



Pedalwheeling - 2000

The Newsletter of the Quad Cities Bicycle Club - April, 2001

SPRING PICNIC

Please join us Sunday, April 29th at 1:00 p.m. at Loud Thunder Forest Preserve for the annual spring picnic. As always, the main dish (hamburger, brats, etc.) and refreshments (pop & beer) will be provided. Please bring a dish to pass around.

Activities will consist of a swap meet. If you have any old bike parts, clothes, or bike paraphernalia lying around (and we all do) bring it out, stick a price on it, and see if you can sell it. Or, maybe you can swap some of your stuff for someone else's stuff. We'll also have a guided tour of some of the trails at Loud Thunder for those who are interested. It's a perfect way to work off some of the great food that will be there and make room for more when you get back. If conditions are right, even though the trails will be closed to bikers at that time, we may be able to take a group out on bikes. Some games will also be planned, if time permits.



Last year's picnic was a blast and this year promises to be even better. So, bring a dish, an appetite, and maybe your bike and prepare to have a good time!

If you have any questions about the picnic or need directions to the park you can call Rick Wren (309) 786-7979 or Dean Mayne (319) 355-0995.

Cleaning Up



The first DOT Adopt a Highway trash pickup will be Monday, April 16th at 5:30PM. Our 2 mile section in Davenport begins at the intersection of Mt. Joy Road (F55) and Scott Park Road (old Highway 61).

Wear long pants, work shoes and gloves. The Cornbelt Running Club will also be picking up their section of highway as well. Afterwards, the 2 groups will get together for something to eat and/or drink. Contact Person: Kathy Storm - 563-355-2564

Don't Miss TOMRV (even if you just know you can't do it)

by Chuck Oestreich

OK, OK, 106 miles over some of the most ambitious country in the Mississippi Valley is nothing to take lightly. That's the Saturday mileage on TOMRV (The Tour of the Mississippi River Valley) this year on June 9th.

And it's not just the miles; it's the quality of the miles. TOMRV has some of the most spectacular scenery in this part of the country partly because it is difficult. Verdant hills that climb to ridges that lace between the river in the distance and the great Illinois prairie on the other side take some doing.

Difficult, right. And it's not just Blackjack ridge or the Grant Woodish Z34 between Bellevue and Preston, sometimes it's right in the midst of cities. Does anyone not feel deeply - way down in the calf muscles - that lousy, good-for-nothing last climb to Clarke College? So, we agree. TOMRV is difficult. We don't call it a challenge for nothing.

But that doesn't mean you shouldn't do it.

For, besides being a goal for most of the serious riders in a four state area, TOMRV is just simply fun - especially if you're a QCBC member. You just can't measure the sense of camaraderie that pervades Clarke's campus when everyone conquers that last hill, settles

into housing arrangements, feasts at the banquet, and relaxes at the riders' meeting and the conversations surrounding it.

This is more than just a ride - it's our ride, and it's extraordinarily fine.

So do TOMRV. If you're hesitant, consider these adjustments: (No one will really care if you don't do the whole thing - and they won't know either.)

- 1) Do the short routes, starting and ending at Preston.
- 2) Volunteer in some capacity. You really help out, and you'll be up there where all the fun takes place.
- 3) Walk your bike up Blackjack and "the wall." The refreshment stop at Chestnut Mt. is worth all the effort, and then there's the descent into Galena - what a rush!
- 4) Drive to Clarke for the Saturday evening festivities. On Sunday bike to Preston. Sure, there are some hills, but it's only about 45 miles.
- 5) Don't follow Dean Mathias. You'll tire out just watching him.

So this year do TOMRV. It's not only a blast; it's a defining QCBC institution. 🚲

QCBC Information

The mission of the Quad Cities Bicycle Club is to promote, encourage, and support the safe participation in bicycle riding of all types of people of all ages and abilities; to anticipate and address the needs and interest of all aspects of bicycling in the Quad-Cities area.

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Pedalwheeling is published for distribution to the club's membership and to the general public at local bike shops. Submission of bicycle related articles is encouraged. Member may place free classified ads, notices of companions wanted, and reports of stolen bicycles.

Deadline for articles: 10th of the month. Mail articles to QCBC Editor, 206 N. Michigan Ave, Davenport, IA 52804.

The Quad Cities Bicycle Club was established in 1964 to encourage and promote bicycle riding and safety for its members and the general public.

Club meetings are held on the third Tuesday of each month during January, February, March, April, May, September and October. Check the newsletter and the QCBC web site for specifics.

Members receive a 10% discount on many items at most Quad Cities bicycle shops, including Bike & Hike, Healthy Habits, Jerry & Sparky's, Wolfe's Village Bike Shoppe and On Two Wheels.

Major activities of the club include the Tour of the Mississippi River Valley (TOMRV) in June, the Criterion on Memorial Day, the Heartland Century in September, and the club gives camping support to RAGBRAI riders in July. Other rides and activities occur every week of the year.

Private business ads: full page—\$50; half page—\$25; quarter page—\$15; business card—\$5. Members may place free ads for cycling items.

From the Headset

Kathy Storm



Now that winter appears to be letting go of its death grip in the Midwest, I hope all of you will come out and participate in some of the great activities we have planned for you. You should have received your new 2001 - 2002 Ride Schedule booklet by now. If you have not received it, please contact Bill Langan to verify your address.

At the February 12th Board Meeting, the Board approved donations for the following organizations: Bike World, in Des Moines, to help offset the cost of a custom built tandem for Vern Wiley who was injured on TOMRV 1997; FORC (Friends of Off Road Cycling), to help pay for machinery and materials to build and maintain mountain bike trails at Loud Thunder Forest Preserve and Scott County Park and the

Quad Cities Criterium, to sponsor the Hand Cyclist event.

This year, the Cornbelt Running Club and the QCBC are going to collaborate on some activities. In March, some QCBC Members helped out at the St. Patrick's Day Run held in downtown Davenport. In April, both clubs will be cleaning up their sections of highway on the same evening, April 16th, and then getting together afterwards for a bite to eat. We will also be sharing a booth at the MidAmerican Safety Fair, being held at South Park Mall April 26 - 28. The big joint event for both clubs is the Du-State-Du held in August.

And on a final note, my personal mileage goal this year is 3,800 miles. I have my eyes set on the 50,000 miles - Twice Around the World award. And I'll need those miles before the Annual Dinner to qualify for the award. See you on the pavement! Have a great spring everyone and get out and go for a bike ride. ☺

Storm Those Bridges!

Submitted By Kathy Storm

The bridges leading to Arsenal Island from Davenport and Rock Island will be undergoing repairs again this spring and summer. This will be a hardship for some of us since our monthly meetings are held on the Arsenal and many of us like to cross the Mississippi River there as well on our bikes. For the general meetings, you might want to consider bringing your bike along in the car, doing a few laps around the island and then coming to the meeting. That way you wouldn't have to be inconvenienced twice in the same evening due to the closures.

