

Board of Directors & Officers:

Griff Tucker, President
Dick Wagner, Vice President
Bill Langan, Secretary
Eileen Wosoba, Treasurer

QUAD-CITIES BICYCLE CLUB

Terry Burke, Randy Huebner, Joe Jamison,
Jean Kelly, Linda Simander, Earl Strupp,
Gabe Verstraete, Jerry Yeast

JANUARY 1990 ● Cindy Mohr - Editor

To QCBC Members:

It is once again a new year with so many great things to look forward to - novice rides, patch rides, picnics, Wednesday dentist rides, (When was the last time a dentist actually rode one of those anyway?), century rides, criteriums, Iowa 24-Hour Challenge, fall foliage ride, TOMRV, and the one thing even non-riders look forward to - the annual dinner.

For those of you that missed the last annual dinner, you missed a great time. Dave Lefever did one super job putting it together. We owe him a real "pat on the back." Velie's Back Door was ours for the night - good music, good food, good friends, just an all around good time. Thanks again Dave!!!

While I'm at the thank yous, I want to extend one big THANK YOU to everyone that headed up, worked on, or had to put up with anyone that was heading up or working on any of the Club's committees and/or projects. You folks know who you are - THANKS, THANKS, THANKS!!!

The RAGBRAI committee is off and running already with meetings in Des Moines, looking for volunteers, etc. Tom Bolton is our fearless leader this year, so be sure to read his articles. They will contain lots of important information.

I talked to Earl Strupp the other morning. (I caught him planted in the middle of the jacuzzi down at the "Y".) Not only has he consented to do the fall foliage ride again, he already has a new route picked out that should really peak your interest. I can't wait until he has all the details worked out.

The TOMRV committee is also forming with Sam Norwood as chair. This is our biggest project for the year, and Sam is going to need all the volunteers he can get. Watch for the articles from this committee. They will let you know who to contact if you want to help.

Before this letter gets so long that people start to nod off, I want to mention the novice rides. The QCBC Board feels these rides are very important because they should - and do - bring in new riders. We urge all riders to come and ride along and make the new riders feel welcome.

Last but not least, there are still many volunteers needed to fill positions on committees, as well as a few chairships that are still open. So, if you can spare the time, we can sure use the help. Give me or one of the other officers or board members a call.

Griff

Welcome New Members

From Bettendorf, IA:
Joseph & Loretta Barron
Joan Hill
Don Urbatsch

Richard Queen, Brielle, NJ

From Davenport, IA:
James Hood
Joseph & Melissa Steinke
Burl Borcharding
James L. Kall

Carol Scharff, LeClaire, IA

Kent Neveu, Newton, IA

Virgil Kemp, Country Club
Hills, IL

Bob Ryden, Milan, IL

Linda Heston, Moline, IL

From Rock Island, IL:
Gene W. Larsen
Jean & Ted Miller, Jr.
Mark Puck
Frank & Eleanor Wallace

Jim Vicevich, Silvis, IL

Dan & Mary Jane Vande
Voorde, East Moline, IL

Clifford Logan, Lansing, MI

Richard Hooven, Western
Springs, IL

John Kregel, San Jose, CA

1989 Mileage

At the annual dinner, QCBC members were asked to sign in with their 1989 mileage. Below is a tally of miles ridden this year.

Bob Dylan, .6
Joann Nelson, 150
Richard Nelson, 150
Darlene Neff, 500
Don Barchman, 500
Bob Brensh, 500
Marty Yeast, 500
Dick Paulos, 500
Emily Paulos, 500
Jerry Neff, 600
Michelle Kelly, 750
Epifanio Gutierrez, 800
Nancy Boyer, 965
Kyle Elliott, 925
Daryl Mohr, 1,000
Cindy Mohr, 1,000
Terri Coll, 1,000
Andy Minn, 1,000
Mary Ann Clark, 1,000
Jack Clark, 1,000
Harry Harris, 1,000
Richard Duewel, 1,000
Margaret Paulos, 1,000
Rick Paulos, 1,000
Judy Karr, 1,000
Tammy Bolton, 1,000
Cherry Danielsen, 1,000
Bill Chamberlin, 1,000
Mike Middlemiss, 1,200
Marc Peterson, 1,360
Paul Scheibelhut, Jr., 1,400
Cindy Scheibelhut, 1,400
Susie Laforce, 1,400
Wayne Boyer, 1,400
Ken Kraklio, 1,450
Lynn Fyfe, 1,500
Joseph F. Lopez, Jr., 1,500
David J. Lunsford, 1,500
Laurie Wakeland, 1,500
Mike Power, 1,500
Jerry Yeast, 1,500

