is something I truly enjoy.”

Last winter and early spring, Hanna added onto his garage. “I needed more space so I could get back to working on bicycles,” he noted. “I have only been working on the bicycles the last two weeks and have about 15 ready to sell.”

Hanna picks up used bicycles from garage sales, auctions and sometimes even out of the trash along the road.

“There aren’t very many people who work on bicycles,” Hanna continued. “So when they break or something goes wrong, a lot of people just disregard the bicycle and purchase a new one.”

“I’m a big recycler,” he smiled. “Most bicycles can be fixed with a tune-up, just like a car.”

Hanna adjusts spokes, brakes and gear shifts; cleans and adjusts the bearings and makes sure the wheels are true during his examination.

April through June is usually Hanna’s biggest resale

month, but Christmas is a good time too. “This year I have talked to Walt Henry and will work on bicycles for the Toys for Tots program.”

Hanna has already sold a couple of bicycles during the last two weeks, but admits people just don’t know about it yet. “I’ve only had the bicycles out twice so far, but plan to display them some more.”

Hanna will also service a bicycle for the same amount he charges to get one fixed up, \$15.

In addition to fixing bicycles, Hanna also enjoys riding. “I’m a member of the Quad Cities Bicycle Club,” he stated. “I enjoy riding and it’s good for me too.”

Mr. Hanna is a type two diabetic and isn’t required to take any medication because the exercise keeps it in control.

“I try and ride with the group on Wednesdays and on the weekends,” Hanna continued. “We ride between 40 and 50 miles. We ride somewhere to get something to eat and then ride back.”

The Quad Cities Bicycle Club has over 1,200 members, which can be a little deceiving. “There are probably 600 to 800 active members,” Hanna noted. “The others only take part occasionally. During the rides, there are around 30 of us, not always the same group, but we average 30.”

The Hannas have three sons, Aaron and Peter of St. Paul, Minnesota and Matthew of Chicago.

“Peter enjoys biking as much as I do,” Hanna stated. “He races bicycles. He is currently ranked fifth in the men’s amateur division.”

Hanna also raced in his time. “I won three different medals in the Illinois Police Officer Olympics throughout my career. I decided when I won the gold medal it was time for me to stop.”

During the winter, Hanna enjoys rebuilding computers. “I’ve always got my hands busy,” Hanna concluded.

Key Contacts

Officers:

President - Warren Power (563) 391-5466 warrenpower@mchsi.com
Vice President – Errol McCollum (309) 762-8252 ecmed@netexpress.net
Recording Secretary – Jane Garrett (563) 441-9115 jandj97@mchsi.com
Treasurer – Karen Grimm (563) 445-7797 qcbc_treas@yahoo.com

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
<http://www.qcbc.org>

Board Members:

Terry Burke (309) 797-3790	Jean Kelly (563) 359-9508	Dave Lefever (563) 355-6476
Deb Mathias (309) 787-6547	Steve Montgomery (563) 332-5963	Karen Nord (563) 326-9113
Charlie Sattler (563) 391-3422	Phil Schubbe (563) 359-5057	John Wessel (563) 359-8350

Key Contacts: A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

Club Meetings: Are held twice a year at 7 pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware.) Contact Errol McCollum for program information: (309) 762-8252.

Submitting Articles for Newsletter: Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: qbceditor@yahoo.com or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page \$50 and a full page \$100. Multiple month rates are available. Call for details: (563) 355-2564.

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.



<http://www.adventurecycling.org/>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

From the Headset
Warren Power

With October we begin our winter riding schedule, which means we have a lot of changes to our scheduled rides. We still have morning rides every Saturday, Sunday and Wednesday and, through November, evening rides every Tuesday and Thursday. However, the morning rides start at 9:00 instead of 8:00 and the evening rides start at 6:30 instead of 5:30. The later start in the mornings usually means a slightly warmer temperature at the start of the ride. It's also lighter, which means it's safer. The later starts in the evening gives those of us that like to ride in the dark more dark riding time.

