

## QUAD CITIES BICYCLE CLUB

"at the hub of two states"

**JANUARY 1981**

Pres., CARTER LE BEAU

V. Pres., HERB PAGE

Secy., MARY KEANE

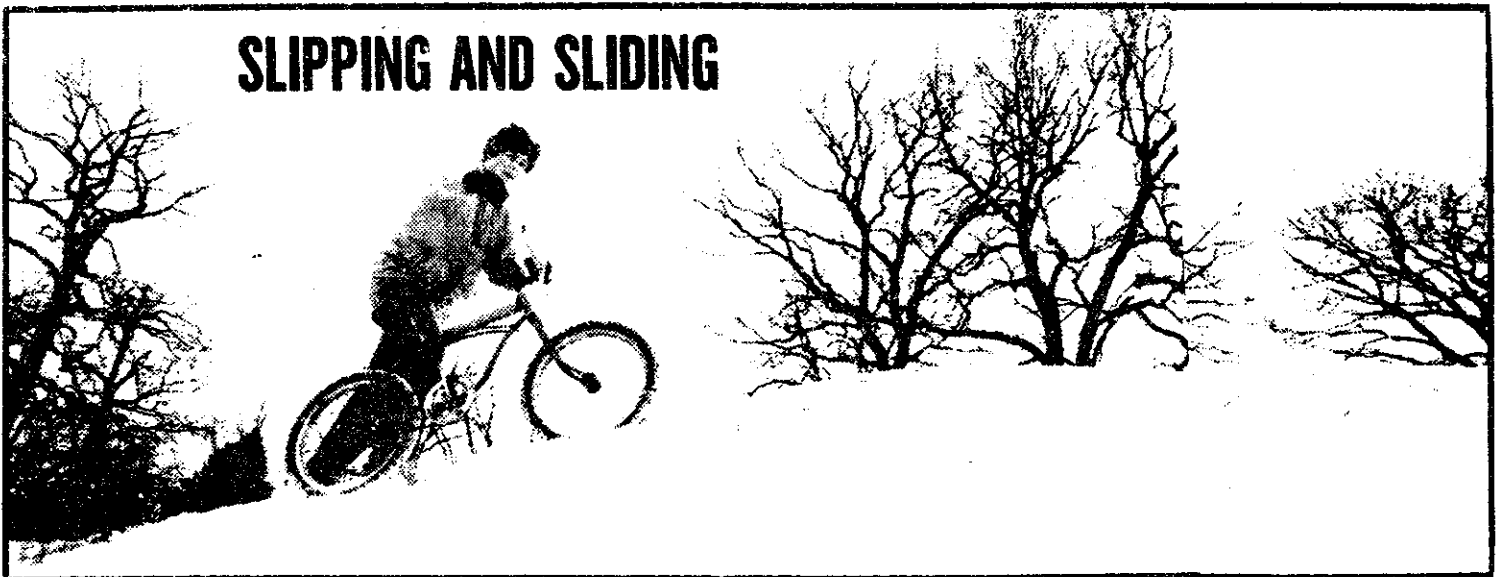
Treas., LEON VAN CAMP

Newsletter Editor, BILL LEIBMAN

Box 3575

Davenport, Iowa 52808

REGISTER PHOTO BY LARRY MAY



*Doug Blom, 14, slips and slides while going up a hill Wednesday in MacRae Park in Des Moines. Doug doesn't expect to ride his bike too many more times this year.*

## RACE TEAM NEWS

Winter Ride Schedule

*FROM THE PRESIDENT'S SADDLE*

320 Attend the 1980 Annual Awards Dinner

## FROM THE PRESIDENT'S SADDLE

It's a trite statement but times really change. Since I joined the QCBC, there have been dramatic changes — not only in the club but in bicycling. Could anyone believe a few years ago when we thought paying \$350. for a Schwinn Paramount was high that in 1980 there would be a stock bicycle selling for \$4,000. Check the Klien ad on the back page of your December American Wheelman.

Well, it's not difficult to be proud to be the new president of the QCBC. We are the best bicycle club in the U.S. Those of us who have traveled the country and attended the L.A.W. conventions know this to be true. We are not the largest but rank in the top 5% and have a growth pattern established which should put us on top soon.