Joanne Sullivan, 1,500
Fred Carman, 1,500
David L. O'Melia, 1,500
Marge Dixon, 1,500
Jim Merritt, 1,600
Bruce Peterson, 1,640
Bob Coll, 1,750
Gene Green, 2,000
John Greve, 2,000
Tom Bolton, 2,000
Thiara Smith, 2,000
Jan Treftz-Allen, 2,000
David Olson, 2,000
Sandy Hanson, 2,000
Kermit Hanson, 2,000
Craig Bruegger, 2,000 +
Joan Burke, 2,000
Dan Klutho, 2,211
Bill Noble, 2,300
Mike Waskowiak, 2,500
Earl Strupp, 2,500
Mary Ellen Strupp, 2,500
Russell Bloomer, 2,500
Bill Harrington, 2,500
Gerald DeGrande, 2,500
Steve Conrad, 2,500
Kenneth Hall, 2,500
Joe VanHoutte, 2,600
Jeff McCoy, 2,675
Warren Power, 2,800
Dorance R. Johnson, 3,000
Betty Sears, 3,000
Sharon Harrington, 3,000
Deb Mathias, 3,200
Chuck Oestreich, 3,500
Pat Bolton, 3,500
Ron Schmidt, 3,500
Dick Castner, 3,500
Sam L. Norwood, 3,500
Dave Lefever, 3,500
Michael White, 3,500
Pat Jasper, 3,500
Dean Arney, 3,500
Carrie Dann, 4,000
Errol McCollum, 4,000
Terry Burke, 4,500
Jeanne O'Melia, 4,500
Andy Zeglin, 4,500
Dave Parker, 4,500
Bonnie Beyhl, 4,500

Mark Keele, 4,800
Barney Young, 4,985
Jane Garrett, 5,500
Gabe Verstraete, 6,000
Eileen Wosoba, 7,500
Leon Van Camp, 8,000
Jan Burt, 10,200
Jerry Sears, 10,200
Jim Hendrix, 12,000

Linda Simander - no
computer - all fun (???)
miles

If I misspelled your name or
typed your mileage in error,
let me know. **Cindy**

Annual Meeting Shows New Format

Two hundred and fifty
people attended the QCBC
meeting on November 19, at
Velie's Back Door.

The change in format
seemed to be very well
accepted. If the same format
is followed in 1990, we will
be able to improve upon it
by what we learned this
year.

The QCBC gave its members
\$1,000 in door prizes. Bike
& Hike, Jerry & Sparky's,

and On-Two-Wheels each
gave \$100 gift certificates.

One of the things that makes
the QCBC so successful is
the people who give of their
time and effort to support
the various functions that
we sponsor. More than a
hundred people picked up a
beer stein as a small token
of the Club's appreciation.
Those who did not get their
stein can pick it up at a
regular club meeting.

If you have any suggestions
for the 1990 program, just
let the board of directors
know.

Dave Lefever

Maps

You will find Iowa maps 7 &
8 in this issue of the
newsletter.

Correction on Iowa map 9:
County road Y61 was left out
- between Andrew and
Lamotte. This is an
excellent low traffic blacktop
road.

Fred

IMPORTANT NOTICE!

**There will not be a
regular QCBC
meeting in January.**



NOVICE RIDES

The QCBC will be planning novice rides on about
twelve weekends in the spring. We would like to
have at least two experienced riders to accompany
each of these novice rides.

We need your HELP.

Please call Dave Lefever to volunteer one of those
weekends. With enough volunteers no one person
will have to do everything.

Please call 355-6476



From the President 1989

Dear QCBC Volunteer,

I would like to extend my sincere thanks for the time and effort you have given to make 1989 a successful year for our club.

QCBC has the reputation of being one of the best clubs in the country, and it is all because of you. This reputation was not earned in just one or two years but by many successful years with a lot of hard work. With your continued support, we will not only maintain this respect but will continue toward new challenges and horizons in making cycling fun and safe.

Please take the time to note all the volunteers from the various communities. It is interesting to see the many functions in which QCBC is involved and how very many volunteers it requires to get the job done.