Here is the schedule as it appeared in the March 5th issue of the QC Times:

March 5th through early July, the bridge that connects downtown Davenport to the arsenal will close from 5:30 PM to 5:00 AM weekdays and from 5:30 PM Friday to 5:00 AM Monday on weekends. The Pedestrian Walkways will be completely closed during this period. The Rock Island viaduct, which connects Rock Island to the arsenal, will close from April 2nd until the end of June for deck replacement.

For the April and May meetings it appears that the

only way we can access Rock Island Arsenal is by using the bridge that connects the east end of the island with downtown Moline. If you are coming from Iowa, you have two options.

Option one is to take the Centennial bridge in downtown Davenport and cross over to Rock Island. Then take 5th or 7th Avenue through Rock Island into Moline. The bridge to the Arsenal can be reached from 14th or 17th Streets along River Drive in Moline. Option two (East Davenport and Bettendorf) is to take I-74 East and exit at River Drive. Take River Drive west.. The bridge to the Arsenal can be accessed using 14th or 17th Streets.

I know this is an inconvenience, but the repairs are much needed (for both autos and bikes) and some of them are in preparation for the construction of the bicycle bridge across the Mississippi River that will take place later in 2001. I hope many of you will still come to the general meetings this spring. We have some great programs lined up and it is also a good opportunity to meet fellow cyclists.



Off The Back – With The Editor

Charlie Swanson

Dan Henry revisited: I found out that Dan Henry (see April, 2001 issue), is alive and well. **Bob and Jan Fitzgerald** met Dan on a January cycling trip to California. Bob recently mentioned their meeting, adding that Dan—now 87 years old—is even more of a legend than it first appeared. Henry has an individual opinion on every aspect of cycling and has put most of them to his own good use. Bob mentioned (with envy?), Dan’s bicycle seat, which consists of road bars turned upside down and strung with webbing. Dan’s entire bike is a series of custom fabrications that differs dramatically from the normal two-wheeler on the market.

As the story goes, Dan left his native Connecticut 40 some years ago. He packed his belongings, mainly his bike, and left for the west coast to cycle. Horace Greeley never did tell anyone to go back east and, of course, he stayed. Before leaving he extended an invitation to his wife to accompany him. She declined, preferring to return to Europe to be with her parents. Fourteen years ago her parents passed on and she returned to her Dan, now living in Solvang, CA.

Dan went on with his cycling, never missing a beat. He simply converted to riding a tandem, which they ride daily. He also rides a solo bike without his bride.

Dan Henry treated Bob and Jan to VIP-like attention. He provided them with a detailed 5-county area map, showing the Midwesterners which roads to ride and what areas to avoid. Henry also diverted his own riding plans to meet, ride and talk with them.

Bob won’t tell me a whole lot about their experience but maybe if you buy his lunch on the next club ride he’ll open up more. You won’t be sorry.

You never know who you’ll meet on a bike ride.

While out for my 2nd short spin of the year I ran into an interesting chap (**Tom Sears**), on the east end of the Davenport river path. He hailed me to ask my opinion of the trees growing on the grounds of the stately mansions bordering on McClellan Heights. I walked back to the Lindsey Park Yacht Club with him, his wife and daughter, engaged in one of the most fascinating conversation I’ve had all winter. (Remember, I’m more or less a hermit from Christmas until Easter.) Tom and his wife picked up on more features along that stretch of river than I dreamed existed. Do you have any idea how much we take for granted?

I looked forward to riding after a three month sabbatical due to extreme weather. It didn’t take long to notice that riding is not nearly as much fun as I thought it would be. My hands, shoulders, neck, back and sit-bones are all complaining—even as we speak.. Sure, its nice but it isn’t really fun—not yet. Once again the bicycle is battling the rocking chair for my sit-down time. Which one wins is a toss-up.

The Ride Directory is now printed and shipped. Another job well done by **Cy Galley**. I’m glad I don’t have that job—there are just too many people cluttering up editing lanes. I hadn’t planned on giving Galley credit of any kind in **my** newsletter. Why? There are currently several people who believe that **he** is the **Pedalwheeling 2000** editor. As a matter of fact, he snickers when he passes misdirected articles on to me. I don’t think he has corrected anyone yet either. In fact, I kind of like that arrangement. If I choose to not publish an article or if I change it drastically, he’ll wind up getting the blame. By the way, many of the pictures printed in **Pedalwheeling 2000** are compliments of **Galley Graphics**. 🚲

New Members

Jeff & Jane Miller
David Kerber
Nick De Bolt
Shawna Godman
Arnold Gozo
Robert & Beverly Osborne
Mark Stegmaier

Bettendorf, IA
Burlington, IA
Davenport, IA
Davenport, IA
Davenport, IA
Davenport, IA
Davenport, IA

Greg & Marti White
Kelly Propst
Richard Makepeace
Brian & Amy Hovey
Rick Marc-Aurele
Gerald Balzer

Galva, IL
La Grange, IL
Rock Island, IL
Omaha, NE
Lakewood, OH
Parma, OH

THE ROAD LESS TRAVELED

Joe Jamison



My riding partners have told me that the reason more QCBC members don't try endurance cycling is because of the picture that accompanies this article. They say the word on the street is, "If endurance cycling causes me to look

like that, then I don't want any part of it!" I need to get with the editor.

On a more serious note, I'd like to touch on the subject of the QCBC Endurance Cycling Team. In a recent issue we mentioned that the QCBC Board approved formation of such a team. We are issuing the first call for inquiries by interested members.

The team will consist of at least one rider in each of the following categories:

AGE	18-25	26-35	36-45	46-55	56-65	66-75	76+
FRAME		Diamond	Recumbent	Tandem			
GENDER		Male	Female				

Beyond these guidelines, there are no further rules associated with joining. Our thought is that after a reasonable period of time allowing those interested to step forward, we can then decide as a group what we want the team guidelines to be.

Please contact Joe Jamison by 15 April 2001 for more information at (309) 235-4284.

Just a peek into the activity so far this calendar year within the endurance cycling community finds that despite the severe winter, the riders are finding seams in the weather systems to get out on the roads. A couple of riders ended February with nearly 2000 miles and two had exceeded 10 centuries.

Greg Zaborac, our Canton, IL QCBC member is registered and training for the London-Edinburgh-London 1200K brevet.

Dr. Jim Hanson, the winner of last year's Century competition has been sidelined while recovering from surgery on a rotator cuff problem. We're sure we'll see him back on the saddle soon.

Dave Lefever, Greg Zaborac, Tom McCarthy, John Lowrey and this writer attended Hell Week in Texas. The participation jumped from 140 in 2000 to nearly 200 in 2001.

Work toward providing a "Triple Crown" in the Midwest is accelerating and a schedule of qualifying Double Centuries should be available by the time of this publication. 🚲

RAAM

by Joe Jamison

Insight Race Across America We are pleased to announce that Insight, a leading global direct marketer of name-brand computers, hardware and software has become the title sponsor of RAAM. The race will officially be re-named the Insight Race Across America starting in 2001.

Since 1982 the Race Across AMERICA has brought together the best endurance cyclists to compete in the world's toughest race. Racing in RAAM is more than a cycling event. The physical extremes will test the limits of any rider. The logistic and planning will challenge the sanity of any support team. The emotional highs and lows will be remembered by everyone involved with the race.