The QCBC annual dinner is only about a month away. We always have a great turnout for the dinner. It's a great time to get together, socialize and share stories about all of the bicycle rides we did over the summer. John and Barb Wessel are once again coordinating the dinner so you know it's going to be first class. The dinner is on Saturday, November 6th at the Abbey Station in Rock Island. Since this is the 40th anniversary of the Quad Cities Bicycle Club we're going to use the annual dinner to help celebrate this milestone. The program will be a video put together by many of the

old timers in the club outlining the highlights of the club history. I think you'll find it very enjoyable. You can find a reservation form for the annual dinner in this newsletter.

Speaking of the annual dinner, for those of you that completed your very first century ride we'd like to help you celebrate during the annual dinner, so we've created a recognition award for this great accomplishment. Vivian Norton is coordinating these rewards, so if you completed your first century during this calendar year, be sure to give Vivian a call and let her know.

Just a brief reminder that you need to be sure that we have your correct address on file or you won't get your newsletter. Our newsletters are sent third class and third class mail is NOT forwarded. So if you move, be sure to contact Charlie Sattler and let him know what your new address is.

We also have an e-mail distribution list that we use to promote special club and bicycle related activities, such as the annual dinner. This list is compiled from the e-mail addresses on the membership applications. If you would like to be added or removed from this list you can contact Cy Galley. You can also report any e-mail address changes to Cy so you will continue to receive these e-mails.

Annual Awards Dinner
John Wessel

This is a reminder for those of you with a busy schedule. Make sure you block off the evening of November 6th for the Annual Awards Dinner. Please note that this year the dinner will be held on Saturday evening,

instead of Friday.

We look forward to a night filled with fun and the 40th anniversary video describing the history of our club. Please see the registration form on page 13 of this issue of the newsletter. You can also download a registration form from the club's web site at: qcbc.org.

Wandering Dogs on the Bike Trails
Kathy Storm

Just an FYI to our members who ride the Duck Creek Trail (or other recreational trails) in Davenport and Bettendorf. Dog owners are required to have their dog on a leash at all times, anywhere in the park. I unfortunately had my first instance of actually hitting a dog (small yellow lab) that was not on a leash (although her owners were right there) on the Duck Creek Trail last month on a Saturday morning near the Spring Street feeder trail. I fell off my bike, but was not injured.

Unfortunately, I did not have my cell phone with me at the time. Otherwise, I would have called the Police.

If you see dogs on the trail that are not on a leash, please feel free to contact Animal Control at: 563-388-6655, Monday - Friday, 8am - 7pm and Saturday & Sunday 8am - 5pm. At other times, call the police directly.

Unless we start calling and letting Animal Control know there are dogs being walked in the parks that are not on leashes, they do not know this is going on. Please help keep our trails safe for cyclists in the area.

Welcome New QCBC Members!

Charlie Sattler

Name	City & State	Phone	Name	City & State	Phone
Steve Beck	Bettendorf, IA	563-332-0337	Bill Dermody	Geneseo, IL	309-944-1719
Julie & Jordon Stickney	Bettendorf, IA	563-332-1446	Sharon & John Lindholm	Moline, IL	309-797-1111
Don White	Bettendorf, IA	563-359-8352	Pamela Swanson	Moline, IL	309-764-8538
Dennis Bulkley	Davenport, IA	563-320-7262	Darren Winsor	Orion, IL	309-235-5071
Richard & Joan Legg	Davenport, IA	563-355-0777	Jim & Vicki Winsor	Orion, IL	309-781-5243
Laurel Darren	East Moline, IL	309-230-3488	Dick & Jane Walters	Rock Island, IL	309-756-0335
Dave & Roni Benson	Galva, IL	309-932-3301			

For Sale/Want to Buy Ads – Check Web Site (qcbc.org) for Additional Items

- **For Sale:** Trek 800 mountain bike, blue, 3 years old, used 2 years. U-Lock included, (great for college use). Very good shape. 49.5 cm frame, quick-adjust seat to many different heights. \$125. Call Kathy Loomis at (563) 386-3429.
- **Wanted to Buy:** Spinergy Rev-X rear wheel. Call Dave Alftine at 563-332-8299 or dalftine@aol.com.