Your club has been brought to this proud position by three administrations of excellent volunteers led by immediate past president Bob Nuckles and past presidents Dean Arney and Don Horton. We are all indebted to all of these individuals. They have established the base for unexcelled growth in 1981 and I am committed to capitalize on this opportunity. The larger we are, the more

variety of rides, programs and activities can be offered our members.

The most gratifying part of my short tenure has been the response from the club in forming committees. I only needed one more chairperson so made an appeal at our annual meeting for the RAGBRAI VIII bus chairman. The next day I received a letter from Dave Lefevre saying he would assume the responsibility. There is a great satisfaction in participating. Maybe more than we realize. Case in point — our newsletter monthly fold and mail session has become so enjoyable that our chairperson Sylvia Nuckles forgot to let Ann Mayfield know and was she miffed at Sylvia.

The next most gratifying aspect is the number of riders we have on our scheduled rides. Saturday rides through November averaged 12 members. They are not the same ones of course because everyone has things to do besides bike. It therefore represents a group of more than 50 members who ride beyond the comfortable days of summer. Join us if you get tired of the house and TV.

## JANUARY MEETING

Don Shirkey will present a program on biker health at the January meeting. The meeting will be held on the 20th in the auditorium above the Browning Museum at Rock Island Arsenal, 7:30 p.m. The meeting will also feature what may be

one of the best collections of photographs of RAGBRAI ever assembled. The photos were taken during last summer's RAGBRAI by Evan Asby SEE YOU THERE !!!

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COMPLETE LINE OF CYCLING ACCESSORIES

## RACE TEAM NEWS

We are pleased to announce that for the 1981 racing season our club will receive co-sponsorship funds from the World of Bikes Ltd. and CRAFT VILLAGES with technical support to be furnished by T. I. RALEIGH U.S.A.

CRAFT VILLAGES and T. I. RALEIGH U.S.A. support will be directed towards the development of a team of selected Junior category riders from our midwest area. The World of Bikes Ltd. will continue to provide support for our local riders.

The new Junior team riders have been selected from the Junior national talent squad of the U. S. Cycling Federation. Team riders are as follows:

TERRY ANDERSON,

W. Dundee, Illinois

TOMMY ANDERSON,

W. Dundee, Illinois

DON BATES, JR.,

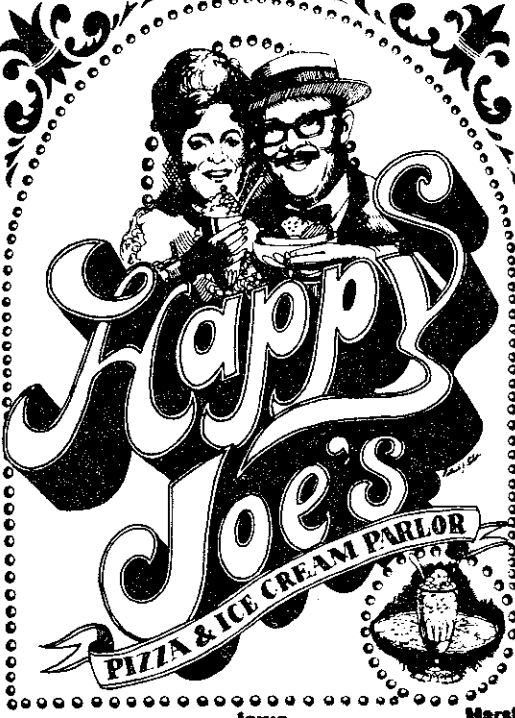
Davenport, Iowa

JOHN COFRIN,

Madison, Wisconsin

STEVE GIRKINS,

Northbrook, Illinois



Ames	Iowa	Marshalltown
Arnolds Park	Des Moines (2)	Mason City
Bettendorf	De Witt	Muscatine
Burlington	Dubuque	Newton
Cedar Rapids (3)	Eldridge	Oskaloosa
Clinton	Ft. Dodge	Ottumwa
Coralville	Ft. Madison	Spencer
Davenport (4)	Iowa City	Waterloo (2)
Decorah	Keokuk	Waukon
		West Des Moines

## 320 Attend the 1980 Annual Awards Dinner

Eventually, the Quad Cities Community will believe us when we say that bicyclists eat a lot. 120 large pizzas were consumed within one hour and the ovens were unable to keep up with the group. Six barrels of beer and an unknown quantity of pop was also devoured. 320 QCBC members and friends enjoyed our new location in Davenport's Skylight Room high above Brady Street. It made an excellent place for the social event of the year.