Lon Haldeman and Susan Notorangelo will return as race directors for the Insight RAAM in 2001. Haldeman said that "The relationship with Insight is good for the future of the race. Entry fees can't cover all the basic race expenses; Insight's financial support will help to insure the future of RAAM."

The Insight RAAM will start in Portland, OR on

Sunday, June 17 and follow Haldeman's 2000 route, finishing in Gulf Breeze, FL the week of June 24 - 29. RAAM will again have three major fields: solo and tandem riders, two-person and four-person relay teams. The two-person format was a big success in last year. Dwight Bishop said "Doing RAAM as a two person team is the most fun I have had in a long time." Team riders race much faster than the solo riders and don't suffer from the same sleep deprivation. The week of hard racing helps team riders peak for other events in the season.

Haldeman won the inaugural race in 1982 and again in 1983. Notorangelo won in 1985 and 1989. Between them, they have competed in cross-country races 15 times. Haldeman and Notorangelo hold the mixed tandem transcontinental record and Haldeman, with Pete Penseyres, holds the men's tandem transcontinental record.

Details on the race and sponsorship are available at <http://www.raceacrossamerica.org/>. 🚲

To The Current Big Dogs And Especially the May-be's

by Jim Hanson

Not only was it with pride that I accepted the QCBC's inaugural **Big Dog Century Challenge Traveling Trophy** but also with a sense of humility and awe. I'm still asking myself, "How me?" Fourteen riders successfully completed the 2000 Challenge (minimum of one IA/IL century per month). One needs only read, in the March, 2001 issue of **Pedalwheeling 2000**, the Linda Paulos write-up of her December 4th century and the Wayne Hanno write-up of his and Dave LeFever's December 26th ride to get a feel of the lengths to which any one might go to meet a goal. My December qualifying century was on the 2nd. I had hoped for 3 or 4 more before the 18th when I was scheduled for a total left shoulder replacement, but the weather went bad immediately after the 2nd. But the weather went bad for all the other Iowa/Illinois riders as well and so just by sheer luck "The Trophy" was mine! I will never be the winner again.

The rules have changed so that qualifying centuries can be anywhere. It is already evident from the January and February standings that my 65 will be dramatically eclipsed in the year 2001. The Traveling Trophy Plaque has 23 more winner name plates, one for each of the following 23 Century Challenge Winners.

When all the plates have been filled the name of the Inaugural Year Winner will still head the list. Now isn't that reason to have a sense of awe? Maybe I'll be around to see that day, maybe not. If not here, hopefully it will be from a higher vantage point. For now I'll settle for being an active participant with the goal of turning in another successful challenge year.

Following the shoulder replacement on December 18, I began physiotherapy on the 26th. I started with very little range of motion and moderate discomfort with the range of motion that I had. Therapy sessions were 3 times each week until mid February when we backed off to two times each week, with emphasis shifting to strengthening. From early on, each session with Julie (my therapist), found me able to do more and more with the left arm. I went from being able to do very little, such as tying my shoes or reaching in my left pocket, to being able wash my face then my hair. All the therapy session motion and exercise was supplemented with progressive home exercise.

On January 9th my bike and I were on the wind trainer and starting February 1st on the rollers. From early January I was in the weight room at the YMCA and back at the aerobics class on February 1st. Its evident that strengthening as well as relief from the discomfort associated with exercise will take awhile.

On Sunday Jan. 28th I rode my Big Dog Challenge Century for the month. The last 40 miles were ridden in snow pellets and snow. Oh my, it was tough! But this was my last opportunity for the month. That ride will be the ride on which all future difficult rides will be graded.

As the year 2001 goes by there will be more Big Dog and Ultra-cycling articles appearing in *Pedalwheeling 2000*. Big Dogs, by their nature, are passionate about their type of bicycling and this passion translates into an intensity beautiful to behold—and into vocalization through the printed word. ☸

May is National Bicycle Month and CABDA helps celebrate that by having a limited edition license plate set available for purchase. The plates have been approved by the Secretary of State's office and you can display them instead of your regular plates during the months of April and May.

The plates are numbered from 1 to 200. Once you order a set, you are given priority the next year to reorder your same number. There are 130 sets left to sell. All remaining sets are issued on a first-come-first-serve basis.

Cost of each set is \$25. You may see a sample of the plate at the Consumer Bicycle Show Feb. 16-18 and on our website www.cabda.com. The plate has a red background with black numbers, Land of Lincoln and Illinois 2001. The bicycle and National Bike Month letters are white. It looks great!

If you need more information, call CABDA at 708-798-2004 or email cabdadawn@aol.com.

Boub Alert

More Calls Needed, And House Committee Victory

Here's the latest from Springfield on the Boub legislation. This morning, the House Judiciary Committee passed House Bill 911 by a vote of 8-4!! The bill will be sent to the full House very soon. Also, Senate Bill 1014 will likely be sent to the Senate Judiciary Committee next week.

Your phone calls are making a difference so far. Here's what we need now:

1) If you haven't already, call both your Illinois House and Senate members today. Get their phone numbers from <http://www.elections.state.il.us/dls/pages/DLSAddresscrit.asp> You can just enter your 9 digit zip, or you can enter your street address. Links will be given for your legislators' phone numbers. It's very easy.

Here's some sample text, for the legislators' staffers or voice mail (and leave your name and address): "I'm a bicyclist in Senator _____'s district, and I'd like the Senator to support Senate Bill 1014. The bill removes the liability disincentive for providing safe, on-road bike facilities. Bicyclists should have the same rights and liability protections as other road users. Please support SB1014."

"I'm a bicyclist in Representative _____'s district, and I'd like the Representative to support House Bill 911. The bill removes the liability disincentive for providing safe, on-road bike facilities. Bicyclists should have the same rights and liability protections as other road users. Please support HB911."

2) Call your mayor and/or village manager. Ask them to call their legislators to support HB911 and SB1014. We know that municipal officials are being asked by their risk management organizations to call their legislators AGAINST the bills. We need local citizens to call their officials - to show legislators that the municipalities are not 100% united in their opposition.

"I'm a bicyclist in (your town). I'd like to ask you to call our state legislators in support of HB911 and SB1014. These bills remove the liability disincentive for providing safe, on-road bike facilities. I believe that towns should have a reasonable responsibility to bicyclists. Please call our legislators to support these bills."

More details on the bills are at: <http://www.bikelib.org/boubcase/boub2001.html>

Ed Barsotti

Executive Director League of Illinois Bicyclists

2935 Barberry Ct.

Aurora, IL 60504

Banning Bicycles On Rt. 14

From: Schmburg Bike Club

Denver Post, Tuesday, February 20, 2001—Share-the-road bike measure gains speed with Senate OK.

A "share-the-road" bicycling bill won another lap in the Colorado Senate on Monday (Feb. 19), despite strong bipartisan opposition from lawmakers who blamed some people on two wheels for acting irresponsibly on the road.

Senate Bill 59, sponsored by Sen. Ken Chlouber, R-Leadville, would require that passing motorists maintain a 3-foot distance from bike riders and yield to bikers making right-hand turns.