Membership Count: 9/7/04		
	# of Members	# of Memberships
Individual	394	394
Couple	284	142
Family	336	89
Complimentary	21	21
Life	6	3
Total	1,041	649

Hikemabika Event – October 3rd

Bruce Perry

The Friends of the Hennepin Canal invite you to a fun filled day on the Canal on Sunday, October 3, 2004. Experience the canal in several ways - hiking, biking, canoeing, or kayaking - and at your own pace

- fast, slow, or somewhere in-between.

Activities start at 11:30am at the Hennepin Canal Visitors Center, in Sheffield Illinois off Interstate 80. For more information, see.

<http://fhcanal.home.mchsi.com/> or contact the Visitor's Center at: 815-454-2328.

Slate of Officers

Dave Lefever

The following members have agreed to serve as QCBC Officers and Board Members and will be nominated at the October General Meeting and voted upon at the October General Meeting. Vivian Norton, Jim Karr and Dave Lefever served on the nominating committee.

1 Year Terms:

Errol McCollum	President
Phil Schubbee	Vice President
Jane Garrett	Recording Secretary
Karen Grimm	Treasurer

3 Year Terms:

Deb Mathias	Board of Directors
Charlie Sattler	Board of Directors
Karen Stinson	Board of Directors

October 12th General Meeting

Errol McCollum

Hi folks! It's coming up to that time for the October meeting. As usual, the club will hold it's annual elec-

tion of officers. The program for the meeting has yet to be settled on. Hope to see you all there.

Higher Power Cycling

Lee Venet

Do you wear a bicycle helmet? Many club members are very adamant about this but then disregard the law while cycling. I am a member of several bicycle clubs around Illinois, and much of what follows is applicable to all clubs.

Recently I was cycling with one such club. Even though this ride was considered by the club to be for advanced cyclists, I observed many actions which could at first just be deemed foolish or inconsiderate behavior, but in reality are violations of the law.

How does your club stack up? How do you stack up?

This article was prompted by several cyclists arguing about proper right turn hand signals. Should one extend the right arm? Or extend the left arm and then bend the arm upward at the elbow? Or are both correct? Or neither? Who decides?

One amateur bicycle racer initiated this debate. Another veteran cyclist and past club president told me my hand signal was “antiquated.” Even the ride leader and club officer mentioned her way of signaling, which by the way also differed from mine. From a safety standpoint the issue is important since hand signals warn vehicles, including automobiles, as to a cyclist’s intention. Therefore, an automobile driver must recognize and understand your signal. So are there any standards?

And, if so, what power has set them?

To validate his form of hand signals, the racer mentioned seeing something on some web site somewhere: perhaps the Chicagoland Bicycle Federation or League of Illinois Bicyclists. Reality is that neither of these organizations has any authority to legislate cycling laws. While local municipalities can legislate certain rules within their jurisdiction, such rules shall not abet or contradict state rules.

Only one organization has the authority to regulate statewide rules for operating vehicles (such as but not limited to automobiles and bicycles). That organizing authority is known as the State of Illinois Secretary of State Office. Yes, the same place automobile drivers get license plates and driver’s licenses. So where would one go to determine proper (and legal) operation of a

bicycle? Well, certainly NOT some local velodrome, your local club, CBF, LIB, etc.

Unfortunately this group of “advanced” cyclists also made many other infractions during the day, including stopping to regroup or take breaks in the middle of streets, stopping in turn lanes marked as “Right Turn Only” although the group would later be going straight, and left turns from the extreme right of roadways in one continuous motion.