Prior to the program, a continuous video tape showing of RABRAI VIII provided by Media of Iowa City was shown. Several photos, reprints and memories of our successful 1980 year were also shown in the space off the dining room. So many favorable comments concerning the video presentation were made that we are considering a 90-minute program in a large room in town where we can comfortably seat several

hundred persons to view "the World's Greatest Bike Ride".

Bob Nuckles opened our meeting and asked Don Horton for the nomination selections of new officers. They were for President Carter LeBeau, Vice-President Herb Page, Treasurer Leon Van Camp, Secretary Mary Keane and Newsletter Editor Bill Leibman. The new president took over and introduced our guests. Our super guests, Donald Kaul and John Karras began with a good roasting of Carter and Bob Frey. Don stated "I compliment this club for not electing Bob Frey to anything." Another example: "Isn't it amazing how an obscure person like Carter could be elected president of this excellent club." You had to be there to appreciate. After an excellent monolog by Don and then by John, the first order of business was handled.

130 QCBC members were recognized for annual miles ridden. They ranged between 100 and 8,000 miles. This represented over one quarter million miles. WOW! (The names of recipients were listed in last month's newsletter.)

Kaul and Karras personally presented the handsome ribbons to each member and after the program were available to autograph the awards.

Warren Stringer  
Doug Eppard  
Pete Bystead  
Steve Verstraete  
John Bolton  
Rick Paulos  
Jon Paulos  
Jerry Friedman  
Ron Westerfield

Kent Kraft  
Dan Burns  
Mark Waechter  
Dave Mackusick  
Michael Chritton  
Tim Kirsch  
Bob Detaeye  
Molly Teigland

We congratulate all on your accomplishments and urge everyone to keep track next year so you can also participate.

The next award grouping went to our racers. Each received a participation ribbon and winners of the Tuesday Time Trials received special ribbons with their names and times printed on them.

Rachel Paulos  
Jim Whitehorn  
Ben Paulos  
Denny Murphy  
Jim Keyoth  
Keith Hamburg  
Verl Dau  
Bruce Gary

Don Davis  
Warren Bystead  
Bill Snyder  
Bruce Fuller  
Dean Fuller  
Juli Pealstrom  
Deb Bolton  
Andrea Paulos

### USCF Award

#### Triple 'T' Award or FASTEST RIDER OF 1980

1st place — Mark Waechter ..... 11:27  
2nd place — Dave Mackusick ..... 11:47  
3rd place — Jerry Freidman ..... 11:57

#### Non USCF or Club Award

1st place — Jim Keyoth ..... 12:46  
2nd place — Jim Whitehorn ..... 13:12  
3rd place — Bruce Gary ..... 13:20

#### Women's Award

1st place — Juli Pealstrom ..... 13:15  
2nd place -- Deb Bolton ..... 13:43

#### Tandem Award

1st place — Don Davis and  
Molly Teigland ..... 12:21

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The last awards were the QCBC service awards which recognized officers, chairmen and others who made our club successful in 1980. The awards were in the form of plaques, trophies and

unique presentations such as the laminated cover of our ride schedule which was presented to Don and Magen Horton. The recipients of the service awards are:

ROBERT NUCKLES	<i>President</i>
CARTER LeBEAU	<i>Vice President</i>
LINDA POWERS	<i>Secretary</i>
LEON and HELEN VAN CAMP	<i>Treasurer</i>
BRUCE PERRY	<i>Treasurer</i>
SUE NUCKLES	<i>Newsletter Editor</i>
BILL LEIBMAN	<i>Newsletter Editor</i>
JOHN KEANE	<i>Bryan Allen Co-chairman</i>
CARTER LeBEAU	<i>Bryan Allen Co-chairman</i>
CARTER LeBEAU	<i>TOMRV III Chairman</i>
BARNEY BISHOP	<i>Dubuque co-ordinator</i>
BOB FREY	<i>TOMRV III Master of Ceremonies</i>
CHARLES COOK	<i>TOMRV Banana Chairman</i>
KEITH HAMBURG	<i>TOMRV III Sagwagon Chairman</i>
JOANN KING	<i>TOMRV III Sagwagon Assistant</i>
ELAINE PAGE	<i>TOMRV III Sagwagon Assistant</i>
GAIL WELDE	<i>TOMRV III Sagwagon Assistant</i>
TAMMY BROWN	<i>TOMRV III Sagwagon Assistant</i>
KATE RUTLEDGE	<i>TOMRV III Sagwagon Assistant</i>
ENIKA YOUNG	<i>TOMRV III Sagwagon Assistant</i>
LYNDA BUCKLEY	<i>TOMRV III Sagwagon Assistant</i>
JOHN BOLTON	<i>TOMRV III Repair Vehicle</i>
JERRY NEFF	<i>TOMRV III Repair Vehicle</i>
MARGARET PAULOS	<i>Social Rides Chairman</i>
RALPH HORTON	<i>Century Chairman</i>
KEN BUSE	<i>Ride Map Chairman</i>
DON BATES, SR.	<i>Racing Program</i>
SYLVIA NUCKLES	<i>Mailing Chairman</i>
LEE POHLMANN	<i>Membership Chairman</i>
BOB and SYLVIA NUCKLES	<i>RAGBRAI Bus Chairman</i>
MARTHA and RICHARD JURUS	<i>Club Flag</i>
EARL BRINKLEY	<i>Newsletter Cartoons</i>
DON and MAGEN HORTON	<i>Roster and Ride Schedule</i>
DONALD KAUL	<i>Annual Meeting Speaker</i>
JOHN KARRAS	<i>Annual Meeting Speaker</i>

Don Kaul and John Karras continued their patter as the awards were being presented and seemed to be enjoying the meeting as much as we enjoyed them. In fact, we have some excellent photos by Mike Chritton showing this fact. A good group stayed on to socialize with John and Don after the program and finish up the last few pizzas and drink some more beverages. It was

a fine event — completely appropriate for the world's best bicycle club.

We again thank John Keane for the arrangements and are sorry he got called out of town and was unable to witness the success of his efforts. We'll let you help Don Horton next year to make up for it.

*Editorial* . . . The following is reprinted from the March 1977 QCBC newsletter.

## On Wearing a Helmet

by Kent M. Kraft

(Note about the author: Kent Kraft has been an active QCBC member for many years, and holds a B.S. degree in AG. Economics.)

Bicyclists are divided on the issue of wearing helmets. Proponents say that they are cheap insurance against injury, while detractors say that the costs and discomfort of wearing a helmet are excessive. This article should decide the question once and for all.

The decision of whether or not to wear a helmet is based on three variables: the cost of the hel-

met, the odds of having a serious accident, and the value of the head involved.

The mathematical formula used is based on solid gambling law: the maximum amount gambled (price of a helmet) is equal to the odds on winning (having an accident) times the potential winnings (the value placed on the head). Simply stated:

$$\text{Max. Helmet Cost} = \text{Odds} \times \text{Head Value}$$

Consider the following examples. (The characters are fictional.)

Crash Kraft has gone on 300 bike rides in the last three years. In that time he has had 3 accidents, none of them serious. He figures that if he had fifty accidents, one of them would be serious enough to cause permanent injury to his

head if he were not wearing a helmet. So, assuming no improvement in his skill or intelligence, his odds on having a serious accident are  $3/300 \times 1/50$ , or one in five thousand. Crash Kraft figures the value of his head at \$100,000 which is what his life insurance would pay his beneficiaries. Using the equation, we have:

$$\begin{aligned} \text{Helmet cost} &= \text{odds} \times \text{Head Value} \\ &= 1/5000 \times \$100,000 \\ &= \$20 \end{aligned}$$

In other words, \$20 is the most Crash Kraft would be willing to spend on a helmet. You will probably see Crash riding around wearing either a leather strap type, or a cheap plastic style helmet.