The bill, cosponsored by Sen. Ed Perlmutter, D-Golden, also would allow bicyclists to ride two abreast as long as it does not impede traffic and to signal right-hand turns with their right arms rather than by raising their left arms like motorists.

"This is common sense," Chlouber said.

"It's a share-the-road bill," said Sen Ron Tupa, D-Boulder, who also supported the bill, which will be up for final consideration this week before moving to the House.

Sen. Ron Teck, R-Grand Junction, said he voted in favor of the bill after receiving numerous phone calls from

Continued on page 15

Arsenal Races

by Rick Rohret

On May 6 the Quad City Bike Club is sponsoring the Third Annual **Arsenal Criterium**. Come see local riders compete for \$400 in prizes. Last year we had 50 riders show up from as far away as Indiana. Everybody had a good time.

Come and enjoy the scenic atmosphere of bicycle racing through the wooded areas on the Arsenal Island tank test track. Soft drinks and bananas will be supplied to the racers and spectators. Beginners are welcome and encouraged. Racing starts at noon and goes on until 5:00 pm. This is a good time for beginners to try out racing for the first time. USCF licenses will be available at the registration. Entry Fee with a one day license is

\$17. Licensed riders are \$12, Juniors are \$8. Eligible riders may enter a second or third race for only \$3 extra.

The Quad City Bicycle Club is sponsoring a Wednesday night training series on the Arsenal Island Tank Test Track. Races will be held May 16, May 23 and June 6. Beginner racers are encouraged to participate. Races start at 6:15. The races will start out with a 1 mile (1 lap) time trial. The riders will be split up based upon their time trial performance and then ride short criteriums and other types of mass start events. Racing will go until 8:30 or visibility is limited.

We wish to thank the *Rock Island Arsenal Special Events Office* for providing support for these events. ☸

FORC Ride - 18 February 2001

Dean Mayne

Today a group of FORC riders ventured out into the cold for their pre-season icebreaker...eh, ah, so to speak.

Quinn Kirkpatrick made some calls and convinced 5 fearless fellows from FORC to forego the frosty forecast. (Say that five times real fast). Better yet, the sun came out, and the eagles were soaring(that last part had no reference to us... they were literally flying). Anyway, after serious contemplation among the group, (Quinn, Ricky, Tommy, Mike, and Dean) we came up with an abbreviated version of the QCBC's tour of the islands.

We rode 25 plus miles, from Sauke golf Course on

38th Street, RI West, down to Sunset Marina, took the bike path East to the Centennial Bridge, West again for a loop of Credit Island (where we made Tom Erps circle it twice to cool his jets), bike path East to Arsenal Bridge, crossed the Arsenal to Moline, West to 38th & Sauke. And then the piece de la resistance... back to Ricky's for snacks (compliments of Joan Wren) and a couple of cold ones. It just doesn't get any better than this...

Thanks for pulling this together Quinn. This could be the beginning of an alternative ride, when the weather doesn't cooperate for a trail ride. ☸

What Bridge?

Charlie Swanson

The news has been released concerning use of the government bridge. For the cyclist, it's pretty grim. The sidewalk that is normally used by cyclists is closed through November. That's after Thanksgiving!

The bridge will be closed weekends from now through November. That's from 5:30 PM on Friday evenings until Monday morning at 5:00 AM. Beginning now, you will be able to cross the bridge in the automobile lanes only during the work day—maybe. There's still barge traffic to contend with.

When July rolls around only barges will be able to pass. The Davenport to RIA span will be closed through September. Its scheduled to open once again—

during weekdays—after September.

The Rock Island viaduct to RIA will be closed for resurfacing during April, May and June. While you may be able to move between RIA and Davenport during those months, Moline will be the only option for a complete river crossing. This means that we will lose government bridge travel between Rock Island and Davenport for the next six months.

Fortunately, between terrorists and maintenance, we have been trained to survive without the government bridge. Be aware though, that as soon as this debacle is complete, the bridge will be due to be painted and we should expect continued inconvenience. ☸

April Ride Schedule

Sunday, April 1, 9:00 AM - Cruisin' to Cordova: Meet at East end of Ben Butterworth Parkway near the Case IH plant. To Cordova, IL & return, 42 miles. Terry Burke, (309) 797-3790

Monday, April 2, 6:00 PM - FORC Mountain Bike Monthly Meeting: Meet at Front Street Brewery, 208 E. River Drive, Davenport, IA. Bring family and friends for social dinner.

Wednesday, April 4, 9:00 AM - Wednesday Morning Ride: Meet at McDonald's, Brady St. and Duck Creek Parkway for a rider's choice.

Thursday April 5, 5:30 PM - Summer Evening Ride: Meet at Butterworth Parkway near Case IH, for a rider's choice

Saturday, April 7, 7:00 AM - Brevet Qualifier for Paris-Brest-Paris: 200 Kilometers - Hardee's Eldridge, Iowa. Dave Holmes (563) 285-6195

9:00 AM - **Spring Warm up to LeClaire:** Meet at Eastern Avenue entrance, Duck Creek Parkway. Ride to LeClaire & back, 27 miles. Kathy Storm, (563) 355-2564

9:00 AM - **Spring's First Gasp:** Meet at Eastern Avenue entrance, Duck Creek Parkway. Ride to Maysville, Plainview, Gramma's Restaurant & return, 46 Miles. Bill Storm, (563) 355-2564

12:00 to 4:00 PM: **Mountain Bike Sugar Bottom, Coralville, Iowa** Car pool from Machine Shed Restaurant, Davenport. Pack food, water and dry clothes. **New riders welcome.** The first hour is dedicated to new riders.

Sunday, April 8, 8:00 AM to 2:00 PM - Trail Day, Loud Thunder Forest Preserve: Meet at the horse coral. Carry a day pack with gloves, food and water. Tools will be provided. Excellent strengthening and conditioning workout!

9:00 AM - **Smokin' To Smokeys:** Meet East end of Ben Butterworth Parkway by the Case IH. Ride to Smokeys Café in Colona & return, 42 miles. Dave Thompson (309) 764-5030

Wednesday, April 11, 6:00 to 8:00 PM - FORC Mountain Bike, Loud Thunder Forest Preserve: Meet at the horse coral. Be sure to pack plenty to drink. **New riders welcome.** The first hour is always dedicated to teaching new riders.

9:00 AM - **Wednesday Morning Ride:** Meet at McDonald's, Brady St. and Duck Creek Parkway for a rider's choice.

Saturday, April 14, 7:00 AM - Hustling to Hampton Endurance Ride: Meet in Hampton, IL. 100 miles. Joe Jamison (309) 755-6801

9:00 AM - **Butterworth Bash:** Meet at Butterworth Parkway near Case IH. Ride to Illiniwek Forest Preserve and return, 15 miles. Jan Fitzgerald (309) 797-2356

9:00 AM - **The 3 B's Fast Bike It:** Meet at Eastern Avenue entrance, Duck Creek Parkway. Loop of 43 miles. George Van Thorre (309) 755-1734

Sunday, April 15, 9:00 AM - Flat Ride to Cordova: Meet at Butterworth Parkway near Case IH. Ride to Cordova & return, 32 miles. Cathy Wiebel (309) 755-1859, Dick Morrill (563) 324-0970

9:00 AM - **Zefal Zinger:** Meet at Jaydon Distributing Co. Milan. South to Taylor Ridge, Edgington, Reynolds & return, 42 miles. Melinda Thompson (309) 764-5030

April Ride Schedule

Monday, April 16, 6:00PM - DOT Adopt a Highway Trash Pickup: Help the QCBC maintain our two mile section of Old Highway 61. Section cleanup starts at Old 61 and Mt. Joy Rd., Davenport. Park in the lot next to the soccer fields and wear work clothes. Bill & Kathy Storm (563) 355-2564.