Some of these infractions inherently assume bicycles do not have the same privileges as automobiles and are caused by uneasiness with street traffic. Yet when operating a bicycle on roadways, one should act in the same way as any safe and legal automobile driver would. As one example, when it’s your turn to go at an intersection, go. Don’t obstruct traffic.

So before you learn all about wearing helmets, the latest greatest bicycle, proper nutrition, changing flats, the mechanical workings of a bicycle, creating cue sheets, and even the latest racing acumen and techniques of Lance Armstrong, please learn the official rules of the road. They’re not just suggestions; they’re the law. You’ll not only be legal, but you will also make the roads safer for all those operating any type of vehicle on the roads.

So what is the proper hand signal in the state of Illinois?

The State of Illinois Bicycle Rules of the Road booklet is available at any Secretary of State office or on-line. This booklet is a supplement to the general Rules of the Road booklet which governs proper AND LEGAL operation of ANY vehicle within the boundaries of the state of Illinois. Read it. Learn it. Then do it. Don’t be just another road hazard.

For information on “Rules of the Road” in Illinois, go to: <http://www.sos.state.il.us/publications/motoristpub.html#trafficsafety>. See forms DSD A 143.3 and DSD A 170.

For information on the Iowa Diver’s Manual, go to: <http://www.iamvd.com/ods/dlmanual.htm>

See Section 5 for Hand Signals and Sharing the Road.

(Editors’ Note: Lee is a member of the Bicyclists of Lake County (he lives in Wheeling, IL) and he is also a QCBC member who rides TOMRV and the Heartland Century.)

RAGBRAI XXXII
Perm & Andy Horst

Another year of RAGBRAI has come and gone. The memories and experiences are with us. We wish to thank the volunteers that made it possible. Scott Miller spearheaded the application process and did an excellent job in his first year.

Individuals who helped load bikes on Friday evening were Glenn Ackenberg, Dick Grimm, Tony Buck,

Luke Miller, Dereck Cassidy, Ben Jensen, and Steve Geering. A thank you to anyone who helped unload bikes in Onawa and then load them up again in Clinton to come home.

We are very lucky to have such good drivers during the week. They help make everything run smoothly and make it easy to find them at the end of each day. Thanks again to Matt Truitt, Scott Young and Mark Hoglund.

RAGBRAI XXXII, A Family Affair
Scott Miller

RAGBRAI XXXII was different because this year I rode with four teenagers, three that are 18 and one 15 years old. My son Luke was riding his fifth RAGBRAI, and his two buddies Ben and Derek, were riding their first. This ride was a first for my daughter Whitney. She rode TOMVR in June for her first official ride as a warm-up. Whitney and I rode a tandem, which was a new experience for me on RAGBRAI.

This years RAGBRAI was the best of the ten years that I have participated due to my daughter, son, and his friends. We had a great time meeting and visiting with other riders. While riding one rainy morning Whitney said, "This is awesome." I, on the other hand, was not quite thinking the same. Then I had a flashback to

when I was a lot younger and how much fun it was riding in the rain. Neither Mother Nature nor a little gravel could ruin our trip.

Pancakes were a big hit with all you could eat, and teenagers can eat. Catching pancakes was a highlight. Luke had returned for another plate, went long and the Pancake man started flipping his pancakes to him as he was backing up. He flipped them higher and higher and Luke kept catching them. The last one he flipped over the heat pipe and Luke caught it behind his back. The crowd cheered and the Pancake man said, "Did you see that?"

RAGBRAI XXXIII will be here before we know it and already the kids and I are planning our trip. I highly recommend and encourage other families to ride. RAGBRAI is a family ride with memories that are priceless.