Lucky Louis' odds on having a serious injury are greater than Crash Kraft's, about one in a hundred. This is understandable when you consider that Louis' brain has a fair market value of \$6.37. (Figured at \$10 per pound.) Using our equation:

$$\begin{aligned} \text{Helmet cost} &= \text{odds} \times \text{Head Value} \\ &= 1/100 \times \$6.37 \\ &= \$0.06 \end{aligned}$$

In other words, the maximum Lucky Louis would be willing to pay for a helmet is six cents. As most helmets are priced out of his market, Louis will ride bare-headed.

So the next time you see a bicyclist riding without a helmet, don't try to convince him that he should wear one. He has likely considered the economics involved, and made a logical choice.

# EVER SNEAK UP ON A DOG?

November 22

While cruising a peaceful stretch along the Mississippi on November 22nd, the conversation turned to dogs. We were riding four abreast and enjoying everyone's not-so-humorous story about being scared and chased by a dog. John Hendricks was demonstrating to Dick Wolber the position one must use to effectively 'condition' a dog with a chemical deterrent. He said you must wait till their teeth are inches from your leg, then squirt.

I, preferring the symmetry of smooth shins to bravado, began to reconsider my commitment to cycling. At this time, we passed a farm road between high grass fields. Suddenly, on that road and three feet from my nearest shin was a big black dog. Not only were we surprised, the dog was too. He did a double take and it was obvious that we'd scared him!! He probably didn't know humans had it in them to travel so quietly.

Paul Hantke

# LOOK BETH, NO GLOVES!!

November 30

The morning after the TV premier of Breaking Away, nine riders broke away from bed and breakfast to act out their own scenario. We left promptly at 9:00, not because it was chilly, but because no one knew much Italian. We rode to Mary's Donut Shop. Ever notice that bikers usually order 'wheel' shaped items? It goes beyond donuts. Randy Tweet orders those huge spiral-

ing cinnamon rolls and 'Buck' (Dennis Buckley) chooses round flat sausages over links. Returning from Buffalo, the sun came out which allowed us to take our gloves off. We passed other bicyclists too. Carter identified one as an Olympic aspirant. Maybe next weekend we'll pass Beth Heiden. I'll be there.

Paul Hantke

# STILLNESS ON A WINDY DAY

November 29

On November 29th, thirteen riders ducked the wind using dropped handlebars and low gears to Buffalo. On the return route, we experienced what sailors wax on and on about while 'running' stillness on a windy day. We were 'running'

directly with the wind. Now we sat upright as if to let out more sail. We were using 12th gear on flat land! If we'd lit a match, it wouldn't have blown out. Whatever the wind's speed, it was ours as well. A great ride!

Paul Hantke

November 22nd

15 well-dressed QCBC members were on hand to greet another beautiful fall day. How lucky we are in the Midwest to have the seasons and an activity such as bicycling to take advantage of it. The ride was decided as a return to Mary's Donut Shop in Buffalo. As we moved along Locust Street, Dick and Kathy Donovan broke a chain on their tandem. Fortunately, they were

only a few blocks from Don's Schwinn shop. They had the chain fixed and caught up to us at Mary's. This was an unusual ride. As we returned on Rockingham Road into Davenport for the conclusion of a great ride, we realized that all fifteen riders were still together. Normally the group separates or some go shorter or longer distances. It will probably never happen again.

# THANKSGIVING DAY RIDE

(November 27, 1980)

(30 degrees, 1 inch of snow on ground, snowing and windy) 10:00 a.m.

55 riders enjoyed (endured?) the challenging Thanksgiving morning weather. This was the sixth and final ride of the year and proved that snow tires, fenders, and de-icer make sense for the winter cyclist.

A warm fire, hot apple cider, and hot chocolate were shared by all. Many rode on the newly completed Eastern Avenue to Duck Creek Park section of the path for the first time. With over one inch of snow covering most of the path, handling characteristics of balloon tires vs. the 25mm wide racing tires could be readily observed. It's hard to beat the cruiser type bicycle with balloon BMX tires for riding on snow.