Tuesday, April 17, 7:00 PM- QCBC Monthly Meeting: Meet at Caisson Room, Post Restaurant, Rock Island Arsenal.

Wednesday, April 18, 9:00 AM – Wednesday Morning Ride: Meet at McDonald's, Brady St. and Duck Creek Parkway, for a rider's choice.

6:00 to 8:00 PM– **FORC Mountain Bike Evening Ride, Scott County Park:** Meet at the trail head near the Sugar Shack parking lot. **New riders welcome.** The first hour is dedicated new riders.

Saturday, April 21, 7:00 AM– Open Endurance Ride: Meet in Hampton, IL, 100 miles. Joe Jamison (309) 755-6801.

7:00 AM – **Brevet:** Hardee's, Eldridge, IA. Qualifier for Paris-Brest-Paris, 200 Kilometers. Dave Holmes, (563) 285-6195

9:00 AM – **Country Ramble:** Meet at Butterworth Parkway, Moline, by Case IH. Ride to Cordova for food & return, 50 miles. Dave Thompson, (309) 764-5030

Sunday, April 22, 7:00 AM to 12:00 noon – Mountain Bike, Sugar Bottom, Coralville, Iowa. Car pool from Machine Shed Restaurant, Davenport, IA. Pack food, water and dry clothes. **New riders welcome.** The first hour is dedicated to new riders.

9:00 AM – **Swingin' Into Spring:** Meet at Eastern Avenue entrance, Duck Creek Parkway. Ride to Eldridge and back, 26 miles. Ken Werthmann (309) 764-6527

1:00 PM – **Pioneer Push-Off:** Meet at Walnut Pioneer Village, north end of Scott County Park. Ride to McCausland and back, 17 miles. Merle Schleusener (563) 355-8191

Wednesday, April 25, 9:00 AM – Wednesday Morning Ride: Meet at McDonald's, Brady St. and Duck Creek Parkway, for a rider's choice.

Thursday, April 26, 5:30 PM – Summer Evening Ride: Meet east end of Butterworth Parkway near Case IH plant for a rider's choice.

Saturday, April 28, 6:00 AM – Greg's Double Endurance Ride: Meet in Peoria, Illinois. 200 miles. Greg Zaborac. Joe Jamison (309) 755-6801

9:00 AM – **Over Hill and Dale:** Meet at Colona Grade School. Ride to Geneseo & return, 42 miles. Chuck Oestreich (309) 788-1845

9:00 AM – **Wild Life in the City:** Meet at Lindsay Boat Club, Mound St. and River Drive, Davenport for a ride to see the sculptures plus the wild life on the river front, Arsenal Island and Credit Islands 25 miles. Cathy Wiebel (309) 755-1859

Sunday, April 29, 9:00 AM – Spring Picnic: Meet at Loud Thunder Forest Preserve by the Horse Corral. Ride to Illinois City, Reynolds, Taylor Ridge and back, 50 miles. Bill Wiebel (309) 755-1859.

12:00 noon - **Spring Picnic and Swap Meet:** Meet at Loud Thunder Forest Preserve Horse Coral, Andalusia, IL for a picnic and swap meet. Bring a dish to pass, along with items to sell. New members welcome. Rick Wren (309) 786-7979 or Dean Mayne (563) 355-0995

The 2001 Quad Cities Criterium Beginners are back!

Terry Burke, Race Director

QCBC members who have been around long enough to remember races once held in a neighboring QCA city probably recall the short and scary citizen's races. They were phased out because of insurance problems, (and promoter nightmares), but with those conditions gone, we will be offering a separate men's Category five/citizens race in 2001. Participants must buy a USCF one day license for \$5 in addition to the entry fee of \$10.

Two events just started in 2001 are also back, with an anticipated full potential to happen this year. The Sunday night street sprints are bound to take off, assuming warmer weather than we had in 2000. Word of mouth advertising among participants seems to be stronger influence than written advertising, so the fields should be close to the 70-80 we originally forecast. The street sprints are a real visual treat for spectators, on what amounts to a 4 person 2 block drag race. The District is hosting a bicycle tire toss (for accuracy, not distance) on Sunday night. The hand-cycles also are expected to reach a full field this year, with a current mailing list not available in 2000. Last and most, criterium racing, best in the Midwest, could go over the 600 competitor mark, with a \$2,200 increase in the prize list.

Winners from the 2001 program are in as well: competitive inline skate races: BMX trick riders: climbing wall: & tricycle races for the kids: Other carryovers from 2000 are a full array of food and vendor booths, the QCBC booth, TOGIR Booth, 3 great announcers, and an awesome wheel pit. For those who like to watch (or participate), the Memorial Weekend starts with the Burlington Road Race on Friday, followed by the Burlington Snake Alley (brick, steep, crooked hill) Criterium on Saturday, and Muscatine's Melon City Criterium on Sunday. Burlington and the Quad Cities Criterium are part of the popular Heartland Criterium series.

We certainly could not present the Quad Cities Criterium without the excellent QCBC volunteers who marshal corners and pedestrian walks, register riders, sell T-shirts, staff the wheel pit and QCBC Booth. Besides a full day of entertainment, volunteers will receive a Quad Cities Criterium T-shirt, an invitation to the after race volunteer party, a vendor coupon, and for the last shift of corner marshals, two vendor coupons. Chairpersons to call are:

Corner Marshals	Bill & Cathy Wiebel	755-1859	T-shirt Sales	Don & Carol Arp	359-4732
QCBC Booth	To be announced.		Wheel Pit	Darryl Blackburn	386-6425
Registration	Don Davis	788-0753	Prize Desk	Doug Nelson	359-3253

So plan to spend May 27 & 28 for some good times in the District, a little volunteer work, watching colorful bicycle races, experiencing a few other activities, and socializing with other QCBC members. See you Memorial Day weekend! 🚲

April Meeting

On April 17th, Terry Burke will be our featured Program presenter at our General Meeting. Terry is the Race Director of the Quad Cities Criterium. He has been running this very successful race for over 20 years. The Quad Cities Criterium is held in The District of Rock Island on Memorial Day.

Come out and learn about the history of the Criterium, pick up on some "racing" lingo, find out about other racing events scheduled for our area in May and June and watch a great video on Lance Armstrong. Terry will also be conducting a drawing for various time slots for rides in the Pace Car during the Criterium.

The meeting will start at 7:00 PM, in the Caisson Room of the Post Restaurant on Arsenal Island. Due to bridge repairs taking place on both the Davenport and Rock Island Viaduct bridges, you may be limited to gaining access to the Island by using the bridge from downtown Moline. There will be **free** refreshments and a drawing for a \$25 gift certificate at one of our great local bike shops.