The Iowa Bicycle Coalition
Dave Lefever

The Iowa Bicycle Coalition is rolling. Since spring, I have been to three organizational meetings of IBC and one training session conducted by the Thunderhead Alliance. It is my opinion that we in Iowa have been fortunate to have such great access to roads for our bicycles. Also, we are fortunate to have an improving trails system. We have several objectives but the primary focus will be to make "Iowa Bicycling a Safe and Enjoyable Form of Recreation and Transportation."

So, how do we go about attaining that objective? We find people who are interested in the activity; we develop structure that will work with private and public organizations to develop mutually beneficial things as safe routes to schools and paved shoulders that can

serve as bike routes. Our group is made up past presidents of the National Bicycle Tour Directors Association, the Director of RAGBRAI, the Executive Director of the Iowa Natural Heritage Association, plus officers of several Iowa bicycle clubs. If experience is a key to success we are ready.

In addition these people are "workers" as well as cyclists. We will, to use an overworked line, make it happen. We will be asking local activists to help with contacts at the county and city level to keep or have community involvement.

It is our objective to have a legislative open house in 2005, which would help us to get to know the people who are interested in having a positive impact on bicycling in Iowa. It is also our hope to have an Iowa Bicycle Summit/Trade Show in 2005.

**The Eighth Five Years Of A Forty Year Journey
“1999-2004” - A condensed history of the QCBC -
The eighth and final article by Joe Jamison**

By this point in time, the Club had reached a level that can only be described as “maturity”. The major events of TOMRV, Criterium, RAGBRAI support for riders, the Heartland Century were well established and being tweaked to provide ever improving experiences for the participants. Significant donations to other non-profit organizations associated with Quad Cities bicycling were possible. Bike trails and paths are being completed at a rapid pace and new ones under consideration.

Alliances with other cycling organizations are formed in support of cyclists, such as FORC for off-road cycling, DICE for road racing and Iowa Ultra for endurance cycling. Advocacy acquires a strong voice with the contribution of Chuck Oestreich.

1999

The Club sponsors bicycle races on Arsenal Island for the first time. The Criterium announces separate races for junior men and beginning women. In addition, a band and BMX trick bikes added for the first time.

TOMRV offers \$3,000 in door prizes as part of the festivities. The Board of Directors approves \$1,000 for the Medical EMS organization for the purchase of panniers for carrying first aid supplies on bike.

Five QCBC members qualify to participate in Paris-Brest-Paris. Work on the “FAST” section of the Great River Trail approaches 75% completion with the announcement of trails in Albany being finished.

Eileen Wosoba is announced as the year’s recipient of the “Award of Merit”.

Officers in 1999 were: Pres: Steve Kocourek, Vice Pres: Rosie Dreessen, Sect: Bill Langan, Tres: Darlene Moritz.

2000

Karen Greene heads up the Winter Picnic again. This is the 17th year for this event!

Chuck Oestreich is the first QCBC member and one of the first ever to complete the loop represented by the “Grand Illinois Trail”. He provides an excellent article in the Club newsletter as a review. Joe Jamison receives the “Award of Merit” at the Annual Dinner.

Officers in 2000 were: Pres: Rosie Dreessen, Vice Pres:

Vivian Norton, Sect: Bill Langan, Tres: Darlene Moritz
2001

The State of Iowa recognizes the Club for its 10 year adoption of a two mile segment of Old Hwy 61 to maintain cleanliness. This project was initiated by the Perry’s and continued by the Storms.

The Board of Directors approves a \$1,200 contribution to the Moline Police Dept for the purchase of a Raleigh police bike plus lighting and bags.

The first “brevet” style ride is offered by the club. The brevet event introduced riders to the Randonneur style of bicycling. Dave Alftine resurrects camping rides with on overnighter to Thompson. Attendance is very encouraging.

The Board of Directors approves donating a concrete and wrought iron bike stand to the Quad City Botanical Center.

Greg Zaborac, a member from Canton, IL becomes the only QCBC member to complete the difficult 1400K, London-Edinburgh-London brevet!