Again- Thank You!
Bill Langan

Officers, Directors Key Positions in 1989

Officers:

President, Bill Langan
Vice-President, Griff Tucker
Secretary, Sue Dau
Treasurer, Eileen Wosoba

Directors:

Terry Burke, Joe Jamison, Jan Burt,
Dave Lefever, Charlie Sattler,
Jean Kelly, Linda Simander, Earl
Strupp, Dick Wagner, Jerry Yeast

Other Club Positions

Bulletin Board Posting:

Margaret Paulos
Historian, Fred Blessin
Legislative Contact, Don Davis
Newsletter Editor, Cindy Mohr
Advertising, Jean Kelly
Programs, Griff Tucker
USCF Coordinator, Terry Burke

Activities and Events Volunteers

Across Iowa Ride:

Joe Jamison, Chair
Gayle Campbell
Annual Meeting, Dave Lefever

Century Ride: Ken Hall, Chair
Russ & Sheila Bloomer, Michelle Kelly,
Richard Duewel, Jon Overfield

Double Metric Century:
Gabe Verstraete, Chair

Effective Cycling:

Fred Blessin, Chair
Don Davis, Charlie Sattler, Bill Langan

Election Nominations:

Bill Langan, Paul Scheibelhut,
Dave Lefever, Warren Power

Fall Foliage Ride:

Earl Strupp, Chair
Mary Ellen Strupp, Mary Yeast,
Jerry Yeast

Fall Picnic:

Jeanne O'Melia, Chair
Steve DePron, Diane Stensrude,
Dave O'Melia, Molly Teigland

Helmet Promotion:

Bill Langan, Chair
Pegi Langan

Iowa 24-Hour Challenge:

Joe Jamison, Chair
Gayle Campbell, Epifanio Gutierrez,
Rosemary Jamison, Jim Lenig,
Ann Lundstrom, Betty Sears,
Gary Fears, David Hall,
Kristen Jordan, Joe Lopez,
Warren Power, Griff Tucker

Mid-Week Time Trials:

Don Davis, Chair
Jim Merritt, Molly Teigland,
Chuck Sellevold

Moline Criterium:

Terry Burke, Director
Arlene Abbot, Byron Baxter,
Sheila Bloomer, Pete Boelens,
Nancy Boyer, Vickie Burke, Jan Burt,
John Chebuhar, Mary Clark,
Terry Coll, Don Davis,
Roger DeLanghe, Steve DePron,
Shell Dhuyvetter, Barb Ehlers,
Jeanne Fears, John Hanson,
Sharon Harrington, Ted Harris,
Randy Huebner, Louise Jesson,
Eric Jenkins, Jim Johnson,
Jim Keyoth, Steve Koellner,
Jim Lange, Dean Arney,

Russ Bloomer, Pat Boelens,
Cindy Bottrell, Joan Burke,
Dan Burns, Gayle Campbell,
Jack Clark, Bob Coll, Steve Conrad,
Iriene DeLange, Carol DePron,
Bill DeSchinckle, Dan Dunn, Gary
Fears, Jim Hanson, Bill Harrington,
Andrew Harris, Mike Hogan, Don
Jesse, John Jesson, Jeff Johanssen,
John Keane, Mark Kleele, Bill Langan,
Mary Larson, John Lange,
Dave Lefever, Joe Lopez, Ron Lowe,
Bill Lundee, Robin Markowitz,
Mike Miller, Drew Morrison,
Doug Nelson, Dave Parker,
Lisa Paulos, Rick Paulos, Bob Petrach,
Joanie Richards, Dianne Schearer,
Ron Schmidt, Doug Sell,
Linda Simander, Jim Spiegel,
Earl Strupp, Molly Teigland,
Gabe Verstraete, Dick Wagner,
Shawn Ward, Leon Werthmann,
Eileen Wosoba, Barney Young,
Doug Zickuhr, Erling Larson,
Kentley Loewenstein, Sally Lorenzen,
Linda Lueders, A.J. Mackusick, Jr.,
Jeff McCoy, Terry Miller, Andy Mudd,
Mike Orfitellie, Dick Paulos,
Maggie Paulos, Bruce Petersen,
Dennis Renolds, Rick Ross,
Paul Scheibelhut, Jerry Sears,
Jodie Seminek, Mike Smith,
Mary Spiegel, Mary Ellen Strupp,
Bruce Vargas, Kay Verstraete,
Jaff Ward, Dennis Warner,
Jerry Westerland, Jerry Yeast

Newsletter Circulation:

Charlie Sattler, Chair
Jack Clark, Sharon Sattler, Dave Hill

Novice Ride:

Fred Blessin, Chair
Gayle Campbell, Charlie Sattler,
Earl Strupp, Leon VanCamp,
Dave Lefever, Terry Spencer,
Molly Teigland, Barney Young