BRR Diary Postcard from Perry: Weather is here, wish you were beautiful

(Apologies to J. Buffett)

In response to numerous requests I am writing a report of events from the BRR-debacle...

I guess the best spot to begin is the end, which is to say I abandoned the ride around noon Friday just outside of Des Moines. 145 miles; unbelievable riding conditions; pain; suffering; tears; psychological scarring; and a return of PBP-foot neuropathy. Nasty sums it up pretty well. I had my brother (the one who lives in DM) come and haul my frozen remains to Perry. As for my testicles, they became frostbitten, shredded, and ultimately lost somewhere between Colfax and Mitchellville. Permanently descended if you will. Being married, and Rosanne being Catholic, I doubt they remain necessary.

Upon arrival at the Hotel Pattee I immediately retired to the bar where I sat nursing a bottle of very expensive wine, waiting for vascular and neurologic function to return to my nose and feet, and looking very much like a ship wreck victim. Sorta like in *Castaway*, but more like "Wilson" than the Tom Hanks person. The Hotel Pattee is one of only 3 Four Star Hotels in Iowa, and I spent much of the weekend exploring some of the less-traveled regions of their wine list.

My problem began with a miscalculation of the weather, or a misrepresentation of the weather, as I now suspect that a meteorological conspiracy was at play. Forecasts throughout the week predicted Th/F highs of 25-30 and a chance of snow "or rain". How cold could it possibly be if rain remained a possibility, for chrissake. I did throw in a few cold weather "survival"-type items at the last minute, as the forecast on channel 7 Wed night called for a "blustery day and a high in the 15-20 range, with falling temps". So into the bag went my P.I. Lobster gloves, my full-face balaclava, and my never-previously-worn fleece tights. (Actually I tried to wear them once briefly, but baked like a lobster.) I was ready for single digits, my cutoff temp for the ride out.

My brother Randy, scheduled to ride out with me, called at 9PM the night before departure... DNS due to flu-symptoms. He knew.

It was exactly 23°F when I shoved off Thursday AM,

steaming slowly west on Hwy 6 and into a very disturbing headwind. Not all that gusty, but taxing, steady, about 15 mph out of the NW. Hwy 6 between Coralville and Marengo tips NW, keeping the wind on my nose and slowing my cruising speed down to about 13 mph. I was riding the Hollsworth with the BOB trailer, as I wanted to show up in Perry with a bike that would be somewhat race-ready, in the event posers were to be prowling about. As I approached the turn-off to Oxford the wind picked up a notch, the temperature seemed to fall, and I felt myself chilling a smidge. I stopped to add a wind vest. The pause exacerbated my chilling from which I found it difficult to recover, and before I went another 2 or 3 miles I was distinctly cold. Very cold in fact, in a central/core sort of way that really never occurs on a group ride regardless of how poorly you are dressed. I stopped and got off the bike in a rising wind, struggled with gear, bags, and zippers in awkward fashion, adding and reconfiguring clothing on the side of the road without much success. Much of my effort was directed at keeping clothing from flying into the field across the road by the wind. By the time I was back on the road I was wearing pretty much everything I had brought along, was riding considerably slower, and was not feeling much warmer. I stopped in Homestead for tea, and from the looks I received as I entered the cafe you would have thought that I had a giant parrot perched atop my helmet.

After a painful and pitiful attempt at recovery was off for Marengo. Located but 12 miles down the road, it required roughly 90 minutes of effort to get there. I arrived a broken man. It was now 7 degrees, according to the bank sign clearly visible from the Pronto Gas station. I drank one serving of everything available that was hot, massaged my painful and frozen feet, and noticed the bank thermometer. In the 20 minutes I had been there it had fallen to 5 degrees. I put my socks back on, looked up, and it said 3!?! A front was clearly moving in, and by the time I left it was 1 (above), the wind was distinctly stronger, and snow was blowing horizontally across the road.

A few winter touring tips: .

- The Pronto stations have booths for sitting, warming, and eating. .
- Do not eat the revolving wieners on the counter, regardless of how cold or hungry you become. They are for decoration. .
- The signs posted for “shirt and shoes required” in most places are not strictly enforced, even in February.
- Casey’s stores suck because there are no benches or seats provided for loitering, and .
- The Pronto in Victor and the Git ‘n Go in Brooklyn both have hot air dryers in the BR which work great, with revolving snozzles for warming and drying any number of things.

I left Brooklyn at 5:00 PM for Grinnell, 18 miles down the road. It was 2 below and falling, the wind was now very strong and gusty, and the snow was blowing, starting to drift across the road in open sections. As the sun went down the temps became bitter and painful, and the blowing snow became a real bitch. I had to remove my glasses shortly after Brooklyn because they were fogged/iced over. There were additional visibility woes because of darkness, snow, and a dry/frozen cornea thing which became increasingly painful. The central part of my face mask-thing was a icy chunk of snot and ventilated crust, and there was a frozen ball of mucus under my nose hole the size of a walnut. This block of grey, foul ice was, upon inspection, part of the through-and-through substance/fabric of the mask(!), and could not be removed. My touring computer has an indiglo light function, revealing an on-the-flat speed of about 8 mph. The last 45 minutes into Grinnell is a blur of suffering and pain, all compounded by the progressive loss of speed which made otherwise trivial distances into vast stretches of misery.

Wish you were there.

When touring west I like to have dinner at the Phoenix Cafe in Grinnell. It is a wonderful, quiet and sophisticated place, a culinary oasis, and the only source of fresh seafood, good wine, and espresso between Iowa City and Des Moines. I staggered in with a painful limp, covered in ice, snot, and frost, looking like an antarctic convenience

store bandit. People paused in their conversation and stared for a very long time; an elderly man held out his wristwatch. I retreated to the bathroom for a refit of sorts, and returned to a table set with tea and soup. The wait-persons know me pretty well and are very thoughtful. It took all their recuperative efforts to get me back on the bike for the final mile to the hotel. I had planned on an overnight in Newton, but that was out of the question in my depleted condition.

I won’t go into detail about the next day, in part because it was so similar to the previous. It was sunny and 9 below when I left for Newton, still breezy, and not a good day for a bike ride. The air was painful to breathe, my chest and lungs hurt, and my speed was kept in check by the intense cold of speeds over 15, and by the pain of deeply breathing gusty air at that temperature. Stops were required at every available opportunity to attend to extremely painful feet and toes, with inspection revealing an apparent lack of living tissue below the ankle. At Altoona, just outside DM, I ran the numbers (speed, remaining distance, sanity) and found that at best speed I would make Perry by 9:00 PM, too late for dinner. I bailed.

The weather warmed from -3 to +30 on Saturday, so the BRR ride itself was balmy. Assembled were the usual collection of adventure-seekers, dressed in assorted costume and ready for the long ride to Rippey. And back, of course.

There was just a spitting amount of rain, and the bits of ice that gathered in combination with the alcohol lead, so I am told, to a few crashes. I tried to stay off the front and away from crowds, so I didn’t get to watch any.