Those who didn't bring cameras were sorry they didn't. The snow-covered trees, snow-covered bikes, snow-covered everything . . . all made great shots . . . so did the snowshoes and skis carried by one rider who was obviously taking no chances in Davenport's hinterland. One group of riders popped the cork on a magnum of champagne after their wheels became iced up and frozen (best "de-icer" we can think of!)

During 1980, patches were awarded on the following rides:

New Year's Day, Valentine's Day, St. Patrick's Day, Easter, Halloween, Thanksgiving Day.

Jim Duda

## SATURDAY, DECEMBER 6th

(Rider's Choice)

Karen and I had heard so much about the doughnuts served on the way to Buffalo (Iowa!) that we just had to try some.

We joined seventeen other riders for the usual Saturday morning rider's choice and set out for our d-nuts and coffee, tea, milk, or Pepsi, etc. (it was hot for a December morning, about 60 degrees or so — some of us wish we had brought shorts.) We went out Locust St., turned left (on Y48), past West Lake Park, and just across Highway 61 we smelled . . . "DONUTS"!!

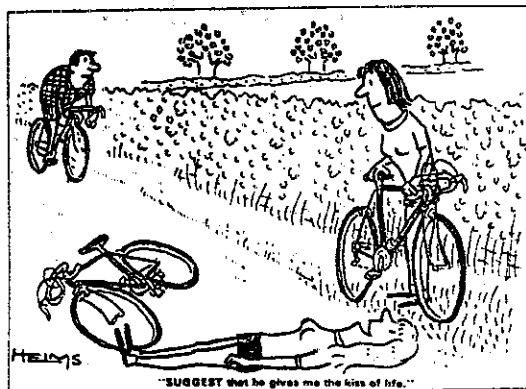
Now, up to this time we'd rate the holey things from the old spudnut shop on West Locust, and certain ones from Mt. Ida's Bakery (next door to Jerry and Sparky's) as pretty good; well, our fried cinnamon roll was worth the ride . . . easily

as good as those from the above mentioned places.

About half of us went back to Davenport on Hiway 22, while the rest went in to Buffalo, Bluegrass, Walcott, Plainview, and then home. Those that did take the extended tour were so mud-covered by lunch time that apparently McDonald's refused to serve them!

This Saturday morning "Donut Ride" is just right . . . it takes less than an hour from the Eastern Avenue/Bike Path start to get there, so most are back home by 10:30 or 11:00 which is perfect for a winter ride. Figure on 25 miles or so, round trip. You can do it!

Jim Duda





.....

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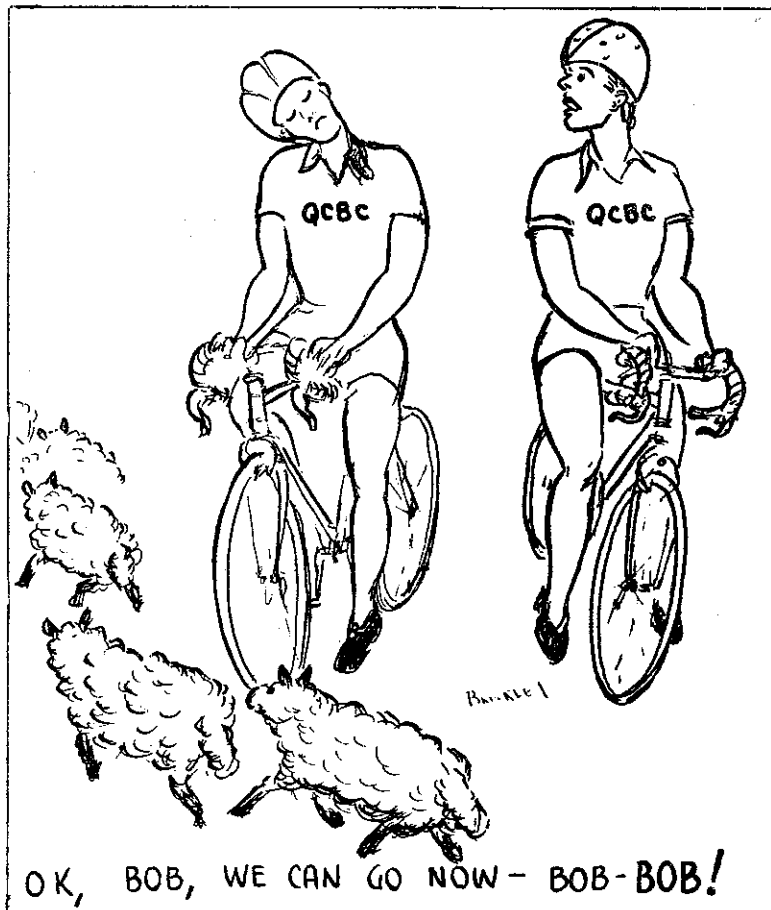
● Part of your dues goes to help the League watch out for *your* interests as a cyclist. No other national organization does this.