Patch Rides:

Sharon Sattler, Chair
Jack Clark, Charlie Sattler,
Mary Ann Clark

Publicity:

Bill Langan, Chair

RAGBRAI :

Linda Simander, Chair
Pat Bolton, Tom Bisinger,
Cherry Danielson, Kentley Lowenstein,
Tom Bolton, Bob Coll, Dave Lefever,
Barney Young

Ride Schedule & Directory:

Don Davis, Chair
Susan Felgar, Molly Teigland

Alan Garfield

TOMRV:

Dick Castner, Chair
 Susie LaForce, Secretary
 Sheila Bloomer, Heather Castner,
 Mary Ann Clark, Teri Coll, Don Davis,
 Marge Dixon, Nate Jones,
 Dave Lefever, Bill Langan,
 Thelma Lunsford, Bob Miller,
 Claudia Milse, Darlene Neff,
 Kerry Nordstrom, Barb Orfitelli,
 Bill Powers, Jonie Richards,
 Jerry Sears, Linda Simander,
 Karen Truesdale, Dick Wagner,
 Melissa Wagner, Betty Wellendorf,
 Jan Burt, Jack Clark,
 Brenda Coezette, Carrie Dann,
 Marion DePover, Marilyn Hampton,
 Jean Kelly, Susie LaForce, Amy Logan,
 Mike Middlemiss, Carol Miller,
 Marilyn Moreford, Jerry Neff,
 Sam Norwood, Mike Orfitelli,
 Linda Powers, Charlie Sattler,
 Kathy Sellevold, Tom Sizemore,
 Griff Tucker, Linda Wagner,
 Laurie Wakeland, Jerry Yeast

Iowa Trails

As newsletter editor, I receive the Trails Advocate, published by Iowa Trails Council, Inc., Center Point, Iowa, 52213.

The publication is full of interesting activity by volunteers, legislative action concerning rails to trails and more. To join the Iowa Trails Council fill out the form below.

**JOIN - IOWA TRAILS COUNCIL
 WE NEED YOU! YOU NEED US!**

Supporting Member (\$100 or more) _____
 Sustaining Member (\$50 to \$100) _____
 Contributing Member (\$25 to \$50) _____
 Regular Member \$15 _____

TRAILS ADVOCATE free to all members

YES I want to (re) join. I am enclosing \$ _____

Name _____

Address _____

City _____

Home Phone _____

Make checks payable to:
 IOWA TRAILS COUNCIL, INC.
 Center Point Iowa 52213

**ONLY
 \$25**
 Initiation for
 QCBC members.

COME CHECK US OUT!

- **FREE WEIGHTS** - We've added a brand new state-of-the-art free weight area.
- **CARDIO-VASCULAR** - The most varied selection of cardio vascular equipment in the area including treadmills, bikes, rower, climbers, etc.
- **NAUTILUS** - A complete circuit weight training with Nautilus and Universal equipment
- **RACQUETBALL** - Six regulation courts with leagues, lessons, and tournaments.

FOR THE BEST IN CROSS TRAINING COME TO

Golden Valley

HEALTH CLUB

810 Golden Valley Drive
 Bettendorf, Iowa

355-4741

Stop by for a free tour! We're located just off Tanglefoot Lane & Utica Ridge Rd. behind Jumer's Castle.

Desktop publishing compliments Eastern Iowa Community College District



LEAGUE OF AMERICAN WHEELMEN LEGISLATIVE UPDATE

Nov/Dec 1989

Contact Andy Clarke

STATE OF THE STATES REPORT

Oregon, Arizona and Ohio have the best conditions for bicycling among the 50 United States and District of Columbia, according to a report produced by the League of American Wheelmen. The states of California, Delaware, Florida, Washington, and New York also scored high.

South Carolina has the worst conditions, followed closely by West Virginia, Wyoming, New Mexico, Alabama, Louisiana, Missouri, Nebraska and Montana.

The League judged the performance of each state in 26 administrative, legal, and policy categories — the comparison does not take into account the scenery, climate, or topography of the states.

In rating the states, the League gave points to those with bicycle coordinators and special bicycle advisory councils; to those who spend federal highway money on bicycle projects; and to those with the best legal and nighttime riding regulations. Some states lost points for having mandatory side-path laws.

"Most states didn't get many points simply because they aren't doing much to make cyclists feel welcome on the road," explains L.A.W. Executive Director John Cornellison. "Even those scoring high still have some way to go before they can pat them-

selves on the back over a job well done.