My toes remain quite numb, and I suspect that the repeated freezing and thawing has aggravated a PBP-related neuropathy. Otherwise, no permanent injury. And the weather today, like every day since the ride has been over, has been nice and toasty... perfect for touring. It is a conspiracy. ☺

BRR = Bike Ride to Rippey

PBP = Paris Brest Paris bike ride (780 miles last year)

Is Slower Safer?

Catherine ‘Cat’ Skinner

Earlier this week in British Columbia, a mountain lion attacked and tried to eat a man riding a bicycle down a country road. “Yum,” thought the cat, “fast food.”

Ride Schedule Update

All members should have recently received the 2001 **Ride Schedule and Membership Directory**. I hope that you have had a chance to look through it and are planning to join us for a Great Year of Bicycle Riding.

Many people have helped with the booklet. Many additional people (62) have volunteered their time as ride leaders, some volunteering as many as five times. I would like to offer a sincere "Thank You" to all of these folks. You know who you are.

Group riding should be available to all members. There are rides available from beginner to advanced levels. The rides are available year round. Yes, a few of our hard core members (not me) ride year round. Also listed are the QCBC sponsored events, the QCBC annual rides, and the QCBC special events. Be sure to refer to the booklet throughout the year so that you do not miss out on anything.

In addition to the wide selection of rides that were offered last year, there are even more this year. First are the Mid-Pace Rides; This will consist of 17 weekend rides offered between April and October. The pace for these rides will be geared toward riders that are in-between the leisure rides and the regular club rides. The other series of rides are the endurance and randonneuring rides. These will be held every Saturday and will be at a distance of at least 100 miles.

It is extremely challenging to meet the needs for all members, we tried to make changes to keep up with the growing demand. A few years ago, there was a need

for the *light* touring (now *leisure* touring) this year. This has been a great success and 20 rides are being offered. We hope that the mid-pace and endurance rides prove to be as popular with the club membership.

Another change is in the name of the regular club rides. We have tried to use the terms "pedaling" and "wheeling" to describe the type of ride. This has not worked and has caused confusion. And now with the advent of the mid-pace rides, this will not be an issue. We have re-named our rides as fast-pace. These will be offered every Saturday and Sunday, April through October.

With this extended offering of club ride levels we need to be careful that members do not feel branded that they can only ride with certain groups. For example, no rider that is comfortable with mid-pace should feel intimidated about joining the fast pace. The rides are not races, no one is watching speeds on the computers, and it is not our intention to drop anyone. On the other extreme, the fast pace riders are encouraged to join the slower groups. The interaction and support is good for the club.

I hope that you find the ride schedule useful during the upcoming year. Be sure to let our Board Members know of any suggestions to further improve.

Have Great Year of Bicycle Riding!

Bill Wiebel
Chairman, Club Rides

New Club Jersey!


The jersey committee is working on the final design with **Voler**. Normally it takes 6-9 months to get a manufacturing date on Voler's schedule. We lucked out, and have an order date of May 4th and a ship date of June 18th.

Sample sizes in all 3 cuts: racing, club and women's, will be available for trying on at the April 17th general meeting. We hope to have glossy printouts of the design at that time as well.

The design will also be available for viewing on the

QCBC website www.qcbc.org from early May.

The jerseys will be short sleeve, highly visible and feature reflective strips for increased visibility during low light conditions. There may be options to order matching vests and arm warmers. Please look for updates on the QCBC website and at the April General Meeting.

Committee members: Linda Barchman, Jim Merritt, Vivian Norton, Kathy Storm and John Their 

Tradition!

By Chuck Oestreich

A February Sunday afternoon and I was having cabin fever. I checked the ride schedule and saw a Valentine's Holiday Ride was on for the afternoon, so I hurried around and took off for it — remembering many such pleasant gathering in the past.

These Holiday rides, a club tradition that goes way back (at least 20 years, because that's how long Charlie Sattler has been managing them, taking over from Griff Tucker and Warren Power), are not really rides at all. No, Charlie brings hot chocolate and a plate of cookies to the pavilion in lower Duck Creek Park and people show up for a short but sweet gathering. Many bike to the event, but it's not required.

I was a little late - patches of ice here and there - so when I rounded the curve at the pavilion and saw nobody there, I figured it was finished. But then I noticed a lone pickup truck nearby, and sure enough Charlie Sattler was in it.

"Thanks for waiting. Did everybody else leave already?"

"Thanks for coming. You're the only one to show up!"

So over a steaming cup of hot chocolate and a sweet cookie, we chatted - mostly about the decline of attendance at this and other QCBC events. It was fun, but kind of sad. Only two riders.

On the way home I imagined a scene out of Fiddler on the Roof, a duet with Tevye singing "Tradition!"

Yes, it's too bad that this long-standing club tradition is fading into just memory, not actual event. The club is lesser for its demise.

But tradition still does remain. People such as Charlie Sattler are still in there fiddling — producing nostalgic music to make our riding events memorable.

Note: The last Holiday Ride ever (perhaps) will be this year's St. Patrick's Day Ride. Show up with a big bunch of shamrocks to give to Charlie for his 20 years of quiet care. Duck Creek Pavilion, 1:00 p.m., Sunday, March 18.

Tour of the Islands

It was a brisk, but clear morning on 18 February '01 at the Ralph Birke Bike Path in Moline as the QCBC kicked off the 2001 bicycling season with it's first organized ride, The Tour of the Islands.

The ride was well staffed with volunteers Charlie Sattler delivering the hot chocolate, Rosie Dreessen and Anne Fleischman (crutches and all!) driving Sag Vehicle #1 and Dan DeMay in Sag Vehicle #2.

The ride, as usual, was free of charge with Hawaiian leis, music, cookies, hot chocolate, liars poker (with a free lunch for the winning hand) and a drawing for a gift certificate.

It is always a crap shoot as to what attendance will be for this ride. As many as 47 riders have participated in years past, but the turnout was about 15 for this year. But these were riders with high spirits and very competitive in the poker hand contest.

Winner of the drawing for the gift certificate was Dean Mathias.

Best poker hand (requiring a coin flip to determine the winner) was Deb Mathias.

For giving up their day for the riders, the volunteers were treated to a free lunch.

Thanks to all who helped and participated! 🚲

BANING BICYCLES - Continued from page 7

bikers seeking his support, but he said he believed there were a lot of "jerks" on bikes impeding traffic."