The 9-11 terrorist attack results in the loss of all bicycling activity on Arsenal Island including our monthly meeting site. Hampton, IL completes its section of the Great River Trail. A 12 mile section of the Hennepin Canal from Colona to Geneseo is surfaced.

Dick Burke, Founder of TREK Bicycles is the guest speaker at the Annual Dinner meeting. Terry Burke receives the “Award of Merit” in recognition of his long service to the Board of Directors and the Criterium.

Officers for 2001 were: Pres: Kathy Storm, Vice Pres: Vivian Norton, Sect: Bill Langan, Tres: Darlene Moritz.

2002

The Club reports having 1,194 memberships! The winter ride, Tour of the Islands, draws 45 riders!

The Board approves in excess of \$4,000 to other non-profits associated with bicycling in the Quad Cities area. Bettendorf announces purchase of the final property involved in the “Bettendorf Gap”.

Robbie Ventura of the U.S. Postal racing team wins the Criterium for the fourth time...a record!

Vern Gielow, a non-cyclist, passed away this year. He had worked for 15 years to see the Great River Trail completed. (cont. on page 11)

The Eighth Five Years of a Forty Year Journey

(cont. from page 10)

TOMRV draws 1,500 riders! Bill Wiebel is presented with the "Award of Merit" for this year.

Officers for 2002 were: Pres: Kathy Storm, Vice Pres: Warren Power, Sect: Jane Garrett, Tres: Darlene Moritz.

2003

Bob Seaberg, past President of the Club in 1969, passed away. He was an active contributor to the Club as early as 1966 and his special interest was the Criterium.

The Savanna bicycle bridge is completed and with the exception of one mile near that city, the Great River

Trail is complete from Rock Island to Savanna. A long-awaited access ramp from the Davenport river front bike path to the Arsenal Bridge is completed.

The requirement for a minimum \$10,000 prize list is achieved by the Criterium enabling that event to be part of the national racing calendar for 2003. On-line registration is provided for TOMRV participants for the first time and proves to be popular.

Marc Fuller of Waterford Bicycle Company is the featured speaker at the Annual Dinner meeting.

Susie LaForce is presented the "Award of Merit" for her loyal and tireless work on TOMRV.

Officers for 2003 were: Pres: Warren Power, Vice Pres: Errol McCollum, Sect: Jane Garrett, Tres: Darlene Moritz.

4th Annual "Chili Lunch in the Park Ride"

Bill & Kathy Storm

We would like to invite all club members who would enjoy a nice fall ride of approximately 40 miles at a 13-16 mph pace to join us for this ride. It will be held on Saturday, October 9th. After the ride, a catered lunch will be served at the Middle Park Lagoon shelter in Bettendorf.

You need to make a reservation for the lunch, so we can have enough food available after the ride. The lunch will include homemade chili, potato soup, home-

made cookies, sandwiches from Hungry Hobo, chips, apple cider, apple crisp, fresh fruit, pop and hot chocolate.

If you would like to ride a shorter, slower ride perhaps on the bike trail, please feel free to do so. The rides will start at 9am and the lunch around 11:30am.

I will also need a few non-riders to help with shuttling the food to the park and setting up starting at 10:30am. To make a reservation or to help out with the food setup, please contact us at: 563-355-2564 or kbstorm@aol.com.

QC Area Trails Brochure

Kathy Storm

Many of you are familiar with the folded QC Area Trails brochure that the QCBC has designed and prints every few years. These have been distributed at 20+ locations around the Quad Cities for the past 7-8 years.

The brochure will need revising this winter or next spring. I have seen the club through two of these revisions and the distribution of over 15,000 of these bro-

chures during the past 4 years.