"There are some stark contrasts as you cross the United States," Cornellison continues. "Arizona and New Mexico may share many physical and geographic features, but riding a bicycle is a very different proposition in each. The same is true between neighbors West Virginia and Ohio; and Florida and Alabama."

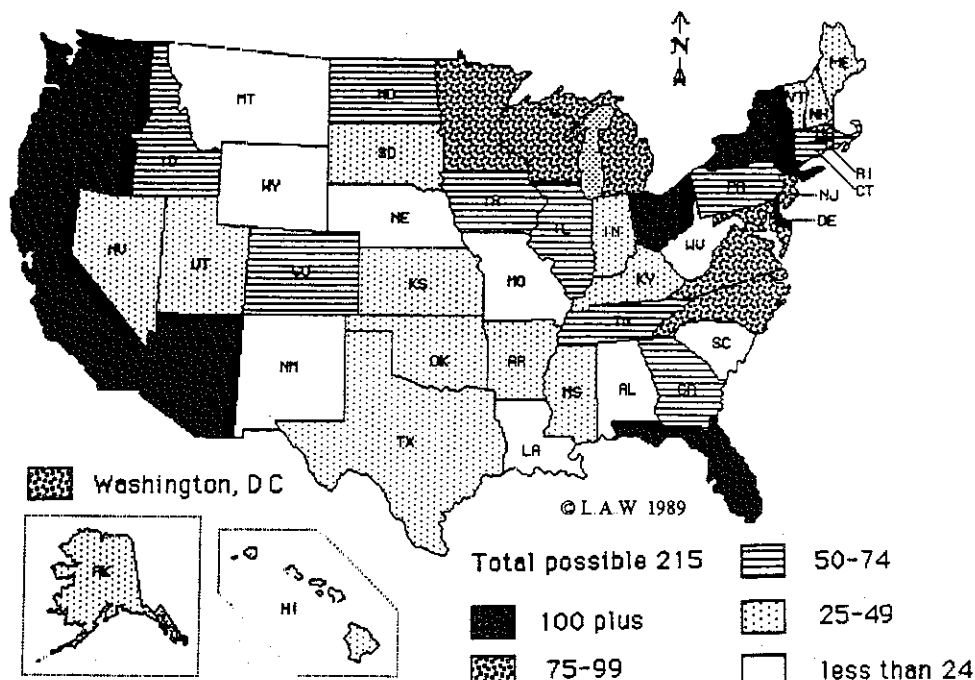
If riders are picking out regions in which to bicycle, the League's map suggests the west coast is the place to go. The mid-Atlantic and upper mid-west states are good, but try to avoid south central states and large areas of the Rocky Mountain region.

For a full listing of "How to Rate the States" send \$2 to the L.A.W., 6707 Whitestone Road, #209 Baltimore, MD 21207

NATIONAL BICYCLE PROGRAM MANAGER SURVIVES APPROPRIATIONS HURDLES

At the time of writing, the House Appropriations Sub-committee on Transportation's recommendation that DOT appoint a full-time bicycle program manager was still contained within the report language of the final congressional appropriations bill

CONTINUED OVER



FROM PAGE 1
for 1990.

After passing the House side of Congress before the summer recess, the language survived intact through the full Senate Appropriations Committee hearings and their transportation sub-committee.

Few problems are expected with the final hurdles — the full Senate vote and conference committee between House and Senate representatives.

The language, introduced by Martin Sabo (D-MN), directs the Department of Transportation to review its staffing levels. There is a recommendation that the Department appoint a full-time bicycle program manager. Should it pass, the DOT will require plenty of encouragement to fulfill this recommendation. Please write to Samuel Skinner, Secretary of Transportation, 400 Seventh Street, Washington, D.C. 20590.

WILDERNESS ACCESS BILL IN CONGRESS

James Hansen (R-UT) has introduced H.R. 3172, a bill to amend the Wilderness Act of 1964 to allow bicycle access. Currently, bicycles are banned — along with all other mechanized forms of transportation — from all areas designated as wilderness.

Hansen cites the growing use of mountain bikes as the primary reason for the amendment "The mountain bicycle is an innovation of the 80s and therefore was not considered when the 1964 Wilderness Act was drafted."

The bill, with 22 co-sponsors, has been received cautiously by the mountain bike community — and with open opposition by environmental groups. Their big fear is that the bill will open up the previously unamended Wilderness Act for a host of other amendments detrimental to the purposes of the legislation.