● Our *Directory* ties you into a network of the most knowledgeable and enthusiastic cyclists in the United States. Think of the League members you know. Won't it be great to know you can look up such cyclists wherever you go?

● And of course you'll look forward with increasing interest to each issue of *American Wheelmen*, the monthly magazine that both tells you what's going on in the world of cycling and makes you feel good about being a cyclist.

● Other benefits include membership card, discounts on classified ads in *American Wheelmen*, and optional group health & life insurance.

Shouldn't you be a member of the L.A.W.? Just fill out the application form and send it in today, before you forget.



## Welcome, New Members!

We extend a warm welcome to all of our new members and hope you will attend the next meeting to get acquainted and pick up your club roster. In the meantime, our membership director, Luigi Linguini, has a few words for all current members. Mr. Linguini says that if you are not smart enough to check the expiration date on the mailing label of your newsletter and renew your membership on time that he will personally pay for your education at the University of Mississippi. Mississippi River, that is. Get smart, he says, don't become an undergraduate!

## Congratulations...

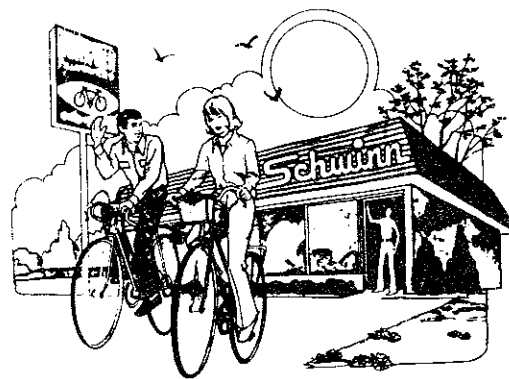
... to Bob and Sylvia Nuckles, who celebrated their 39th wedding anniversary on December 6th. They were married in an evening ceremony and drove to Chicago late that night, arriving at 3 a.m. on Sunday, the 7th of December, 1941. The Japanese, apparently miffed at not being invited to the reception, responded by dropping bombs on Pearl Harbor. Bob says he has little trouble remembering their anniversary.

## Winter Ride Schedule

The QCBC rides every Saturday and Sunday all year long. Winter rides leave from the bike path bulletin board at 8 a.m. Saturday, and at 9 a.m. on Sunday. Ride length, pace and destination are determined by those present. Highly recommended as a remedy for cabin fever.

## "BMX Committee Formed"

As most QCBC members know BMX (Bicycle Moto Cross) is a large growing segment of bicycling and a few BMX families are members of our club already. A recent decision was made by the more active members of this group of people to completely affiliate themselves with the QCBC and function in similar fashion to our racing group. The chairperson is Mrs. John Cox. News concerning their activities and progress will be published regularly in the newsletter.



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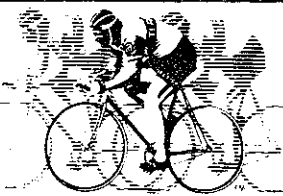
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FAMILY: NAME ..... AGE (for children) .....

CHECK ONE:  
NEW MEMBER .....  
RENEWAL .....

HOW DID YOU LEARN OF THE QCBC?  
(Check One)

- MEMBER?
- NAME OF MEMBER .....
- MEDIA?
- WORD OF MOUTH?
- OTHER

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