If you can help out the club with this redesign project and distribution of the brochures in 2005, please contact Warren Power or Errol McCollum as I will be phasing out of this volunteer activity this fall. The design work on the brochure is done by an outside company. All you would need to do is coordinate changes needed, approve the proofs, pick out a color for the brochure, arrange to have it printed and then coordinate distribution of the brochures 2-3 times a year.

Calling All Bike Commuters

Kathy Storm

Do you commute to work on your bike? If so, I bet other club members would enjoy reading about how you got started, how far your commute is, what type of bike you ride, whether or not your company has shower facilities, how you secure your bike while at work, etc.

So, for those of you who commute to work by bike or even for those of you who are interested in commuting, but need some help in getting started, take the time to jot down your ideas and send them to me for an upcoming issue of the newsletter.

**Quad Cities Bicycle Club
Annual Awards Dinner
Saturday, November 6th, 2004**

Please join us for a special evening at the Abbey Station
3031 Fifth Avenue, Rock Island, Illinois
6:00pm Social Hour – Appetizers, Cash Bar
7:00pm Dinner
Entrées: Pork Loin, Chicken Breast, Salmon or Vegetarian
Awards Program Following Dinner
40th Year Anniversary Video
Music and Dancing

Dinner Reservation Form

Name: _____ Entrée choice: _____
Name: _____ Entrée choice: _____
Name: _____ Entrée choice: _____

Cost is \$23.00 per person.

Please make checks payable to: Quad Cities Bicycle Club

Mail check and form to: John Wessel, 333 – 9th Street, Moline, IL 61265

Reservations must be received no later than November 1st. If you have a question, please contact Jewel Bryan at 309-762-4762 or email her at: jewel@wpcco.com

**“Around the World” Mileage Awards
Jim Merritt**

All you have to do is keep track of your annual mileage. When you get enough miles to "Ride Around the World", just submit your mileage, name and number of years in the QCBC before the end of October. At the Annual Dinner in November, you will be presented with a nice engraved plaque indicating your mileage level and your name.

The mileage you accumulate can be ridden on any type of "human powered" bicycle, but the miles must be ridden outdoors. A listing of award recipients will appear in the December 2004 newsletter.

The "Around the World" categories are:

- Once Around the World - 24,901 miles
- Twice Around the World - 50,000 miles
- Four Times Around the World - 100,000 miles
- Six Times Around the World - 150,000 miles
- Eight Times Around the World - 200,000 miles

Please send the information to:

Jim Merritt
524 W. Prairie Vista Dr.
Eldridge, IA 52748
(563) 349-2387 or email me at:
jimm1962@mchsi.com

Deadline is October 29.



Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

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ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

First Century Awards

Vivian Norton

We're Hearing from the Men, Where are the Women?

At the beginning of the 2004 biking season the QCBC Board authorized the presentation of an award for a First Century done in 2004. The awards will be given at the Annual Dinner on Saturday, November 6, 2004. That date is getting close so don't miss your chance for your recognition this year.

A century for a lot of QCBC members is history and most of them remember their first century. So far this year, 5 ambitious riders (all men) have called in (with pleasure in their voices) that they did their first century. Most of them had encouragement on rides with President Warren Power, Dick Grimm, and Bob Fitzgerald. They will be listed with the club century riders.

NOW! A lot of the women in the club have done centuries...but where are the first centuries done by women this year?

The Heartland Century is over but the Fall Foliage Ride is coming up on October 2-3. Here's a change to do a century on a club ride on marked or mapped roads. You can enjoy a fall ride with a goal. We want to hear from the women...and the men!

Contact Vivian Norton (563-355-1899 or vjoan@worldnet.att.net) with the good news of your first century.

Scott County Road Update

Kathy Storm

Some of our favorite roads in Scott County have been repaved this summer (old 61 & St. Ann's Rd) and are nice and smooth again. And I just found out that two gravel roads have been upgraded to "hard surface" this fall. These are 210th St. east of Utica Ridge Rd. and 162nd Ave. north of Long Grove.