The League's newly formed Mountain Bike Committee is debating their stance on the issue. The International Mountain Bicycling Association welcomed the bill, provided that a rational federal land access policy, with strong environmental safeguards, is adopted.

NATIONAL BOTTLE BILL UPDATE

Co-sponsors now number over 80 for Paul Henry's H.R. 586. Support for Senate bill 932 is proving harder to gain, as the beverage industry has been lobbying very hard against the proposed container deposit law.

Response to the League's petition has been good — but there is always a need for more and more names. If there is any opportunity for you to circulate the form please do so. More are available from the League.

The League is also asking bicycle clubs and other organizations to pass resolutions supporting the law. Once passed, these can be sent to legislators as an indication of grass roots support. A model resolution is also available from the League.

The National Container Recycling Coalition reports that a recent industry study funded by Anheuser-Busch indicates that **bottle bills will greatly increase the recycling rates** of communities when combined with comprehensive recycling programs. They have always claimed that bottle bills harm comprehensive recycling.

SCENIC BYWAYS: MOVEMENT AT LAST

After making slow progress for many months, the Senate Appropriations Committee finally moved to provide \$1 million for a study to:

- a) Update an inventory of existing scenic byways;
- b) Develop guidelines for establishing a national scenic byways program, including techniques for maintaining and enhancing the scenic, recreational, and historic qualities associated with each byway;
- c) Conduct case studies of the economic impact of scenic byways on travel and tourism;
- d) Analyze potential safety consequences and environmental impacts associated with scenic byway designation.

Final approval by the full Senate and conference committee is expected, as the provision was introduced by committee chairs Lautenberg and Byrd.

RAGBRAI 1990

The ride will be July 22 - 28, 1990, on a route that will be announced in late February. The cost this year for wristbands for each riding member is \$50. This includes the souvenir pack of nine special editions of the Des Moines Register. Without the pack, the fee is \$40. The non-rider cost (drivers) will be \$20 with the souvenir pack. Without the pack, the fee is \$10.

Group members who obtain wristbands through their clubs will not be able to obtain individual vehicle passes. If you want to take a camper, you need to go through the lottery.

There was an increase in underage drinking, rowdy behavior, vandalism, stolen bikes, stolen luggage, and unsafe riding habits. The Des Moines Register held a meeting in November with various clubs and provided us a list of complaints and problems they said could effect the future of the ride. The Club will not condone any problem personnel.

If you were not a member of the QCBC by the end of December 1989, you will need to put your name in the Des Moines Register lottery. If you get selected by them, we should have space available to transport your bike and luggage. As always, if you cannot make the distance each day, the

Club will not be responsible for providing transportation to the next campground.

If you would like to help out on this year's RAGBRAI, drive trucks, work on committees, etc, contact Tom Bolton, 1912 E., 32nd Street, Davenport, Iowa, 52807, Work number is 782-4379 or 782-3435.

More articles on this subject will appear in future newsletters.

Ride Report

Wednesday, November 29
by Earl Strupp

The alarm clock shattered my dream of Jamaica and its beautiful beaches. The reality of the real world slowly reached my brain. This was the day of the "Over the Hill Gang" bike ride. I flipped on the weather radio and heard there was a "brass monkey alert." Now it is big decision time - should I just ignore it and go back to Jamaica or put on my suit of armor and join the troops. Well, as they say "press-on-regard-less." Fred and Leon were on their second cup of coffee as I walked stiff legged into Davenport's McDonalds. The manager noted my purple face and asked if it was cold out there . . . at least he didn't ask if I wanted my order "to go." As I slowly thawed out, Mary and Pat rode up. It seems

the Quad City Times took publicity pictures for their ride across America during the summer of 1990. We tried to talk them into riding out to Eldridge, but they were too smart for that. Barney strolled in and had breakfast. He is still nursing a sore wrist and arm. He said he will be back riding after the first of the year. As per usual, we headed out into the wind. The wind chill factor was -5 degrees. Even so, I was overdressed and perspiring by the time we reached Eldridge. Cheerful Leo whipped up our breakfast, and we shot the breeze until it was time to leave. Guess what? The wind shifted, and we had a headwind on the way back. It was not all bad. The sun was out, and the temperature had climbed up to 30 degrees. We rode toward Mt. Joy cutting across by the airport and came down Division Street. There is very little protection, and it was a bit trying biking into the wind. All in all, it was a good ride. We didn't see any other bikers - suppose they were watching T.V.

Attention Members!
Renew your membership
in the QCBC so you will
be listed in the new Ride
Schedule.