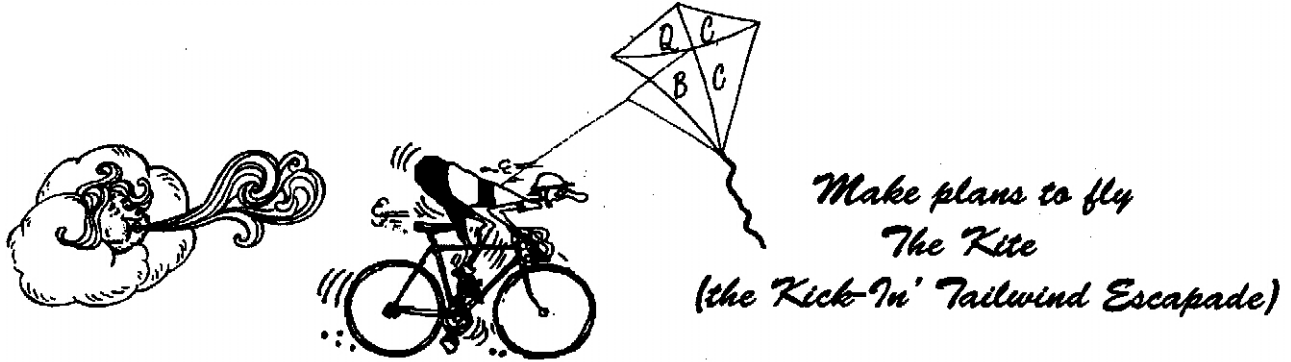
"I'm frankly appalled by what I've seen out there on the roads," Teck said.

He said that in addition to the current bill, which aims to make cyclists safer, he said something needed to be done to make cyclists more accountable and to control "wayward adult bike riders,"

Opponents lashed out at bicyclists for failing to obey the rules of the road and argued the bill would simply give them more leeway to misbehave.

Sen. Mary Ellen EPPs, R-Colorado Springs, said she has encountered people riding two abreast who refuse to move aside for motorists. She said Sunday-morning cyclists would view the bill as a license to continue hogging the road and impeding traffic. 🚲

Kick-In' Tailwind Escapade



Here comes spring and its time for our annual tailwind ride.

Here's the scoop: The ride will take place on Saturday, May 19, 2001, and we'll bike from any of four locations, depending upon which way the wind is blowing that morning. We'll load bikes at one of two locations—the Butterworth parking lot near the Case/New Holland plant if we're going east or south, or Scott Community College if we're heading west or north. How will you know which way to go? The information will be on Dan DeMay's answering machine—after 6:00 p.m. on Friday, May 18. You'll also find out if the ride's a go for Saturday, or put off until Sunday because of extreme weather.

Promptly at 6:00 a.m. our bus transportation will leave for an approximately two hour ride into the wind. Around 8:00 a.m. we'll disembark, unload the bikes and you'll take off for a 100 mile **KITE** ride, with the wind at your back the whole way (we hope). Be there about 5:30 a.m. to load bikes. You can bring a blanket to protect your bike during transit. There will be SAG with refreshments during the ride.

Fill out the form on this page, sign the waiver, and send it along with a check of \$15.00 made out to **QCBC - KITE Ride**. Do it quickly because registration is limited. It'll be first-come-first-serve, with postmarks determining the cut-off. Also, if you wait until April 30th or later, your registration fee will be \$20.00!

Dan's phone is (309) 755-6768. Call him if you have questions. And, make sure you call him on Friday, May 18th, after 6:30 p.m., to find out where to meet. Mail the form and fee to: Dan DeMay, 356 - 38th Avenue, East Moline, IL 61244.

Name: _____ Phone: _____ Date: _____

Address: _____

Here's my \$15.00. Please register me for KITE, the Kick-In' Tailwind Escapade of the spring.

In order to participate in KITE the following must be completed fully and signed in ink:

I, the undersigned, knowingly accept and fully understand the inherent risks involved in bicycle touring. I understand and agree that I must wear my helmet at all time while riding KITE. In consideration of the QUAD-CITIES BICYCLE CLUB, its directors, officers, employees, agents and participants who may be performing official functions for the ride, from any and all actions, claims, demands, administrative proceedings, judgements, or decrees, including attorney's fees, of any kind that may arise out of my participation in the KITE ride.

I also hereby consent to and authorize emergency medical treatment in case of injury. I understand that any medical costs will be my responsibility. I represent that my physical condition, as well as my equipment, is to the best of my knowledge adequate to allow me to safely participate in the tour event.

Participant Signature: _____ Date: _____

Parent or Guardian Signature (If under 18): _____ Date: _____



MidAmerican Energy's *SafetyLink™ Zone* to Feature Personal, Preventive Safety for Kids

For a fun and educational approach to informing children of valuable safety lessons, MidAmerican Energy is bringing its *SafetyLink™ Zone* event to the Quad Cities area for the first time.

The free event will be held Saturday, April 28 from 10 a.m. to 5 p.m. at the SouthPark Mall, 4500 16th Street, Moline. Special field trip days for local school children to attend the event will be held April 26 and 27.

Along with co-sponsor KWQC-TV6 and other local organizations, MidAmerican Energy will teach children the importance of personal and preventive safety in many fun and interactive ways. MidAmerican Energy has sponsored *SafetyLink™ Zone* events in 1999 and 2000 in Des Moines.

The event will feature the **GT Bicycles Airshow**, the top bicycle stunt team in the world and the leader in freestyle bicycle stunt exhibitions. The show consists of an announcer and three teams of three riders who perform wild ramp tricks on bikes to music, while at the same time promoting an anti-drug message to the kids. Besides many state and county fairs, the team has performed at more than 30 NBA halftime shows, college basketball halftime shows, NFL halftime shows, and Major League Baseball events.

MidAmerican Energy's *SafetyLink™ Van*, a mobile display featuring four interactive, safety-themed activities, will be the centerpiece of the event. This exhibit is a fun and educational opportunity for young and old alike to discover more about home safety. The *SafetyLink™ Van* features:

- **Brain Bucket Relay** – Children take a bicycle helmet filled with small rubber “brains” and try to safely negotiate an obstacle course without spilling their “brains.”
- **Fire Extinguisher Target Practice** – Children try to hit the target with a water spray.
- **Safety Spots** – Children and adults discover home safety through pictorial displays.
- **Hidden Hazards** – Children and adults work together to see how many hazards they can find in the drawing of a house. Children can take the picture home to color.

Among the other activities slated for this year's event is a Safety Jingle Contest for school children. Classes will write and perform a song about safety and submit their entries on audio tape to be judged on creativity and effectiveness. The winners will receive a trophy and pizza party.

For more information on the event, please call Tim Grabinski at 515-281-2343, or visit the event website at www.safetylinkzone.com.

Request for Volunteers - Children's Safety Fair

by Kathy Storm

Mid-American Energy Company is sponsoring a Children's Safety Fair at SouthPark Mall in Moline, Thursday, April 26th - Saturday, April 28th. The Quad Cities Bicycle Club will have a booth at the fair with emphasis on the importance of wearing a bicycle helmet, keeping loose clothing away from bike chains and being visible on your bike.

The Fair Hours Are: 9:00 AM - 2:00 PM on Thursday and Friday 10:00 AM - 5:00 PM on Saturday
On Thursday and Friday, all of the exhibitors will give a 5-10 minute presentation to groups of 15 - 20 school children at a time on their safety issue. If you like kids, have a strong voice and can repeat the same presentation over and over again about 10 times in a row, we'd love to hear from you! Saturday is a little more laid back and is open to the public.

If you would like to spend a few hours helping children learn more about the importance of wearing a bicycle helmet, please contact Vivian Norton (563) 355-1899 or Kathy Storm (563) 355-2564 to volunteer for a 2-3 hour time slot. This is a great opportunity to help out the next generation of cyclists! 🚲